

Harrisburg Middle School

Weekly Announcements

October 10, 2022



THIS WEEK

Monday, October 10

- Breakfast- Cereal
- Lunch- Cheeseburger & Fries
- Study Hall 3:36-4:15
- Regular Board Meeting
- **Volleyball vs Ohara at Home. Games start @ 4:30**

Tuesday, October 11

- Breakfast- Hash browns w/Sausage Gravy
- Lunch-BBQ Pork Sandwich
- Study Hall 3:36-4:15

Wednesday, October 12

- Breakfast- Fruit Strudel
- Lunch- Mac & Cheese
- Study Hall 3:36-4:15
- **Volleyball at JC. Dismiss @ 3:00**
- **Cross Country at Home. Dismiss @ 2:30**

Thursday, October 13

- Breakfast-Cereal
- Lunch- Sloppy Joe
- Study Hall 3:36-4:15
- **Football at Lowell. Dismiss @ 2:30**

After School Study Hall

Students are invited to stop by the study hall room after school to receive help with school work. Please contact Mrs. Suttles with any questions.

cindy.suttles@harrisburg.k12.or.us

Monday 3:36-4:15

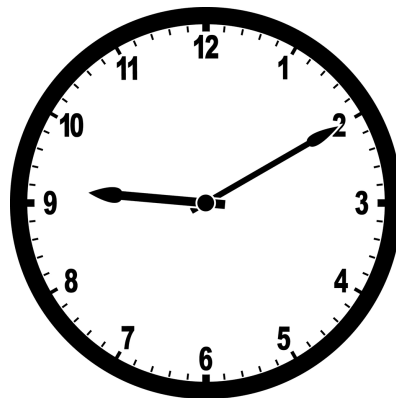
Tuesday 3:36- 4:15

Wednesday 3:36-4:15

Thursday 3:36-4:15

Late Start - 1 hour

Friendly reminder we don't start school until 9:10 on Monday's! This is our school improvement time for teachers and staff. Thank you!



Front Office

If parents need to check out their student(s) early for appointments, please check in with the front office and make sure to fill out the clipboard at the front desk. If students arrive late due to an appointment or family emergency, please call or check in with the front office to excuse the absence. **Students are expected to be at school on time and for the remainder of the school day unless otherwise excused.** Please call for any questions: 541-995-6551

Water Bottles

Please send your student(s) to school with a water bottle. It's important to stay hydrated throughout the day, especially during warmer weather. There is a water station where students can refill their water bottle.

Bikes and Scooters

Please have your child bring a lock for their bike or scooter. It's important to have these items locked up in order to prevent theft. Thank you!

Keep our campus safe

Due to safety concerns, **students should NOT be on campus after school unless otherwise arranged with the school.** If your student is not involved in an after school activity they should not be on campus without supervision.

Please remind students to wash their hands, get plenty of rest and encourage healthy habits! **Keep students at home if they are experiencing a fever, severe headache, cough, sore throat, diarrhea, vomiting or difficulty breathing.** They can return to school once symptoms are gone. Thank you for understanding and keeping our school healthy!

When is “SICK,” **TOO** sick for school?



Send me to school if...

- I have a runny nose or just a little cough, but no other symptoms.
- I haven't taken any fever reducing medicine for 24 hours, and I haven't had a fever during that time.
- I haven't thrown up or had any diarrhea for 24 hours.



Keep me at home if...

- I have a temperature higher than 100.4 degrees even after taking medicine.
- I'm throwing up or have diarrhea.
- My eyes are pink and crusty.



Call the doctor if...

- I have a temperature higher than 100.4 degrees for more than two days.
- I've been throwing up or have diarrhea for more than two days.
- I've had the sniffles for more than a week, and they aren't getting better.
- I still have asthma symptoms after using my asthma medicine (and call 911 if I'm having trouble breathing after using the inhaler).

IF YOUR CHILD WILL BE ABSENT DUE TO ILLNESS, PLEASE MAKE SURE TO CALL YOUR CHILD'S SCHOOL ATTENDANCE LINE TO LET US KNOW. TURN IN A WRITTEN NOTE THE FIRST DAY YOUR CHILD RETURNS TO SCHOOL.

Winter Sports

Wrestling (5th-8th grade) and Girls Basketball (7/8th grade) are now open for enrollment! Please register your student ASAP if they are interested in playing. Please note: Boys basketball doesn't start until January. Registration will open later.

How to register:

Registration is done online through FamilyID. Using a computer is preferable over a cellphone. Please go here: <https://hello.familyid.com/>

*Click the high school when registering then please select **22/23 Winter Athletics Middle School**

Wrestling and Girls Basketball are both \$100 each. Payment or a payment schedule needs to be made by the first game.

