## **Explanation of Physical Forms**

Each athlete must have a current "Physical Examination for Sports Participation Form" on file with the Athletic Director's Office before participating in activities of any kind. This includes tryouts and practices.

## Freshmen and New Students:

- (A) Any freshman or incoming student who has a physical after June 1st of their incoming freshman year will need to:
  - 1. Submit a signed "Physical Examination for Sports Participation Form".
  - 2. When starting a new sport, submit a completed "Annual Health Screening Form" signed by a parent or legal guardian.
- (B) Any freshman or incoming student who has a physical before June 1st of their incoming freshman year will need to:
  - 1. Submit a "Physical Examination for Sports Participation Form" based on the date of their last physical, provided it was done within a year of entry. This form still requires a physician's signature.
  - 2. Schedule next yearly physical prior to the 1 year anniversary date of last physical.
  - 3. Submit a new "Physical Examination for Sports Participation" form, signed by parent and physician.
  - 4. See #2 above.

A physician's exam and approval for participation are required to ensure the health of our athletes. Therefore, no exceptions will be made regarding signed paperwork.