# Mt. Healthy City School District Preschool Program Parent Handbook



2021-2022

## Mt. Healthy City Schools Preschool Program

#### **CONTACT INFORMATION**

The following are contacts for North and South Elementary Preschool Program staff and Central Office Staff. Please reach out to these individuals for support and assistance.

Mt. Healthy North Elementary

2170 Struble Road Cincinnati, OH 45231 Phone: 742-6004 FAX 742-3460

Administrators:

**Principal:** Christina Ellis-Townsend **ELC Assistant Principal:** Shana Burg

Secretaries:
Pamela Lahmer
Rosemary Whitehurst

ELC Secretary: Karen Berg

Phone: 728-4683 FAX 521-0796

1743 Adams Rd.

Administrators:

Cincinnati, OH 45231

Principal: Brittany Dickerson

Mt. Healthy South Elementary

ELC Assistant Principal: Karen Powe33rs

**Secretaries:** 

Charmaine Andrews Gila Johnson

ELC Secretary: Karen Berg

Early Learning Center Preschool Staff

Room 111 at North Teacher: Susan Yeh

**Paraprofessional**: Maggie Hoskins **Paraprofessional**: Lori Moore

Room 118 at South
Teacher: Natalie Yan
Paraprofessional: Michelle Haake
Paraprofessional: Dominique Harris

Room 116 at South
Teacher: Courtney Roots

Paraprofessional: Teressa Daily

**Paraprofessional**:

Room 120 at South Teacher: Vanessa Benson Teacher: LaTonya Booker

Paraprofessional: Annie Franklin

#### Preschool Resource Staff for both North and South Preschool Programs

Central Office Registrar: Anita BirchSchool Psychologist: Deborah Miller

• Occupational Therapist: Amy Whetstone and Jessica Sunderman

• Physical Therapist: Sue Williams

Physical Therapist Assistant: Nancy Cleary
 Speech/Language Pathologist: Amy Burns

• ELC Nurse: Megan Tuckosh

• Preschool Administrator: Karen Powers

#### Mt. Healthy City Schools Board Members

Dr. Julie Turner, Carole Ellis, Emmett Kilgore, Kimberly Bouldin Bryant, Kenneth Glenn



## Mt. Healthy City Schools Preschool Program

#### Preschool Classes are in session: MONDAY-THURSDAY

**South Elementary School**: AM Session 8:35 - 11:20 and PM Session 12:35 - 3:20 (AM drop off time: 8:35 / PM drop off time: 12:35)

North Elementary School: AM Session 9:05 - 11:50 and PM Session 1:05 - 3:50

(AM drop off time: 9:05 / PM drop off time 1:05)

Mt. Healthy Early Learning Center: AM Session 8:40-11:25 and PM Session 12:05-2:50 (tentatively)

Dear Preschool Parents and Guardians,

Preschool is an important milestone in your child's life. As children go through this experience, learning about the world outside of their homes, they develop social skills, as well as emotional and academic readiness for kindergarten.

The Mt. Healthy Preschool Program provides experiences where children interact with materials that enrich their cognitive, emotional, and physical growth. The curriculum provides hands-on experiences and a feeling of success among all children. Our Preschool Program stresses a developmentally appropriate curriculum and parent involvement. In addition to phone calls, emails, and in-person communication, a tool that we use to stay in contact with families is the ClassDojo app. Your teacher can share more about how this works.

Instruction reflects the needs of the individual child. The classroom centers are thoughtfully planned for small group, large group, and independent exploration throughout the session. The class routine allows for flexibility that is required when young children's interests or needs indicate more urgent priorities. Our classes reflect a diverse group of children, some of whom have disabilities.

Please read this Parent Handbook carefully. It contains important information you will need this year, including pickup and drop off information and reporting of absences. We know that your child will have a very positive experience in the Mt. Healthy Preschool Program.

Thank you for choosing to share your child with us. Please feel free to call at any time with questions or concerns you may have.

Sincerely,

The Mt. Healthy Preschool Team

#### **Admission Requirements**

Children entering preschool **must be at least three years of age on or before August 1st of the school year they enter preschool.** The preschool does not accept new tuition students after May 1<sup>st</sup>. Because of IDEA regulations, children on Individualized Educational Plan (IEP) may begin preschool any time after their third birthday and completion of the IEP. Children on IEPs must reside in the Mt. Healthy School District. Students who are 4 years of age will be given priority based on their application date.

#### Documentation Required for Registration:

- Three (3) proofs of Residency: Lease Agreement or Mortgage Statement and/or Two (2) Utility bills, in residents name, dated within the last Thirty (30) days
- Custody Papers, if applicable
- Parent/Guardian Photo ID
- Original Birth Certificate
- Social Security Card (optional)
- Current Immunization Records

#### Additional Forms and Information needed to attend:

- Family Disclosure Information Form
- Student Health Form
- Physician's Statement Form
- Dental Form
- Emergency Medical Form
- Enrollment Form
- Class Roster Release
- Photo Release
- Immunization Record

\*Per state licensing requirements, ALL students will need physical form and shot records on file prior to attending school. They are good for one year. If a physical expires during the school year, the child may be excluded from school until it has been turned in.

#### **Preschool Philosophy**

The Mt. Healthy Preschool believes early childhood educational experiences to be the foundation for the child's continuing education. The children are recognized and respected for their individual differences. We believe that all children can learn and succeed, but not on the same day and in the same way.

The Preschool Program operates at North and South Elementary Schools, and is a blend of social/emotional, physical, and cognitive experiences. Within a nurturing environment, children are encouraged to explore, experience, and succeed. A child's natural curiosity is expanded through both individual and small group interactions.

Early Childhood Education includes play as a viable tool in which to help the children learn about the world around them as well as reinforces social development. The Mt. Healthy Preschool Program provides children with the opportunity for growth by providing a curriculum aligned to the state academic standards, which includes a rich variety of age-appropriate experiences for 3 to 5 year olds.

The Preschool Program is inclusive, serving children with and without special needs. Many opportunities are created for the children to experience "child initiated" learning experiences that promote self-confidence, self-reliance, and enhance self-esteem. Meeting the needs of the child, the parent, and community is a priority for the success of the children and the Preschool Program.

#### **Preschool Education**

The Mt. Healthy City School District Preschool Program complies with all requirements outlined in the state's licensing guidelines including class size and student/teacher ratio as set forth by the Ohio Department of Education. Attention to compliance as an element of quality programming is extremely important. Preschool Program staff are encouraged to consider and to implement developmentally appropriate practices in working with young children.

The needs of the whole child are met through direct instruction, differentiated lessons, materials, classroom arrangement, and class schedules. The whole child includes emotional, academic, and physical development. These areas guide the practices and activities that staff provide in order to strengthen students' skills. Children interact freely and learn from each other spontaneously, along with the guidance of the teacher, paraprofessional, and other staff.

A monthly calendar and newsletter will be prepared and sent home with the student. Each preschool room will post a copy of the calendar and newsletter on the bulletin board by the door. All other notices and articles will also be posted. It is important to check the bulletin board and communicate with the teacher. Parent meetings are scheduled as needed throughout the year. Attendance is expected and appreciated.

Classroom celebrations are shared with families. The teacher will give you information in the classroom newsletter concerning class parties and other opportunities for involvement. **No homemade foods are allowed for classroom celebrations.** 

# Preschool Program Dates

A virtual open house will be held on August 12, 2021. Information about preschool needs and requirements will be shared then. Families will have an opportunity to ask questions and meet the staff. Students will be phased in with half of the class attending on 8/17/21 and the other half attending 8/18/21. This is to allow students to acclimate to school in small groups. All students will begin attending as a whole class on 8/19/21. An in-person open house will be held once the construction on the Mt. Healthy Early Learning Center has been completed.

The preschool program **will not be in session** during parent-teacher conference dates, teacher inservice dates, or teacher report dates. See the District calendar for these dates and other important dates.

#### Preschool Program Holidays and School Closings

The Preschool Program follows the District holiday calendar. When weather conditions make it necessary, the Preschool Program closes, as directed by the Superintendent. In this event, an announcement will be made on the radio and local television stations. Staff is notified by phone via the District's "All-Call" automated calling system.

- A two-hour delay means the AM Preschool Program is cancelled and the PM Preschool Program is in session.
- When the Mt. Healthy North and South Elementary Schools are closed all day, the Preschool Program is closed.

#### **Preschool Program Hours**

All preschool children attend either a morning or afternoon session, occurring Monday through Thursday. Each class is 2 hours and 45 minutes long with a snack provided daily. Children do not attend on Friday. Preschool Program classes are in session Monday – Thursday, as follows:

South Elementary School: AM Session 8:35 - 11:20 and PM Session 12:35 - 3:20

(AM drop off time: 8:35 / PM drop off time: 12:35)

North Elementary School: AM Session 9:05 - 11:50 and PM Session 1:05 - 3:50

(AM drop off time: 9:05 / PM drop off time 1:05)

Mt. Healthy Early Learning Center: AM Session 8:40-11:25 and PM Session 12:05-2:50 (tentatively)

#### Sample Daily Preschool Program Schedule

Following is a typical overview of a daily schedule:

<u>Minutes</u>	
25	arrival
20	group time
50	projects/learning centers
25	muscle/motor activities
15	snack time/restroom
20	story time
10	dismissal

The Preschool Program is inclusive, serving children with and without special needs. All preschool children attend either a morning or afternoon session, occurring **Monday through Thursday**. The children may start during the school year as long as there are openings. Each class is 2 hours and 45 minutes long with a snack provided daily.

Every parent is asked to send in one complete outfit for your child to keep at school in case of restroom or mud/wet accidents. Send the clothes in a plastic bag marked with your child's name. These clothes will be returned at the end of the school year. Each child must have a book bag (one they can carry on their own).

Check the classroom newsletter for any changes or updates specific to your child's classroom.

#### School Supplies`

Each student will need the following:

- Bookbag
- Change of clothes

#### **Optional Items:**

- Clorox Wipes
- Tissues

Additional items may be requested by the classroom teacher.

## Mt. Healthy City Schools

#### 2021 - 2022 School Calendar

August '21								
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11th Columbus Day

	December '21								
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11th Veterans Day, 24th Compensary Day, 25-26 Thanksgiving

February '22							
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23-24 Christmas Observed 31 New Year's Day Observed

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5th Labor Day

	March '22								
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17th Martin Luther King Day

	April '22								
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21st President's Day

May '22							
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\*Easter April 17th

	July '22								
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4th of J	luly								

30th Memorial Day

Report Periods	Days		
Quarter 1	40		
Quarter 2	41	81	
Quarter 3	43		
Quarter 4	48	91	

Actual Days/Hourrs in Session. 

Teacher Report/Records Days	4
Parent/Teacher Conferences	2
Professional Days	7
Total Non-Teaching Days	13

	End of Grading Quarter
lacktriangle	Teacher Report/Record Day
<b></b>	Parent/Teacher Conferences
	Teacher In-Service/PD Day
$\stackrel{\checkmark}{\sim}$	Student Start/End Date
	Student/Staff Holiday/Brreak

#### **Preschool Policies**

#### Absence Procedure:

• On the day when the child is absent, the parent must call the teacher to report the absence.

