



Why Blue Cross and Blue Shield of Illinois?



More Doctors and **Hospitals**



Coverage Everywhere You Go



Personalized Customer Service



Health and Wellness Programs



Tools and Resources



Digital Capabilities

Plan Options – What to Think About



Provider availability

Will you be able to visit the doctors, hospitals and other facilities you want to?



Your costs

How much is going to come out of your paycheck every month? What about for the **whole year**?



Benefit payments

How much will you have to pay out of your pocket for your medical expenses?



Medical services

Consider your health status and services you expect to use during the year. What has your experience been in past years?

More Doctors. More Hospitals.



91% of doctors

96% of hospitals



Nearly 1.2 million Providers



More than 7,800 Hospitals



Nationwide Coverage when traveling or living outside of home state



Blue Cross Blue Shield Global Core

coverage when traveling in 170 countries and territories

PPO – How It Works

In-Network Providers

ADVANTAGES

- Receive the highest level of benefits and potentially pay less for care
- Protection from billing over the allowed amounts (balance billing)
- No claim forms provider files claim
- No referrals required
- No requirement to select a PCP
- National PPO Network

Out-of-Network Providers DRAWBACKS

You do have coverage, but

- You pay a greater share of the costs
- You receive lower benefits out-of-network
- You may need to file your own claims
- You may be billed for charges over the allowed amount (balance billed)

How to Find a PPO Provider



From your computer or mobile device, log on to **bcbsil.com** and click on **Provider Finder**®



Call the Customer Service number on the back of your ID card 800-828-3116 (PPO)

Call BlueCard® Access – available 24/7 800-810-BLUE (2583)



Talk with your provider's office

Service That Takes You Out of the Middle

Call customer service for assistance and questions about:

- Claims
- Medical benefit coverage
- Finding network providers
- Membership and eligibility
- Navigating digital tools and resources
- ID card requests
- Health education and transfer to other health programs
- Transition of care

Medical:

Customer Service: 800-828-3116

Dental:

Customer Service: 800-323-7201



Benefits Comparison

	\$0 Deductible PPO #1 Plan		\$500 Deductible PPO #2 Plan	
Benefit	In-Network	Out-of-Network	In-Network	Out-of-Network
Individual Deductible	\$0	\$400	\$500	\$1,000
Family Deductible	\$0	\$800	\$1,000	\$2,000
Individual Out-of-Pocket Max	\$1,500	\$2,000	\$1,500	\$3,000
Family Out-of-Pocket Max	\$3,000	\$4,000	\$3,000	\$5,000
Office Visit	\$25	50%*	\$10	70%*
Preventive Care	100%	50%*	100%	70%*
Inpatient Admission	70%	50%*	90%*	70%*
Emergency Room	\$100 copay		\$150 copay	
All Other Covered Services	70%*	50%*	90%*	70%*
Retail Rx – Generic/ Preferred/Non-Preferred	\$10/\$30/\$45	N/A	\$10/\$30/\$45	N/A
Mail Order Rx – Generic/ Preferred/Non-Preferred	\$20/\$60/\$90	N/A	\$20/\$60/\$90	N/A

Your BCBSIL ID Cards

 All employees will receive new ID cards. One for Medical and one for Dental



Two ID cards are provided for family coverage.

Only the employee (subscriber) will be listed on the ID card

You can call Customer Service or log on to Blue Access for Members[™] to order additional or replacement ID cards.

Blue Distinction[®] Centers



Blue Distinction® Specialty Care Program

Hospitals may all look the same, but there are often differences in the quality of care you receive depending on the facility you choose.

The choices you make matter when it comes to your health care.

Hospitals and medical facilities with superior expertise in delivering higher quality health care in these 6 specialties:



Enhancing the Program

To address market needs the Blue Distinction® program is transitioning from a quality-focused designation to a total value designation. Total value facilities will show a "+" sign on their logo in the online Provider Finder®.

BlueDistinction®
Center

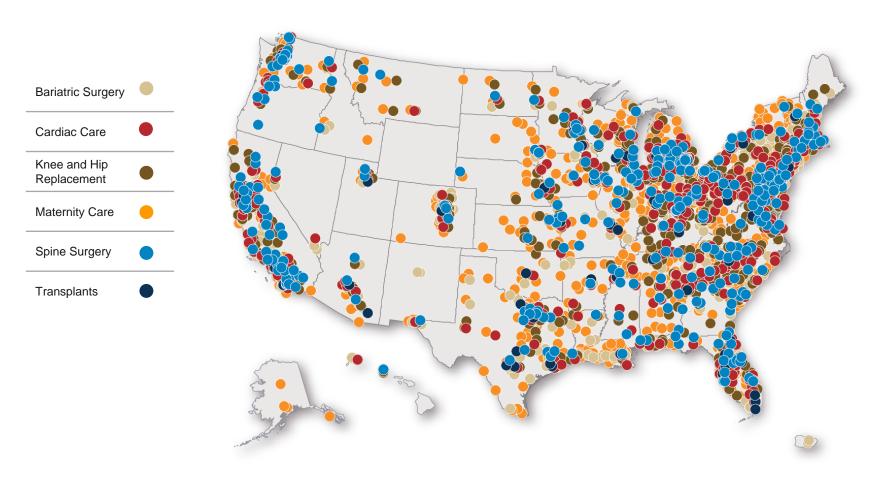
Hospitals recognized for their expertise in delivering quality specialty care

BlueDistinction®
Center +

Hospitals recognized for their expertise in delivering quality, cost-efficient specialty care

National Access

Broad national access across all top 50 Metropolitan Statistical Areas (MSAs)



Please note that the symbols used on this map are tied to specific ZIP codes. As a result, there are often multiple designated facilities (BDC and/or BDC+) represented by a single visible symbol. Maps reflect designations as of June 2016.

Health and Wellness



Preventive Coverage

What's Covered?

- Recommended routine gender and age-specific preventive care and screenings such as physical and ob-gyn exams, mammograms and other cancer screenings, well-child care and immunizations — both facility and professional services
- Coverage provided in-network at 100% with no copay, no deductible. Out-of-network benefits may vary.

IMPORTANT to remember:

Lab tests related to a condition such as diabetes or asthma — **are not** considered preventive and are covered under applicable deductible and coinsurance levels.



Stay Healthy by Getting Regular Check-Ups

What's Preventive, What's Not?

