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# Otis Spunkmeyer Whole Grain Carnival Cookie Dough, Frozen, 1.5 Ounce, 240 Ct Case, 1/Case Item Number: 179801 Made with 51 percent whole grain, this cookie dough contains colorful candies. • Prepare from frozen for easy preparation Case (1/240 Count Case) \$0.17/ea \$41.28

Print

# **Nutrition**

Based On: AP Dough, Cky, Carnival, WG, 1.5z, Otis

Rounding:



# Ingredients

WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, CANDY COATED SEMI-SWEET CHOCOLATE GEMS (SEMI-SWEET CHOCOLATE [SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, SOY LECITHIN, NATURAL VANILLA FLAVOR, MILKJ, SUGAR, ARTIFICIAL COLORING [TITANIUM DIOXIDE, BLUE 2 LAKE, YELLOW 6 LAKE, YELLOW 5 LAKE, RED 40 LAKE, BLUE 1 LAKE, YELLOW 6], GUM ARABIC, CORN SYRUP, CONFECTIONERS GLAZE [SHELLAC AND/OR CARNAUBA WAX AND/OR BEESWAX, REFINED COCONUT OIL]), WATER, EGGS, CANOLA OIL, SOYBEAN OIL, INVERT SUGAR, MALTODEXTRIN, CONTAINS 2% OR LESS OF: LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE), MOLASSES, PALM AND PALM KERNEL OIL, SOY LECITHIN, SALT, DATEM, SODIUM STEAROYL LACTYLATE, NATURAL AND ARTIFICIAL FLAVORS, MODIFIED CORN STARCH. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat, Soy. MAY CONTAIN: Peanuts, Tree Nuts. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated January 2017. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

### **Nutrition Facts**

Serving Size 1 each (43g)	
Amount Per Serving	
Calories 170	Calories From Fat 54
	% Daily Value *
Fat 6g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
PolyUnsat. Fat 2g	n/a
MonoUnsat Fat 2g	n/a
Cholesterol 10mg	3%
Sodium 130mg	5%
Potassium 60mg	2%
Carbohydrates 28g	9%
Fiber 2g	8%
Sugar 12g	
Protein 2g	4%
Vitamin A IU 0% Vitamin C 0% Vitamin D Iron 6%	IU 0% Calcium 0%
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

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# **School Equivalents:**

# Water Soluble Vitamins:

Child Nutrition Label No
Serving Size 1 Each
Meat/Meat Alternative n/a
Fruit/Vegetables n/a
Grain/Breads n/a

Thiamin n/a Riboflavin n/a Niacin B3 n/a Pantothenic Acid n/a Folic Acid n/a Vitamin B6 n/a Vitamin B12 n/a 0 mg Vitamin C

# **Updated For New Final Rule:**

### Fat Soluble Vitamins:

Meat/Meat Alternative 0 oz Grain/Breads 1 oz eq Fruit 0 cup Red/Orange 0 cup Dark Green 0 cup Starchy 0 cup Beans/Peas 0 cup Other 0 cup Notes: No PFS on file Vitamin D IU 0 IU
Vitamin E mg n/a
Vitamin K n/a
Vitamin A IU 0 IU

### Minerals:

Phosphorous n/a n/a Magnesium n/a Copper n/a Selenium n/a Calcium 0 mg Iron 1.08 mg Manganese n/a lodine n/a

# **Additional Images**

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