RESOURCES LIST FOR STUDENTS AND PARENTS Revised 09/30/2016

Mountain Valley 2-1-1 System

Dial 2-1-1

Referral and information system available in Merced and Mariposa Counties to connect residents to services they may need. Residents will be able to connect to human services programs including: housing assistance, food pantries, job training, health care, tutoring, counseling and transportation, to name a few. Available 24 hours a day, seven days a week and in 150 languages. Specialists who answer discover needs of callers and connect them with services.

Also available online at: http://mountainvalley211.org/211-mountain-valley-merced-county/

Weaver 4H Club

Meets second Tuesday of month 6:30 PM at Pioneer Elementary School Contact Misty Oakes (209) 205-0698 Contact Vicky Wik (209) 761-5939

Girl Scouts

3 West 20th Street Merced, CA 95340 (209) 388-0956 Emma Steele (209) 545-3620 http://www.girlscoutshcc.org/

Boy Scouts

725 West 18th Street
Merced, CA 95340
(209) 722-1263
Meet at LDS Church
Cub Scouts – (ages 7-10) Contact Chad Rowan (209) 917-0079
Boy Scouts – (ages 11-17) Contact Stuart Spencer (209) 722-7897

Boys and Girls Club of Merced County

615 West 15th Street Merced, CA (209) 722-9922

Junior Giants

Merced County Parks and Recreation

Gene Barrera (209) 386-3512 (877) 574 4268 or 877 JRGIANT Jrgiants.org

A free non-competitive baseball program for boys and girls that emphasizes confidence, intergrity, leadership, and teamwork

The Fireballs League

John (209) 626-9474 thefireballs@live.com

Teeball, baseball, softball for Pioneer and Farmdale Elementary School students ages 4 and grades kindergarten-5th

California State University, Stanislaus

Online Summer Reading Skills and Speed Reading programs for Preschool-10th graders University Extended Education 1 800 470-3698

Family Resource Council

1573 West Main Street Merced, CA 95340 (209) 381-5980 Fax: (209) 381-5979 http://frc.mcoe.org/frcweb/about.htm

The Family Resource Council offers an integrated system of community-based services that responds to the needs of vulnerable families. Parenting classes, Parents Helping Parents, S.O.S. – Supportive Ongoing Services.

Merced City School District

444 West 23rd St. Merced, CA 95340 (209) 385-6600

Merced Union High School District

(209) 385-6400

Weaver Union School District

(209) 723-7606

Re-Direct

Program for adolescents12-18 years of age and their parents intended to provide avenues for informed choice, to keep kids out of criminal justice system, reduce gang membership, teen pregnancy, school drop-out, abuse, substance abuse. Meets Wednesdays from 6:00-8:00 PM

(209) 381-5980

http://frc.mcoe.org/freweb/about/htm

Merced County Office of Education CBEDS/Language Lab

Provides free English language and computer skills classes to parents of children enrolled in Merced County schools. (209) 381-2810

Spanish-speaking contact: Lucas Lopez (209) 385-6752 Hmong-speaking contact: Tceng Saechao (209) 658-6753

Mental Health Youth Services of Merced County

480 E. 13th Street (PO Box 839) Merced, CA 95340 (95341) (209) 381-6800

Age: 0 – 17

24 HOUR TOLL FREE HOTLINE (888) 334-0163 and/or Local after 5 P.M. (209) 381-6800, Crisis intervention; mental health assessment; Case Management; Individual/group/

family treatment and intervention; Individual/group/family counseling & therapy.

C.A.R.S. (Community Access to Recovery Services) Program

480 East 13th Street Building 2 Merced, CA 95340

(209) 381-6800

Streamlined system that connects children and adults with local resources and services run by Merced County Mental Health Department. Most times helped by a clinician that same day. Information and clinician assistance in English, Spanish, and Hmong.

Marie Green Crisis Center

480 E. 13th Street Merced, CA 95341 (209) 381-6814

Crisis referrals or emergency assessments, transfers to psychiatric facilities out of Merced County.

Mental Health Association in California

1127 11th Street, Ste. 925 Sacramento, CA

(916) 557-1167

Caring Kids

1460 W. 18th Street Merced, CA 95340 (209) 381-6790 ext. 6146

Children under five years old in home or pregnant parent. Education and support for parents to develop skills and promote health social and emotional development of their children through home visits, support groups, and workshops. Screen for social-emotional delays, conduct individualized social skills and behavioral intervention with children with social-emotional delays.

