

# Harrisburg Middle School

## Weekly Announcements

March 6, 2023

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### THIS WEEK

#### Monday, March 6

- Breakfast- Cereal
- Lunch- Corn Dog and Fries
- Study Hall 3:36-4:15

#### Tuesday, March 7

- Breakfast- French Toast w/ Syrup
- Lunch- Chicken Bacon Ranch Tater Tot Casserole
- Study Hall 3:36-4:15

#### Wednesday, March 8

- Breakfast- Breakfast Burrito
- Lunch- Chicken & Noodles
- Study Hall 3:36-4:15

#### Thursday, March 9

- Breakfast- Fruit Filled Oatmeal Bar
- Lunch- Mashed Potatoes w/ Hamburger
- Study Hall 3:36-4:15

**\*Register for spring sports now! Track season starts April 3rd\***

The bottom right corner of the page features a decorative graphic consisting of several overlapping geometric shapes in shades of pink and red, creating a modern, abstract design.

## After School Study Hall

Students are invited to stop by the study hall room after school to receive help with school work. Please contact Mrs. Suttles with any questions.

[cindy.suttles@harrisburg.k12.or.us](mailto:cindy.suttles@harrisburg.k12.or.us)

Monday 3:36-4:15

Tuesday 3:36- 4:15

Wednesday 3:36-4:15

Thursday 3:36-4:15

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## Appointment reminders


**Please try to schedule student's appointments BEFORE or AFTER school or on non-school days. It's important that students remain at school for all classes. Thank you for understanding!!**

## Front Office

Parents need to fill out the clipboard at the front office when checking students out early. If students arrive late due to an appointment or family emergency, please call or check in with the front office to excuse the absence. Call the office for any questions: 541-995-6551

## Water Bottles

Please send your student(s) to school with a water bottle. It's important to stay hydrated throughout the day, especially during warmer weather. There is a water station where students can refill their water bottle.



## Campus Safety

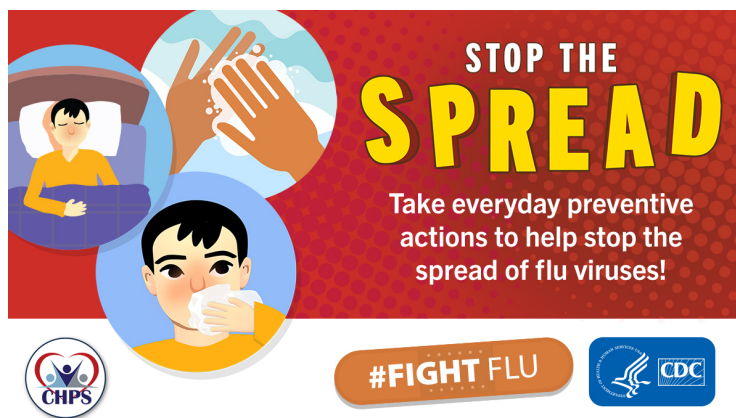
Due to safety concerns, **students should NOT be on campus after school** unless otherwise arranged with the school. If your student is not involved in an after school activity they should not be on campus without supervision.

## Drinks

**Please do NOT send students to school with Dutch Bros, Starbucks or Energy Drinks.** As per our school rule, such drinks will have to be thrown away before a student goes to class. Students can have energy drinks ONLY in the cafeteria at lunch. Also, please remind students once they arrive at school in the mornings on our campus we expect them to stay on campus. Thank you!

## Health

Encourage students to wash their hands, get plenty of rest and promote healthy habits! **Keep students at home if they are experiencing a fever, severe headache, cough, sore throat, diarrhea, vomiting or difficulty breathing.** They can return to school once symptoms are gone.



## Spring Sports

Baseball, Softball and Track are now open for enrollment. Please note that baseball and softball are for 7th and 8th graders only.

Track start date: April 3rd.

### How to register:

Registration is done online through FamilyID. Using a computer is preferable over a cellphone. Please go here: <https://hello.familyid.com/>

\*Click the high school when registering then please select **22/23 Spring Athletics Middle School**

**Sports fee \$100.** Payment or a payment schedule needs to be made by the first game. If a student plays a 3rd sport through HMS, the fee is \$50.

Students will be ineligible to participate/play if:

- No physical on file
- Failing classes
- No payment/payment plan in place
- 30 minutes tardy to first period (unexcused)
- Not registered on FamilyID

If a student is 30 minutes or more late to first period, then that student may not participate in that day's athletic events. If your student has a doctor/dentist appointment, a physicians' note is required in order for absences to be excused. If a student is not well enough to come to school, then it will be determined that they are not well enough to participate in that day's sporting events. Please visit our website for more information and forms: <https://www.harrisburgathletics.com/o/athletics/page/athletics>

# ATTENDANCE MATTERS



PLEASE MAKE SURE  
STUDENTS ARE ARRIVING  
TO SCHOOL ON TIME!!

