

# Harrisburg Middle School

## Weekly Announcements

January 23, 2023

---



---

## THIS WEEK

### Monday, January 23

- Breakfast-Cereal
- Lunch- Chicken, Bacon, Tater Tot Casserole
- Study Hall 3:36-4:15
- **Boys Basketball at Creswell. Depart @ 3:00pm**

### Tuesday, January 24

- Breakfast- French Toast w/Syrup
- Lunch- Corn Dog & Fries
- Study Hall 3:36-4:15

### Wednesday, January 25

- Breakfast- Breakfast Burrito
- Lunch- Chicken & Noodles
- Study Hall 3:36-4:15
- **MAPS Testing morning**
- **Boys Basketball at O'Hara. Depart @ 3:00pm**

### Thursday, January 26

- Breakfast- Fruit Filled Oatmeal Bar
- Lunch- Mashed Potatoes w/ Hamburger
- Study Hall 3:36-4:15
- **MAPS Testing afternoon**

## After School Study Hall

Students are invited to stop by the study hall room after school to receive help with school work. Please contact Mrs. Suttles with any questions.

[cindy.suttles@harrisburg.k12.or.us](mailto:cindy.suttles@harrisburg.k12.or.us)

Monday 3:36-4:15

Tuesday 3:36- 4:15

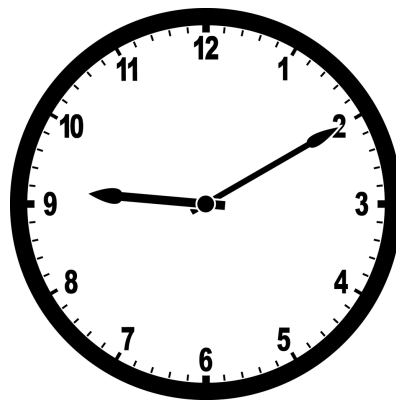
Wednesday 3:36-4:15

Thursday 3:36-4:15

---

## Late Start - 1 hour

**Friendly reminder we don't start school until 9:10 on Monday's! This is our school improvement time for teachers and staff. Thank you!**



## Front Office

If parents need to check out their student(s) early for appointments, please check in with the front office and make sure to fill out the clipboard at the front desk. If students arrive late due to an appointment or family emergency, please call or check in with the front office to excuse the absence. **Students are expected to be at school on time and for the remainder of the school day unless otherwise excused.** Please call for any questions: 541-995-6551

## Water Bottles

Please send your student(s) to school with a water bottle. It's important to stay hydrated throughout the day, especially during warmer weather. There is a water station where students can refill their water bottle.

## Bus Information

5th-8th graders are not allowed to ride the bus unless they live more than a mile and half away from the district (ORS.327.043) or if they live across Hwy 99 which is considered a danger zone. Thank you for understanding. For any questions please contact Amy Traw in transportation.



## Campus Safety

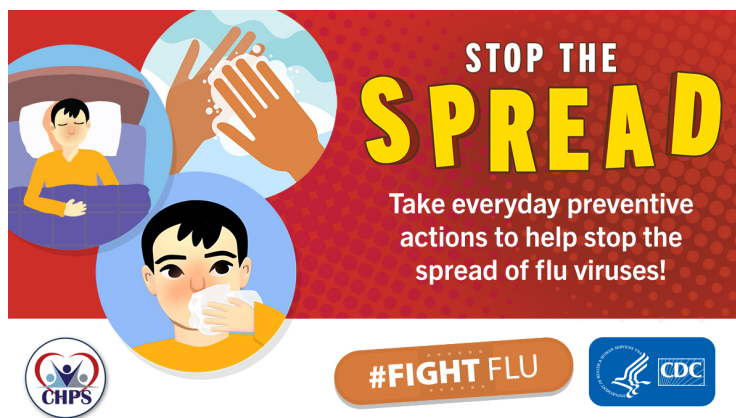
Due to safety concerns, **students should NOT be on campus after school** unless otherwise arranged with the school. If your student is not involved in an after school activity they should not be on campus without supervision.

## Drinks

**Please do NOT send students to school with Dutch Bros, Starbucks or Energy Drinks.** As per our school rule, such drinks will have to be thrown away before a student goes to class. Students can have energy drinks ONLY in the cafeteria at lunch. Also, please remind students once they arrive at school in the mornings on our campus we expect them to stay on campus. Thank you!

