

Sports Physicals will be offered next week, beginning on Monday! Mark your calendar now. You will have several options & locations to help with conflicts or preference. All physicals will be free of charge this year! Let's take a look at the (5) Ws :

<i>Who?</i>	<i>All student athletes and marching band members, entering grades 7-12</i>
<i>What?</i>	<i>Preparticipation sports physicals</i>
<i>When?</i>	<i>May 16th, 17th & 18th</i>
<i>Where?</i>	<i>May 16th will be in school. May 17th and 18th will be @ Wheeling Hospital (WVU Medicine).</i>
<i>Why?</i>	<i>Physicals are required for all sports and marching band activities.</i>

Next, here are your options:

1. On **Monday, May 16th**: East Ohio Regional Hospital will be at the high school to give physicals from 8 a.m. to noon. This is open to all athletes & marching band members. This is the only day that physicals will be given at the school and you **MUST** have your physical filled out by your parents first (more info below).

2. On **Tuesday, May 17th**: Wheeling Hospital (WVU Medicine) will be offering sports physicals in their Tower 4, on the 4th floor in Suite 401. Families will need to provide their own transportation for their appointment. Here are the time and grade levels for this day:

Seniors 5:30 p.m.

Juniors 6:00 p.m.

Sophomore 6:30 p.m.

* note: the grade levels listed above are incoming grades for the 2022-23 school year.

3. On **Wednesday, May 18th**: Wheeling Hospital (WVU Medicine) will be offering sports physicals in their Tower 4, on the 4th floor in Suite 401. Families will need to provide their own transportation for their appointment. Here are the time and grade levels for this day:

Freshman 5:30 p.m.

8th grade 6:00 p.m.

7th grade 6:30 p.m.

* note: the grade levels listed above are incoming grades for the 2022-23 school year.

Required for parents:

Regardless of what option you choose from the list above, you must have a completed physical form with you when you see the doctor. These blank physicals can be picked up in the high school or middle school office, or can be printed directly from this link:

[https://ohsaaweb.blob.core.windows.net/files/Sports-Medicine/2022-23PPE\(English\).pdf](https://ohsaaweb.blob.core.windows.net/files/Sports-Medicine/2022-23PPE(English).pdf)

*** This is the only physical that will be accepted.

This year's physical form is a 12-page document, but follow these instructions to make things easier for you:

PARENTS, PLEASE FILL OUT PAGES 1-4 COMPLETELY.

PAGES 5-6: LEAVE BLANK. THE DOCTOR WILL COMPLETE THESE.
PAGES 7-12: DO NOTHING...YOU WILL COMPLETE ALL OF THESE
PAGES ELECTRONICALLY OVER THE SUMMER USING FinalForms.

Wheeling Hospital (WVU Medicine) guidelines:

If you choose option 2 or 3 from the three options above, then please be advised about the guidelines for Wheeling Hospital. Here they are:

1. All students will drive up to the door of Tower 4. A COVID screening questionnaire will be performed by one of their staff members. They will ask students for their cell phone number in the event that maximum capacity is reached and there is a wait period. If there is a wait period, the student will be asked to wait in the Tower 4 parking lot until called.
2. Someone will be in the Tower 4 lobby to guide students to the right place when it is their turn. Only 12 people are allowed in the Clinic lobby at a time. Hospital staff will direct them when it is their turn. As one leaves, another student will be sent in.
3. All coaches, parents and students will have to wear a mask.
4. Parents are encouraged to wait in their car. In the event a parent needs to come in, only one parent may accompany the student.
5. Students will arrive in groups at the designated times above (under option 2 or 3) to maximize efficiency.

Final notes:

- All physicals this year, regardless of the option you choose, will be free this year!
- Please take the time to complete the required pages (1-4) before you see the doctor. You must have the physical with you when you arrive for your appointment.
- All physicals this year will be free of charge. Physicals are required for all sports and marching band activities.

Thank you & Go Red Devils!