In the event of unreported long term absences (one week or longer), the preschool staff will make three attempts to contact the parent. After three attempts and 10 consecutive absences with no contact, the child will be withdrawn from preschool.

#### Classroom Placement

• It is our policy to place siblings (including twins) in separate classrooms.

#### Informing parents of threats and emergency events:

• Ohio school districts are required to communicate to parents and students the notification procedures utilized to inform parents of threats and emergency events. The Mt. Healthy City School District communicates this information to parents using our automated telephone parent notification system. Therefore, it is very important to make sure you have a current phone number on file in your child's school office.

#### **Transportation**

Transportation is available to special needs students on IEPs only. All other preschool students must provide their own transportation.

#### **Drop Off Procedures:**

- **South Elementary:** If bringing your child to school, please park in the parking lot nearest the Mt. Healthy Board of Education and bring your child into the building waiting area and staff will walk them to class.
- North Elementary: If bringing your child to school, please park in the parking lot and bring your child into the building waiting area and staff will walk them to class.
- Children attending Preschool MUST be accompanied by an adult at all times until they
  are met by a member of the preschool team. Please do not send your Preschool child in
  with an Elementary age sibling.
- Please walk your child through the parking lot safely, holding his or her hand.
- An adult must sign the students in with the preschool staff.
- In accordance with building policies, parents will not be able to walk their children to class. These regulations are to ensure the safety of your child.
- Please do not drop off your child earlier than the scheduled time, as no staff will be available to receive your child.
- If arriving late, parents must escort their children to the main office and a tardy slip will be issued.
- Please drive through the parking lot slowly and use the utmost safety. Park in designated parking spaces and walk into the building office if needing assistance. Do not use handicapped parking unless you are handicapped. DO NOT park in unauthorized areas.
- Children receiving transportation will be dropped off where the paraprofessionals will be waiting to greet them. No child will be allowed off the bus without an adult.
- Indoors, children must walk, not run.
- Every effort has been made to assure the safety of your child while in our care.

#### Pick Up Procedures

- **South Elementary:** When picking a child up, please park in the parking lot nearest the Mt. Healthy Board of Education and walk to the building waiting area to sign the child out.
- North Elementary: When picking a child up, please park in the parking lot and walk to the building waiting area to sign the child out.
- An adult must sign the students out with the preschool staff. Adults unfamiliar to staff will be asked for photo ID for the safety of the child. Please be prepared to show ID.
- All children must be picked up from preschool on time to ensure adequate staff supervision. If you are going to be late, please inform a staff member. Chronic late pickups may result in the withdrawal of your child from preschool, as determined by the Preschool Administrator.

#### For Security Purposes:

- Any parent of a child enrolled in the program shall be permitted unlimited access to the school during its hours of operation to contact his/her child, evaluate the care provided by the program, the premises or for other purposes approved by the director or building principal. Upon entering the premises, the parent shall report to the school office.
- South: All doors will be locked except the doors leading into the office.
- **North:** The front double doors are unlocked during the day (9:05 am 4:15 pm) but all others are kept locked, including the main office.
- Any person not familiar to our staff will be asked for a picture ID.
- No child will be released to a person not authorized by a parent to pick that child up. We
  must have written authorization for changes in this respect. Adults unfamiliar to staff
  will be asked for photo ID for the safety of the child.

#### **Transition Policies**

As children grow and change, it is important to prepare for the transitions from home to preschool to kindergarten.

• Transition to Preschool: The Mt. Healthy preschool has cooperative agreements with early intervention programs and Early Head Start. We work together to provide families of children with developmental disabilities a seamless transition from early intervention services to preschool services. The team also accepts referrals from parents who are concerned about their child's development. For students with a suspected disability, an evaluation is conducted to determine if the child qualifies for special education services. Whether the child qualifies for special services or not, options for preschool are shared with parents.

Parents of children who are typically developing may apply for enrollment. Applications are accepted for children who turn three before August 1<sup>st</sup>.

Teachers meet with parents and children individually in order to orient parents and children to the preschool classroom and the rules and routines of the classroom.

- Transition to another classroom: Occasionally it is necessary to move a student from one preschool classroom to another. Parents are included in this decision and arrangements will be made for the parent and child to meet with the new teacher.
- Transition to Kindergarten: The preschool team meets with each family who has a child transitioning to kindergarten. Transition information such as kindergarten enrollment, transition activities, and evaluation needs is shared.

Transition activities change from year to year, but have included visiting a kindergarten classroom, a Spring carnival for incoming kindergarten students, and an orientation day in August for parents and students prior to the first day of school. During a typical year, parents receive a *Countdown to Kindergarten* calendar when students are enrolled. The calendar provides information about the District's kindergarten and school-age programs, and offers suggestions for daily activities in the months June to August to prepare preschool-age children for the transition to kindergarten.

In the Spring, the Preschool Administrator meets with Head Start personnel to share information about students who will transition from Head Start to the Mt. Healthy Kindergarten classrooms in the fall. This helps build classroom rosters and meet the individual needs of each child.

Preschool and kindergarten classrooms are phased in to allow teachers to meet individually with families and to assist students in learning the expectations of the classroom.

#### **Tuition Policies**

- Tuition is \$40.00 per month and is due on the first school day of each month. If payment is not received by the 15<sup>th</sup>, a late fee of \$5.00 is added to the parent's account.
- Payments that are two months past due will result in the withdrawal of the child(ren) from preschool. Overdue tuition letters are provided to parents at least monthly to ensure the parent has been given a minimum two reminders that fees are overdue prior to withdrawal of the student.
- Payments made by cash or check are to be given to the building secretary. Checks can be
  made payable to Mt. Healthy City Schools. Parents may also pay by card through the EZ
  Pay link found on the Mt. Healthy City Schools website. In order to do this, you must
  register for an account and obtain your child's student ID. Please contact your building
  secretary for this information.
- Checks returned for insufficient funds are subject to a \$30.00 charge.
- The preschool program reserves the right to change the terms of enrollment and tuition provided that at least four (4) weeks of notice is given to the parents prior to the effective date of the change.

#### **Incentives for parents to pay tuition upfront:**

- If parents pay for the entire year by September 1st, they will receive **more than** a 20% discount, making the payment for the year \$280 instead of \$360.
- Parents who pay on the first of the month or beforehand will receive 12.5% off for the month, making the payment \$35 instead of \$40. (A convenient way to pay is eZpay. However, because it takes some time for this to clear, the parent may pay the building secretary to ensure they receive the discount.)

#### **Uniforms**

Preschool students are not required to wear uniforms. Please make sure that you send a change of clothes with your child in case they become soiled.

#### Philosophy of Discipline

According to IDEA (November 2004), "The terms **discipline** and **punishment** are often used interchangeably referring to the practice of improving behavior. Contrary to popular use, however, the two do not have the same meaning. In fact, they oppose each other in both method and result. Understanding the difference is important for successful classroom management and effective parenting. This understanding will help educators and parents promote more cooperative, responsible, safe and healthy behavior for all students."

"Punishment, (according to IDEA) very simply, is a "quick fix." Punishment often does not solve a problem and used in isolation, only stops the immediate behavior. Punishment requires little change in beliefs on the child's part and generally has no instructional value. Punishment will not change behavior long term because the basic need causing the behavior has not been met. Punishment focuses on the action, not the cause. It generally results in a child's anger, disrespect, revenge or defeat."

"Discipline, (according to IDEA) however, is an approach to changing behavior through planning, teaching and evaluating. Effective discipline provides appropriate, logical consequences for behavior and results in long term and positive behavioral changes. True discipline does not focus on isolated behaviors, but is a learning process that provides the child with a variety of skills to be an effective learner. Discipline addresses the cause of their behavior and helps to create a safe, positive learning environment for all. Discipline is firm, fair and appropriate to the behavior. It takes commitment, planning and ongoing problem solving."

#### **Student Discipline Policy**

We subscribe to the disciplinary practices that are consistent with our beliefs regarding children and their needs at various developmental stages. We strive to help our students become responsible members of our community. Our approach to discipline focuses on self-control. We work with students to help them accept responsibility for their behavior. Both positive and negative actions have consequences. Teachers will model appropriate behavior and redirect students when necessary.

#### **Methods of Discipline Used**

The discipline at our Mt. Healthy Preschool is based on constructive and developmentally appropriate child guidance. Management techniques are to be used at all times and include such measures as:

- Redirection
- Separation from problem situations
- Removed from the group to a designed time-out area for a very limited amount of time
- Talking with the child about the situation
- Praise for appropriate behavior

#### **Classroom Management**

Classroom management follows a philosophy that allows children to resolve conflicts among themselves first before asking the help of an adult. The children are expected to accept appropriate and necessary limits. Sharing and being able to cooperate are skills that are still being developed and learned at this young developmental stage. The children are still learning how to use language and make choices to appropriately handle differences that are a part of everyday life. Teachers supervise and guide the children in saying what their needs are and in choosing solutions to solve problems.

We do have limits. A child is not allowed to do anything that is harmful to himself/herself, to others, or to the materials and equipment. The rules will be enforced in a positive, unbiased and appropriate way. There will be no physical punishment. Repeated discipline problems will be discussed with the parents. If your child is not responding to the classroom procedures implemented by the classroom teacher, parents and teachers are able to work with specialized staff members and families to assist in making proper behavior plans.

The preschool program's actual methods of discipline (as stated by the ODE 3301-37-10) shall apply to all persons on the premises and shall be restricted as follows:

- 1. There shall be no cruel, harsh, corporal punishment or any unusual punishments such as, but not limited to, punching, pinching, shaking, spanking or biting.
- 2. No discipline shall be delegated to any other child.
- 3. No physical restraints shall be used to confine a child by any means other than holding a child for a short period of time, such as in a protective hug, so the child may regain control.
- 4. No child shall be placed in a locked room or confined in an enclosed area such as a closet, a box, or a similar cubicle.
- 5. No child shall be subjected to profane language, threats, derogatory remarks about himself or his family or other verbal abuse.
- 6. Discipline shall not be imposed on a child for failure to eat, failure to sleep, or for toileting accidents.
- 7. Techniques of discipline shall not humiliate, shame or frighten a child.
- 8. Discipline shall not include withholding food, rest or toilet use.
- 9. Separation, when used as discipline shall be brief in duration and appropriate to the child's age and developmental ability and the child shall be within sight and hearing of a preschool staff member in a safe, lighted and well-ventilated space.
- 10. The center shall not abuse or neglect children and shall protect children from

#### **Conscious Discipline**

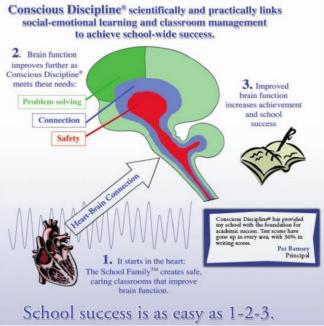
Additionally, Mt. Healthy embraces the practices of Conscious Discipline. Conscious Discipline® is a comprehensive classroom management program and a social-emotional curriculum. It is based on current brain research, child development information, and developmentally appropriate practices. Conscious Discipline® has been specifically designed to make changes in the lives of adults first. The adults, in turn, change the lives of children.

