

Trebein Monthly

November 2018

Inspiring Today, Preparing For Tomorrow

TrebeinNews@gmail.com

A letter from Mrs. Walk, Principal

Parents,

I know you have been hearing a great deal about our school levy that is on the ballot Tuesday, November 6th. In the past, voter turnout (even among parents) has not been very high. I urge you to exercise your right to vote. It is important that our parents are "heard" when it comes to the education of their children. If this levy does not pass, our school district will be forced to make some very difficult cuts. As the principal of a building with 825 wonderful students, I can tell you the outcome of this levy will determine how we can provide for the needs of our kids and in what ways we can prepare them for their brightest future.

It was wonderful to see so many of you at parent-teacher conferences. This is an important relationship in your child's school journey. The fact that we have 100% participation in conferences is an incredible statistic and a great reflection on our parents. Your dedication to your child(ren)'s education creates an optimal learning situation.

As our staff continues reading the book, *The Seven Habits of Highly Effective People*, we have come to Habit 2: *Begin with the End in Mind*. This habit focuses on what you want to be and do. It is your plan for success. It reaffirms who you are, puts your goals in focus, and moves your ideas into the real world. This helps you to plan your destiny and be the leader in your own life. As we embrace this concept, we will find ways to build this into the work we do with kids.

I am incredibly thankful for each of you!

If your child will be absent, arrive late, or needs to be dismissed early, please notify both our secretary rachel.weidner@gocreek.org, and our office assistant kathy.salley@gocreek.org. Also, please add both the secretary and office assistant to your distribution list when you notify teachers of absences, late arrivals, and early dismissals. When calling the **absence line (937-458-2300 option #1)** to report an absence or late arrival, you will need to provide the following information: Your child's name, teacher and reason for the absence or late arrival.

Feel free to visit the Trebein website at:
<https://gocreek-trebein.edlioschool.com/>

November Highlights:

- 2nd: No School
- 7th: Character Ed Day
- 13th: PTO Meeting 7:30 pm
- 14th: PTO Recap Mtg 9:00 am
- 17th: Holiday Bazaar & Kid's Shoppe
- 21st-23rd: No School

A note from Mrs. Hight, Assistant Principal:

The Trebein Wolf Pack is in full swing! These 5th graders applied and were selected to be student leaders in our school.

Leadership positions consist of Library Leader, Office Leader, Birthday Team, Morning Greeter, Hospitality, Environment Leader, Journalism Team, PBIS (Positive Behavior Intervention Supports), Equipment Managers, New Student Orientation, and Teacher Aide/Tutors.



Need a school picture retake?!? Have your student bring their portrait envelope back to school on November 15th. Retakes will be done in the morning only!



RETAKES

Interested in teaching your kids about the important skill of **goal-setting**? We all know that setting and achieving goals is a life skill necessary for success and happiness. Unfortunately, it's one that even adults REALLY struggle with. So how can we teach children to set goals—and actually follow through? See some tips from **Big Life Journal** (biglifejournal.com.)

Step 1: Let Your Child Choose Their “Big Goal”

- If your child has a genuine desire to reach their goal, they are far more likely to be motivated, driven, and ultimately successful. Instead of pushing your child to set a goal that you want them to reach, help them consider what they truly want to accomplish or achieve this year.
- Ask questions like:
 - What's something you wish you could achieve?
 - What's a challenge you would feel very proud to overcome?
- Help your child brainstorm ONE major goal they would like to achieve this year.
- Make sure the goal is specific, measurable, and trackable.
 - For instance, avoid vague goals like, “I'll pay more attention in class this year.” There's no clear way to know when or if this goal has been achieved.
 - Here are examples of measurable goals which are much more effective:
 - “I'll take daily notes this year and review them each week.”
 - “I'll score ten points higher in math this year.”

Step 2: Discuss the Purpose of Your Child's Goal

- In order for your child to be truly motivated to reach their goal, they must understand her “WHY.”
- This same rule can apply to your child's goal-setting. For instance, if your child's goal is to earn an “A” in Science, a purpose like, “I want to have better grades,” or, “I want a career in science,” can be helpful to some extent.
- Help your child find their purpose by asking questions like, “What do you think is the greatest benefit to you doing well in this class? How can that help others?”
- If your child can find a greater purpose behind their academic goals, you're likely to see greater results. Plus, you're encouraging critical thinking and kindness.

Step 3: Break the Big Goal into Smaller Steps

- An effective goal must be reasonably within reach. It should be neither too challenging nor too easy.
- One way to achieve this is to help your child break her big, long-term goal into more manageable short-term steps. It can be helpful to set a string of small, incrementally more challenging goals.
- To help your child visualize this step-by-step process, offer to fill out a “goal ladder.” At the top of the ladder, write down the big goal, then work your way through the steps it would take to achieve it.
- It's important for your child to understand that they may not reach their long-term goal right away. As long as they are making progress and completing short-term goals, they are still climbing the “ladder” to success and shouldn't get discouraged.

