# **Harrisburg Middle School**

# Weekly Announcements

**November 7, 2022** 



## **THIS WEEK**

### Monday, November 7

- Breakfast- Cereal
- Lunch-Sub Sandwich
- Study Hall 3:36-4:15

### Tuesday, November 8

- Breakfast- Chocolate Chip Muffin
- Lunch- Spaghetti
- Study Hall 3:36-4:15

### Wednesday, November 9

- Breakfast-Spinach Egg
- Lunch- Italian Ham Wrap
- Study Hall 3:36-4:15

### Thursday, November 10

- Breakfast-Cinnamon Rolls
- Lunch- Chicken Nuggets
- Study Hall 3:36-4:15
- Q1 Awards Assembly

## **After School Study Hall**

Students are invited to stop by the study hall room after school to receive help with school work. Please contact Mrs. Suttles with any questions.

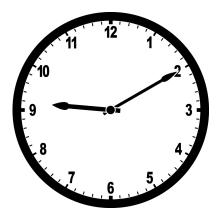
## cindy.suttles@harrisburg.k12.or.us

Monday 3:36-4:15 Tuesday 3:36- 4:15

Wednesday 3:36-4:15 Thursday 3:36-4:15

## Late Start - 1 hour

Friendly reminder we don't start school until 9:10 on Monday's! This is our school improvement time for teachers and staff. Thank you!



#### **Front Office**

If parents need to check out their student(s) early for appointments, please check in with the front office and make sure to fill out the clipboard at the front desk. If students arrive late due to an appointment or family emergency, please call or check in with the front office to excuse the absence. **Students are expected to be at school on time and for the remainder of the school day unless otherwise excused.** Please call for any questions: 541-995-6551

## **Water Bottles**

Please send your student(s) to school with a water bottle. It's important to stay hydrated throughout the day, especially during warmer weather. There is a water station where students can refill their water bottle.

### **Bikes and Scooters**

Please have your child bring a lock for their bike or scooter. It's important to have these items locked up in order to prevent theft. Thank you!

## Keep our campus safe

Due to safety concerns, **students should NOT be on campus after school** unless otherwise arranged with the school. If your student is not involved in an after school activity they should not be on campus without supervision.

#### Reminder

Please do NOT send students to school with Dutch Bros, Starbucks or Energy Drinks. As per our school rule, such drinks will have to be thrown away before a student goes to class. Students can have energy drinks ONLY in the cafeteria at lunch. Also, please remind students once they arrive at school in the mornings on our campus we expect them to stay on campus. Thank you!

### Health

students to wash their hands, get plenty of rest and encourage healthy habits!

Keep students at home if they are experiencing a fever, severe headache,

cough, sore throat, diarrhea, vomiting or difficulty breathing. They can turn
to school once symptoms are gone.

# When is "SICK," TOO sick for school?



Send me to school if...

- I have a runny nose or just a little cough, but no other symptoms.
- I haven't taken any fever reducing medicine for 24 hours, and I haven't had a fever during that time
- I haven't thrown up or had any diarrhea for 24 hours.



Keep me at home if...

- I have a temperature higher than 100.4 degrees even after taking medicine.
- I'm throwing up or have diarrhea.
- My eyes are pink and crusty.



Call the doctor if...

- I have a temperature higher than 100.4 degrees for more than two days.
- I've been throwing up or have diarrhea for more than two days.
- I've had the sniffles for more than a week, and they aren't getting better.
- I still have asthma symptoms after using my asthma medicine (and call 911 if I'm having trouble breathing after using the inhaler).

IF YOUR CHILD WILL BE ABSENT DUE TO ILLNESS, PLEASE MAKE SURE TO CALL YOUR CHILD'S SCHOOL ATTENDANCE LINE TO LET US KNOW. TURN IN A WRITTEN NOTE THE FIRST DAY YOUR CHILD RETURNS TO SCHOOL.



## **Winter Sports**

Boys Basketball (7/8th grade), Girls Basketball (7/8th grade) and Wrestling (5th-8th grade) are now open for enrollment! Please register ASAP.

## **How to register:**

Registration is done online through FamilyID. Using a computer is preferable over a cellphone. Please go here: <a href="https://hello.familyid.com/">https://hello.familyid.com/</a>

\*Click the high school when registering then please select <u>22/23 Winter</u>
Athletics Middle School

Sports fee \$100. Payment or a payment schedule needs to be made by the first game.