Sierra Vista Child and Family Services

642 West Main Street Merced, CA 95340

(209) 205-1058 Fax: (209) 205-1062 All Ages http://sierravistacares.org/

The Parent Program; free parenting classes to help for parents with strong willed children, Baby Blues post-partum depression support group, referrals to First Five program, group counseling services within school day for participating schools, Foster Family and Adoption Services. Now a Beacon Behavioral Health provider for family and child services.

Aspiranet

885 W. 18th Street Merced, CA 95340 (209) 726-3090

Referral thru HSA, probation, or Merced County Mental Health. Outpatient therapy, counseling support, psychiatric services and educational programs. Treat: Addiction, anger management, divorce recovery, domestic violence, physical and sexual abuse, grief and loss, conflict resolution, and parent-child relationships. Locations: Merced, Turlock, Modesto, Los Banos.

NAMI - National Alliance on Mental Illness

480 E. 13th Street Merced, CA 95341 (209) 381-6844

For parents and other caregivers of children and adolescents living with mental illness. Offers NAMI Basics 6 week course covering fundamentals of caring for self, family, and child.

Golden Valley Behavioral Health (GVHC Merced)

737 W. Childs Avenue Merced, CA 95340 (209) 383-7441 or (209) 383-1848

All ages

Behavioral health program: depression, anxiety, substance abuse, parenting concerns, stress, and other life struggles. If you are a GVHC patient, please contact your GVHC primary care provider for a referral to GV Behavioral Health. If you are not a current GVHC patient, you will need to schedule an appointment with a GVHC primary care doctor in order to request referral to Golden Valley Behavioral Health.

Castle Behavioral Health Center

1251 Grove Ave. Atwater, CA

Phone: (209) 358-0178 Fax: (209) 358-0646 Castlefamilyhealth.org

Monday-Friday 8:00 AM-5:00 PM

Depression, anxiety, attachment, disruptive behavior, OCD, ODD, autism, psychosis, etc., child and adolescent, family and behavioral therapy

Exceptional Parents Unlimited

4440 N. First St.

Fresno, CA 93726 (559) 229-20000

www.exceptionalparents.org

Parent to parent support from experienced parents, parent support groups, Individualized Education Planning (IEP) trainings and clinics, Individualized Family Service Planning (IFSP) trainings and clinics, assistance in advocating for services, resource information, coordination and referral, services provided in English, Spanish, and Hmong.

USC Telehealth in partnership with Challenged Family Resource Center 1 866 740-6502

Partnership of Challenged Family Resource Center and University of Southern California Telehealth offering free (no obligation) professional counseling for up to 12 weeks to individuals, couples, or family members, or caregivers that care for children or adults with special needs, who are residents of California. Private and confidential. Hablamos Espanol. Receive services at home with computer (operating system less than 4 years old), webcam, and high speed internet. If computer and internet is not available, contact Challenged Family Resource Parent Education Center at 209 384-0119.

Private Therapy Providers Referral

1 800-843-7274

ACE Overcomers

Overcoming effects of adverse childhood experiences (addiction, depression, anxiety, and anger caused by childhood abuse, neglect, and household dysfunction) for teens, adults
Meets every Tuesday 7:00 PM
Shiloh Baptist Church
1510 Winton Wy.
P.O. Box 266
Atwater, CA 95301
(209) 617-4688

All Dads Matter

Contact: Lamar Henderson (209) 385-3000 ext. 5722

All Mom Matter

Contact Maggie Guillen (209) 385-3000 ext 5620

Feet Changing Lives

Rev. Don Ramsey (209) 676-9824

Healing Hearts Anger & Stress Management

Open 9-4 pm daily and weekends 5-8 pm by request Contact Mary Jo Diaz, CAMF 1022 West 18th Street Merced, CA 95340 (209) 349-1530

Total Self Insight, Inc.