## Health

Encourage students to wash their hands, get plenty of rest and promote healthy habits! **Keep students at home if they are experiencing a fever, severe headache, cough, sore throat, diarrhea, vomiting or difficulty breathing.** They can return to school once symptoms are gone.



## Winter Sports

**Boys Basketball (7/8th grade)** is now open for enrollment! Register ASAP.

### How to register:

Registration is done online through FamilyID. Using a computer is preferable over a cellphone. Please go here: <https://hello.familyid.com/>

\*Click the high school when registering then please select **22/23 Winter Athletics Middle School**

**Sports fee \$100.** Payment or a payment schedule needs to be made by the first game.

Students will be ineligible to participate/play if:

- No physical on file
- Failing classes
- No payment/payment plan in place
- 30 minutes tardy to first period (unexcused)

If a student is 30 minutes or more late to first period, then that student may not participate in that day's athletic events. If your student has a doctor/dentist appointment, a physicians' note is required in order for absences to be excused. If a student is not well enough to come to school, then it will be determined that they are not well enough to participate in that day's sporting events.

Please visit our website for more information and forms:

<https://www.harrisburgathletics.com/o/athletics/page/athletics>

# JANUARY 2023

All meals are served with fruit, vegetable and sides from the salad bar. Milk is included

## \*Harrisburg School District\*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>NO School</b> 2 	<b>Biscuits and Gravy, Applesauce</b> 3 Gravy over Chicken and Mashed Potatoes, Salad Bar <b>Chicken Patty Sandwich</b>	<b>Waffles w/Syrup, Cheese Stick, Fruit</b> 4 BBQ Pork Sandwich, Tots, Cookie, Salad Bar <b>Pizza Pocket, Chips</b>	<b>Fruit Strudel, Graham Cracker, Juice</b> 5 Cheeseburger, Fries, Salad Bar <b>Sub Sandwich, Chips</b>	6
<b>Cereal, Apple Crisps, String Cheese</b> 9 Chicken Patty Sandwich, Tots, Salad Bar <b>Chicken Taco, Tots</b>	<b>Pancakes w/Syrup, Mixed Fruit</b> 10 Toasted Cheese Sandwich, Tomato Soup, Salad Bar <b>Corn Dog, Fries</b>	<b>Sausage Egg and Cheese Scramble, Juice</b> 11 Fish Sticks, Fries, Green Beans, Frosted Brownies Chicken Tortilla Soup, Cornbread	<b>Blueberry Muffins, Boiled Egg, Peaches</b> 12 Beef Lasagna, Roll, Salad Bar <b>BBQ Chicken Salad, Roll</b>	13
<b>NO School</b> 16	<b>Sausage, Egg and Cheese Biscuits, Juice</b> 17 Pizza, Black Bean Salad, Salad Bar <b>Cheese Quesadilla</b>	<b>Baked Pumpkin Rounds, Blueberries, String Cheese</b> 18 Chicken Tortilla Soup, Breadstick, Salad Bar <b>Burrito, Beefy Spanish Rice</b>	<b>Yogurt, Pretzel, Fruit Cup</b> 19 Nachos, Salad Bar <b>Burrito Bowl</b>	20
<b>Cereal, Graham Cracker, Craisins</b> 23 Chicken, Bacon, Tater Tot Casserole, Salad Bar <b>Teriyaki Chicken Salad Sandwich, Chips</b>	<b>French Toast w/Syrup, Fruit</b> 24 Corn Dog, Fries, Salad Bar <b>BBQ Chicken Salad, Chips</b>	<b>Breakfast Burrito, Mandarins</b> 25 Chicken & Noodles, Corn, Salad Bar <b>Chicken Curry Casserole, Fries</b>	<b>Fruit Filled Oatmeal Bar, Applesauce</b> 26 Mashed Potatoes w/Hamburger Gravy, Green Beans, Breadstick <b>Chicken Strips, Fries</b>	27
<b>Apple Cinnamon Muffin, String Cheese, Pears</b> 30 White Chicken Chili, Cornbread, Salad Bar <b>Honey Lime Chicken over Rice</b>	<b>Cinnamon Roll, String Cheese, Fruit Cup</b> 31 Cheeseburger, Tots, Salad Bar <b>Hawaiian Chicken Wrap, Tots</b>			