Conscious Discipline® is a way of organizing schools and classrooms around the concept of a School Family. Each member of the family—both adult and child—learns the skills needed to successfully manage life tasks such as learning, forming relationships, communicating effectively, being sensitive to others' needs and getting along with others.

Conscious Discipline® empowers teachers and other adults with the Seven Powers for Self Control. These powers change the adults' perception and relationship with conflict, empowering them to be proactive instead of reactive during conflict times. These core beliefs strengthen our utilization of the frontal lobes of the brain. The frontal lobes are to the brain as a conductor is to an orchestra. The frontal lobes are our moral leader.

From the beliefs instilled with the Seven Powers for Self Control, emerge the Seven Basic Skills of Discipline. These skills change how adults respond to conflict in such a way as to facilitate the development of the frontal lobes in children. The Seven Skills are the only skills an adult needs to constructively transform conflict into teaching moments. Through the Powers and Skills, adults stay in control of themselves and in charge of children.

As adults begin to change their attitudes and behaviors, so will the children in their care. We cannot teach behaviors and skills that we do not possess ourselves. Dr. Becky Bailey, the author of Conscious Discipline®, originally designed the program for classrooms, but the Brain Smart strategies imparted by the Seven Powers for Self Control and the Seven Basic Skills of Discipline are seamlessly applied to all human interactions. She has since developed Conscious Discipline® for parents and Brain Smart strategies for businesses.



Source ~ http://www.beckybailey.com/cd\_what\_is.cfm

#### What does Conscious Discipline do?

The most frequent comment heard in response to the Conscious Discipline program is that it is life changing. The Seven Powers and the Seven Skills taught in the program enhance adults' social-emotional intelligence in perceptible ways. Conscious Discipline teaches relationship skills that help adults in all of their interactions, so that improvement is seen at home with family, at work with colleagues, and at school with children. This single program, offering such a broad life-changing approach, is extraordinarily effective and meaningful for those who are willing to make the change.

Conscious Discipline leads parents, teachers, administrators, staff and employees through a process that promotes permanent behavior changes in both adults and children. The paradigm of change is from a traditional compliance model of discipline, relying on lower brain center approaches of threat and force, to a relationship-based community model that relies on higher-order thinking skills.

Conscious Discipline educates adults by establishing an understanding of brain development. Once a basic knowledge is established, Conscious Discipline then draws out the relationships between brain development, learning and behavior. Ultimately, Conscious Discipline uses this information to deliver specific ways to create safer, more caring and more responsive environments for schools, homes and workplaces.

#### **More on Conscious Discipline:**

Research on brain function shows that learning takes place in an emotional and behavioral context. When children can attach academic skills to feelings and actions that are part of their everyday world, they are more likely to use those skills. Conscious Discipline creates a "School Family" that fosters meaningful academic and social learning together. Every classroom management system must have a core motivator. The motivator in Conscious Discipline is the School Family. Connection, belonging and contribution within the School Family create cooperation among children. Students are intrinsically motivated to be helpful, responsible and caring classroom citizens.

Conscious Discipline is specifically designed to teach the following:

- ➤ Anger management
- ➤ Helpfulness (pro-social skills)
- ➤ Assertiveness
- ➤ Impulse Control
- > Cooperation
- ➤ Empathy
- ➤ Problem solving

Real-life conflict and challenging situations serve as a character education curriculum for the Conscious Discipline classroom. Conflict is viewed as a teaching opportunity and adults are empowered to transform it into a valuable lesson. Character education is part of everyday life, not an activity that occurs separately.

Conscious Discipline builds self-esteem by addressing children's universal need to be generous and contributing members of a group. Each child holds a job and is responsible for the effective running of the classroom.

Conscious Discipline moves a step beyond positive discipline by helping adults become conscious of themselves. This consciousness increases effectiveness and fosters a reflective, thinking mind by strengthening the frontal lobes of the brains of those who exercise its principles. The frontal lobes are the "CEO" of the brain. They allow impulse control, problem solving, empathy and proactive strategies during difficult situations.

Consciousness allows adults to teach by example. Example is, by far, the most powerful teaching technique available. Children who observe discrepancies between what is "practiced" and what is "preached" are likely to imitate the behavior they see modeled. You must model calmness, respect, responsibility, etc. if you want children to display calmness, respect, responsibility, etc.

Conscious Discipline links home and school, as the School Family is seen as an extension of the home family. The School Family provides the infrastructure in the classroom to handle difficult life events in a child's life, in the community and in the world.

Conscious Discipline operates on a basis of creating physical and psychological safety for children. Research shows that the brain functions optimally in a safe, stimulating environment. This principle is at the program's core.

Source http://www.beckybailey.com/cd what do.cfm

#### **Health and Safety**

A current Emergency Medical Authorization form should be on file for each child, dated no more than thirty (30) days prior to admission and annually thereafter.

Information on emergencies, accidents, illness, and medications:

- 1. Child's medical statement each child must be examined by a licensed physician and the form returned to us by the first day of school.
- 2. An emergency plan is posted in the classroom for fire, and evacuation due to other hazards.
- 3. The staff is trained in first aid and in the recognition of early childhood diseases and child abuse. Staff is required by law to report any suspicion of neglect or abuse.
- 4. Teachers have college degrees and are certified in Early Childhood Education and Special Education.
- 5. No child shall ever be left alone or unsupervised at any time.
- 6. A telephone is available at all times in case of emergency.

- 7. A monthly fire drill, at varying times each month, will be held and recorded for inspection by the fire department. Tornado drills are held during tornado season. Lockdown drills are required by the Mt. Healthy Board of Education
- 8. Please keep your child at home if; he/she has a temperature of at least 100 degrees, non-localized skin rash, diarrhea, vomiting, any evidence of head lice, any communicable disease, or has an excessive runny nose, that is yellow/green in nature. It is important to prevent the spread of infection in class. If a child is sent home ill, we ask that the child not return for at least 24 hours and upon returning is free from symptoms of illness.
- 9. If an illness/injury should occur, every effort will be made to contact the parents as quickly as possible. If the parents cannot be located, we will call one of the designated adults whose name you have provided. Either the parent or designated adult may be asked to pick up the child
- 10. NO MEDICATIONS WILL BE GIVEN unless the parents and the child's physician have filled out the proper forms. (Forms may be obtained from the school health clinic or on the district website).
- 11. It is important to notify the staff of any dietary restrictions or allergies. See section on Care of Students with Food Allergies.
- 12. A child isolated due to suspected communicable disease shall be:
  - Cared for in a room or portion of a room not being used in the preschool program;
  - Within sight and hearing of an adult at all times. No child shall ever be left alone or unsupervised
  - Made comfortable and provided with a cot. After cot is used it shall be disinfected;
  - Observed carefully for worsening condition; and
  - Discharged to parent, guardian, or person designated by the parent or guardian as soon as practical.

**Tuberculosis screening requirements and documentation:** All newly enrolled, foreign born students who have been in the USA for 5 years or less must provide documented evidence of having a negative TB test within 90 days of the first day of school enrollment. Students in the process of completing the TB testing may attend school for no more than 30 days as long as they DO NOT have symptoms of TB as verified by a licensed physician or nurse. If the TB test is positive, the student may remain in school, but must provide proof of a normal chest x-ray or written verification from a physician of the absence of communicable TB.

**Peanut or Other Food Allergies:** The district has a policy on the care of students with peanut or food allergies. Food allergy information is shared with food service staff with your permission. The parent/guardian must provide the school with a written medical order to have those food(s) a student is allergic to replaced with something different. **No homemade foods are permitted.** 

**Medical Treatments:** If a child has any health/medical condition that requires medical treatment, the parent/guardian shall provide the clinic with the doctor or other appropriate health care provider's written treatment order. This form may be obtained from the school clinic or the district website.

#### Staff and Child Re-Admittance Criteria

Condition: Readmit to the child care/preschool facility

<u>Chickenpox</u>: Staff and *children* with chickenpox shall be excluded until the 6<sup>th</sup> day after onset of rash or until all lesions are dry, whichever comes first.

<u>Conjunctivitis:</u> Staff and *children* with purulent conjunctivitis should be excluded until 24 hours after the start of antimicrobial therapy (if ordered by licensed prescriber).

<u>Diarrheal illness</u>: Diarrhea is defined as 3 or more loose stools in a 24-hour period. Staff or *children* with diarrhea of unidentified, possibly infectious cause shall be excluded from the

preschool classroom. Staff and children may return after diarrhea has resolved for 24 hours. Exclusion of persons with diarrhea of known infectious cause shall be in accordance with regulations pertaining to the infectious disease such as:

- <u>Campylobacteriosis</u>: Staff may return after diarrhea has ceased provided not food handling is involved in their duties. If food handling is involved, they may return after diarrhea has ceased <u>and</u> after 48 hours of effective antimicrobial therapy. If not treated with antimicrobial therapy, they may return to work after diarrhea has ceased <u>and</u> after two consecutive follow-up stool specimens are negative for Campylobacter. A child may return to the preschool classroom after diarrhea has ceased for 24 hours.
- <u>Cryptosporidiosis:</u> Staff may return after diarrhea has ceased provided no food handling
  is involved in their duties. If food handling is involved, they may return after diarrhea
  has ceased and after three consecutive follow-up stool specimens are negative.
- <u>Cryptosporidium:</u> A child may return to the preschool classroom after diarrhea has ceased for 24 hours.

<u>Giardiasis</u>: Staff and *children* may return after diarrhea has ceased <u>and</u> after 72 hours of effective antimicrobial therapy. If not treated with antimicrobial therapy, they may return to work after diarrhea has ceased <u>and</u> after three consecutive follow-up stool specimens are negative for <u>Giardia</u>

<u>Salmonellosis:</u> Staff may return after diarrhea has ceased provided no food handling is involved in their duties. If food handling is involved, they may return after diarrhea has ceased <u>and</u> after two consecutive follow-up stool specimens are negative for Salmonella. A child may return to the preschool classroom after diarrhea has ceased for 24 hours.

<u>Shigellosis:</u> Staff and *children* may return to work after diarrhea has ceased <u>and</u> after two consecutive follow-up stool specimens are negative for Shigella.

<u>Yersiniosis:</u> Staff and *children* may return after diarrhea has ceased provided no food handling is involved in their duties. If food handling is involved, they may return after diarrhea has ceased <u>and</u> after two consecutive follow-up stool specimens are negative for *Yersinia*.

<u>Diphtheria</u>: Staff and *children* may return after 2 cultures from both throat and nose (and skin lesions in cutaneous diphtheria) taken not less than 24 hours apart, and not less than 24 hours after cessation of antimicrobial therapy, fail to show diphtheria bacilli. If culturing is unavailable or impractical, exclusion may be ended after 14 days of appropriate antimicrobial therapy.

