

## HEALTHY AND FIT SCHOOL ADVISORY COMMITTEE

In accordance with state law, the [Canadian](#) Board of Education has established a Healthy and Fit School Advisory Committee to be composed of at least six members. -The committee may include teachers, administrators, parents of students, health care professionals, and business community representatives.

The purpose of the Healthy and Fit School Advisory Committee is to study and make recommendations to the school principal regarding:

- Implementation of the Health Education Act of 2021 as set forth in 70 O.S. §§ 11-103.12, 11-103.13, and 11-103.14.
- Physical education and physical activity
- Nutrition and health services

The committee shall make its recommendations annually. The principal shall give consideration to recommendations of the committee.

The committee shall be involved in the monitoring, implementation, and evaluation of 70 O.S. §5-147 which limits access to foods of minimal nutritional value.

**REFERENCE:** 70 O.S. §24-100a  
70 O.S. §24-100b

**NOTE 1:** Career-Technology Centers adopting this policy should designate the district administrator with whom reports are to be filed.

**NOTE 2:** District boards of education should establish the appropriate reporting procedures following the presentation of recommendations to the principal or other school administrator. These procedures may include preparation of a report to be presented to the board of education.

**NOTE 3:** District boards of education may combine the Healthy and Fit School Advisory Committee with the Safe School Committee.