PREVENTIVE

Jane has a regular preventive mammogram performed (in-network)

Preventive coverage = 100%, no copay



Mammogram Example

DIAGNOSTIC

- Jane's mammogram results showed signs of suspicious growths
- Jane is asked to go in for a second mammogram
- This second mammogram is diagnostic, or medical — not preventive — and subject to deductible and coinsurance
- Jane's out-of-pocket expense is based on the discounted PPO cost of the mammogram

Women's Preventive Services

Expanded Women's Preventive Services Guidelines require coverage for the following services, without cost-sharing:

- Well-woman visits
- Screening for gestational diabetes
- Sexually transmitted infection counseling
- Human immunodeficiency virus (HIV) screening
- FDA-approved contraception methods and counseling
- Breastfeeding support, supplies and counseling
- Interpersonal and domestic violence screening and counseling





Lifestyle Management

Weight Management and Tobacco Cessation

Available through Blue Access for Members portal

Support for a Healthier You

24/7 Nurseline

Advice anytime. Advice isn't just needed from 9 to 5.

Round-the-clock health and the wellness advice from licensed nurses.

Plus, you can also listen to more than 1,200 AudioHealth Library topics

800-299-0274





If you get a call from Blue Cross and
Blue Shield of Illinois (BCBSIL), we're calling
to help you take good care of your health.
Please answer or call us back.

Your health plan includes support for you and your covered family members from nurses and other medical professionals called health advisors.*

This extra help is available at no added cost to you.

BCBSIL may call to help you:

- Get the care you need for serious illnesses or injuries
- Have a healthy pregnancy and baby
- · If you have been in the hospital or have had a major surgery

Calls from health advisors are not sales calls. We may ask you for information, like your name, date of birth or home address, to make sure that we are talking to you. Any information you provide to BCBSIL is confidential, as required by law.

Special Beginnings®

Enroll in the Special Beginnings program to receive guidance from pregnancy to six weeks after delivery

- Pregnancy risk assessment
- Personal health guidance based on risk
- Educational materials
- Coordinated care with your physician
- Screening for depression



Expectant mothers and babies get off to a healthy start with prenatal and postnatal education and support



You don't eat the same food every day.

Why work out at the same fitness location every single time?



Well on Target® Fitness Program

- Mix and match fitness locations
- No contract and no obligation
- Unlimited access to a nationwide network of more than 9,500 participating fitness locations
- Just log in to Blue Access for Members[™] and click "Fitness Program" in Quick Links to reach the enrollment page

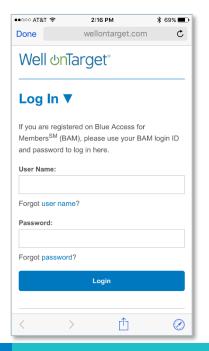
Available to members and their covered dependents (age 18 and older).

Member Wellness Portal

Well on Target® Highlights

- Health Assessment
- Member dashboard
- Self-directed courses
- Trackers and tools
- Interactive symptom checker
- Health and wellness content
- Food and exercise diary
- Text message alerts
- Blue Points[™] rewards*
- Fitness Program
- Fitness Device Tracking
- Mobile App (AlwaysOn)





^{*}Blue Points program rules are subject to change without prior notice.

Health Assessment

- Save and resume any time
- Snapshot Report shows your health status as you progress
- Fully personalized comprehensive Personal Wellness Report upon completing the Health Assessment
- Provider report to discuss with your heath care professional



Blue Pointssm Program

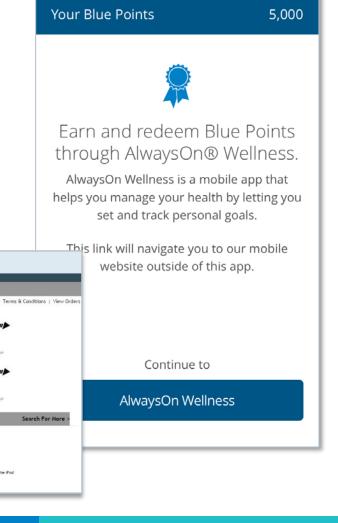
Reward Yourself!

- Earn points for multiple wellness and fitness activities, completion of online courses and more
- Redeem points in the Shopping Mall for a variety of items

Well onTarget®

Color Your Life.

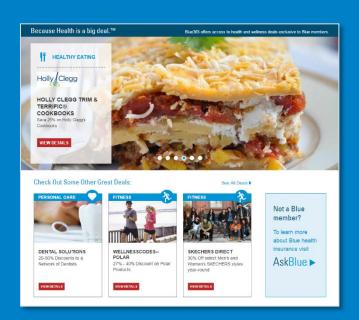
Shop for all the newest products including the iPad Air, iPad mini,



AlwaysOn Wellness

Cancel

Member discounts simply for being a BCBSIL member



Blue365® Member Discount Program

- Exclusive health and wellness deals from national and local retailers
- Save money on gym memberships, vision exams and services, hearing aids and diet-related services
- Log on to Blue Access for Members[™] for updates and to register for weekly emails



Blue365 is a discount program only for BCBSIL members. This is NOT insurance. Some of the services offered through this program may be covered under your health plan. Employees should check their benefit booklet or call the Customer Service number on the back of their ID card for specific benefit facts. Use of Blue365 does not change monthly payments, nor do costs of the services or products count toward any maximums and/or plan deductibles. Discounts are only given through vendors that take part in this program. BCBSIL does not guarantee or make any claims or recommendations about the program's services or products. Members should consult their doctor before using these services and products. BCBSIL reserves the right to stop or change this program at any time without notice.

AlwaysOn App – Well onTarget®

- Wellness at members' fingertips, allowing secure access to coaching, the health assessment and activity tracking
- Access the health assessment
- Coaching Integration: securely message or call coaches
- Sync with devices such as Fitbit and Jawbone
- See Blue Points[™] balance



Log in to Well on Target on a desktop computer to start the process and authentication





Healthy Family App

- View recommended screenings and vaccinations based on age and gender
- Learn about future test needs to help you prepare and become more informed
- Add historical test information so you can track progress towards your health goals
- Set reminders for tests that are needed
- Add notes so you can remember questions to ask your doctor
- Add multiple family members such as children, significant others and parents so you can track their recommended screenings too



To download the app, go to Google Play, the App Store or text HF to 33633



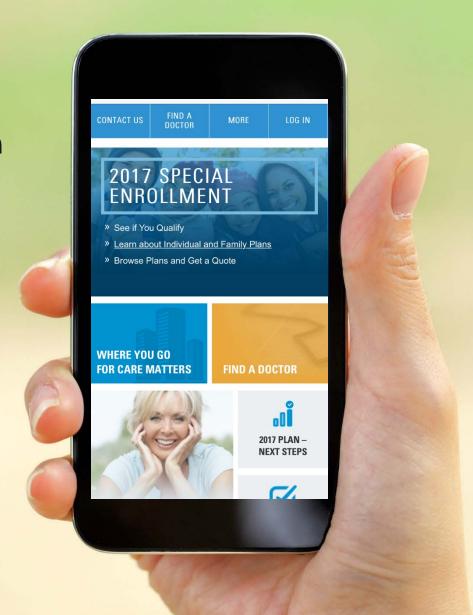
Digital Capabilities



You're Mobile. We're Mobile.

