


September 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 No School In-Service Day	2 No School In-Service Day	3 No School	4
5	6 	7 Nutrigrain Bar and Cereal Milk Juice Fruit	8 Chocolate Chip or Blueberry Muffin or Cereal Milk Juice Fruit	9 Poptart and Cereal Milk Juice Fruit	10 Waffles or Cereal Milk Juice Fruit	11
12	13 Cheese Omelet w/Toast or Cereal Milk Juice Fruit	14 Breakfast Pizza or Cereal Milk Juice Milk	15 Yogurt and Cereal Milk Juice Milk	16 Bagel w/Cream Cheese or Cereal Milk Juice Milk	17 French Toast Sticks or Cereal Milk Juice Milk	18
19	20 Breakfast Sandwich or Cereal Milk Juice Milk	21 Chocolate Chip Oatmeal Bar or Cereal Milk Juice Milk	22 Nutrigrain Bar and Cereal Milk Juice Fruit	23 Homemade Muffin and Cereal Milk Juice Fruit	24 Mini Pancakes or Cereal Milk Juice Fruit	25
26	27 Egg Wrap or Cereal Milk Juice Fruit	28 Breakfast Pizza or Cereal Milk Juice Milk	29 Yogurt and Cereal Milk Juice Milk	30 Bagel w/Cream Cheese or Cereal Milk Juice Milk		
					MENUS ARE SUBJECT TO CHANGE	Main Course: Choose 1 menu entree or cereal w/ whole grain ite. Fruit: choose up to 2 one cup fruits offered 100% juice offered Milk: choose 1