<u>E. coli O157:H7 or Hemolytic Uremic Syndrome (HUS):</u> Staff and *children* may return after diarrhea has ceased <u>and</u> after two consecutive follow-up stool specimens are negative for E.coli O157:H7.

<u>Hepatitis A</u>: Symptomatic staff and *children* shall be excluded until 10 days after initial onset of symptoms.

<u>Impetigo</u>: Staff and *children* may return after 24 hours initiation of antimicrobial (a skin infection) therapy provided lesions are not draining and all lesions (sores) are dry.

Measles: Staff and *children* shall be excluded for 5 days following the onset of rash.

Bacterial Meningitis: Excluded until at least 24 hours of effective treatment. Must be under physician's care.

<u>Pediculosis (lice)</u>: Staff or *children* with <u>body lice</u> may return 24 hours after application of an effective pediculicide. Staff or children with <u>head lice</u> may return after the first treatment with appropriate pediculicide and are nit free. The clinic staff will check the student's hair. The student will need to return home if not nit free. It is recommended to repeat the pediculicide in 5-7 days.

<u>Pertussis (whooping cough):</u> Staff and *children* shall be excluded for 5 days after initiation of antimicrobial therapy. If the case is not treated with appropriate antimicrobial therapy, the staff member or *child* shall be excluded until 3 weeks after the onset of paroxysms.

<u>Rash with fever or joint pain</u>: Staff and *children* shall be excluded until diagnosed not to be measles, rubella or other communicable disease.

<u>Rubella</u>: Staff and *children* shall be excluded for at least 7 days after the onset of rash and symptom free.

Mumps: Staff and *children* shall be excluded for 9 days after the onset of parotid swelling and until swelling subsides.

Shingles: Only if clothing or a dressing cannot cover sores, excluded until sores have crusted and are dry. A person with active shingles should not care for immunosuppressed children.

Strep throat (or other streptococcal infection): Staff and children shall be excluded for 24 hours after the initiation of antimicrobial therapy and referral.

<u>Tuberculosis (TB):</u> Staff and *children* with confirmed or suspected TB shall be excluded from the daycare center until the local designated TB authority approves the person's return to the center.

Typhoid Fever: Staff and children may return when a symptomatic and after three consecutive follow-up stool specimens are negative for Salmonella typhi.

Vomiting: They may return 24 hours after vomiting resolves or is determined to be due to a noninfectious condition such as pregnancy or a digestive disorder.

Ringworm: Staff and *children* must be treated with an appropriate antifungal cream before being allowed to return to school. Infected areas must be covered.

The criteria for exclusion and re-admittance represent the recommendations of the Ohio Department of Health.

#### **Obtaining Copies**

Each parent, upon enrollment, will receive a copy of the parent handbook. Additional copies of the handbook will be provided upon request and can be found on mthcs.org.

#### Filing a Complaint or Obtaining Copies of Inspection Reports

Any parent wishing to file a complaint or obtain copies of inspection reports may either speak directly to the Preschool Coordinator, Karen Powers, or email her at kpowers@mthcs.org.

The Ohio Department of Education, Office for Exceptional Children and Early Childhood Education will investigate complaints as required by Federal law and regulations. Depending on the nature of the issues identified in the complaint, a consultant from the Office of Exceptional Children or the Office of Early Childhood Education may offer both parties to the complaint an opportunity to resolve the issues through mediation.

Send all complaints to the following address:

The Ohio Department of Education Office for Exceptional Children Procedural Safeguards Section 25 South Front Street Mail Stop 202 Columbus, OH 43215 Local number: (614) 466-0224

Toll free: 1-877-644-6338

\*Preschool complaints must be submitted to the Office of Exceptional Children at the address above. The preschool complaints will, however, be investigated by The Office of Early Learning and School Readiness in collaboration with the Office for Exceptional Children.

#### Mt. Healthy City School District Community-Based Resources

As a service to our families, the Mt. Healthy City School District Preschool and Kindergarten Readiness Program has compiled this listing of some of the many community-based organizations/agencies that may be of interest to families and caregivers of young children. Information is gathered and summarized from the websites of listed organizations and is as up-to-date as possible. Please contact the organization for more complete information.

\*Inclusion of an organization on the list is not intended as an endorsement of or referral to that agency by the Mt. Healthy City School District.

#### **Adult/Parent Education and Career Resources**

Offers Hamilton County adults the opportunity to receive academic assistance conducive
to study and learning in the areas of Basic Academic Skill Building (including Pre-GED
& GED Online Lessons), Adult Literacy Sessions, Conversational English Study, Online
Job Assistance, and Exam Proctoring. Collaboration with the Literacy Network of
Greater Cincinnati and the Great Oaks Institute of Technology and Career Development
contributes to the Department's mission to support life-long learning

- **ABLE** Adult Basic and Literacy Education
- **GED** General Educational Development (high school equivalency diploma) offers a second chance to complete high school education. Obtaining a GED-high school equivalency diploma will open doors. More information on the GED exam can be found at: https://ged.com/
- **ESOL** English for Speakers of Other Languages
- ABLE's mission: is to provide adults with educational opportunities to acquire the
  academic skills necessary to become more self-sufficient and participate more effectively
  as workers, family members and citizens
- Cincinnati Public Schools (CPS) hosts free ABLE classes for adult learners at various locations. Call to schedule intake.

- Offers more than a dozen programs for adults who want to train for a new career
- Programs include: Medical Office Specialist, Billing and Coding, Welding Technician, CNC Manufacturing, Electro–Mechanical Maintenance Technology, Industrial Diesel Mechanics
- Most programs start in the fall; others start throughout the year

**Hamilton County Department of Job and Family Services (HCDJFA)** ......513-946-1000

222 East Central Parkway, Cincinnati, Ohio 45202 <a href="https://www.hcjfs.org/">https://www.hcjfs.org/</a>

- Administers state, federal and local programs designed to help those in need and help families work toward self-sufficiency
- Includes services such as, local child protection, adult protection, child care, child support enforcement, workforce development, cash assistance, food assistance and medical assistance.

- Champions the development of literacy in the individual, the family, the workplace, the school and the community by raising awareness, improving access, and serving as a catalyst for literacy efforts
- Provides support of basic reading, GED and English for Speakers of Other Languages, including FREE classes for adults. Tutors help children improve their reading through the Winners Read Tutoring program. The program Winners Walk Tall provides children with essential character building lessons in manners and leadership, helping them to develop a positive sense of self-esteem, respect for others, and the ability to make good decisions about behaviors that impact their lives

• Provides a variety of information on educational topics for parents, teachers, and administrators

https://www.ohiohighered.org/students/find-a-career

- Search for occupations and career pathways in various industries
- Find out about industries and careers that are in high demand in Ohio
- Find out more information about returning to finish a degree if you have been away from college for a while
- Find out how internships and co-ops give you real-world experience and lead to jobs
- Find a career technical, professional or vocational school near you
- Explore options for certificate programs

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- Provides referral and case management services for families of young children in need of supports
- Publishes the Ohio Resource Guide for Relatives Caring for Children (http://www.odjfs.state.oh.us/forms/file.asp?id=1779&type=application/pdf). This resource guide is available on line and provides guidance in these and additional areas: Finding Help with Expenses, Finding Help with Educational Services, Finding Help with Medical Services for You and Children in Your Care

• Career search by title, location, or key words

• Helps adults discover their interests and skills and how they relate to the world of work; find out what they like to do; decide what kinds of careers they might want to explore

## **Child Development and Parenting Supports**

Beech Acres Parenting Centers
Great Oaks Preschool – Early Education Preschool
<ul> <li>Hamilton County Developmental Disabilities Services</li></ul>
Hamilton County Head Start Program
Help Me Grow
4C for Children

• Educates and supports the adults—parents, child care providers, preschool teachers, early learning program administrators—who care for young children and prepare them for success in school and life

**Enrichment Opportunities** ArtsWave......513-871-2787 20 East Central Parkway, Suite 200, Cincinnati, OH 45202 https://www.artswave.org/impact/events • The region's local arts agency and the nation's largest community campaign for the arts • Website features upcoming community events in the community, suitable for all ages, many of which are FREE Cincinnati Family Magazine.....513-252-0077 10945 Reed Hartman Hwy. Suite 323, Cincinnati, OH 45242 http://cincinnatifamilymagazine.com/places-to-visit • Has a longstanding tradition of supporting families by providing timely listings of family events and activities in the greater Cincinnati area • The above-referenced website is a link to a continuously updated listing of FREE classes and activities in categories of things to do, contests, family matters, age by age; education, and directories, suitable for young children and familiesP • Topics have included Preschool Story Time; Spanish Playgroup; Autism and SPD Support Gathering; Child African Dance; Child African Drum; Cincinnati Mommies; First Ballet Class; Kids Story Time; and more Cincinnati Museum Center, Early Childhood Programs......513-287-7021 211 Dana Ave., Cincinnati, Ohio 45207 http://www.cincymuseum.org/ • Houses many exhibits and attractions including the Duke Energy Children's Museum • Encourages learning through play with hands-on fun for children of all ages in eight educational and themed play areas, including two specifically designed for preschoolaged and younger • Encourages kids to climb, crawl, and learn about themselves and the world around them http://www.cincinnatiparks.com/ • Operates dozens of beautiful parks in the greater Cincinnati area, as well as landmark sites such as the Krohn Conservatory in Mt. Adams. • "Natural classrooms" offer unlimited opportunities for families of young children to explore and learn about the environment including plants and animals, and to enjoy

- Families can sign up to receive a monthly newsletter *The Backyard Buzz!*
- Full list of parks is shown on the website
- Includes 12 additional neighborhood parks

Cincinnati Official Travel Guide of Cincinnati/Northern Kentucky .................No number 50 E. Rivercenter Blvd. Suite 1100, Covington, KY 41011 http://cincinnatiusa.com/events/art-craft-classes

Search thousands of events in the online database; filter your search by category – like art and craft classes; sign up to receive a free e-newsletter; many of the opportunities listed are FREE

3400 Vine St, Cincinnati, OH 45220 http://cincinnatizoo.org/

- One of the top zoos in the nation, with many sights to see and learning for the whole family, including young children
- Zoo's programs: animal encounters; theatre; gardens; petting zoo; zoo babies; deaf day; self-guided activities; and Macy's Kids, Cultures, Critters, and Crafts Festival

- Collaborative blog written by Cincinnati moms, for Cincinnati moms
- Resource for all things mom and also to bring online mothers together offline in a meaningful and lasting community; subscribe to an e-newsletter on the website
- Strives to bring together a variety of experiences and perspectives
- Website has links to topics including: Cincinnati Moms Resources, Indoor Play, Kids Eat Free, Parks and Playgrounds, Kids Book Corner, Kids Crafts