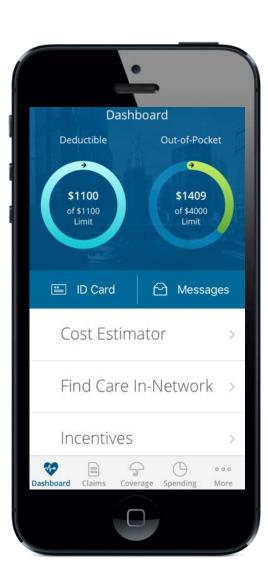
You can get the information you need right from your mobile device

- bcbsil.com
- BCBSIL App
- Blue Access for Members[™]
- Text reminders (once you opt in)



BCBSIL App

- Find a doctor, hospital or urgent care facility
- Search for doctors that speak Spanish
- Log in to Blue Access for Members[™]
- View claims and coverage details
- Create/view messages from customer service
- Access or request ID cards
- Access health and wellness information
- Link to map and directions





To download the app, go to Google Play, the App Store or text BCBSILAPP to 33633

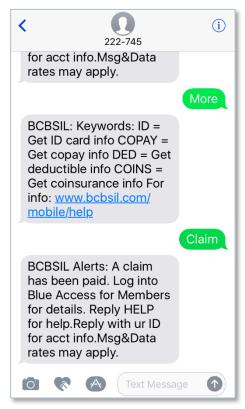
Let Us Text You

Sign up for

 Rx reminders, diabetes care tips, health heart diet tips, claim alerts, exercise and fitness tips

Text key words to BCBSIL (222745) to get

 Digital ID card, copays, deductible or coinsurance amounts



Update your user preferences in Blue Access for Members[™] and sign up for weekly texts with a variety of health, nutrition and fitness tips

Alert Preferences				
I prefer receiving notifications on these topics when:				
Email	Text	Alerts		
€	€	Receive notification when claims have been processed		
€		Receive notification when additional information is needed to process claims.		
		Receive Coordination of Benefits form via email		
€		Change in Claim Status		
	€	I have options to keep my health care costs down		
		Receive prescription drug reminders (choose up to four)		
		Receive weekly diabetes seasonal diet tips		
		Receive weekly heart healthy diet management tips		
		Receive weekly heart healthy basic care management tips		
		Receive weekly exercise and fitness management tips		

Social Media

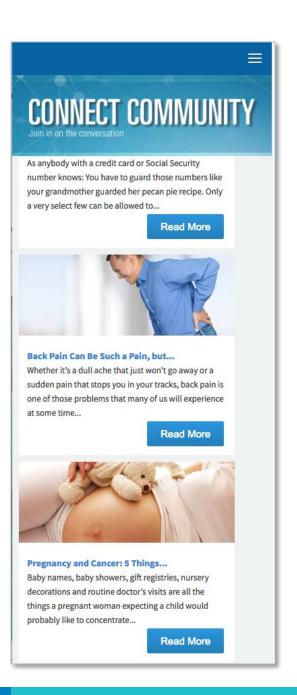


Connect

Get answers. Share information. Gain knowledge.



- Connect with people like you on topics that are important to you
- To join the conversation, visit bcbsil.com, scroll down and click on "Connect Now" or visit bcbsil.com/connect



eCards for Health®



Healthy Lunches

Make a healthy lunch. It could make a big difference in your well-being.



The Power of Hugs

A hug a day can help keep stress at bay. Hug it out!



Just Eat Half

Take control of your portions and enjoy more of the foods you love.



The Flu

Get vaccinated and arm yourself against the Flu.

Get vaccinated and arm yourself against the Flu.



Stress-Free Holidays

Learn healthy tips to help manage holiday stress.

Learn healthy tips to help manage holiday stress.



Food Safety

Quick and simple tips to help prevent food contamination.

Quick and simple tips to help prevent food contamination.



Home Safety

Prevention

Don't cut corners on home safety. Use these tips to help keep your



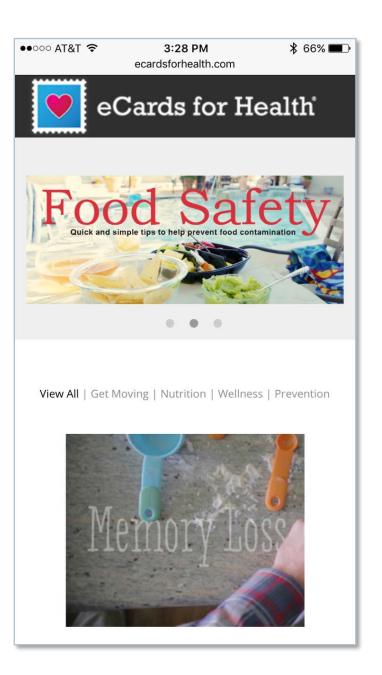
Healthy Chinese Dining

Whether eating out or ordering take out, make healthier Chinese food choices.



Fit Italian Fare Nutrition

Make smarter and healthier selections when eating Italian fare.