Students will be ineligible to participate/play if:

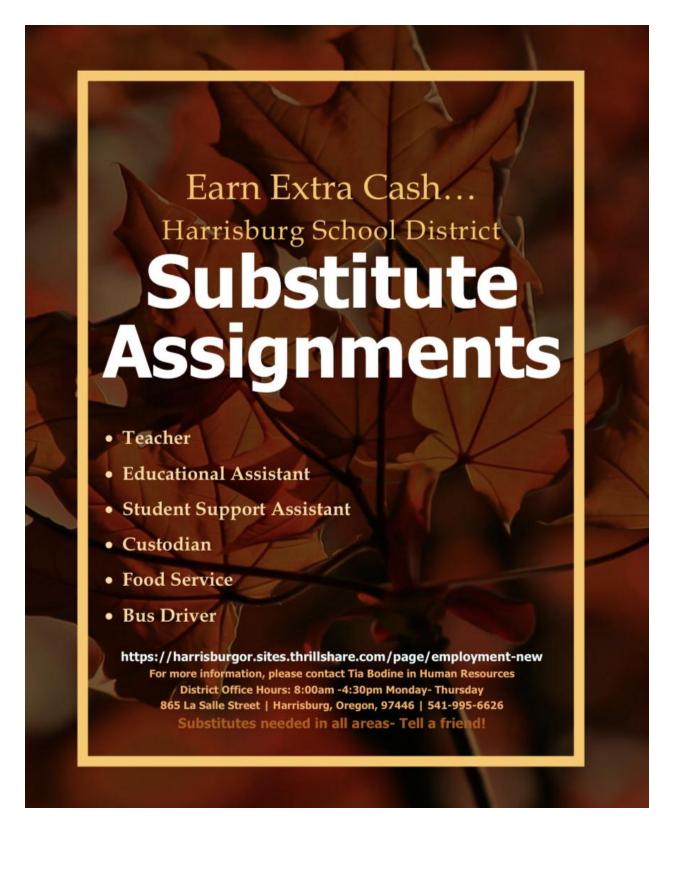
- No physical on file
- Failing classes
- No payment/payment plan in place
- 30 minutes tardy to first period (unexcused)

If a student is 30 minutes or more late to first period, then that student may not participate in that day's athletic events. If your student has a doctor/dentist appointment, a physicians' note is required in order for absences to be excused. If a student is not well enough to come to school, then it will be determined that they are not well enough to participate in that day's sporting events.

Girls Basketball: Practice is after school in HMS gym from 4:00-5:30pm

Wrestling: Practice is in the high school wrestling room from 6:30-8:00pm

**Boys Basketball: Practice is TBD** 





# Thanksgi **Food Drive**



Many of our Harrisburg families need help during this time of the year and we know that the Harrisburg community likes to take care of each other.

## **HOW CAN YOU HELP?**

Send any of the following non-perishable items to school with your student or donate a gift card to Safeway or Grocery Outlet. Each meal box will include:

- \$25 gift card for turkey Rolls
- Stuffing
- Instant Potatoes
- **Green Beans**
- Corn

- · Gravv
- Chicken Broth
- Cranberry Sauce
- Sweet Potatoes/Yams

Other Requested Items (Not Required):

Grocery gift cards for perishable items (butter, milk, pies, cheese, cottage cheese, yogurt), peanut butter, cereal, canned soups, pasta/rice mixes, pasta, spaghetti sauce, chili, canned hicken/tuna, granola bars, bread, sugar, flour, brown sugar, rice, beans, and crackers.

## **CLASSES/GRADES WITH THE MOST DONATIONS WIN A REWARD!**

Questions?

Courtney Besotes at 541-995-6544 Meghan Holsapple at 541-995-6551 Madison Brock at 541-995-6632 Dana Bowers-Brock at 541-995-6632

courtney.besotes@harrisburg.k12.or.us meghan.holsapple@harrisburg.k12.or.us madison.brock@harrisburg.k12.or.us dana.bowers-brock@harrisburg.k12.or.us















## **Future Events**

- November 10- Quarter 1 Awards Assembly
- November 14- Regular Board Meeting
- November 15- Band Field Trip Grades 3-6
- November 21-24- NO SCHOOL
- December 1- OSU Girls Basketball Game Field Trip
- December 3- Light Parade
- December 6- Picture Retakes
- December 12- Regular Board Meeting
- December 14- Band Concert
- December 19-January 3- Winter Break NO SCHOOL

## Helpful links

- <a href="https://www.harrisburg.k12.or.us/">https://www.harrisburg.k12.or.us/</a> Harrisburg school district webpage
- <a href="https://www.harrisburg.k12.or.us/o/hms">https://www.harrisburg.k12.or.us/o/hms</a> Harrisburg middle school webpage
- https://www.harrisburg.k12.or.us/o/harrisburg/page/pinnacle-parent-login
   -Pinnacle login
- <a href="https://or-harrisburg.intouchreceipting.com/">https://or-harrisburg.intouchreceipting.com/</a> Online payment portal
- <a href="https://www.mymealtime.com/">https://www.mymealtime.com/</a> Lunch accounts
- <a href="https://www.linncountyhealth.org">https://www.linncountyhealth.org</a> Linn County Department of Health Services Resources for Youth
- https://sites.google.com/harrisburg.k12.or.us/harrisburghighschoolcollegeand -Harrisburg High School Career Center

# Have a great week!