- Resource whose mission is building community through gardening, education and environmental stewardship
- Hosts classes, a horticultural library, several gardens for visitors to enjoy free of charge, and the Green Learning Station and an outdoor compost classroom
- Supports over 50 communities and children's gardens throughout the city
- Outreach efforts include the Community Gardens, Youth Education and School Gardens programs; offers these programs at no cost to participants

- Operates and maintains 10 parks with over 250 acres of park land; offers a natural setting for young children to learn and play
- Parks include playgrounds, an amphitheater, paved trails, shelters, a skate park, boat access ramps, a disc golf course; special events include Relay for Life, Sizzling Summer Entertainment, and Taste of Colerain

- Parenting blog designed to help parents discover all the things that make Cincinnati and northern Kentucky a great place to raise a family
- Website has many links to topics and resources, including Places to Go; Good Eats; 50
  Kid-friendly Things to Do; Kids Night Out; Farmers Markets; Inclusive Playgrounds;
  Resource Guides; Deals and Coupons; and more
- Join the blog and/or sign up for an e-newsletter

http://www.findlaymarket.org/

• An old-fashioned public market in Cincinnati's historic Over-the-Rhine neighborhood that has been in operation since 1855; a wonderful place to introduce young children to foods, cultures, the arts, ethnic traditions, gardening, and more

- Admission is free; open year-around
- Offers a diversity of delicious fresh foods, handmade goods, entertainment and more; three dozen indoor merchants selling meat, fish, poultry, produce, flowers, cheese, deli, and ethnic foods; from April to November, the Market also hosts a thriving farmers market, dozens of outdoor vendors, numerous street performers, and lots of special events

- Includes 18 neighborhood parks and 5 conservation areas, with quite a few within miles of the Mt. Healthy community; publishes a monthly on-line calendar of recreational and educational/nature events, for all ages
- Parks (such as Winton Woods) offer play equipment for preschool-age children, water play areas, camping, fishing, walking, bike trails, boating, and more
- Educational and recreational programs are scheduled year-round; contact the Park office for more information

3461 Joseph Rd, Cincinnati, OH 45251

https://www.homedepot.com/c/alp/activities-for-kids/gz47

- Offers FREE workshops for do-it-yourselfers of all ages and experience levels
- Review the schedule of upcoming workshops online and choose a specific workshop to attend. (i.e. Colerain Avenue Home Depot has offered a *Build a Butterfly House* hands-on workshop in which parents and children built a butterfly house)

- Parking lot is available behind the building; ADA accessible facility and has a book
- The branch is served by Queen City Metro bus routes 15X, 16, and 17
- Preschool and baby/infant programs are regularly scheduled and include *Preschool Storytime* (eenjoy books, songs, activities and more, while building early literacy skills, for preschoolers ages 3 6 and their caregivers) and *Babies* (children and families enjoy lap games, songs, stories, bubbles and more; perfect for mommy and baby ages 6 18 months)

• Home to Winton Woods, one of the largest parks of the Great Parks of Hamilton County, which offers a 123 site campground, 156 acre lake, 2 golf courses, a fully functional farm, horseback riding center, beautiful trails, and a boat harbor

## **Financial Assistance**

Benefits Check-Up
<ul> <li>Website helps find state, federal, and private benefits programs available near individuals residence; benefits programs can help pay for prescriptions, health care, food, utilities, tax relief, transportation, legal issues, or finding work</li> </ul>
Bethel Baptist Church
Catholic Charities of Southwest Ohio
Christ Church Cathedral
<ul> <li>Cincinnati Computer Cooperative</li></ul>
Community Action Agency
Consumer Credit Counseling Service
Council on Aging
Disabled Veteran's National Foundation
<b>Family Service Bureau</b>

Homeless Prevention Program: must have a child under the age of 18, be at risk for homelsessness, meet the current year poverty guidelines, and be willing to be in a case management program 112 East Liberty Street, Cincinnati, Ohio 45202 Emergency assistance with rent, utilities, and heaters/fans/air-conditioning (in season) 10600 Springfield Pike, Cincinnati, Ohio 45215 Programs are operated for homeless individuals, including but not limited to Veterans Assistance with rent payments, security deposits, and delinquent utility bills Hamilton County Department of Job and Family Services ......513-946-1000 222 East Central Parkway, Cincinnati, Ohio • PRC (Prevention, Retention, and Contingency) Program is designed to assist residents with short-term or immediate need for rental assistance to prevent eviction or financial assistance to pay an electric bill so that service is not cut off • A child must be living in the home or a woman must be at least 6 months pregnant 230 East 9th Street, Cincinnati, Ohio 45202 Provides financial emergency assistance for food, rent, utilities, etc. to veterans and their dependents who reside in Hamilton County 222 East Central Parkway, Cincinnati, Ohio 45202 • Federally-funded assistance for eligible low-income Ohioans with winter heating bills; based on household size, income, location of residence, and type of heating fuel used • Eligible individuals receive a credit or voucher, which is applied toward their heating bill • Available from November through March, or until funds are depleted Applications at the Community Action Agency (1740 Langdon Farm Road, Cincinnati) or Hamilton County Job and Family Services (222 E. Central Parkway, Cincinnati) Homeless Prevention & Rapid Re-housing Program ......513-381-SAFE • Intensive case management and financial assistance provided to cover security deposits, rent, and utility assistance, past due utility or rental payments Program is designed to assist homeless individuals or families or to prevent individuals or families who are at imminent risk of homelessnes

• Down payment assistance, home improvement and repairs assistance and loans

- Provides Kosher food and emergency assistance to prevent homelessness
- Helps households avoid eviction through HUD program (Homelessness Prevention and Rapid Re-housing Program)

Cincinnati Bell Central Office, 895 Central Avenue, Cincinnati, Ohio 45202 • Special discounts for obtaining landline telephone service for OH, IN, KY consumers • Customers typically pay between \$11-\$13/month • To qualify, individuals must be receiving one of these benefits: Public Housing, Section 8, Medicaid, Food Stamps, SSI, or HEAP 1800 Logan Street, Cincinnati, Ohio 45202 • Assistance with rent and utilities, fans, and air-conditioners 5301 Winneste Avenue, Cincinnati, Ohio 45232 • Helps with food, clothing, utilities, and rental assistance Mt. Healthy Alliance Community .......513-551-8036 7717 Harrison Avenue, Cincinnati, Ohio 45231 • Provides food, bus token, and referrals for clothing, furniture, and financial assistance • Hours: Monday, Thursday, and Saturday 9 am - 12 pm, Tuesday 5 pm - 7 pm • Must be a resident of Mt. Healthy or 45231 zip code • Must show picture ID and proof of residency postmarked within the last 30 days http://ohiofoodbanks.org/programs/program-detail.php?id=1&page=1 Ohioans can call or use website to complete applications for Food Stamps, Medicaid, Child Care Vouchers, Ohio Works First, HEAP and al JFS services 1730 Race Street (at Elder Street), Cincinnati, Ohio 45202 • Hours: Monday-Friday 9:30 am - 11:45 am for food service and open later on Mondays and Wednesdays for daily activities, such as foot clinic, bingo, cards, chess, movies, etc. • Clothing, toiletries, and food bags given out daily during food service hours Social worker provides assistance with rent, utilities, bus tokes, to get work/medical appointments, and assistance with obtaining/paying for ID and birth certificates • Kids Club is open Tuesday, Wednesday, and Thursday to provide a warm meal and after school activities to neighborhood children • Lunch on Legs program delivers daily afternoon meals to local senior citizens unable to leave their homes People Working Cooperatively......513-351-7921 4612 Paddock Road, Cincinnati, Ohio 45229 • Serves low-income, elderly, and disabled homeowners in OH, KY, and IN • Provides free professional critical home repairs, weatherization, mobility modifications, and maintenance services to help residents stay safely in their homes Safe Link ......1-800-SAFELINK • Public assistance program that ensures wireless telephone service is available and affordable for low-income subscribers • Offers an allotment of free airtime minutes • Typically, individuals are eligible if they participate in a public assistance program such as, Food Stamps, Medicaid, SSI, TANF, HEAP, Free School Lunch, and Section 8 East Central Parkway, Cincinnati, Ohio 45202

- Hours: Monday through Friday 9 am 4:30 pm
- Occasional rent assistance; utilities once a year program starts in January and lasts until funds depleted
- Heat Share is administered by Salvation Army; applications accepted January-April

3301 Warsaw Avenue, Cincinnati, Ohio 45202

- Works with Price Hill households to help tenants: avoid eviction, assist with rent, improve housing conditions including rental issues, problem properties, and absentee landlords
- Assists elderly, disabled, low-income homeowners with home improvement projects, mortgage delinquency, foreclosure counseling, and mortgage default resolution advice

19 West Elder Street, Cincinnati, Ohio

 Provides financial services and economic education to underserved individuals in Over-The-Rhine and Greater Cincinnati

**St. Joseph Church SVDP** ......513-941-3661

25 East Harrison Avenue, North Bend, Ohio 45052

- Provides food, rent, utility assistance, and vouchers for clothing and furniture
- Serves people within parish boundaries

## 

1125 Bank Street, Cincinnati, Ohio 45214

- Assistance with rent and occasionally with mortgage if funds are available
- Assistance with gas, electric, and water bills
- Must complete Request Form either in person Monday through Friday 8 am 4:30 pm, online or over the phone by calling 513-421-0602
- Bring the following documentation: Picture ID, Social Security Cards, or printout of the entire household, proof of entire household income, proof of address (i.e. utility bill, lease, or dated mail)

19 West Elder Street, Cincinnati, Ohio

 Provides computers, monitors, printers, and more for disabled and disadvantaged individuals

5969 Livingston Avenue, Suite 107, Columbus, Ohio 43232

- Assistance with rent and utilities for Veterans only; may apply up to twice a year
- Provides assistance primarily to residents of Ohio, Kentucky, and Indiana

**USA Cares, Inc.** ......800-773-0387

PO Box 759, Radcliff, Kentucky 40159

- Provides financial and advocacy assistance to post 9/11 active-duty US military service personnel, veterans, and their families
- Service are free to service men, women, and their families without obligation to repay
- Financial assistance is not given directly to service member for their families; payments are made to the mortgage lenders, utility companies, and other vendors
- Provides assistance with unexpected car repairs, utility bills, emergency food assistance, and foreclosure/eviction prevention.

