



# THE MUSTANG GAZETTE

Stories from the home of the  
mustangs & m-ettes

# In This Edition

## On the Cover:

The Malta High School Cheerleaders performing a Swedish Fall at the District Tournament in Malta. The photo was taken by Mr. Nick Oxarart. More pictures can be found on his website, [nickoxarart.smugmug.com](http://nickoxarart.smugmug.com). Check out the website to purchase your favorites.

## What's Inside:

**Malta's Traffic Light**- Do Malta natives understand how to proceed through our one and only light? **Page 4**

**Dual Enrollment**- What courses are offered through dual enrollment? How does it benefit students? **Page 15**

**Honor Band and Choir**- A brief summary of what went on at Honor Band and Choir. **Page 7**

**Surviving Suicide**- How to deal with the pain of losing someone to suicide? How does it affect people? **Page 7**

**Student Photography and Art**- Submitted work from students. **Page 6 & 14**

**Sports Articles**- A recap of our sports. **Page 5**

**Film Review**- Want a good movie to watch? Check out our review. **Page 11**

**Taking Care of Our Planet**- How can we clean up the mess and reduce landfill material? **Page 10**

And Much More!

## Contact Us:

Want to share your thoughts or ideas? Send us a message.

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# MHS Announcements

- March 22- No School
- March 22-25- FFA State Convention
- March 27-28- Key Club State Conference
- March 29- HS Academic Olympics
- March 30-31 UM - HS Journalism Day
- April 1-7 Close-Up gone
- April 10-11- MS/HS Spring Play
- April 13, 14, & 17- No School
- April 19- ACT for Juniors
- April 21-22- District Music Festival at WP
- April 26- MHS 2017-18 Class Registration
- April 27- FFA Banquet 6:30 PM
- April 28- Senior Class Trip
- April 29- 2017 Prom

# Deeper Thoughts on Racism

Macy Williamson  
MG Staff

Racism is a horrendous problem that has been around forever. Racism is when one race or religion believes that they are superior than others. Racism is a problem in this world because people begin to think other's lives have less value than theirs. They start to think that it is okay to get rid of them. Racism used to be a larger problem in the past. Indeed it still is, but it has changed noticeably over time. Asking Mr. Lindgren to explain what racism is in his own words, he explained, "Racism to me is the belief that people in different ethnic groups believe that their race is superior to all other races." Indeed, that is what racism is exactly. How racism came to be is unknown. I asked Mr. Henry if he thinks racism is taught. "Yes. It is taught or acquired. When we continually witness transgressions it becomes more acceptable."

"It is sad that in our society, we have people who think this way."  
- Mr. Lindgren

There are three different types of racism that I learned about from StopRacism.com. The first kind is open racism. Open racism is when people or groups are strongly against different colored people or religions and everyone knows it. They do not try to keep it a secret whatsoever and the government doesn't do anything about it. One example of an open racist group is the KKK. The KKK stands for Ku Klux Klan. This group consists of many white supremacist. They are a group of people that have used many acts of terrorism to oppose the rights of African Americans. I asked Mr. Lindgren his thoughts on white supremacy and he responded, "I am not in favor of the white supremacy groups. They, to me, just make racism worse than it is, especially when they believe whites are superior to all other races. It is sad that in our society, we have people who think this way." This organization (KKK) was formed in 1866 and has more than forty different klans. They still proceed to show their hatred towards the Africans Americans.

The second type of racism is violent racism. This occurs when one race begins to violently attack other races because they think they are better. Violent racism is the biggest problem in today's society because it doesn't take more than one person to commit an act of violence. People could do as little as just hitting someone once or go as far as taking their life away. The third and final kind of racism is secret racism. This type of racism is when you are actually racist towards others, but you try to hide it. If you do say something, you make it sound like a joke or like you don't mean it when in reality, you mean everything you're saying.