Domestic Violence & Safe Exchange Programs, parent education courses 1575 West Main St.
Merced, CA
(209) 384-3988

H.O.P.E.S – Educating families and children dealing with sexual abuse

(209) 381-6830

Lifeline Community Development Corporation

Contact Monika Grassley

(209) 201-2905

Alcohol and Drug Services

3305 G Street, Ste. B Merced, CA (209) 381-6880

Tough Love (Independent Counseling)

Contact Al Peterson (209) 386-0980

RAFT - Recovery Assistance for Teens ages 11-18

3313 G Street Merced, CA (209) 381-6860

Challenged Family Resource Center of Merced County

827 W. 20th Street Merced, CA 95340 (209) 385-5314

All ages http://www.frc.merced.k12.ca.us/frcweb/

Children with special needs/family support network, lending library; Support groups; advocacy; information/referrals; Parent Education Center; Resource library; community awareness.

Central Valley Regional Center (CVRC)

530 West 16th Street, Ste. A Merced, CA (209) 723-4245

California Children's Services

260 E. 15th Street (PO Box 471) Merced, CA 95340 (95341) (209) 381-1174 Fax: (209) 381-1102

Age: 0 - 21 http://www.co.merced.ca.us/index.aspx?nid=82 Comprehensive well child exams (CHDP); Referral

California Youth Crisis Line

PO Box 163147 Sacramento, CA 95816-9147 (800) 843-5200

Age: 12 - 24 http://www.youthcrisisline.org/

Provides a 24 hour crisis intervention counseling line; Youth-to-parents message service; Phone connections to service providers and families; Information and referrals to youth in crisis & their families.

California Kinship Navigator Program

Referrals, resources, support for those who are raising a relative's child. Phone lines open Mon.-Fri. 9:00 am-7:00 pm 1-800-KIN-0047

Lao Family Community, Inc.

855 West 15th Street Merced, CA (209) 384-7384

First Steps

260 E. 15th Street

Merced, CA 95340 (209) 381-1141 or (209) 381-1114

Age: 0 – 21

Early Head (infants and toddlers) Start/Head Start (pre-school age)

Free child development programs, comprehensive health, nutrition, and family services operates from 8:30-11:30 am or 1:00-4:30 pm

Merced Fairside

900 Martin Luther King Jr. Way

Merced, CA 95340

First 5 Merced County

(209) 381-5185

676 Loughborough Dr. Merced, CA (209) 385-7337

A.C.C.E.S.S.

1460 West 18th Street Merced, CA (209) 381-6790

Parent Education

(209) 381-1151

Young Parents Program

(209) 381-1153

Home Energy Assistance Program (HEAP)

1235 W. Main Street Merced, CA 95340 (209) 723-4565

Age: 18 & up http://www.mercedcaa.org/

Provides an annual credit on your gas/electric bill; (Must meet income qualifications).

Gateway Community Church

353 East Donna Dr. Merced, CA 95340 Contact Leon Gomes (209) 723-4283 Fax (209) 723-1238

gateway@gatewaychurchmerced.org

Types of Services Provided: 1. Worship services at 8:30 am and 11:00 am Sunday mornings 2. Sunday School Classes for all ages 3. Nursery care 4. Various Youth groups and activities 5. Young married groups 6. Men's Groups/Women's Groups 7. Couples Groups 8. Singles Groups and Activities 9. Individual and Small Group Mentoring 10. Remarriage Support Group 11. Divorce Care 12. Recovery Classes 13. Grief Support Group 14. Stephen Ministry 15. Career Assessment Assistance 16. Classes on various topics: from family life to personal health is provided.

Hours: Open Monday thru Friday 8 am to 5 pm Sunday services begin at 8:30 am and 11:00 am Target Group Everybody Fees: None

LOVE. INC

520 W. 20th Street (PO Box 2141) Merced, CA 95344 (95344) (209) 383-1265 or (209) 383-7034 All ages http://www.loveinc.org/

Resource referral information services; provides emergency food, clothes, & other needs;

Provides family counseling/support group referrals

Our Lady of Mercy St. Patrick's Parish

671 E. Yosemite Ave.
Merced, CA 95340 (95344)
(209) 383-3924
All ages http://www.olmstpatrick.org/
Provides family/youth/marriage counseling/ worship services.