#### Community Meals, Food, Clothing, and Household Needs

## **Community Meals**

Augsburg Lutheran Church in Pleasant Run
Calvary Hilltop United Methodist Church in North College Hill
Faith Lutheran Church in Finneytown
First United Church of Christ in College Hill
Good News Baptist Church in Mt. Healthy
Grace Episcopal Church in College Hill
Highview Christian Church in Mt. Healthy
Mt. Healthy United Methodist Church in Mt. Healthy
North Presbyterian Church in Northside
St. Paul United Church of Christ in North College Hill
Trinity Lutheran Church in Mt. Healthy

Addyston United Methodist Church Pantry
Adventist Outreach Ministry
<ul> <li>Alliance Food Pantry</li></ul>
<ul> <li>Angel Ministries</li></ul>
Baptist Church Food Pantry
Bellarmine Chapel SVDP
Benefits Check-Up
relief, transportation, legal issues, or finding work  Bethlehem Baptist: Love Star Pantry
CAIN (Churches Active in Northside) Choice Pantry Ministry
Central Parkway Ministries

by pastor, case worker, or employer
• Hours: Monday-Thursday 9 am - 4 pm
City Gospel Mission
• Food baskets typically for single-parent families (men or women with children)
• Call for appointment; requires photo ID
Cui for appointment, requires photo is
Community Action Agency513-569-1850
2905 Woodburn Avenue, Cincinnati, Ohio 45229
<ul> <li>Emergency assistance with food vouchers upon request</li> </ul>
Contrathion Donatics Change
Corinthian Baptist Church
772 Whittier Street, Cincinnati, Ohio 45229
• Open 3rd Saturday of the month 11:30 am - 1:30 pm
<ul> <li>Open to area residents; requires picture ID</li> </ul>
Creek Road Baptist
3906 Creek Road, Cincinnati, Ohio 45241
<ul> <li>Provides food for anyone in Hamilton County</li> </ul>
<ul> <li>Hours: 2nd Thursday of the month and by appointment</li> </ul>
Daystar Worship Center
6018 Vine Street, Cincinnati, Ohio 45216
• Hours: 3rd Monday of each month 6 pm -7:30 pm or 24/7 for emergencies
<ul> <li>Open to help anyone in Ohio</li> </ul>
Open to help anyone in Onio
<b>First Baptist Church Of Mt. HealthyFood Pantry</b>
1 // 6" 1 . 1.1 /
http://www.firstmthealthy.org/
<ul> <li>http://www.firstmthealthy.org/</li> <li>Located at the corner of Compton and Daly Roads, operates a food pantry the third</li> </ul>
Located at the corner of Compton and Daly Roads, operates a food pantry the third
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<ul> <li>Located at the corner of Compton and Daly Roads, operates a food pantry the third Saturday of every month from 10 am - 12 pm; all are welcome</li> <li>Freestore Foodbank</li> <li>112 East Liberty Street, Cincinnati, Ohio 45202</li> <li>http://freestorefoodbank.org/</li> <li>Individuals and families are eligible for food once every 30 days</li> <li>Must have proof of income and address; Picture ID required</li> <li>Hours: Monday through Friday 8:15 am - 3:30 pm</li> <li>Goodwill Industries</li> <li>Programs are operated for homeless individuals, including but not limited to Veterans</li> <li>Funds may be available to the individual for the purchase of food while looking for employment or while participating in a training program</li> <li>Greater New Hope Missionary Baptist Church</li> <li>513-281-3251</li> <li>3655 Harvey Avenue, Cincinnati, Ohio 45229</li> <li>Hours: 3rd Saturday of each month 10 am - 12 pm and by appointment</li> </ul>
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• Provides foodboxes to anyone in need, no geographical restrictions; need to be referred

- Food, clothing, referrals, etc.
- Must show picture ID and proof of residency postmarked within the last 30 days

- Provides Kosher food and emergency assistance to prevent homelessness
- Helps households avoid eviction through HUD program (Homelessness Prevention and Rapid Re-housing Program)

1244 McKeone Avenue, Cincinnati, Ohio 45205

- Delivers necessities such as food, water, coats, and blankets to the homeless in the Greater Cincinnati area
- Provides transportation via their small bus for homeless people to get from their camp to church, appointments, recovery meetings, job interviews, and other functions
- Owns and operates Refuge Coffee Bar

1947 -B Miles Road, Cincinnati, Ohio 45231

• Provides food, clothing, coats, shoes, baby items, toys, furniture, etc. to residents of the Greater Cincinnati area

- Emergency assistance with food; open Monday through Friday 9 am 11 am
- Must show picture ID and proof of residency postmarked within the last 30 days; must show Social Security card or print out for each member of household

- Provides food, bus tokens, and referrals for clothing, furniture, and financial assistance
- Hours: Monday 11 am 1 pm, Tuesday 5 pm 7 pm, Thursday and Saturday 9 am -12 pm
- Must be a resident of Mt. Healthy or 45231 zip code
- Must show picture ID, Social Security card, utility bills, bank statements, rental agreements
- Consists of 13 local churches in the Mt. Healthy community; housed in the basement of the Mt. Healthy Christian Church; enter the pantry using the Hill Avenue sidewalk doors; parking is available in the lot across from church on Hill Avenue

725 Whittier Avenue, Cincinnati, Ohio 45229

- Provides food, clothing, household items, and furniture available to all; no eligibility requirement
- Hours: Wednesday, Thursday, and Friday 10 am 4 pm; bring ID

Salvation Army Family Service Bureau......513-762-5660

114 East Central Parkway, Cincinnati, Ohio 45202

• Emergency assistance with food

Shiloh Seventh Day Adventist Church Food Pantry513-961-5684
3660 Washington Avenue, Cincinnati, Ohio 45229
• Food pantry for anyone in need; no eligibility requirement; bring ID • Hours Monday Tuesday and Wadnesday 10 am 2:20 nm (closed let week of month)
<ul> <li>Hours: Monday, Tuesday, and Wednesday 10 am - 2:30 pm (closed 1st week of month)</li> </ul>
<b>SNAP Assistance through Cincinnati Freestore Foodbank</b> 513-241-1064 112 East Liberty Street, Cincinnati, Ohio 45202
https://secure.feedingamerica.org/site/SPageServer?pagename=GSNAP_Survey&s_src=X14YCI
NCI&s_subsrc=c&s_keyword=snap%20cincinnati&gclid=CKbspMvP6MsCFc5ZhgodvOQB8g
• On-line tool that enables people to seek assistance in applying for Food Assistance
Benefits, now called Supplemental Nutrition Assistance Program (SNAP)
• To begin the process, go to the above-referenced link and complete the short form and someone will contact you to begin your SNAP application
<ul> <li>Free Store Food Bank personnel will walk you through the application process, help</li> </ul>
determine if you or your family (including children and seniors) meets the income
guidelines for food assistance, and provide information about using the Ohio Direction
Card
St. John United Church of Christ
729 Jefferson Avenue, Reading, Ohio 45215
<ul><li>Hours: Thursday 9 am - 11:30 and 5 pm - 6 pm</li></ul>
<b>St. Joseph Church SVDP</b>
25 East Harrison Avenue, North Bend, Ohio 45052
<ul> <li>Provides food, rent, utility assistance, and vouchers for clothing and furniture</li> <li>Serves people within parish boundaries</li> </ul>
Serves people within parish boundaries
<b>St. Vincent De Paul</b>
St. Vincent De Paul
8269 Colerain Avenue, Cincinnati, Ohio 45239
<ul> <li>8269 Colerain Avenue, Cincinnati, Ohio 45239</li> <li>Provides food, clothing, household items, and beds</li> <li>Hours: Monday through Saturday 9 am - 8 pm, Sunday 10 am - 6 pm</li> </ul>
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- Temporary monetary assistance for groceries for Veterans only
- Provides assistance primarily to residents of OH, KY, and IN

http://www.tikkunfarm.com/

- Provides and distributes ingredients for nutritionally dense, low-cost crock-pot dinners
  once a week. These meals are feeding families that are now facing greater financial and
  food insecurity during this time of school and employment closures
- If you live in Mt. Healthy (45231) and would benefit from this resource, please email <a href="mailto:tikkunfarm@gmail.com">tikkunfarm@gmail.com</a>; let them know you have a student attending Mt. Healthy City schools if you are not in the 45231 zip code
- Free Produce Pickup Weekly: Friday 1 pm 6 pm and Saturday 1 pm 4 pm

405 West 7th Street, Cincinnati, Ohio 45203

- Hours: 3rd and 4th Monday of each month 12 pm
- Must show picture ID and proof of residency postmarked within the last 30 days
- Must show Social Security card or print out for each member of household

- Special supplemental nutrition program for women who are pregnant, breastfeeding or postpartum; helps women who have children under age 5
- Many working families can participate in the WIC program; eligibility is based on six requirements; contact WIC for details
- Provides: nutrition education and counseling, breastfeeding support, foods such as milk, fruit juices, eggs, cereals, fruits/vegetables, peanut butter or beans, and infant formula

#### Health/Medical Services (Physical, Behavioral, Emotional/Mental)

www.benefitscheckup.org

 Website helps find state, federal, and private benefits programs available near individuals residence; benefit programs can help pay for prescriptions, health care, food, utilities, tax relief, transportation, legal issues, or finding work

- Answers questions about hospital services, area support groups, parenting classes and more, and has a variety of resources including print, media and online information

Cincinnati Children's Hospital Medical Center	877-881-8479
Burnet Campus	
3333 Burnet Avenue, Cincinnati, Ohio 45229	
Liberty Campus	513-803-9600
7777 Yankee Road, Liberty Township, Ohio 45044	
https://www.cincinnatichildrens.org	

- - Provides a wide range of clinical services and specialties dedicated to improving the health of children
  - Offers resources on their website such as the following pertinent to families raising young children: bike and wheeled safety, car seat safety for ages 1-4; preventing falls from windows; 5 fruits and vegetables; and Healthy Lunches

3101 Burnet Avenue, Cincinnati, OH 45229

https://www.cincinnati-oh.gov/health/about-the-cincinnati-health-department/

- Operates health centers -- with on-site medical, dental, behavioral, pharmacy and laboratory services
- Serves more than 35,000 patients, a majority of whom are indigent, working poor, homeless or uninsured
- Services provided: Community Health & Wellness, Reproductive, Maternal & Infant Health, WIC Program, School & Adolescent Health, Public Health Preparedness, and Food Safety

• Emergency financial assistance for prescription medication and vision care

- Cincinnati-based and therapist owned mental health agency
- CARF accredited and certified by the Ohio Department of Mental Health
- Provides comprehensive, cost effective services to the elderly, disabled individuals, school-aged children, their families and the institutions that serve them
- All counselors providing therapy are Ph.D., Psy.D., or Masters' level clinicians and include Psychologists, Licensed Independent Social Workers, Licensed Professional Clinical Counselors, Licensed Social Workers, or Licensed Professional Counselors with diverse theoretical and practical orientations

## 

5 East Liberty Street, Cincinnati, Ohio 45202

- Hours: Monday, Wednesday, Thursday 9 am 6:30 pm, Tuesday 10:30 am 5 pm, Friday 9 am 5 pm
- Provides healthcare for adults and children regardless of a person's ability to pay for services; sliding fee scale for patients with no insurance with minimum co-ay of \$15
- Services include immunizations, yearly health exams, management of acute and chronic health problems, prenatal care, podiatry, and mental health counseling