There are many events in history that have to do

with race. So, I asked Mr. Lindgren what the first event that comes to mind when this is brought up. He replied, "As a history teacher, I can think of lots of incidents about race. The one that sticks in my mind is the Rosa Parks incident - when she sat at the front of a bus, which at the time in the 1950s was illegal. This incident helped start the Montgomery boycott which was headed by Martin Luther King. This helped launch King on his crusade for Civil Rights, which was necessary to help get rid of the restraints our society had put on African Americans." For another example of incidents occurring due to race in 1992 a race riot formed in Los Angeles. The riot began when four police officers got caught beating an unarmed African American. After the police officers were charged with numerous offenses. In the trial, they all got dismissed when the jury (of all white people) made up their mind. When I asked Mr. Lindgren what some subjects of this riot he remembered he replied, "The cause of these race riots was the beating of Rodney King, who was

an African American, and this beating was captured on a video of four police officers beating him. I think it was on of the first times the nation actually saw what they considered police brutality on a video and put on TV. The sad part is instead of peaceful protests, they turned into very bad riots. There was a lot of destruction of private property and also a lot of looting going on. It was one of the most violent protests in our nation's history. That seems to me what is happening in today's society with all the technology and cell phones that can video just about every incident that happens today, especially with our police." This was a huge event that occurred and will most likely be remembered for a very long time. Racism is still around in the nation and in Mr. Lindgren's opinion, it's gotten worse. He says, "At times, I feel that racism has gotten worse because of social media and how they report fake news and people believe it. They end up starting protests and riots before they find out the actual truth of a story."

In contrast to Mr. Lindgren's views, Mr. Henry has a different opinion. He says, "I think it's better because I have witnessed better treatment of Native Americans, specifically my mom. I do believe we still have a long way to go, though." One reason for racial problems decreasing is because of the civil rights movement. In 1954, the civil rights movement occurred. The civil rights movement was a mass popular movement to secure for African Americans equal access to and opportunities for the basic privileges and rights of U.S. citizenship.

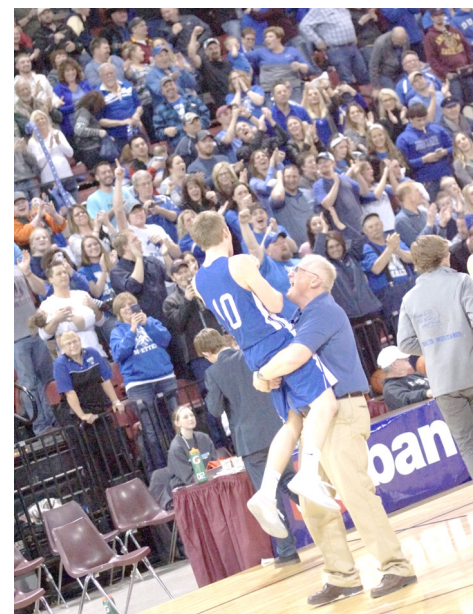
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Above: Following the leader, the MHS boys basketball show uniformity. Photo by Nick Oxarart. Check out other awesome images available for purchase by Nick Oxarart at [nickoxarart.smugmug.com](http://nickoxarart.smugmug.com).



Above: Seniors Grant O'Brien, Peyton Meeks, & Jalen Lamb assist the cheerleaders in warming up the crowd. Photo by Nick Oxarart.



Above: Head coach, Dave Costin & son, Nate Costin celebrate the team's state win. Photo by Coleen Costin.



Above: We need more cowbell!! Reed Veit plays the cowbell proudly. Photo by Coleen Costin.

# SPORTS PHOTOGRAPHY

Photos by Mr. Oxarart & Mrs. Coleen Costin



Above: Devyn Salsbery, Tachante Cole & other MHS cheerleaders perform a basket toss. Photo by Nick Oxarart.