Blue Access for Memberssm



Blue Access for Memberssm

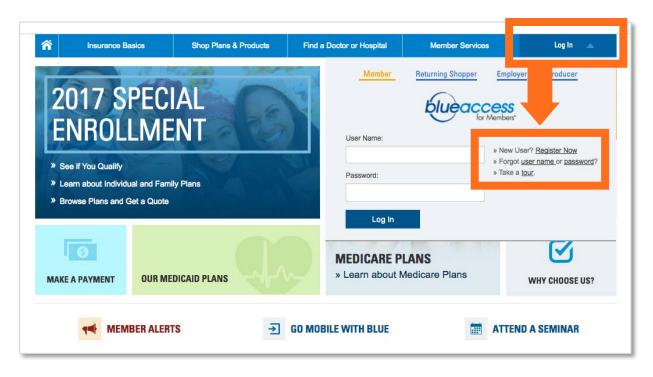
- Check claims and claims history
- View, save or print Explanation of Benefits (EOBs)
- Sign up for electronic EOBs, and turn off paper
- View benefits and covered dependents
- Check coverage details and Rx benefit information
- Manage mobile and texting preferences
- Request new ID cards or print temporary ID cards
- Access health and wellness information and guides
- Get details on wellness, discounts, 24/7 Nurseline
 ... and more

Log and perform protected transactions 24 hours a day, 7 days a week*

Save time
with self-service
support tools
and health and
wellness
resources
available through
a convenient and
secure website

^{*}Claim Statements/EOBs are not available from 3 - 6 a.m.

Sign Up for Blue Access for Members[™]

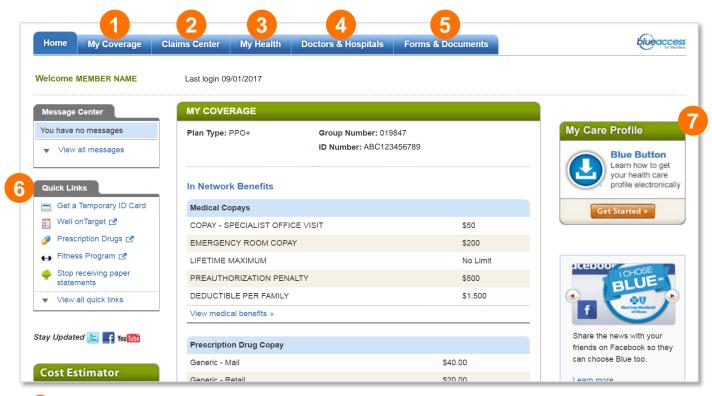


Go to bcbsil.com and log in to Blue Access for Members via web or mobile.

Click Register Now for New Users

To register you
will need your
identification number
on the front of your
ID card OR you can
call the Customer
Service number on
the back of the card

Navigating Blue Access for Members[™]



- 1 My Coverage: Review benefit details for you and your covered dependents
- 2 Claims Center: View and organize details such as payments, claims status and more
- 3 My Health: Make more informed health care decisions by reading about health and wellness topics and specific conditions
- Doctors & Hospitals: Use Provider Finder® to locate a network doctor, hospital or other health care provider
- 5 Forms & Documents: Use the form finder to get medical, dental, pharmacy and other forms quickly and easily
- 6 Quick Links: For easy access to member discounts, replacement ID cards and more
- My Care Profile: Access and download a summary of provider visits, medications and test results

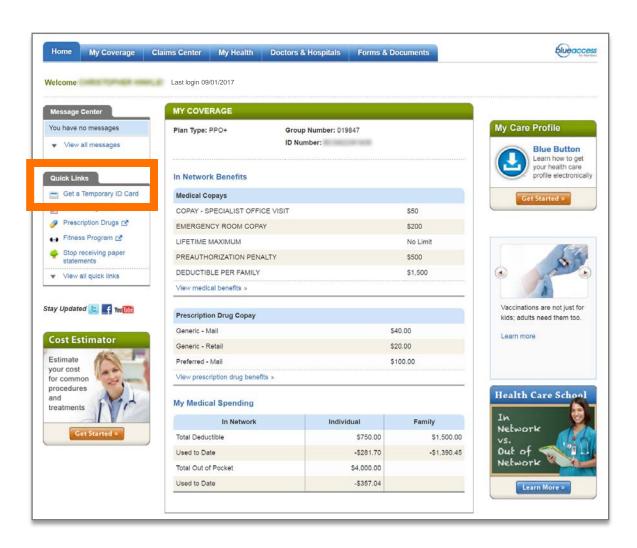
Getting a Temporary ID

Click on "Get a

Temporary ID Card"
in the Quick Links
section on the Blue
Access for Members[™]
homepage

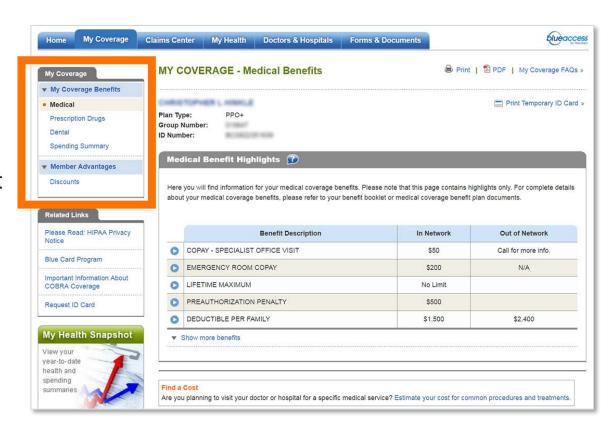
Print your temporary ID card OR get a digital ID on your phone

Order new or replacement ID cards



My Coverage

- Confirm your coverage and eligibility information
- Check medical, dental and prescription benefit summaries
- Print or save as a PDF
- View spending accounts