DOORS OPEN  
8:05 TUES-THURS  
AND 9:05 ON MONDAY

# Sports Reminders

Student's will not be eligible to play unless payment/payment plan has been setup

Sports physicals are required and are good for 2 years

Students must be passing classes. Grades checks are every 2 weeks

If you are too sick to come to school then you are too sick to participate in athletic events that day

Student athletes are expected to be at school on time and stay for the remainder of the day unless otherwise excused



**Please join us for a community  
forum to meet the two finalists for  
the Harrisburg School District  
Superintendent.**



**Wednesday, March 8th from  
4:00-5:00pm  
Harrisburg Elementary Cafeteria**

# MARCH 2023

\*Harrisburg School District\*

All meals are served  
vegetable, and sides  
Milk is included.

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Cereal, Juice, String Cheese <b>6</b></p> <p>Chicken, Bacon, Ranch Tater Tot Casserole, Salad Bar</p>	<p>French Toast w/Syrup, Fruit <b>7</b></p> <p>Corn Dog, Fries, Salad Bar</p>	<p>Blueberry Waffle, String Cheese, Fruit <b>1</b></p> <p>Chicken Tortilla Soup, Breadstick, Salad Bar, Cookie</p>	<p>Yogurt, Pretzel, Fruit <b>2</b></p> <p>Nachos, Salad Bar</p>	
<p>Yogurt, Graham Cracker, Juice <b>13</b></p> <p>Sub Sandwich, Chips, Salad Bar</p>	<p>Chocolate Chip Muffin, Fruit, Boiled Egg <b>4</b></p> <p>Chicken Nuggets, Tots, Salad Bar</p>	<p>Breakfast Burrito, Fruit <b>8</b></p> <p>Chicken &amp; Noodles, Roll, Salad Bar</p>	<p>Fruit Filled Oatmeal Bar, Fruit <b>7</b></p> <p>Mashed Potatoes w/Hamburger Gravy, Green Beans, Bread Stick, Salad Bar</p>	
<p>Cereal, Graham Cracker, Fruit <b>20</b></p> <p>Chicken Quesadilla, Tots, Salad Bar</p>	<p>Breakfast Sandwich, Juice <b>21</b></p> <p>Big Mac Salad, Roll, Fruit, Cookie</p>	<p>Scrambled Eggs with cheese, Fruit <b>15</b></p> <p>Turkey Wrap, Orange Wedges, Salad Bar, Frosted Brownies</p>	<p>Cinnamon Roll, String Cheese, Fruit <b>16</b></p> <p>Spaghetti, Roll, Salad Bar</p>	
<p>Cereal, Juice, String Cheese <b>6</b></p> <p>Chicken, Bacon, Ranch Tater Tot Casserole, Salad Bar</p>	<p>French Toast w/Syrup, Fruit <b>7</b></p> <p>Corn Dog, Fries, Salad Bar</p>	<p>Blueberry Waffle, String Cheese, Fruit <b>1</b></p> <p>Chicken Tortilla Soup, Breadstick, Salad Bar, Cookie</p>	<p>Yogurt, Pretzel, Fruit <b>2</b></p> <p>Nachos, Salad Bar</p>	
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<p><b>Spring Break 27</b></p>	<p><b>Spring Break 28</b></p>	<p><b>Spring Break 29</b></p>	<p><b>Spring Break 30</b></p>	

MENU IS SUBJECT TO CHANGED DUE TO PRODUCT AVAILABILITY.

**“This institution is an equal opportunity provider.”**



## Future Events

- March 13- Regular Board Meeting
- March 22- Band Concert 3rd-12th grade
- March 23- Student vs Staff Basketball Game
- March 27-31 - NO SCHOOL- Spring Break
- April 10- Regular Board Meeting
- April 20- Quarter 3 Awards Assembly
- April 20- 5th and 6th Grade Activity Night
- April 27- 7th and 8th Grade Dance
- May 8- Regular Board Meeting
- May 29- NO SCHOOL- Memorial Day
- June 12- Regular Board Meeting
- June 13- 8th Grade Promotion
- June 15- Last Day - Noon Dismissal

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## Helpful links

- <https://www.harrisburg.k12.or.us/> - Harrisburg school district webpage
- <https://www.harrisburg.k12.or.us/o/hms> - Harrisburg middle school webpage
- <https://www.harrisburg.k12.or.us/o/harrisburg/page/pinnacle-parent-login> -Pinnacle login
- <https://or-harrisburg.intouchreceipting.com/> - Online payment portal
- <https://www.mymealtime.com/> - Lunch accounts
- <https://www.linncountyhealth.org> - Linn County Department of Health Services - Resources for Youth
- <https://sites.google.com/harrisburg.k12.or.us/harrisburghighschoolcollegeand> - Harrisburg High School Career Center

# Have a great week!