# Malta's Sole Traffic Light

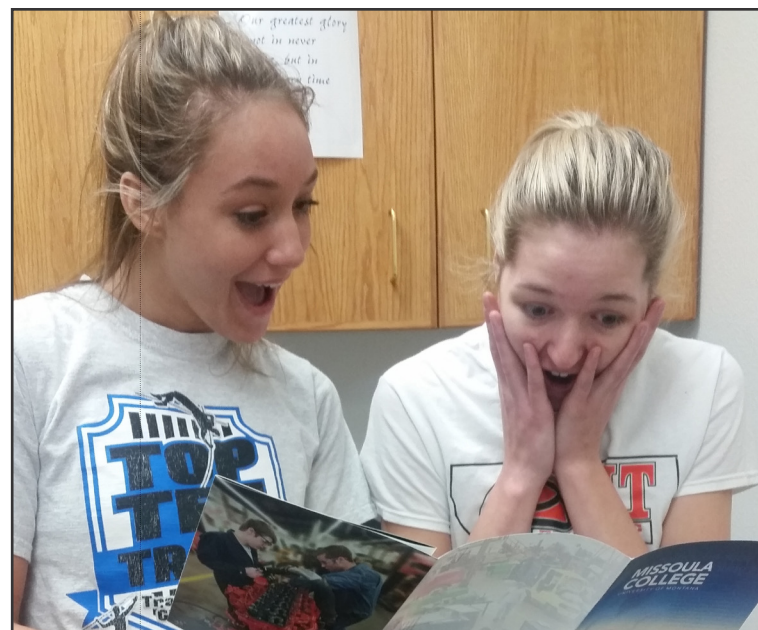
Brita Giblette  
MG Staff

There are some places in Malta where people don't understand the rules. Especially near the underpass where a handful of people don't know what to do when it comes to driving at that intersection. Also some questions and answers are about driver's education and it's important to know some of those answers involved with driving. There is a ton of little things to watch out for when it comes to driving at the intersection near Trafton Park, Ray J's, the gas station and by the underpass. The physical address for this specific intersection is highway 191 central avenue N 1st St E. There are quite a few drivers that don't know the rules that are important. One of my interviews was with a Phillips County Policeman to learn more about the intersection and how to be safe while driving through it. I was able to sit down and chat with Nico Myers to see what his personal views were about the intersection and how to drive through it while driving safely. I asked him, "Is this a four way intersection?" Nico replied, "Technically yes, but it is an awkward intersection. My second question for him was, "How do you proceed in this intersection coming up from the park?" He replied, "Make sure to stop at the stop sign. Anytime that you turn out of a parking lot you are supposed to stop first." I then asked, "How do you merge into traffic when coming out of the gas station and who has the right of way?" His response was, "If there are two people driving from both sides of the highway, both sides have to first yield to the highway. If there are two people coming up to the stop sign, the person that stops first has the right of way. If out of two parties one is turning, then the other person going straight has the right of way." One of my concerns was, "Have you ever seen any issues while driving at the intersection?" He said, "Yes. People blow through the stop sign all of the time. When it is slick, people think that they can make it out before the oncoming traffic passes but that can cause them to spin out if they don't slow down." The last question that I asked him was, "Do you have anything else that you would like to add?" Nico replied, "Make sure to use common sense and don't always be in a rush." Once for driver's education, I had to fill out a paper for people who drove through the intersection and what they had concerning safety. Some had seat belts and others did not. Some people were talking on their cellphones while driving or they were eating food. Also, there were some people who had loud music on while they were driving. Usually, the majority of these things that people do while driving is a distraction and can sometimes cause problems

especially when people are driving through the intersection. It is important to know how to proceed through the intersection because driving appropriately is extremely safe. It will cause less accidents in the future. While observing the safety worksheet, I had noticed was that more teenagers wore their seat belts than adults did. It is important for students to learn the driving laws because that way they are able to drive safely and know what they are doing while they are driving. It is also important to wear seat belts while driving or when you are a passenger in someone else's vehicle. A good thing to do that is very important is developing good habits while driving and not texting or getting distracted by other objects or things. I interviewed Mrs. Gilkerson to ask her some questions about drivers education and the way she sees it from her perspective as a driver's ed teacher. The first question that I asked her was, "What is it like as a driver's ed teacher?" Mrs. Gilkerson replied, "It is a bit of fun mixed in with a bit of fright." I then asked her, "How do you get the students to remember traffic laws?" She answered, "Acronyms and repetition. We use the acronym SMOG for signal, mirror, over the shoulder, go. Daphne made up a song for SMOG. I feel like a stuck record when it comes to the right of way rules. Right of way seems to be a tricky issue for many people in this town. No one is quite sure what to do." The next question that I asked was, "What is something you enjoy from teaching driver's education?" She said, "I actually enjoy driving around with the kids. I have had some funny things happen and some scary things happen in the car, but it is fun." One last thing that I had wondered about was, "How do you approach teaching students how to proceed through our only flashing traffic light? Mrs. Gilkerson responded, "We discuss it in class such as, what does a flashing light mean? We discuss why the light is placed in that particular place and we discuss new people (out-of-towners) who don't know what it means and they stop when they should just yield. It is also important to wear your seat belt and use your blinkers!!"



Photo by Brita Giblette .



Above: Jada Nicholson and Sophia Stiles peruse college pamphlets. Photo by Alanis Doney.

## Beyond High School

Dawn Jenkins  
MG Staff

So many seniors are ready to graduate and are ready to be done with high school. Many are eager to start college. Often high school students don't quite realize how much different high school and college are. A lack of parental supervision is both a blessing and a curse. Parents can help with everything from money troubles to homework. One difficult obstacle in your college years may be the courses themselves. Probably one of the most important things to do is make friends and connections. Befriend your professors and teachers. Make friends with fellow students in your classes. People are more likely to help when you are nice to them. Find people in the same classes as you. Join study groups. College is harder when you don't have any help. Do not be afraid to ask. Professors will be more apt to help you with homework or even give extensions if you are nice to them and are making an effort to do well.