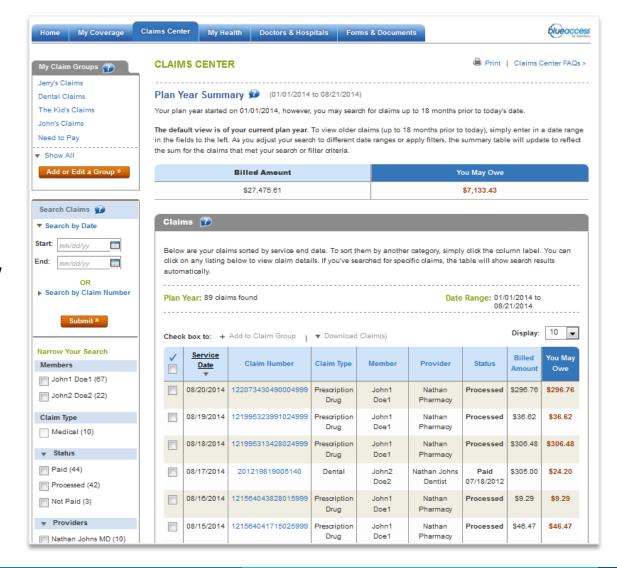


Claims Center

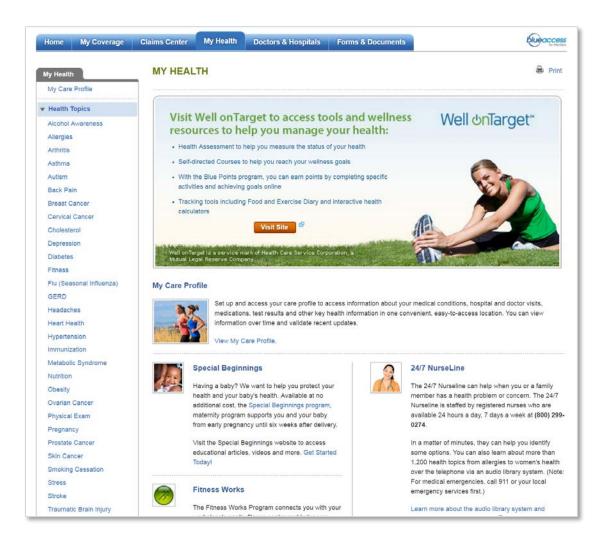
My Claim Groups to categorize and manage claims according to needs

Search Claims allows members to search by date ranges or claim numbers or filter the view based on dynamic categories

Claims Summary includes Medical, Rx and Dental (as applicable) all in one place



My Health Tab



Check out the My Health tab for access to hundreds of articles, health information links to videos and more helpful resources

Review your My Care Profile, find out more about Well on Target®, the 24/7 Nurseline, the Lifestyle Management program, the Fitness program, Special Beginnings® and more

The Fitness Program is provided by Tivity Health, an independent contractor which administers the Prime Network of fitness centers. The Prime Network is made up of independently-owned and managed fitness centers.













Identity Protection Highlights

ProtectMyID is a proactive service designed to provide members with peace of mind, and is intended to protect health and personal information.

The Experian services include: Credit monitoring, fraud detection and fraud resolution support.

Multiple levels of vital detection and support



Daily Credit Monitoring and Timely Alerts

- Early warning Surveillance Alerts™ notify members of key credit report changes covering 50 potential indicators of fraud.
- Information on new accounts, medical collections, and other activity allows members to understand when their identities may be at risk.
- Timely notification empowers members to quickly and efficiently respond to potential identity theft.



U.S.-Based Fraud Resolution Team

- Can help to investigate and address both credit and non-credit related fraud.
- Are highly trained professionals that can contact credit grantors to dispute charges, close accounts, and provide additional assistance as peeded.
- An estimated 85 million records were exposed in 2014 due to data breaches. That's why ProtectMyID checks constantly for signs that you might be at risk for identity theft.
- Provided by Experian, an independent company that provides identity protections services for BCBSIL, this service is a complement to the information security program and data protection measures we currently have in place.



\$1 Million Identity Theft Insurance²

- Provides coverage for lost wages, legal fees, and funds lost due to unauthorized electronic fund transfers.
- Zero deductible upon enrollment.



Experian Credit Report

 Members can check for past inaccuracies and signs of identity theft.

For questions about ProtectMyID or to enroll, please call (866) 926-9803

ITRC Data Breach Reports December 31, 2014

Identity theft incurrance is under written by invarance company subsidiaries or affiliates of American International Group (AIG). The description herein is a summary and intended for informational purposes only and does not include all terms, conditions and exclusions of the policies described. Please refer to the actual policies for terms, conditions, and exclusions of overage may not be available in all jurisdictions.

Experian Credit Report

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BCBS offers free credit monitoring for our members through Experian

The services include:

ProtectMyID® Experian credit report upon sign up;

- Daily one-bureau credit monitoring;
- U.S.-based customer support seven days/week;
- Online and phone enrollment;
- Choice of email or mail delivery;
- \$1 million identity theft insurance;
- Fraud resolution team; and
- Comprehensive educational resources.

<u>Family Secure</u> Monitors children's personal information for existence of a credit file:

- Fraud resolution service;
- · Experian report upon enrollment; and
- \$2 million product guarantee.

Enroll via Blue Access for MembersSM (BAM)

- 1. Log into your BAM account; If you do not have a BAM account, you can register in three easy steps:
 - Go to the state-specific website (bcbsil.com)
 - Click Register Now; and
 - Use the information on your Medical ID card to complete the registration process.
- 2. Click on Identity Protection Program under Quick Links;
- 3. Click on **Enroll as an adult** to enroll. (Other adult members within your plan should use the same link to enroll, including any children 18 years of age or older)



Easy to use, technology-powered video coaching modules that enable the most informed treatment decisions





Interactive Video Tutorials

Topics include:

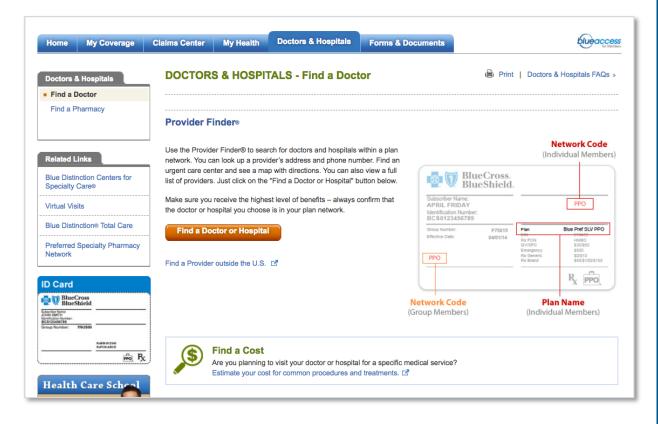
- Coronary artery disease
- Bariatric surgery
- Chronic low back pain
- Depression
- Diabetes
- Blood sugar
- Insulin injections
- Type 2 diabetes
- Metabolic syndrome

Finding a Provider and Treatment Costs

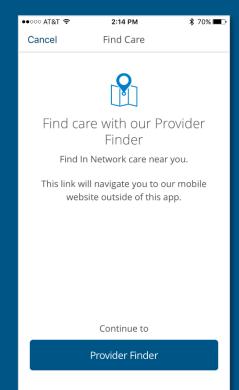


Accessing the Provider Finder®

To access the Provider Finder, click the **Doctors & Hospitals** tab in Blue Access for Members[™], then select the "**Find a Doctor or Hospital**" button



Or access
Provider Finder
through the
BCBSIL App.