Yosemite Church

2230 E. Yosemite Avenue Merced, CA 95340 (209) 383-5038 http://www.yosemitechurch.com/ Provides support, All ages

EMERGENCY SHELTER/HOUSING

"D" Street Shelter 4am-7am

(209) 725-8188

Haven of Hope (women's division)

(209) 564-1655

House of Prayer (men 's division)

(209) 658-1816

Valley Crisis Center

1960 "P' Street Merced, CA 95340 (209) 725-7900 24-Hour Crisis Hotline 209 722-4357 or 722-HELP

Emergency shelter & transportation for victims of domestic violence or sexual assault

Catholic Charities

336 West Main Street Merced (209) 383-2494

Motel vouchers for single parents and children, food, referrals and immigration assistance

Merced Community Action Agency - D Street Shelter

317 East 15th Street Merced, CA (209) 725-8188

Emergency shelter (maximum 150 per year, 6pm – 7am – no 290's), transitional housing assistance.

Merced County HSA

2115 W. Wardrobe Ave.

Merced
(209) 385-3000

Motel vouchers, food stamps, referrals for other assistance

Merced County Rescue Mission

1921 Canal St. Merced (209) 722-9269

Haven Wood (Homeless women and children)

1414 R Street Merced, CA (209) 725-8188

Aspiranet Transitional Housing Program Plus

Services youth who emancipated from foster care agencies ages 18-24 815 West 18th Street
Merced
(209) 725-2125

Resources for Independence

Assistance for individuals with disabilities – housing, job development, benefits, etc. 710 W. Main Street, Ste. 5
Merced
(209) 383-1683

Mary's Mantle Maternity Home

Assistance for homeless pregnant women – shelter programs (209) 769-7092

Community Social Model Advocates

Transitional housing and services for individuals who have substance abuse issue

Hobie House - Men

1301 Yosemite Parkway Merced (209) 722-6335

Tranquility Village – Women (children okay)

559 Mendocino Ct. Atwater (209) 357-5200

AEGIS (Methadone clinic)

(209) 725-1060

Narcotics Anonymous

(888) 942-9922

Al Anon (adults), Alateen (teens)

(209) 524-3907

Alcoholics Anonymous

(209) 385-0309

Alcohol and Drug Services

(209) 381-6880

Youth Recovery Assistance for Teens (RAFT)

(209) 381-6860

FREE MEALS

WIC (Women, Infants, and Children

(209) 383-7454

Merced Rescue Mission

1921 Canal St.
Merced, CA 95340
Breakfast Mon.-Sat. 7:00 AM, Sunday 7:30 AM
Dinner Mon.-Sat. Men 4:45 PM, Women 5:15 PM, Sunday 4:15 Women, 5:15 Men

Salvation Army

1440 West 12th Street Merced, CA 95340 Breakfast Mon.-Fri. 7-8:30 AM Dinner Sat. 5-6 PM

Second Baptist Church

501 Q Street Merced, CA 95340 Lunch Mon.-Fri. 11:00 AM-1:00 PM

St. Vincent de Paul

131 West Main St. Merced, CA 95340 Bag Lunch Mon.-Fri. 12:00-12:30 PM

Merced Bethel Adventist Church

810 T Street Merced, CA 95340 Breakfast Sun. 8:00-9:00 AM

HEALTHCARE

Medical Assistance Program

260 East 15th Street Merced, CA (209) 381-1282

Merced County Department of Public Health

260 East 15th Street

Merced, CA
(209) 381-1023

Vaccinations, HIV testing, family planning, STD/STI screening & treatment, and education

Planned Parenthood

3166 Collins Dr. Merced, CA (209) 723-7751 National STD Hotline 1-800-227-8922

Family PACT

Planning, access, care, and treatment (800) 942-1054

Alpha Pregnancy Center

Family planning services 700 Loughbourough Drive, Ste. A Merced, CA (209) 383-4700

AIM (Access for infants and mothers)

(800) 433-2611

Veteran's Clinic

340 East Yosemite Ave. Merced, CA (209) 381-0105

Golden Valley Health Center (Merced)

737 W. Childs Avenue Merced, CA 95340 (209) 383-7441 or (209) 383-1848 All ages

Medical/dental multilingual services; Health care & education outreach; dental; pharmacy; family planning.

