

Bagel Whole Grain Sliced Individually Wrapped - ...



Description:
Whole Grain, Individually Wrapped, Sliced Bagels From Bakecrafters. 5 Days Shelf Life At Ambient Temperature
Whole Grain Rich: Yes Cn Label: 1 Bagel = 2 Grains
Always Check Label For Current Nutrition Info

Information:
Pack Size : 84/1.9 OZ
Material Description : Bagel Whole Grain Sliced Individually Wrapped
Material SUPC : 1599663

Nutrition Facts

Serving Size 1.9 oz (54g) (54g)

Amount Per Serving

Calories 120Calories from Fat 5

% Daily Value*

Total Fat 0.5g1%

Saturated Fat 0g0%

Trans Fat 0g

Cholesterol 0mg0%

Sodium 210mg9%

Total Carbohydrate 26g9%

Dietary Fiber 2g8%

Sugars g

Protein 4g

Vitamin A 0%*Vitamin C 0%

Calcium 0%*Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:
Fat 9Carbohydrate 4Protein 4

Child NutritionNo

Product Formulation StatementNo

CN Identification

Notes:Meets 2.0 oz. Grain Equivalents under the new USDA guidelines (options SY 12-13, required SY 13-14) where a product with 16 g of combined flour equals 1 oz grain equivalent.

Ingredients:
Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Ascorbic Acid, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Brown Sugar, Granulated Sugar. Contains 2% Or Less of The Following Ingredients: Yeast, Salt, Wheat Gluten, Honey, Soybean Oil, Molasses, Mono and Diglycerides, Corn Meal, Calcium Propionate, L-Cysteine, Enzymes.

Allergens:
CONTAINS: Wheat; MAY_CONTAIN: Soy

Disclaimer: 1. The nutritional values indicated may not be complete based on limited information from product manufacturer. 2. This is a representation of the nutritional label. Because the data may change from time to time, this information may not always be identical to the nutritional label information on products sold. 3. If the Nutritional Label, Allergen Information and/or Ingredient List on Sysco Market conflicts with these three statements on the product packaging itself, the statements on the product packaging control. To ensure that you have complete and current information on a product, always contact the product manufacturer.4. These items' qualification as 'gluten-free' is dependent on the accuracy of the gluten-free representations of the manufacturers of the items and their ingredients. Therefore, Sysco and its affiliates do not guarantee that any item will be completely gluten-free. Consumers with celiac disease and/or gluten sensitivities should exercise proper caution in the consumption of any food items and should always consider their individual dietary requirements and needs.