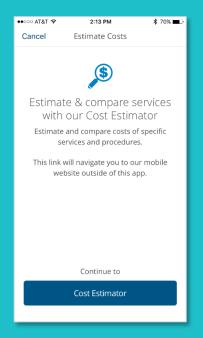
Inside Provider Finder®

- Quality designations for facilities and physicians
- Enhanced provider demographics
- Customizable search, maps and directions
- Patient reviews on physicians





You can also look up expected out-of-pocket costs for specific procedures*

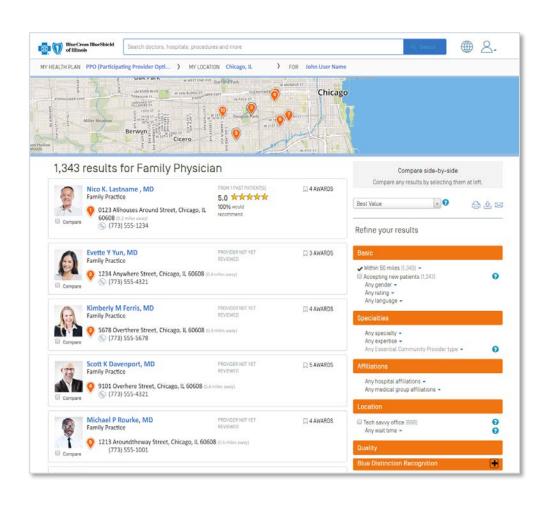


*Cost information available upon log-in for members of PPO/CDHP

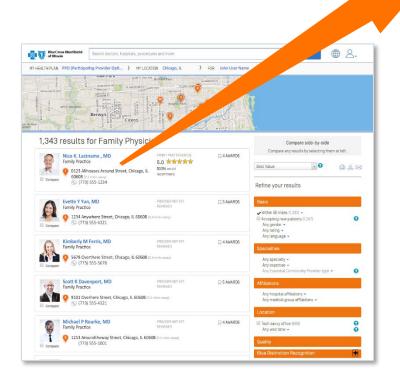
Provider Search Results

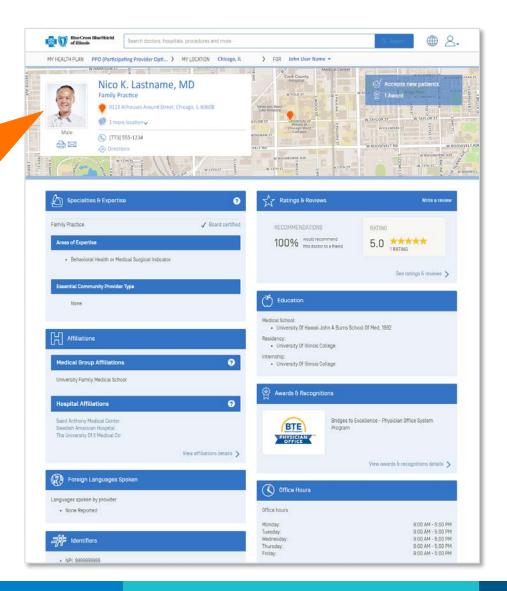
You can refine your results by:

- Distance
- Provider's gender
- Provider's or facility's ratings
- Specialty
- Hospital affiliations
- Medical group affiliations
- Awards and clinical quality measures