Students will be ineligible to participate/play if:

- No physical on file
- Failing classes
- No payment/payment plan in place
- 30 minutes tardy to first period (unexcused)

For any questions, please contact Jacque at the front office: 541-995-6551



Volleyball 2022 (Grades 3-6)



3-6 Grades Volleyball

Price: \$65

IMPORTANT DATES:

Registration closes: 10/14/22 at 9:00pm

NO LATE REGISTRATIONS

Practicces: mid-end of October

Games begin: Beginning of November

Register: <https://eagleathletics.sportngin.com/page/show/6968091-registration>



Voleibol 2022 (Grados 3-6)



3-6 Grados Voleibol

Precio: \$65

FECHAS IMPORTANTES:

El Registro se cierra: 10/14/22 at 9:00pm

SIN REGISTROS TARDIOS

Práctica: mediados a finales de Octubre

Comienzo de los Juegos: Segunda semana de Noviembre

Registracion: <https://eagleathletics.sportngin.com/page/show/6968091-registration>



OCTOBER 2022

All Meals are served with fruit,
vegetable and sides from salad bar.
Milk is included.

Harrisburg School District

Monday	Tuesday	Wednesday	Thursday	Friday
Yogurt, Graham Cracker, Juice Vegetable Beef Soup, Roll, Salad Bar Rice & Bean Burrito Bowl Waffles, Cheese Sticks, Applesauce 10 Cheeseburger, Fries Cheesy Breadstick w/Marinara	Breakfast Sandwich, Fruit Cup Pizza, Chips, Salad Bar BBO Chicken Salad Hash browns w/Sausage Gravy, Fruit 11 BBQ Pork Sandwich, Fries, Cookie Pizza Pocket, Chips	Cereal, Boiled Egg, Fruit Cup White Chicken Chili, Cornbread Hawaiian Chicken Wrap, Fries Fruit Strudel, Graham Cracker, Juice 12 Macaroni & Cheese, Salad Bar Sub Sandwich, Chips	Pancakes, String Cheese, Fruit Cheese Quesadilla, Tots Chicken Nuggets, Tots Cereal, Boiled Egg, Pears 13 Sloppy Joe, Salad Bar Burrito, Beefy Spanish Rice	7
Pancakes w/Syrup, Mixed Fruit 17 Chicken Patty Sandwich, Tots Chicken Taco, Tots	Cereal, Cheese Stick, Fruit 18 Toasted Cheese Sandwich, Tomato Soup, Salad Bar Corn Dog, Fries	Sausage, Egg & Cheese Scramble, Toast, Juice 17 Fish Po' Boy Sandwich, Fries Chicken Tortilla Soup, Roll	Blueberry Muffin, String Cheese, Peaches 21 Beef Lasagna, Roll BBQ Chicken Salad	21
Pumpkin Breakfast Rounds, Fruit, Graham Cracker 24 Pizza, Three Bean Salad Cheese Quesadilla	Breakfast Sandwich, Juice 25 Chicken Alfredo, Roll Frosted Cake Honey Lime Chicken over Rice	Fruit Muffin, Cheese Stick, Fruit 26 Chicken Tortilla Soup, Breadstick Fajita Burrito Bowl	Yogurt, Pretzel Bites, Fruit 27 Nachos Mini Corn Dogs, Chips	28
French Toast, Syrup, Fruit 31 Chicken, Bacon Ranch Hot Dish Teriyaki Chicken Salad Sandwich, Chips				

MENU IS SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY

“This institution is an equal opportunity provider.”

Future Events

- October 10- Regular Board Meeting
 - October 19- Vision Screening Lions Club
 - October 20- 5th and 6th Grade Activity Night
 - October 27- 7th and 8th Grade Dance
 - October 28- Grading Day
 - November 2-3- Conferences NO SCHOOL
 - November 10- Quarter 1 Awards Assembly
 - November 14- Regular Board Meeting
 - November 15- Band Field Trip Grades 3-6
 - November 23-24- Holiday - NO SCHOOL
 - December 1- Picture Retakes
 - December 3- Light Parade
 - December 14- Band Concert
 - December 19-January 3- Winter Break NO SCHOOL
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Helpful links

- <https://www.harrisburg.k12.or.us/> - Harrisburg school district webpage
- <https://www.harrisburg.k12.or.us/o/hms> - Harrisburg middle school webpage
- <https://www.harrisburg.k12.or.us/o/harrisburg/page/pinnacle-parent-login> -Pinnacle login
- <https://or-harrisburg.intouchrecepting.com/> - Online payment portal
- <https://www.mymealtime.com/> - Lunch accounts
- <https://www.linncountyhealth.org> - Linn County Department of Health Services - Resources for Youth
- <https://sites.google.com/harrisburg.k12.or.us/harrisburghighschoolcollegeand> - Harrisburg High School Career Center

Have a great week!