## 

1525 Elm Street, Cincinnati, Ohio 45210

- Adult medical; OBGYN; Adolescent/Adult Immunizations, Flu Vaccines, General Physical examinations; Pediatrics
- General Dentistry; Street Outreach and Mobile Dental Care for Homeless People
- Hours: Monday 9 am 6 pm, Tuesday through Friday 8 am 5 pm

https://www.freeclinics.com/det/oh\_Forest\_Park\_Health\_Center

• Located in the Hamilton County Educational Family Resource Center; offers family practice care services, child development support, and information about Head Start

provides affordable healthcare serving low-income, under-insured, and uninsured people Homeless Van Program......513-352-2902 1525 Elm Street, Cincinnati, Ohio 45210 Lincoln Heights Health Care Center ......513-588-3623 1401 Steffen Avenue, Cincinnati, Ohio 45203 • Connects all people to quality medical care (all financial situations and health concerns) Provides affordable healthcare serving low-income, under-insured, and uninsured people • Also provides dental care and pharmacy at 513-554-0136 ext. 271 Mayfield Brain and Spine Support Groups......513-221-1100 3825 Edwards Road, Suite 300, Cincinnati, Ohio 45209 http://www.mayfieldclinic.com/PG supGroups.htm • Hosts an on-line Events Calendar listing FREE support groups to families and patients coping with and managing brain and spine-based conditions; call ahead of time to confirm that no changes in the schedule have been made 40 East McMicken Avenue, Cincinnati, Ohio 45202 (2nd Floor Rear Entrance) • Medical and behavioral health clinic for homeless individuals • Patients who are homeless can get free voicemail that can be accessed from any phone (pilot program that will be reviewed in September 2012) 1602 Madison Road #200, Cincinnati, Ohio 45206 (Desales Crossing Center) • Home care services (some charitable services available) Millvale at Hopple Street Medical Center ......513-352-3192 2750 Beekman Street, Cincinnati, Ohio 45225 Mt. Healthy Alliance Community .......513-551-8036 7717 Harrison Avenue, Cincinnati, Ohio 45231 • Provides a wellness program the third Tuesday of every month form 5 pm - 7 pm • Must be a resident of Mt. Healthy or 45231 zip code • Must show picture ID and proof of residency postmarked within the last 30 days Mt. Healthy Family Practice .................................513-522-7500 or 513-588-3623 8146 Hamilton Avenue, Cincinnati, Ohio 45231 https://healthcare-connection.org/1578-2/ • Located in Mt. Healthy Hilltop Plaza; part of The HealthCare Connection, a system of family practices in SW Ohio, serving the health care needs of low-income families • Connects all people to quality medical care (all financial situations and health concerns) NAMI (National Alliance on Mental Illness) Southwest Ohio..............513-531-3500 4055 Executive Park Drive, Suite 450, Cincinnati, Ohio 45241 http://namiswoh.org/

Connects all people to quality medical care (all financial situations and health concerns);

- The nation's largest grassroots mental health organization dedicated to improving the lives of individuals and families affected by mental illness; provides opportunities for education, support and advocacy
- Members of NAMI are families, friends, and people living with mental illness
- Offer understanding to anyone concerned about mental illnesses and the treatment of mental illness

Services include: Family-to-Family, a 12-week course for family members and caregivers of loved ones living with mental illness; every program offered is FREE to participants

Positive Leaps .......513-777-2428 5900 West Chester Road, Suite C, West Chester, Ohio 45069 http://www.positiveleaps.org/

• Specialized Day Treatment Program serves children ages 18 months-8 years old who are having frequent temper tantrums; exhibit aggressive behavior; have trouble with paying attention; have been dismissed from daycare or preschool; or have been suspended or expelled from grade school

4721 Reading Road, Cincinnati, Ohio 45237

https://www.stalschildren.org/

 Provides many services including adult mental health, child mental health, child welfare, education, and emergency response

St. Joseph Orphanage Villa Campus ......513-741-3100 400 Edalbert Dr, Cincinnati, Ohio 45239 274 Sutton Road, Cincinnati, Ohio 45230

https://stjosephorphanage.org/

- Provides comprehensive behavioral health and educational treatment agency that helps children and their families on the road to recovery and success
- Offers a creative, loving environment for those in the residential and respite programs, caring for more than 1,400 children a day who are struggling with mental health and behavioral concerns
- Programs and individualized services provide healing, hope, and opportunity for children and their families by focusing on the specialized treatment and educational needs of the children served
- Services may include mental health assessment and diagnostics; medication management; community psychiatric support; counseling services, and transition planning for independent living
- Also provides a home for non-ambulatory children and adults who have severe/profound developmental disabilities

#### Housing

#### **Emergency Shelter**

211 Dana Avenue, Cincinnati, Ohio 45207

• Housing for people homeless as a result of natural disaster or fire by way of hotel voucher

1841 Fairmont Avenue, Cincinnati, Ohio 45214

http://www.bethanyhouseservices.org/?q=about-us

- Accepts single women without children and women with children
- Provides emergency shelter at local hotels for fathers and boys over the age of 12
- Must look for jobs and housing on a daily basis; case management services
- Transitional housing available; call: 513-921-1131, ext. 119
- Services include a supervised, therapeutic environment, nutritious meals, laundry, transportation assistance, educational and enrichment programs for mothers and children

# 

990 Nassau Street, Cincinnati, OH 45206

- Must be currently homeless and have children
- Single parent men and women with children, as well as married couple with children accepted

1800 Logan Street, Cincinnati, Ohio 45202

- Single mothers or fathers with their children and single women without children accepted
- Furnished, apartment-style housing (average stay: 60-90 days)

Salvation Army Family Service Bureau......513-762-5655

131 E. 12th St., Cincinnati, Ohio 45202

https://www.shelterlistings.org/details/36706

- Provides temporary housing to single women and their minor children (including boys up to age 12) who are homeless
- Provides safe, stable, and clean environment with hot meals, case management, employment and training programs, as well as money management and life skills

https://www.lys.org/

- 20 bed emergency facility where unaccompanied youth, 10-17 years old, can seek shelter and safety; under Ohio law, youth ay seek shelter at the Youth Crisis Center without consent, but may not participate without parent's consent
- Provides services for families in crisis, homeless youth and young adults, and youth learning to become self-sufficient; early childhood services, behavioral health and psychiatric services, home-based services to families, services to youth engaged with the juvenile justice system, community residential treatment facilities, foster care and adoption, independent living services, and opportunities through education

5.// www.ywca.cmcmmati.org/

- Confidential, 72 bed shelter, with 24 hour access for survivors of domestic violence
- Boys are accepted up to the age of 18
- Adult male victims are provided shelter and services in another location
- Services include case management, advocacy, housing assistance, financial assistance, interpreter assistance, transportation, educational groups, children's programming, social activities, pet protection, and basic needs

### **Transitional Housing**

- 8 unit complex serves as a temporary home (average stay of 2 years) for individuals and families who are transitioning from homelessness to self-sufficiency
- Residents participate in a 16-week training program where they receive counseling on how to eliminate debt, utilize available resources, and develop a more positive outlook
- Eligible families must: earn an income at or below 125% of the Federal Poverty Guidelines, be a Hamilton County resident, be homeless, have a Head Start age child/children (2-4 years old), and have a structured goal, such as seeking to improve education or employment skills

Salvation Army Family Service Bureau......513-762-5655

# 131 E. 12th Street, Cincinnati, Ohio 45202

https://www.shelterlistings.org/details/36706

- Provides mid-range temporary housing in leased apartments downtown for families
- Accepts females with children 12 years and under

<b>TAPP House/TC, Inc.</b>		
<ul> <li>1821 Summit Road, Cincinnati, Ohio 45237</li> <li>Housing program for homeless women who are ex-offenders with a substance use</li> </ul>		
disorder who have children		
<ul> <li>Open Monday through Friday 9 am - 3 pm; call to schedule an appointment</li> </ul>		
Low-Income Permanent Housing  *Applicants to the following programs should bring a picture ID, SS card or print out, and birth certificate for themselves and any other adult or child living with them.*		
<b>Apex Properties</b>		
4851 Paddock Road, Cincinnati, Ohio 45237		
Arts Department at Music Hall Apartments513-381-7356		
845 Ezzard Charles Drive, Cincinnati, Ohio 45203		
• 1 bedroom apartments starting at \$345, 2 bedroom: \$395, 3 bedroom: \$545		
Ashwood Apartments		
<ul> <li>Provides low-income housing</li> </ul>		
<b>Beechwood Villa</b>		
Benchmark Management of Ohio, Inc		
Multiple local apartments  • Provides low-income and subsidized housing		
Multiple local apartments		
Multiple local apartments  • Provides low-income and subsidized housing  Brickstone Properties		
Multiple local apartments  • Provides low-income and subsidized housing  Brickstone Properties		
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Multiple local apartments  Provides low-income and subsidized housing  Brickstone Properties		

• Offers income-based housing

Cincinnati Metropolitan Housing Authority ......513-421-2642 1635 Western Avenue, Cincinnati, Ohio 45214 • Operates 12 high-rise buildings, 3 large family communities, numerous small family communities, and many single-family homes throughout the Hamilton County • Residents pay 30% of adjusted gross income • Housing Choice Voucher Program, Section 8, and Senior Housing https://cincinnati.craigslist.org/search/apa • Apartment listings for rent in the Greater Cincinnati area 3641 Irving Street, Cincinnati, Ohio 45220 • Contract-based, subsidized housing, do not need a voucher to get subsidy • Townhomes based on income for individuals or families 1316 Main Street, Cincinnati, Ohio 45202 • Income-based and low-income housing 1740 Langdon Farm Road, Cincinnati, Ohio 45237 • 8 unit temporary home (average stay of 2 years) for individuals and families who are transitioning from homelessness to self-sufficiency • Residents participate in a 16 week training program where they receive counseling on how to eliminate debt, utilize available resources, and develop a more positive outlook on • Residents also receive assistance with clothing, food, furniture, job readiness, training, referrals, placements, career counseling, adult literacy classes, GED services, and computer training • Eligible families must: earn an income at or below 125% of the Federal Poverty Guidelines, be a Hamilton County resident, be homeless, have a Head Start age child/children (2-4 years old), and have a structured goal, such as seeking to improve education or employment skills 2026 Eleanor Place, Suite 40, Cincinnati, Ohio 45219 • Offers a mix of efficiency, 1, 2, and 3 bedroom apartments and townhomes; on busline 8109 Vine Street, Cincinnati, Ohio 45216 • Private landlord who accepts people with felonies and sex offenses • Sleep Rooms for men only Downtown Property Management.......513-665-4376 1418 Central Parkway, #201, Cincinnati, Ohio 45202 • Call for a listing of their available properties; vouchers and Section 8 accepted