Another tool that can help is often with colleges are tutoring programs. Many people avoid these programs in fear of looking stupid. Similar to the topic of courses is scheduling courses. While in college, you have an opportunity to schedule your own classes. Entirely your own schedule, however it is a double edged sword. With all this time to plan your own schedule, many people still find it hard to resist all the freedom available to you. While recreation is very important to young people it is possible to have too much of a good thing.

A fairly useful piece of advice is to never put an hour between classes unless it's time to eat. Once you've gone home or to your dorm, you won't want to go back to classes. High school may not be the best time of your life, but you won't ever be this young again so live in the moment, enjoy the little things while they last. Plan for the future because it's coming faster than you think.

# Insight on the Game

Taylor Gilkerson  
MG Staff

**Taylor Gilkerson:** How long have you been playing basketball?  
**Sophia Stiles:** My whole life.

**T.G.:** What's your goal for this season?  
**S.S.:** To win state.

**T.G.:** How have you grown from your freshman year?  
**S.S.:** I am a better leader and have become an offensive threat.

**T.G.:** What do you think the best qualities of a team player are?  
**S.S.:** Being coachable and trying your hardest.

**T.G.:** What's one of your favorite memories of the season so far?  
**S.S.:** When we played Poplar in Malta and our press was on point!

**T.G.:** What's your definition of a successful team?  
**S.S.:** One that accomplishes their goals.

**T.G.:** Who is your favorite person/team to play against?  
**S.S.:** Fairfield. I know it is always going to be a good game and the crowd will be into it.

**T.G.:** What's your favorite part about basketball season?  
**S.S.:** Tournament time is so much fun.

**T.G.:** What is the team doing this season to improve the team mentally?  
**S.S.:** I think the seniors have done a really good job being leaders, and we have the same goal which makes everyone work hard.

**T.G.:** What's the best part about being a basketball player?  
**S.S.:** I love the sport, so getting to do what I love is awesome.

**T.G.:** What is a life lesson you have learned from playing basketball?  
**S.S.:** To keep my head no matter the situation.

**T.G.:** What has been your biggest challenge this season so far?  
**S.S.:** Knowing it is my last season as an M-ette so I have high expectations.

**T.G.:** What's the best advice you have ever been given about the game?  
**S.S.:** My mom always told me to, "Let them make the mistake and then you capitalize on it."



**Taylor Gilkerson:** How long have you been playing basketball?  
**Shay Garfield:** Since third grade.

**T.G.:** What's your goal for this season?  
**S.G.:** To win our conference. The districts, divisionals, and the ultimate goal is to win state.

**T.G.:** How have you grown from your freshman year?  
**S.G.:** I am stronger and I have become a more confident player.

**T.G.:** What do you think the best qualities of a team player are?  
**S.G.:** Being coachable, trusting your team, working hard, knowing your role, and taking responsibilities.

**T.G.:** What's one of your favorite memories of the season so far?  
**S.G.:** Revenge week was pretty fun.

**T.G.:** What's your definition of a successful team?  
**S.G.:** A team that is successful has to all trust each other and work together.

**T.G.:** Who is your favorite person/team to play against?  
**S.G.:** It's always fun playing the rivalry teams like Glasgow and Fairfield.

**T.G.:** What's your favorite part about basketball season?  
**S.G.:** Getting to know all the girls and getting to play with them

throughout the season.

**T.G.:** What is the team doing this season to improve the team mentally?  
**S.G.:** We work really hard at practice and we all push each other to get better and tougher.

**T.G.:** What's the best part about being a basketball player?  
**S.G.:** The best part is the friendships you make and walking into each game knowing your team has your back.

**T.G.:** What is a life lesson you have learned from playing basketball?  
**S.G.:** To not give up, even if you are behind.

**T.G.:** What has been your biggest challenge this season so far?  
**S.G.:** My biggest challenge has been keeping my knee strong and not having my tendonitis worse.

**T.G.:** What's the best advice you have ever been given about the game?  
**S.G.:** Always know where the ball is.



Photo compliments of Ashley Scheffelfmaer.

