

# Harrisburg Middle School

## Weekly Announcements

September 19, 2022

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### THIS WEEK

#### Monday, September 19

- Breakfast- Cereal
- Lunch- Chicken/Bacon/Ranch Hot Dish
- Study Hall 3:36-4:15
- **Volleyball @ Harrisburg. Games start at 4:30**


#### Tuesday, September 20

- Breakfast- French Toast w/ Syrup
- Lunch- Fish Sticks
- Study Hall 3:36-4:15
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#### Wednesday, September 21

- Breakfast- Breakfast Burrito
- Lunch- Mashed Potatoes w/ Hamburger
- Study Hall 3:36-4:15
- **Football at Cottage Grove. Dismiss @2:00**
- **Volleyball at Pleasant Hill. Dismiss @ 2:45**

#### Thursday, September 22

- Breakfast- Oatmeal Fruit Bars
  - Lunch- Chicken & Noodles
  - Study Hall 3:36-4:15
  - **Cross Country at Lebanon. Dismiss @ 1:45**
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## After School Study Hall

Students are invited to stop by the study hall room after school to receive help with school work. Please contact Mrs. Suttles with any questions.

[cindy.suttles@harrisburg.k12.or.us](mailto:cindy.suttles@harrisburg.k12.or.us)

Monday 3:36-4:15

Tuesday 3:36- 4:15

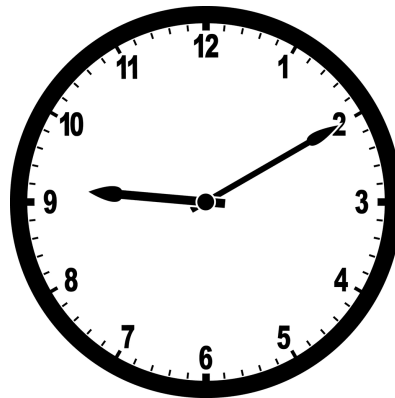
Wednesday 3:36-4:15

Thursday 3:36-4:15

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## Late Start - 1 hour

**Friendly reminder we don't start school until 9:10 on Monday's! This is our school improvement time for teachers and staff. Thank you!**



## Front Office

If parents need to check out their student(s) early for appointments, please check in with the front office and make sure to fill out the clipboard at the front desk. If students arrive late due to an appointment or family emergency, please call or check in with the front office to excuse the absence. **Students are expected to be at school on time and for the remainder of the school day unless otherwise excused.** Please call for any questions: 541-995-6551

## Water Bottles

Please send your student(s) to school with a water bottle. It's important to stay hydrated throughout the day, especially during warmer weather. There is a water station where students can refill their water bottle.

## Health Reminders

Please remind students to wash their hands, get plenty of rest and encourage healthy habits! **Keep students at home if they are experiencing a fever, severe headache, cough, sore throat, diarrhea, vomiting or difficulty breathing.** They can return to school once symptoms are gone. Thank you for understanding and keeping our school healthy!

## Sports Fee

**Volleyball, Football and Cross Country payments need to be made ASAP to the middle school front office or online.**

Students need to have their sports fee paid or a payment schedule in place by the first game in order to be eligible to play.

Volleyball and Cross Country are \$100. Football is \$125. If you have any questions please contact the front office.

## Bikes and Scooters

Please have your child bring a lock for their bike or scooter. It's important to have these items locked up in order to prevent theft. Thank you!



## Keep our campus safe

Due to safety concerns, **students should NOT be on campus after school unless otherwise arranged with the school.** If your student is not involved in an after school activity they should not be on campus without supervision.



## Keep Your Child On Track in Middle and High School: Pay Attention to Attendance

*Even as children grow older and more independent, families play a key role in making sure students access learning opportunities and understand why attendance is so important for success in school and on the job. Families can also advocate for resources to help students learn if they cannot attend in-person.*

### **DID YOU KNOW?**

- Students should miss no more than 9 days of school each year to stay engaged, successful and on track to graduation.
- Frequent absences can be a sign that a student is losing interest in school, struggling with school work, dealing with a bully or facing some other difficulty.
- By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- By 9th grade, attendance is a better predictor of graduation rates than 8th grade test scores.
- Missing 10%, or 2 days a month, over the course of the school year, can affect a student's academic success.

### **WHAT YOU CAN DO**

#### **Make school attendance a priority**

- Talk about the importance of showing up to school every day.
- Help your children maintain daily routines, such as finishing homework and getting a good night's sleep.
- Try not to schedule dental and non-Covid-19 related medical appointments during the school day.
- Keep your child healthy, and if you are concerned about Covid-19, call your school for advice.
- If your children must stay home because they are sick or in quarantine, make sure they have asked teachers for resources and materials to make up for the missed learning time in the classroom.

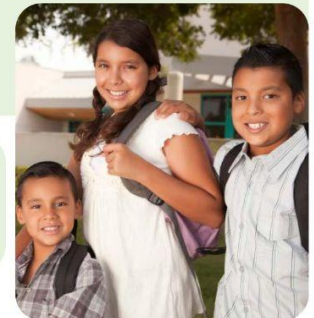
#### **Help your teen stay engaged**

- Find out if your children feel engaged by their classes, and feel safe from bullies and other threats.
- Make sure your children are not missing class because of challenges with behavioral issues or school discipline policies. If any of these are problems, contact the school and work with them to find a solution.
- Monitor your child's academic progress and seek help from teachers or tutors when necessary. Make sure teachers know how to contact you.
- Stay on top of your child's social contacts. Peer pressure can lead to skipping school, while students without many friends can feel isolated.
- Encourage your child to join meaningful after-school activities, including sports and clubs.
- Notice and support your children if they are showing signs of anxiety.

#### **Communicate with the school**

- Know the school's attendance policy – incentives and penalties.
- Check on your child's attendance to be sure absences are not adding up.
- Seek help from school staff, other parents or community agencies if you need support.

Revised October 2021



Visit Attendance Works at [www.attendanceworks.org](http://www.attendanceworks.org) for free downloadable resources and tools!

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## Future Events

- October 4- Fall Picture Day
- October 10- Regular Board Meeting
- October 19- Vision Screening Lions Club
- October 20- 5th and 6th Grade Activity Night
- October 27- 7th and 8th Grade Dance
- October 28- Grading Day
- November 2-3- Conferences NO SCHOOL
- November 10- Quarter 1 Awards Assembly
- November 14- Regular Board Meeting
- November 23-24- Holiday - NO SCHOOL
- December 1- Picture Retakes
- December 3- Light Parade
- December 14- Band Concert
- December 19-January 3- Winter Break NO SCHOOL

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## Helpful links

- <https://www.harrisburg.k12.or.us/> - Harrisburg school district webpage
- <https://www.harrisburg.k12.or.us/o/hms> - Harrisburg middle school webpage
- <https://www.harrisburg.k12.or.us/o/harrisburg/page/pinnacle-parent-login>  
-Pinnacle login
- <https://or-harrisburg.intouchrecepting.com/> - Online payment portal
- <https://www.mymealtime.com/> - Lunch accounts
- <https://www.linncountyhealth.org> - Linn County Department of Health Services - Resources for Youth
- <https://sites.google.com/harrisburg.k12.or.us/harrisburghighschoolcollegeand> - Harrisburg High School Career Center

# Have a great week!