Castle Family Health Centers

3605 Hospital Rd. Atwater, CA (209) 381-2000

Mercy Family Care Clinic

315 East 13th Street Merced, CA (209) 564-4500

Kids Care Clinic

1260 North 'D' Street Merced, CA (209) 564-4500

MFA Medical Group

240 East 13th Street Merced, CA (209) 723-6351

National HIV and AIDS Info Hotline

(800) 232-4636 Spanish (800) 344-7432

Riggs Ambulance Service

100 Riggs Ave. Merced, CA (209) 725-7000

Mercy Hospital

333 Mercy Ave. Merced, CA 95340 (209) 564-500

TRANSPORTATION

The Bus (209) 384-3111

Route Information 209 725-3813

Going Places

Transportation to health related appointments inside and outside Merced County (209) 381-1165

LEGAL

Central California Legal Assistance

357 W. Main St. Merced, CA (209) 723-5466

Golden Valley Legal Aid

1777 G. Street, #5 Merced, CA (209) 385-1451

NAACP Legal Defense and Educational Fund

1 800 221-7822

Victim Witness Assistance Program - District Attorney's Office

550 West Main St. Merced, CA (209) 385-7385 ext. 4195

Victim of Crime Resource Center

(800) 842-8467

Child Support

(209) 381-1300

District Attorney

(209) 385-7381

Merced Police Dept

(209) 385-6912

Merced Sheriff Dept

(209) 985-7444

CRIME STOPPERS

1 855 725-2420

Tip-411

Keyword "comvip" test to "tip41"

Merced County Gang Taskforce

(209) 385-7314

Merced Narcotics Task Force-Tip Line

1-800-470-8477

Merced Police Department-Tip Line

(209) 385-4725

Merced County Probation

2150 M Street Merced, CA (209) 385-7494

Merced County Probation Department Juvenile Services (209) 385-7523

Adult Services (209) 385-7400

IMMIGRANTS AND REFUGEES

Catholic Charities

336 W. Main St. (209) 383-2494

Central Valley Opportunity Center

6838 Bridget Ct. Winton, CA (209) 357-0062

Immigration Project

1532 Fresno St. Fresno, CA (559) 485 0679

U.S. Immigration and Naturalization Services (INS)

English/Spanish 1 800 375 5283

OTHER

Crisis Stabilization Unit (For Mental Health Crisis)

300 East 15th St. Merced, CA 95340 (209) 381-6800

Red Cross

(209) 383-2150 Monday-Friday 10:00 am-2:00 pm 24 hour hotline (855) 891-7325

Child Protective Services

2115 Wardrobe Ave. Merced, CA 95341 (209) 385-3104

SCHOOL SAFETY WEBSITES

http://www.cde.ca.gov/ls/ss/cp/tragedy.asp

http://www.thirteeen.org/edonline/tips.html

http://rems.ed.gov/docs/copingw_death_studentorstaff.pdf

http://www.apa.org/helpcenter/

www.thebalancedmind.org

www.thebalancedmind.org/flipswitch/podcast

http://www.cde.ca.gov/ls/cg/mh/

CRISIS SUPPORT HOTLINES

LOCAL: DRUG ABUSE 381-6800 LOVE, INC. 383-1265 SUICIDE HOTLINE 381-6800

YOUTH CRISIS HOTLINE 381-6800

PARENTS, FAMILIES, AND FRIENDS OF LESBIANS AND GAYS (PFLAG) 209 381-341-2122
ASTHMA MANAGEMENT CLASS 209 564-4300
ALZHEIMERS DEMENTIA SUPPORT GROUP 209 722-3944
DIABETES SUPPORT GROUP 200 732-9119

DIABETES SUPPORT GROUP 209 722-8118 GRIEF AND LOSS SUPPORT GROUP 209 383-3123

NATIONAL:

VALLEY CRISIS CENTER 209 722-HELP
CALIFORNIA YOUTH CRISIS LINE 800 843-5200
NATIONAL SUICIDE PREVENTION HOTLINE 800 273-8255
KRISTIN BROOKS HOPE CENTER & SUICIDE HOTLINE 800 784-2433
LYRIC GAY YOUTH TALK LINE 800 246-7743 Monday-Friday 5pm-9pm

888 843-4564 Monday-Friday 4pm-12am and Saturday 12 pm-5pm

PEER TO PEER CRISIS TEEN LINE 800 852-8336 6pm-10pm
NATIONAL YOUTH CRISIS LINE 800 448-4663
TRAINED CRISIS COUNSELOR TEXT "GO" TO 741741
THE TREVOR LIFELINE (LGBTQ) 866 488-7386
NATIONAL DOMESTIC VIOLENCE HOTLINE 800 799-7233
VETERANS CRISIS LINE 800 273-8255 Press 1

INSTITITUTE ON AGING FRIENDSHIP LINE 800 971-0016 OR 1-415-752-3778