## Today We're All A Bit Irish

Brita Giblette  
MG Staff

According to History.com, St. Patrick's Day is a worldwide holiday that is a celebration. But do people really know the history of it and how it became a holiday? It was once started as a religious feast day for the patron saint of Ireland. This date celebrates the death of the patron saint who was the foremost patron saint of Ireland. As time went on, it eventually became an international holiday with lots of celebration of the Irish culture with lots of food, dancing, parades, and lots of the color green. The color green for St.

Patrick's Day is very customary. The color green, which is the color of a shamrock is used to represent and explain the Holy Trinity to the Pagan Irish. The Holy Trinity is the state of being three. It is often celebrated during the month of March.

In Ireland, when there are celebrations happening on St. Patrick's Day, there is a lot of Irish food that is served during the festivals. Also, the largest parade is in Dublin. Some of the Irish food is foods such as breads, pies, cakes, and lots of stew. The Irish people prepare these kind of foods specifically for the celebrations that take place on St. Patrick's Day.

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# Fundamentals of Senior Year

## Rites of Passage Four Years in the Making

Alanis Doney  
MG Staff

Throughout high school we complain about how much we just want it to be over with, so you can go out and venture off on your own. Well in all honesty you're going to miss it. You will miss all the steps it took to get where you are. Senior year is the best time of high school, yeah there's some pressure, but it is nothing you can't handle. The teachers are only trying to help you so cut them some slack. For example, Mrs. Bruce teaches senior survival which is a class for seniors that prepares you for challenges you may face. In her class we have gone over different units such as career choices, taxes, credit and child development. Now we are reviewing cooking and sewing. Mrs. Pankratz works with you in scholarships. She pushes you to do them and to listen to the college reps that come to the school. You have to give her credit she knows how obnoxious she may seem, but she cares. Then we have our guidance counselor Mrs. Schye, she helps you apply to colleges, she lets you know what options are out there for you and how far you can expand.

It's not all scholarships and college/career talk though you will realize that you are having so much more fun than stressing about schools or your future.

Senior year you are like top dog, well at least until it's over. There are so many things to look forward to. Planning your senior trip and senior night plus the all night senior party. With all the fun happening and the closer graduation gets, it starts to dawn on you.

This will be the last time you wear the white and blue uniforms for sports, or that ugly blue corduroy jacket for FFA which oddly enough you'll miss. It is the last time you will ever perform for a play or for speech and drama. The more you think about those things the more bitter sweet it gets and you realize you are not ready to leave it yet. You're not ready to part ways with the people you grew up with. It was going to happen eventually. We all knew in one way or another that our friends now would have to leave and move on with their lives. Senior year is something you can't waste. Make the most of it while you can. You will only regret the chances you didn't take.

# HARRY POTTER FUN FACTS

Devyn Salsbery  
MG Staff

Dementors were a symbol of Rowling's struggle with depression after her mother passed away.

The Hogwarts School motto is "Draco Dormiens Nunquam Titillandus," which means "Never tickle a sleeping dragon."

Rupert Grint dressed up like his female drama teacher and rapped about Ron Weasley for his audition tape. His rap began, "Hello, my name is Rupert Grint, I hope you don't think I stink."

Tom Felton auditioned for the roles of Harry Potter and Ron Weasley, but was chosen to play Draco Malfoy instead.

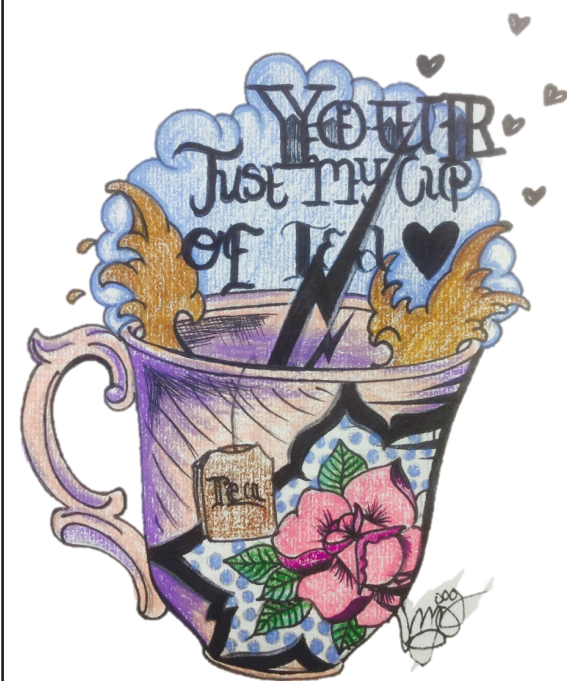
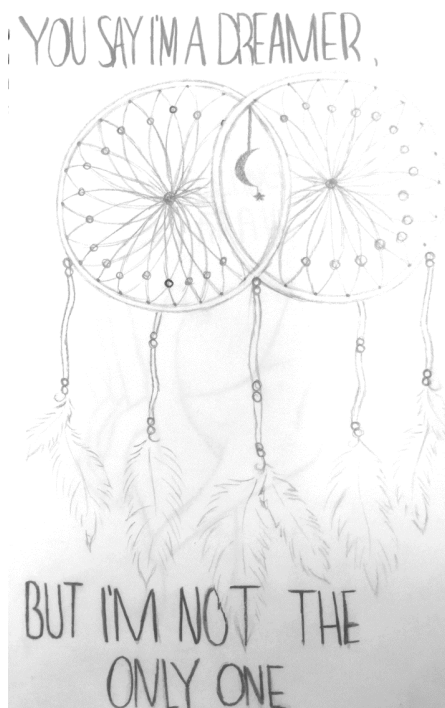
J.K. Rowling was the first person to become a billionaire by writing books.