[Enter Additional Info]



## Free 8-Week Class Series

# Active Parenting of Teens

**FREE  
CATERED  
DINNER!**

**Turn parenting challenges into opportunities for growth**

- Bilingual instructors!
- Learn positive ways to relate to your teen
- Study developmental needs of adolescents
- Develop respectful discipline
- Practice clear, honest communication
- Find concrete strategies for risky behavior

### **WHEN**

January 17 - March 7  
Tuesdays, 6-7:50pm  
(Dinner served at 5:30)

### **WHERE**

Verbatim Church @  
Heritage Mall  
2059 14th Ave SE, Albany

*Childcare vouchers are provided to help parents with younger kids pay for babysitting while they attend class.*



For information and to register, email [tristin.young@jacksonstreet.org](mailto:tristin.young@jacksonstreet.org) or call 541.243.3801

Offered in partnership with Jackson Street Youth Services, Linn-Benton Community College, and the Parenting Success Network. Funded by Oregon Department of Human Services.



**Serie de clases gratuitas de 8 semanas**

## ***Paternalidad activa de adolescentes***

**¡CENA  
GRATIS!**

**Convierta los desafíos de la crianza  
en oportunidades de crecimiento**

- ¡Instructores bilingües!
- Aprenda formas positivas de relacionarse con su adolescente.
- Estudie las necesidades de desarrollo de los adolescentes
- Desarrolle una disciplina respetuosa
- Practique una comunicación clara y honesta
- Encuentre estrategias concretas para comportamientos de riesgo

### **¿CUÁNDO?**

17 de enero – 7 de marzo  
Martes, 6pm-7:50pm  
(Se servirá cena a las 5:30)

### **¿DÓNDE?**

Iglesia Verbatim en el  
Heritage Mall  
2059 14th Ave SE, Albany

*Se ofrecen vouchers para cuidado de niños para ayudar a los padres con niños más pequeños a pagar el cuidado de los niños mientras asisten a clase.*



**Para obtener información y registrarse, envíe  
un correo electrónico a  
[tristin.young@jacksonstreet.org](mailto:tristin.young@jacksonstreet.org) o llame al  
541.243.3801**

Ofrecido en asociación con Jackson Street Youth Services, Linn-Benton Community College y Parenting Success Network.  
Financiado por el Departamento de Servicios Humanos de Oregón.





*Harrisburg School District*

January 18, 2023

# Harrisburg Budget Committee seeks two new community members



## Are you interested?

The Budget Committee reviews the District's budget and may recommend changes. The Budget Committee also approves the Budget Document for the following school year and forwards it to the School Board for adoption by the end of June.

Individuals interested in serving on the Budget Committee are required to live in the zone they wish to represent. Candidates must also meet the following qualifications: 1) be a registered voter of Linn County 2) have lived in the District for at least one year and 3) cannot be a Harrisburg School District employee. Budget Committee members will be selected by the School Board.

Terms are 3 years.

## Future Events

- January 27- Grading Day
- February 13- Regular Board Meeting
- February 16- Quarter 2 Awards Assembly
- March 13- Regular Board Meeting
- March 22- Band Concert 3rd-12th grade
- March 27-31 - NO SCHOOL- Spring Break
- April 10- Regular Board Meeting
- May 8- Regular Board Meeting
- May 29- NO SCHOOL- Memorial Day
- June 12- Regular Board Meeting
- June 13- 8th Grade Promotion
- June 15- Last Day - Noon Dismissal

---

## Helpful links

- <https://www.harrisburg.k12.or.us/> - Harrisburg school district webpage
- <https://www.harrisburg.k12.or.us/o/hms> - Harrisburg middle school webpage
- <https://www.harrisburg.k12.or.us/o/harrisburg/page/pinnacle-parent-login> -Pinnacle login
- <https://or-harrisburg.intouchreceipting.com/> - Online payment portal
- <https://www.mymealtime.com/> - Lunch accounts
- <https://www.linncountyhealth.org> - Linn County Department of Health Services - Resources for Youth
- <https://sites.google.com/harrisburg.k12.or.us/harrisburghighschoolcollegeand> - Harrisburg High School Career Center

# Have a great week!

