



East Hampton Public Schools

SUMMER GRAB & GO MEAL HEATING INSTRUCTIONS

Heating Instructions For Waffles and Sausage

Put Waffle and Sausage in a 350 degree oven for 4-5 minutes until until internal temperature of sausage = 165 °F

Breakfast Sandwich

Put Tinfoil Wrapped Sandwich in 350 °F oven and heat for 8-11 minutes until internal temperature = 165 °F

Pepperoni Pinwheel and Pizza

Heat Frozen Pinwheel in a 375 °F oven for 12-16 minutes until internal temperature = 165 °F. Let cool slightly

Pizza Boli

Cook Frozen Pizza Boli in 350 degree oven for 17-20 minutes until internal temperature = 165 °F. Let cool slightly

Quesadillas

Heat in a 400 °F oven for 11 - 15 minutes until internal temperature = 165 °F. Let cool slightly

Mozzarella Sticks and Cheese Poppers

Heat in a 400 °F oven for 8-11 minutes until internal temperature = 165 °F. Let cool slightly

Ravioli Marinara

Heat water in a small saucepan to boiling. Add Ravioli and cook for 3-4 minutes. Drain and toss with Marinara Sauce. Marinara sauce may be poured into a bowl and heated in microwave for 30 seconds before adding it to pasta

Chicken Tenders, Nuggets, Patties and Popcorn Chicken

Heat in a 400 °F oven for 10-14 minutes until internal temperature = 165 °F. Let cool slightly

Heating Instructions for Tater Tots and Fries

Bake in 350 ° oven for 12-17 minutes until crispy

PUT ALL FROZEN ITEMS INCLUDING BREAKFAST PASTRIES DIRECTLY INTO FREEZER AND ALL REFRIGERATED ITEMS DIRECTLY INTO REFRIGERATOR WITHIN 2 HOURS OF PICKUP. DISCARD ALL REFRIGERATED ITEMS 6 DAYS AFTER PICKUP

All breakfasts come with a fruit or 100% fruit juice and all lunches come with a veggie or veggie-blend juice