Rowling's publisher suggested she use initials rather than her real name, Joanne Rowling, in order to appeal to male readers. She chose J.K., borrowing the K from her grandmother's name, Kathleen. However, neither Kathleen nor K is part of her legal name.



# STUDENT ARTWORK

Art by Vanessa Mann, Evie McCorkle, & Dawn Jenkins



# Dinner Theater Coming Soon!

## Cooking Can Be Murder

*A Comedy - Rural cooking competition turns disastrous when the judge is murdered after sampling all seven participants' dishes. Can you solve the mystery?*

April 10 & 11, 2017 at 7 PM  
Dinner theater is set for April 11th.  
\$15 singles - \$25 couples  
Reserve your Tickets quickly. Dinner may be cancelled if tickets sales aren't favorable.

# Honor Band & Choir 2017

Brita Giblette  
MG Staff

Honor band and choir took place on January

30th, 2017. Students from Malta left on Monday and travelled to Glasgow. We spent the day practicing our music until it was time for the concert. There were other schools that performed also. They ranged from Plentywood, Opheim, Wolf Point, Scooby, and many other different schools.

There were two guest directors. The director for band was Mr. Russ Kellogg and for choir it was Mr. Steve Holte. The students also had many short breaks, an hour break for lunch, and an hour and a half for a dinner break. After dinner, students were ready to perform, and by about 6:30 PM, the concert started. The choir sang songs such as "Gloria" by Franz Joseph Haydn/arr. Woodman, "Big Sky" by Amy F. Bernon, and "Come to the Music" by Joseph Martin. The men's chorus sang "He Ain't Heavy, He's My Brother" arr. Jay Althouse. The women's chorus sang "The Poet Sings" by Z. Randall Stroope. The band played songs such as "Newcastle March" by Johnnie Vinson, "With Each Sunset" by Richard Saucedo, "Revenge of the Swarm" by Larry Neeck, and "A Cowboy Symphony" by Pierre La Plante. It was a really fun experience and everyone who participated did a great job. The performances were also very good. Mr. Swingen and Mr. Engebretson did an excellent job. If it wasn't for them, I wouldn't have had the great experience that I had.

# Wading Through the Aftermath

## Surviving and Learning to Cope After a Loved One Takes His Life

Ashley Scheffelmaer  
MG Staff

They say that suicide is the worst death to cope with, because the remaining question is why. Many people witness suicide, but they don't know what it's like to live afterward. What is it like losing someone close to you to suicide? What emotions go through your mind? What is life like afterwards? Does the person get depressed? Do they become suicidal? What's it like being a survivor of suicide?

According to <http://www.prb.org/Publications/Articles/2016/suicide-replaces-homicide-second-leading-cause-death-among-us-teens.aspx>, suicide is the second leading cause of death in teenagers and young adults in the United States. Being a survivor of suicide is either a person who has attempted it, but survived or someone who has lost someone to suicide and had to adapt to life afterward. I interviewed two girls who had lived through a loved one committing suicide. Savannah and Becca were more than open to answer questions and talk about their experiences.

My first question I asked was, "How close were you and the other person?" Becca replied with, "Very close. She was like a sister to me." Savannah replied with, "We were very close. She was my best friend. She was like another sister to me. We did everything together. She was always at my side and now it just feels so empty." I then asked, "How old were both of you?" Becca said, "She was 16 and I was 17." and Savannah replied with, "She was 15 and I had been 17. I'm 18 now." My next question was, "How did you feel after it happened?" Becca replied with, "I was and still am very devastated." Savannah replied with, "I felt like my whole heart had shattered. Like, it felt like I had a lump in my throat. For weeks, all I did was cry. I never slept. I barely ate. My boyfriend had to convince me to eat. It took him and my mom so many tries just to get me out of bed or to eat. I felt like I was stuck in a black hole."

I then asked, "Did you ever become depressed or suicidal?" Becca said, "I became both." Savannah said, "I became depressed. I wanted to die, but I never tried. I was very depressed though." "How different is your life now?" Becca said, "My life became very different. The tiniest things will remind me of Hannah and I almost break down and cry. I think of how she would want me to keep living and be happy." Savannah replied with, "It's so different! She was always at my side. Not anymore. She was supposed to be there when I went into labor with my son. I mean, everything is so different. She was my rock. When I called, she would always answer. When I needed her, she was always there."

I asked if they were every angry about what happened and Becca said, "Sometimes. I am angry she didn't feel like she could talk to me." and Savannah replied with, "Sometimes I am. I wish she came to me instead of

doing what she did. But, I guess she's not in pain anymore." Then I asked, "Who keeps you going?" Becca said, "Family." Savannah replied with, "My mom, my younger siblings, boyfriend and definitely my son."

I then asked the two girls if they had anything to say about suicide or to anyone considering it. Becca said, "Things will always get better. If you shut the door too soon, then another one can't open. You won't be around to see how great life gets and with every low comes a high. Suicide doesn't end the pain, it passes it on." Savannah replied with, "Don't do it! People will feel guilty and angry and sad about it. Especially your loved ones. They'll think it's their fault. There will be all these questions that will go unanswered forever. So, please don't do it. People love you. I love you. This is your life. Don't let it end so suddenly. Suicide is a permanent solution to a temporary problem."

Sometimes, there are signs that you need to watch out for, but there can also be times where the person doesn't show if they are truly suffering. If someone is showing signs of depression, get them help immediately. It could be the only way you could prevent them from committing suicide. Paying attention to their behavior could save someone's life. Sometimes preventing it from happening is the only thing you can do, but that can't always happen. Overcoming the gut-wrenching grief of someone's suicide can be unbearable and you'll feel like their is no more hope in the world.

The Huffington Post shared eight ways to help you survive a loved one's suicide: Accept that you can't always save the ones you love. Although there are times you can change a person's mind, that only works when they're willing to change.

Seek professional help to cope with the grieving. Even if you haven't seen a therapist before in your life, consider doing it. It could help you immensely.

Remember your loved one's assets. It's natural to be angry, but it's healthier for you to set your anger aside and remember everything you loved about that person.

Eliminate shame. For some families and cultures, suicide is surrounded by a stigma and is a sign that the victim was mentally ill or the family had done something wrong. Suicide is one of the most common causes of death. The more open we are and the more we learn about it, the more we can help each other.

CONT. PG. 11



# GROWING LEADERS

Possessing the stuff of legend

Story by Taylor Gilkerson Photos by Mrs. Pankratz

**What makes a good leader?** Leaders are everywhere there is a leader involved in just about everything. A leader is defined by what he or she does and what they don't do. I have researched a couple different articles on leaders and have interviewed some school leaders. Good leaders have "special qualities" but what are those qualities and how do they use them to their advantage. Some people say these are some important qualities of being a good leader visionary, decisiveness, confidence in own abilities, optimism, team spirit, humility and many other important qualities. Why do leaders need these qualities? A leader of anything is going to need some of these qualities in order to be a good leader, because they are the people who make the decisions, they take the risks and the blame if it doesn't work out the best. A leader has so many things that are going against them so they need to be strong enough to not listen to what others think of them and their decisions. Leaders need to be visionary so they can foresee potential opportunities. They need to be decisiveness because they are the ones making the final decision. Leaders know when they make a mistake and they will say "that was my fault", they own up to their mistakes. Some people think of a boss as a leader, but a boss says get to work and a leader says let's get to work. Leaders need to have mental toughness they go through a lot of hardships they have everyone asking them to bring them up to a new level when they are struggling with their own motivation. Being a good leader isn't something that comes overnight it's something that happens over years of failure and success. Leaders are the people that make a few metal parts into a well oiled machine that can do about anything they put their minds to. Great leaders are the people that stay strong when everything is crumbling down on them. Good leaders are hardworking and have their eyes set on a goal. Leaders are with the greater good for the group an example is a good football team, they don't care who scores the game winning touchdown because they are in it together and they all helped toward that goal.



