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Grecian Delight Fresh Traditional Hummus, 3.75 Lb Package, 2/Case

Item Number: 108171 🕟 🥖

This spread combines a blend of pureed garbanzo beans, sesame tahini, and savory spices to create a product ideal for hot or cold applications. With no preservatives and zero hydrogenated oils, this alternative to traditional dips and spreads can be used on sandwiches or with pita chips.

- · Reclosable containers for easy storage
- · Contains zero grams trans fat

Case (2/3.75 Pound	Packag e)	^	\$0
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\$0.26/oz

\$30.65

Print

Nutrition

Based On:

AP Hummus, Trad, Grecian Delight

Rounding:



Ingredients

Cooked Chickpeas, Water, Sesame Tahini, Olive Oil, Contains 2% or less of: Lemon Juice, Salt, Garlic Puree (Garlic, Citric Acid and Ascorbic Acid), Spices. COMMON ALLERGENS PRESENT: None. MAY CONTAIN: Soy. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated October 2017. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED, ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size 2 tbsp (28.35g)	
Amount Per Serving	
Calories 70	Calories From Fat 40.5
	% Daily Value
Fat 4.5g	7%
Saturated Fat 0.5g	3%
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 135mg	6%
Potassium	n/a
Carbohydrates 5g	2%
Fiber 1g	4%
Sugar 1g	
Protein 2g	4%
Vitamin A IU 0% Vitamin C 0% Ca	alcium 2% Iron 4%
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein:	4

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School Equivalents:

Water Soluble Vitamins:

Child Nutrition Label	No
Serving Size	None Provided
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Thiamin n/a Riboflavin n/a Niacin B3 n/a Pantothenic Acid n/a Folic Acid n/a Vitamin B6 n/a Vitamin B12 n/a Vitamin C 0 mg

Updated For New Final Rule:

Fat Soluble Vitamins:

Meat/Meat Alternative	
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

Vitamin D IU n/a
Vitamin E mg n/a
Vitamin K n/a
Vitamin A IU 0 IU

Minerals:

Phosphorous n/a Zinc n/a Magnesium n/a Copper n/a Selenium n/a Calcium 20 mg Iron 0.72 mg Manganese n/a lodine n/a

Additional Images

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