Step 4: Brainstorm Potential Obstacles

- If you don't plan in advance for potential obstacles, an unforeseen challenge or difficulty could derail your child's motivation.
- Psychologist Gabriele Oettingen's research developed the acronym WOOP:
 - Wish - Think about something you want to achieve.
 - Outcome - Visualize how it would look and feel to achieve this goal.
 - Obstacles - Picture the things that have held, do hold, or could hold you back from reaching this goal.
 - Plan - If and when these obstacles occur, how can you respond? If [insert obstacle] occurs, then I will [insert behavior or action].

IMPORTANT INFORMATION

Eating Lunch With Your Child

You are more than welcome to bring a sack lunch or purchase ala carte items or a school lunch when eating with your child. Please remember that we do not allow fast food or restaurant food during lunch time.

School Hours - School hours are from 7:45 am - 2:00 pm. Students are permitted into the building at 7:25 am and should arrive no later than 7:40 am to allow them adequate time to get to their classroom before the tardy bell at 7:45 am.

Attendance Information - To report an absence or late arrival, please call the absence line, (937)458-2300 - option 1, include your child's name, teacher & reason for the absence or late arrival. Please remember to send in doctor/dentist note from appointments.

Correspondence - Please include the Office Assistant kathy.salley@gocreek.org and the Administrative Assistant rachel.weidner@gocreek.org when emailing teachers of absences, late arrivals, early dismissals, and changes in daily transportation.

Vacation Request Forms - These forms may be obtained from our office. Vacation requests must be submitted to the office for Principal approval 5 school days prior to the first day of vacation in order to be reported as an excused absence. Only 5 excused days per school year of vacation may be preapproved by the building Principal.



Students showing
their Beaver Creek
pride!



Trebein staff on Creek
Safe t-shirt day!

Clinic News



As we move into December, we will be continuing my annual Vision and Hearing screening on the students who are in 1st, 3rd and 5th grades. We will also test any students who are new to the district. This is State mandated. You will only hear from us if a deficit is found in either hearing or vision. This may be in the form of a phone call or a referral letter sent home. If you have any questions or concerns don't hesitate to call the clinic at 937-458-2327.

The weather is starting to turn colder and we will continue to have outdoor recess until the wind chill gets below 20 degrees. Please dress your children accordingly. Thank you and everyone have a safe and Wonderful Holiday Season.

- Mrs. Antkoviak, School Nurse



**Congratulations to Shine Award Recipient,
Gabby Shimko!**

Do you want to know what's happening with the PTO and our school, but can't attend evening PTO meetings? No problem! Join us the morning following PTO meetings at 9:00 am in the play area in the Fairfield Commons food court. This month's meeting will be November 14th.

This meeting is kid-friendly & very informal. We'd love to see you!



Oh, the places you can volunteer!

**Adult volunteers needed to help out with
our Annual Holiday Shoppe & Bazaar:**

<https://www.signupgenius.com/go/20f044ba8ac2ea5fa7-trebein4>

*Teen volunteers are needed to help
our little shoppers shop at the
Annual Holiday Shoppe!*

<https://www.signupgenius.com/go/20f044ba8ac2ea5fa7-trebein2>

**Teacher Appreciation Donations for
Thankful 4U! Goody Bags**

<https://www.signupgenius.com/go/20F044BA8AC2EA5FA7-november>

thank you!



Come drop the kids off at the Holiday Shoppe so they can do their holiday shopping for family, pets, and friends while you can shop at the Holiday Bazaar!

The Holiday Shoppe will be located in the Trebein gym. Gift item prices range from \$.25 to \$5. The PTO does our own shopping, and will have items available from area stores including Five Below and Target. You will sign your children in to the Shoppe and they will be paired with a teen helper to make their purchases. Once their purchases have been made, they will be given the opportunity to move to the other side of the gym to color, play games, or go through the bounce house obstacle course while they wait for their parents to pick them up.

Be on the lookout for a flyer to come home where you can indicate how much money the child is allowed to spend for each person they are shopping for. Also, a flat \$1.00 fee per total order gets all their gifts wrapped. Hope to see your children at the Holiday Shoppe!

PTO Contact Information:

Trebein PTO
1728 Dayton-Xenia Rd
Xenia OH 45385

Executive Board Members:

President
Kim Goodnough
TrebeinPresident@gmail.com

Vice-President
Ami Lewis
TrebeinVicePresident@gmail.com

Treasurer
Kristen Kindle
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Secretary
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Fundraising Coordinator
Beth Axthelm
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Historian
Kristen Van Wert
TrebeinHistorian@gmail.com

[Facebook.com/TrebeinPTO](https://www.facebook.com/TrebeinPTO)

Next PTO Meetings:
November 13th
7:30 pm and
November 14th
9:00 am

Thank you to all who dressed up in Halloween costumes and supported our 1st fundraiser for One Bistro. We collected \$1,319.25! This means we can support 5 community meals (each of which serve 60-100 people). So awesome!

We did good work for a great organization!
(We also had a lot of fun!!)



If you have anything you'd like to contribute to the newsletter, please email us at:

TrebeinNews@gmail.com.

We are also open to suggestions!! 😊