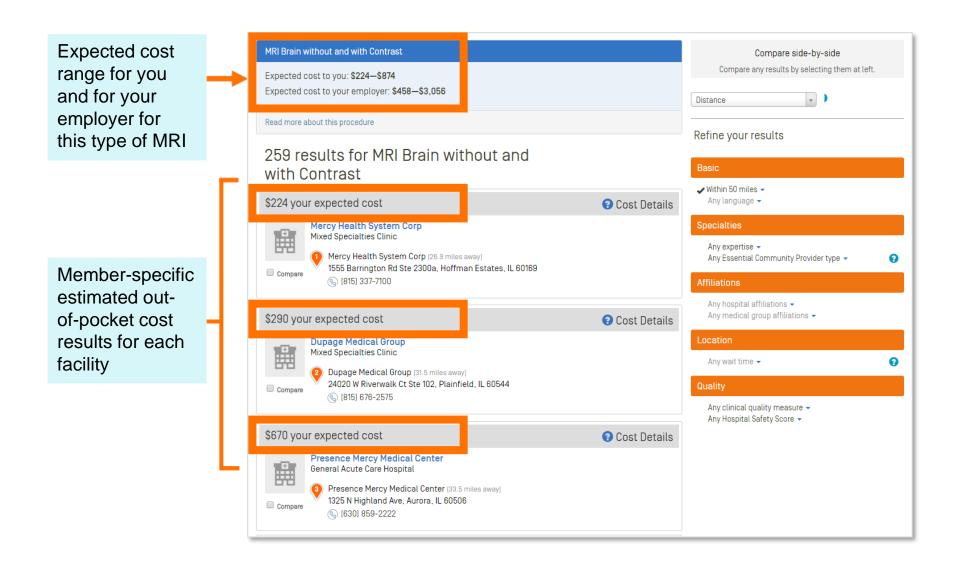


Provider Ratings and Reviews

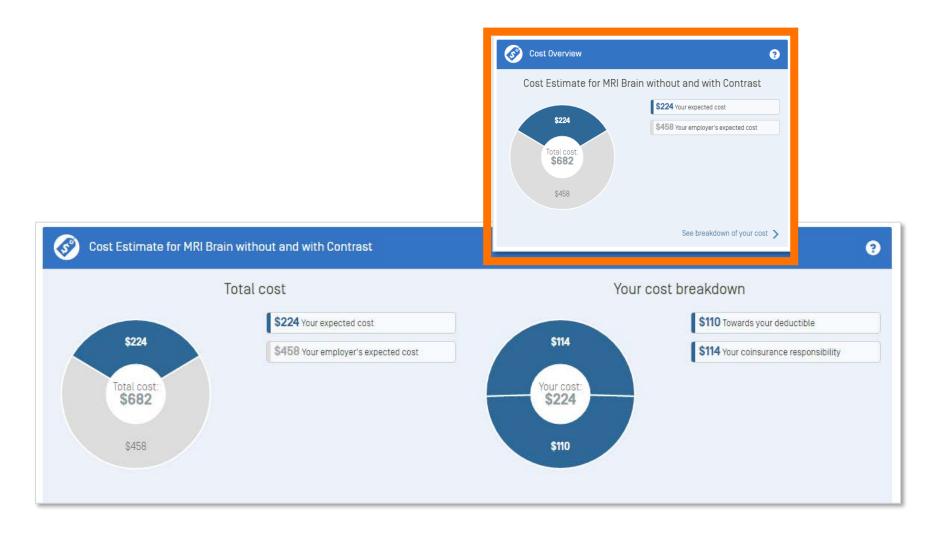


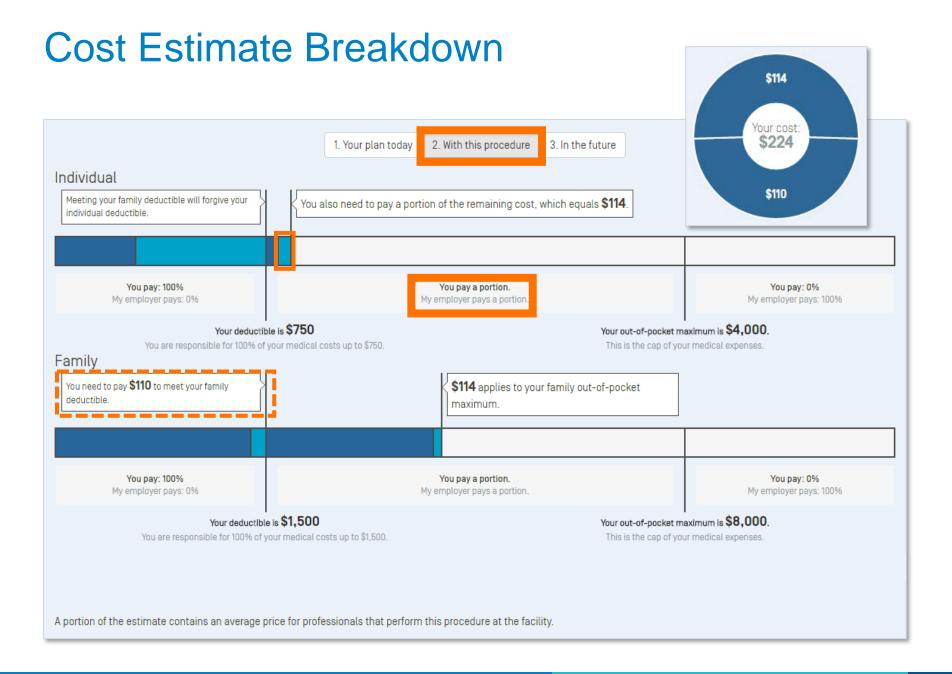


Cost Estimate: MRI of the Brain



Cost Estimate Breakdown





Prescription Drugs



Prescription Drug Benefit

Retail Pharmacy Network

- Most Major Pharmacy Chains (Walgreens, Jewel-Osco with Albertsons, Walmart, etc.)
- Pharmacy search available online
- CVS is NOT an in-network pharmacy
- Home Delivery (Mail Order)
- Up to a 90-day supply
- Convenience and savings
- Specialty Medications from Prime Specialty Pharmacy



Specialty Medications

Support in Managing Your Condition: AllianceRx Walgreens Prime

Through AllianceRx Walgreens Prime, you can have your covered, self-administered specialty drugs delivered straight to you. When you get your specialty drugs through AllianceRx Walgreens Prime, you get one-on-one support in managing your therapy – at no additional charge – including:

- Convenient delivery of drugs to you or your doctor's office
- Information to help you stay on track with your therapy and help you manage any side effects you may feel
- Syringes, sharps containers and other supplies with each shipment for self-injectable drugs
- 24/7/365 specialty pharmacy access

Ordering Through AllianceRx Walgreens Prime

You can order a new prescription or transfer your existing prescription for a self-administered specialty drug to AllianceRx Walgreens Prime. To start using AllianceRx Walgreens Prime, call 877-627-6337, Monday-Friday, 8 a.m. - 8 p.m. ET.

Certain coverage exclusions and limitations may apply, based on your health plan. For some medicines, members must meet certain criteria before prescription drug benefit coverage may be approved. Check your benefit materials for details, or call the number on the back of your ID card with questions.

When switching pharmacies, have your ID card and be ready with your:

- Name, address, phone number
- Name of medication
- Current pharmacy's name and phone number (for existing prescriptions), and the prescription number
- Doctor's name, phone and fax numbers

Your doctor may also order select specialty drugs that must be given to you by a health professional through AllianceRx Walgreens Prime.

Receiving Specialty Medications

Since many specialty drugs have unique shipping or handling needs, shipments will be arranged with you through AllianceRx Walgreens Prime. Medications are shipped in plain, secure, tamper-resistant packaging.

Before your scheduled refill date, you will be contacted to:

- Confirm your drugs, dose and the delivery location
- Check any prescription changes your doctor may have ordered****
- Discuss any changes in your condition or answer any questions about your health****

You can reach AllianceRx Walgreens Prime at 877-627-6337.

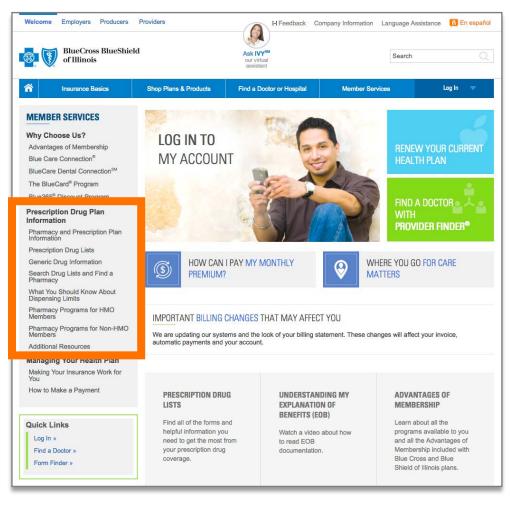


3-Tier Prescription Drug Benefit

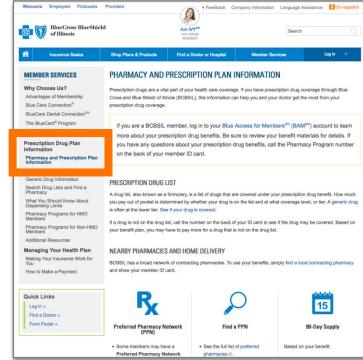


Drug List Status	Retail Pharmacy Copay/Coinsurance (up to a 30-day supply)	Home Delivery (Mail Order) Copay/Coinsurance (up to a 90-day supply)
Generic	\$10	\$20
Preferred Brand	\$30	\$60
Non-Preferred Brand	\$45	\$90