Fairfield Homes, Inc.	740-653-3583
<ul> <li>Some apartments are voucher and Section 8 appointed</li> </ul>	
Field Terrace Apartments  3771 Robb Avenue, Cincinnati, Ohio 45211  1 bedroom: \$485 (includes heat and water); 2 bedroom: \$575 (includes Swimming pool, laundry facilities, no elevator  No income or age requirements	
Folkers Management Corporation	513-421-0230
Fulton-Chateau Apartments	513-961-6836
<ul> <li>900 Rue De La Paix, Cincinnati, Ohio 45220</li> <li>1 and 2 bedroom apartments located at scattered sites</li> </ul>	
Cincinnati Gateway Plaza	513-721-2326
Glen Meadows	513-631-3032
Greentree Village	513-528-1284
Haddon Hall Apartments.  3418 Reading Road, Cincinnati, Ohio 45229  • Efficiencies and one bedroom apartments; pet-friendly; bus line	513-281-7722
Hanish Realty	513-421-1338
Hollister House  21 West McMillian Street, Cincinnati, Ohio 45219  • 1 bedroom apartments; pet friendly; on busline	513-651-5747
Housing and Urban Development (HUD)     Ohio HUD's mission is to create strong sustainable, inclusive communication affordable homes for all Hamilton, Butler, and Clermont counties	
HTL Apartments  214 Peete Street, Cincinnati, Ohio 45210  • Low-income; 1, 2, 3 bedroom apartments for families	513-241-6328
LIF Management	513-688-0104

MaCarthur Park
Malvern Apartments
<b>Model Group</b>
2170 Gilbert Avenue, Cincinnati, Ohio 45206
<ul> <li>Manages subsidized and low-income apartments; vouchers and Section 8 accepted</li> </ul>
Monty Rovekamp
<ul> <li>Private Landlord who offers affordable apartments</li> </ul>
Nelson and Associates
<ul> <li>Manages subsidized and low-income apartments; vouchers and Section 8 accepted</li> </ul>
Over-The-Rhine Community Housing
<ul> <li>Affordable, low-income housing scattered around OTR, historic 3-4 story buildings</li> <li>Efficiencies, 1, 2, 3, and 4 bedroom apartments with fully-equipped kitchens</li> <li>Efficiencies start at \$225</li> </ul>
Over-The-Rhine Shelter plus Care
Page Towers
Paradigm Properties
Rick Johnson
value
Rockdale Apartments
Roger Wilkerson
No address  • Private landlord who rents sleeping rooms to sex offenders; \$385/month
RLJ Management, Inc

RTS & Associates	513-621-5452
1418 Central Parkway #202, Cincinnati, Ohio 45202	
<ul> <li>Silver Oaks Estate</li> <li>5670 Winneste Avenue, Cincinnati, Ohio 45232</li> <li>Furnished apartments that are affordable rentals for college students, adincome, and seniors on a fixed income in Cincinnati</li> <li>Townhouses are fully equipped with amenities like central heating and a</li> </ul>	ults with a low
Villages at Roll Hill  3710 President Drive, Cincinnati, Ohio 45225  ■ 1, 2, and 3 bedroom apartments	513-542-8333
Wallick Hendy Properties	614-863-4640
Wes-Del Apartments  625 Delhi Avenue, Cincinnati, Ohio 45204  • Subsidized through HUD	513-574-8316
Westover Village 800 West Main Street, Loveland, Ohio 45140 • Contract-based subsidy; do not need voucher	513-683-1550
Woodview of Cincinnati 2399 Harrison Avenue, Cincinnati, Ohio 45211  1 and 2 bedroom apartments; on busline Rent, utility, and financial assistance available	513-389-3083
Men-Chemical Dependency	
Adult Rehabilitation Center (ARC)	
<ul> <li>Charlie's ¾ House</li> <li>2121 Vine Street, Cincinnati, Ohio 45202</li> <li>Transitional housing for homeless men with substance abuse problems;</li> <li>Requires completion of detox program prior to admission; upon admission to random drug/alcohol screens, attend daily AA meetings (6 meetings a demonstrate a commitment to sobriety and a willingness to find gainful</li> <li>If individual has income, cost is \$75/week or \$250/month, food not inclied.</li> <li>No methadone, suboxone, seroquel, benzos, or medications for sleep per Curfew: Sunday-Thursday at 11:30 pm and Friday-Saturday at 1:30 am</li> </ul>	52 beds ion, must submit a week required), employment uded rmitted
Cincinnati Restoration Church  1101 Harrison Avenue, Cincinnati, Ohio 45214  • Residential Treatment Center; Christian; utilizes spiritual counseling and  Dana House	d fundraising
1956 Kinney Avenue, Cincinnati, Ohio 45207	

• 7 rooms total; rent varies (\$55 deposit, \$55 1st week's rent, \$5 key deposit) • 4 meetings a week required; 12 step program 1419 Elm Street, Cincinnati, Ohio 45202 Long-term residential recovery program for men struggling with drug or alcohol addictions; typical length of stay is 10-12 months; no cost for program • Graduates are encouraged to participate in the Aftercare Program where they are eligible to stay in one of the Aftercare Houses and continue to receive support 2232 Vine Street, Cincinnati, Ohio 45219 • Men live in 2 or 3 bedroom apartments; 50 bed facility • \$275/month rent plus must buy own food; employment within 30 days is required • Commitment of at least 90 days (5 meetings a week) required (12 step program) • Curfew: Sunday-Thursday at 11:30 pm and Friday-Saturday at 1:30 am for the first 90 days; after 90 days, no curfew Homeless Housing Residential Treatment Program ......513-946-8646 2350 Auburn Avenue, Cincinnati, Ohio 45219 • HHRT provides access to substanc abuse treatment for the homeless; they create a front door for assessment/entry into treatment in addition to coordinating housing placement following treatment Jimmy Heath House ......513-381-0008 219 Odeon Street, Cincinnati, Ohio 45202 • 25 unit permanent supportive housing for the chronically homeless with substance abuse problems; also has 35 scattered site 1 bedroom apartments • Based on a Housing-First model, residents will have access to services to help them regain sobriety and independence Joseph House for Homeless Veterans ......513-241-2965 1526 Republic Street, Cincinnati, Ohio 45202 • 123 bed residential substance abuse treatment facility serving homeless Veterans, of which 63 beds are for the VA Grant and Per Diem Program • Can walk in Monday-Friday, 9 am- 3 pm to complete an intake appointment or contact 513-476-5978 to schedule an intake appointment 682 Hawthorne Avenue, Cincinnati, Ohio 45205 • Residential Treatment Center for recovering male substance abusers; 60 beds • 90 day minimum stay; average length of stay is 6 months 1225 Vine Street, Cincinnati, Ohio 45202 • 20 furnished apartments of transitional housing for men and women in recovery from drug and alcohol abuse • Onsite case management with 24-hour door monitoring • Rent is subsidized through Cincinnati Metropolitan Housing Authority (CMHA) • Narcotics Anonymous and Alcoholics Anonymous meetings occur on-site

508 Elberon Avenue, Cincinnati, Ohio 45205

- Faith-based, residential homes in Cincinnati operated by Serenity Consultants for males needing support to establish life-long recovery from the disease of addiction/alcoholism
- Average length of stay is 8-9 months followed by 6 months continued care

411 Gest Street, Cincinnati, OH 45203

- 24 Transitional housing units for recovering male and female substance abusers
- Average length of stay is 6-24 months

**Starting Over** ......513-751-7747

3135 Harvard Avenue, Cincinnati, Ohio 45238

- Residential program for chemically dependent men
- Requires a 90-day commitment, but can stay up to 2 years

4041 Reading Road, Cincinnati, Ohio 45229

• Safe, affordable, sober housing and structural living environment to individuals recovering from alcohol and drug addiction; 7 houses in the Cincinnati and Northern KY area with 90 beds for recovering men and women; rent is \$70/week

2216 Victory Parkway, Cincinnati, Ohio 45219

• A residential substance abuse program that provides assessment, employment, chemical dependency services, and reintegration for drug dependent homeless men

### **Women-Chemical Dependence**

Crossroads (Chanel Allen Residential)......513-475-5300

311 Martin Luther King Drive, Cincinnati, Ohio 45200

- Residential substance abuse treatment facility for drug involved women who are either pregnant or who have given birth, experienced a miscarriage, or had an abortion 12 months preceding admission
- Women may bring two children under the age of 5
- Provides individual and group therapy, case management, childcare, and MH treatment

**First Step Home** .......513-961-4663

2203 Fulton Avenue, Cincinnati, Ohio 45206

- Housing for women 18+ diagnosed with substance abuse; length of stay 5-7 months
- Allows children, ages 12 and under to live with their mothers during treatment

Homeless Housing Residential Treatment Program ......513-946-8646 2350 Auburn Avenue, Cincinnati, Ohio 45219

• HHRT provides access to substance abuse treatment for the homeless; they create a front door for assessment/entry into treatment in addition to coordinating housing placement following treatment

## House of Freedom and Miracles .......513-921-1986

508 Elberon Avenue, Cincinnati, Ohio 45205

• Faith-based, residential homes in Cincinnati operated by Serenity Consultants for females needing support to establish life-long recovery from the disease of addiction/alcoholism; average length of stay is 8-9 months followed by 6 months of continued care

219 Odeon Street, Cincinnati, Ohio 45202

• 25 unit permanent supportive housing for the chronically homeless with substance abuse problems; based on a Housing-First model, residents will have access to services to help them regain sobriety and independence

**Recovery Hotel** ......513-455-5046

1225 Vine Street, Cincinnati, Ohio 45202

- 20 furnished apartments of transitional housing for men and women in recovery from drug and alcohol abuse
- Onsite case management with 24-hour door monitoring
- Rent is subsidized through Cincinnati Metropolitan Housing Authority (CMHA)
- Narcotics Anonymous and Alcoholics Anonymous meetings occur on-site

**Sober Living** .......513-681-0324

4027 Reading Road, Cincinnati, Ohio 45229

• Safe, affordable, sober housing and structural living environment to individuals recovering from alcohol and drug addiction; 7 houses in the Cincinnati and Northern KY area with 90 beds for recovering men and women; rent is \$70/week

### **Other Resources**

**Cincinnati United Way** ......2-1-1 or 513-721-7900

2400 Reading Road, Cincinnati, OH 45202-1478

http://www.uwgc.org/211

- Search the website for a comprehensive listing of community and social services available in the Greater Cincinnati area; includes education, income, and health
- Confidential non-emergency hotline that will connect you to community services, such as childcare, flu-shot information, employment assistance, volunteer opportunities, counseling, food, shelter and more; available; available 24/7/365 in more than 150 languages

Mt. Healthy City School District Homeless Liaison ......513-619-1778

7615 Harrison Avenue, Cincinnati, Ohio 45231

apardi@mthcs.org

• Homeless Liaison works with families to coordinate educational services for children and youth who are designated as temporarily homeless to ensure they have full and equal opportunity to succeed in school; and that families, children, and youth experiencing homelessness receive educational services for which they are eligible, including Head Start, Even Start, and preschool programs administered by the Mt. Healthy City School District



# **Preschool Parent Handbook**

Dear Parents and Guardians,

Our Preschool Handbook contains important information such as the school's policies, philosophy, discipline policy, and procedures for filing a complaint or obtaining copies of inspection reports. Please take the time to look over this document carefully and refer back to it as needed.
Thank you,
The Mt. Healthy Preschool Staff
I have received a copy of the Mt. Healthy Preschool Parent Handbook and the information has been reviewed with me during entry to the program.
Student Name:
Parent Signature: