



Description:

A Plain Sliced Bagel Which Has Been Individually Wrapped And Frozen. Sell To Hotels/Motels Who Offer A Self Service Breakfast Buffet Or Bar. Or To High Schools Offering A Breakfast Program. The I.W. Bagel Prevents Spoilage From Contamination & Helps Maintain Its Freshness.

Information:

Pack Size : 72/2 OZ
Material Description : Bagel Plain Sli Iw
Material SUPC : 8305369

Nutrition Facts

Serving Size 1 EA(57.0g)

Amount Per Serving

Calories 150

Calories from Fat 9

% Daily Value*

Total Fat 1g 2%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 310mg 13%

Total Carbohydrate 30g 10%

Dietary Fiber 1g 4%

Sugars 2g

Protein 5g

Vitamin A 0%

*

Vitamin C 0%

Calcium 0%

*

Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4

Ingredients:

ENRICHED WHEAT FLOUR [FLOUR, ENZYME, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ASCORBIC ACID (DOUGH CONDITIONER)], WATER, HIGH FRUCTOSE CORN SYRUP. CONTAINS 2% OR LESS OF: YEAST, SALT, VITAL WHEAT GLUTEN, MONO AND DIGLYCERIDES, CALCIUM SULFATE, GUAR GUM, ENZYME, L-CYSTEINE MONOHYDROCHLORIDE

For a complete list of ingredients, please refer to the product's packaging.

Allergens:

Wheat