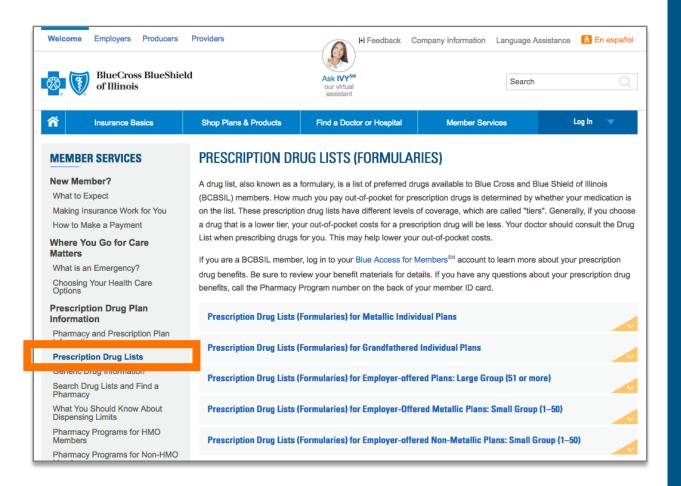
Getting Started



Find prescription drug information by visiting bcbsil.com



Find the Drug List for Your Plan



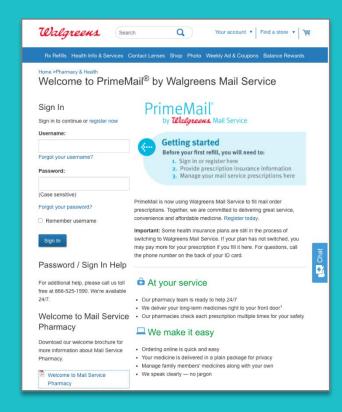
Learn more about your prescription drug benefits in the BCBSIL App.



Home Delivery Prescriptions

Your pharmacy benefit includes mail service of your maintenance medications from PrimeMail® by Walgreens Mail Service.

- Register online at Walgreens.com/PrimeMail or by phone at 877-579-7627
- Once registered, ask your doctor to submit your prescription electronically or by fax
- Transfer your existing prescription from a retail pharmacy online or by phone



Prime Therapeutics LLC, a separate company, is a pharmacy benefit management company. Blue Cross and Blue Shield of Illinois (BCBSIL) contracts with Prime Therapeutics to provide pharmacy benefit management and other related services. In addition, contracting pharmacies are contracted through Prime Therapeutics. The relationship between BCBSIL and contracting pharmacies is that of independent contractors. BCBSIL, as well as several independent Blue Cross and Blue Shield Plans, has an ownership interest in Prime Therapeutics.

Prime has entered into an agreement with Walgreens, an independently contracted pharmacy, to form a combined specialty pharmacy and mail order services company, owned by Prime and Walgreens. Prime Therapeutics (PrimeMail) has contracted with Walgreens Mail Service to provide mail pharmacy services under the name "PrimeMail by Walgreens Mail Service". Walgreens Mail Service is a pharmacy that is contracted to provide mail pharmacy services to BCBSIL members.

MyPrime.com

Single sign-on from Blue Access for Members[™] to:

- Locate a pharmacy
- Find drugs/drug list
- View prescription claim history
- Create personal drug list
- Learn about specific drugs
 - Rx cost calculator
 - Health information



MyPrime.com is an online resource offered by Prime Therapeutics.

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The PA program promotes safe and appropriate medicine use.



Prior Authorization (PA)

- If you are taking a drug that is part of the PA program, you will need to have your doctor submit a prior authorization request to BCBSIL.
- If approved, you will pay your share for the drug, based on your benefit plan.
- If not approved, the drug will not be covered.
 - You may still fill the prescription, but you may be responsible for the full amount charged by the pharmacy.

Remember: Treatment decisions are always between you and your doctor, and cost is only one factor. Only you and your doctor can decide which medicine is right for you.

Step Therapy

This program requires a "step" approach before you may receive coverage for certain high-cost medicines.

- You may need to use a safe, cost-effective 'first-line' drug before your benefit plan may cover another less preferred 'second-line' medicine included in the step therapy program.
- If you and your doctor determine no alternate drug (including any available generic equivalent) is right for you, your doctor may submit a prior authorization request for coverage consideration of your current medicine.



Virtual Visits



Get Care When and Where You Need It

- Whether you're at home or traveling, access to an independently contracted, board-certified doctor is available 24/7.
- You can speak to an MDLIVE doctor immediately or schedule an appointment based on your availability.
- Virtual visits can also be a better alternative than going to the emergency room or urgent care center.
- Doctors can help treat many non-emergency conditions.



MDLIVE is not an insurance product nor a prescription fulfillment warehouse. MDLIVE operates subject to state regulations and may not be available in certain states. MDLIVE does not guarantee that a prescription will be written. MDLIVE does not prescribe DEA-controlled substances, non-therapeutic drugs and certain other drugs that may be harmful because of their potential for abuse. MDLIVE physicians reserve the right to deny care for potential misuse of services

How Virtual Visits Work

CONNECT

Access where mobile app, online video or telephone service is available

INTERACT

Real-time consultation with a board-certified doctor or therapist

DIAGNOSE

Prescriptions sent to a pharmacy of your choice (when appropriate)







Virtual visit services are provided by MDLIVE an independent company that operates and administers the virtual visit program for BCBSIL. MDLIVE is not an insurance product nor a prescription fulfillment warehouse. MDLIVE operates subject to state regulations and may not be available in certain states. MDLIVE does not guarantee that a prescription will be written. MDLIVE does not prescribe DEA-controlled substances, non-therapeutic drugs and certain other drugs that may be harmful because of their potential for abuse. MDLIVE physicians reserve the right to deny care to potential misuse of services.

To register, you'll need to provide your first and last name, date of birth and BCBSIL member ID number.

Stay Engaged in Your Health Care



How You Can Be a Smarter Consumer

- Use in-network providers
- Research costs in Provider Finder[®]
- Review EOBs and bills sent by your providers
- Use wellness benefits
- See your physician regularly for preventive care or illness
- Ask your health care provider questions about prescribed medications and treatment
- Ask your doctor if lower-cost drug options are right for you
- Visit bcbsil.com for more health and wellness information