Genuine pep talk delivered by MHS Principal, Mr. Scott King. He reminded the senior ladies that this was to be their final high school basketball game and that they must treasure this final opportunity.

All of this starts with their mindset. Wonderful leaders have a strong mindset because they need one they have the ability to pump people up before they do something important. Worthy leaders lead their teams or organizations to success. Real leaders perform they get the job done. Excellent leaders don't tell people they can't do something they show them how to do something. Leaders give credit and don't take credit because they are there for the greater good of the group. One of the most overlooked qualities is the need for pursuit. A good leader needs that thing that they want to achieve like I said earlier they have to have a goal. Excellent leaders do the right thing instead of simply getting things done they also do the right thing even when it is the hard thing to do. Followers of good leaders become better people than they were before. Great leaders leave their team or organization better off than they found it. Good leaders want the positive trajectory to continue even after they have left. Leaders are able to adapt during stressful or pressuring situations. Worthy leaders need to have courage with the willpower to see things through with a passion driven from within themselves. Exemplary leaders find what they are passionate about because they don't see it as just a job it is much more than a job. They love waking up in the morning because they get to go and do something they love. Good leaders need to have good judgement,

would you want someone with bad judgement to be leading you into a war because I wouldn't. Good leaders lift others up and don't bring others down, they bring the best out of everyone they are around. Magnificent leaders are never negative because negativity is something they know they can't have in order to bring everyone up. "The task of the leader is to get his people from where they are to where they have not been." -Henry Kissinger. Leaders see the big picture. Good leaders are curious always wondering what they could do better or what else they can achieve. So how can you become a good leader, well there really isn't a set way to be a good leader. Just stay optimistic and make sure you lift others up. Start out small, a great leader always has numerous followers so people have to like you this means you are going to have to be a good person. I interviewed Mr. Somerfeld on good leaders, and student council leaders." What's your definition of a good leader? What are some qualities a good leader should have?" "An outstanding leader brings people together to achieve a common goal or interest. I feel great leaders come in many different shapes and sizes. I do not think their is a set of qualities a leader must have to be a successful leader. However, I feel it is important for the leader to have a set of core values and beliefs and that they live by these set of values and beliefs" Mr. Somerfeld

"The task of the leader is to get his people from where they are to where they have not been."  
-Henry Kissinger.

said. "Why is it important for student council to have a good leader?". "It's important." "What makes a good leader so influential to others?". Mr. Somerfeld said " A leader must have followers for them to be a leader. They gain this influence on their followers by their leadership qualities. Some examples of qualities can be listening to others, having an open line of communication, lead by example by being willing to do what they ask their followers to do, and living up to their core set of values and beliefs." "Why is it important to have a good leader?". "It is important to have good leaders in a lot of different things in life. A good leader is able to bring people together to achieve greatness. I believe without great leadership greatness is almost impossible in anything" Mr. Somerfeld said. "Do you think there is a difference between a boss and a leader?". "There is a huge difference between a boss and a leader. Just because you are a boss, does not make you a leader.

A leader again is someone that gets people to unite for a common purpose, where a boss just tells people what to do there are many leaders out there that are not bosses" Mr. Somerfeld said.

What makes good leaders so good at what they do? They don't ever give up they have a strong mindset. They know when they are wrong and are willing to take the blame for something even if it was something they couldn't have stopped, but they never let it bring them down they just learn how to improve. Good leaders are the few people that are happy to see everyone they meet grow, they rise people up. They have hope even when no one else does because they are visionary. Cant is not part of a great leader's speech it is I can and we can, because they know if you don't believe in yourself at some point no one else is going to believe in you either. They do what's right and stand up for what they believe in even when it's difficult. This is what makes good leaders so great.

Leaders are not always appointed in the typical fashion but are chosen by their peers for their skills that lend themselves to effective leadership.



## Racism Continued

Macy Williamson

From this movement, according to History.com, led the Civil Rights Act of 1964 and the Voting Rights Act of 1965. This all helped lower the amount of wrong doings towards other races and religion groups.

There are many problems in this world, racism is one of them. Everybody needs to realize that it is still around and will be for many more years. When I asked Mr. Henry if he thinks racism will ever go away, he said, "Never completely. Unfortunately, we all tend to be overly judgemental and that leads or could lead to racist tendencies." For an example of

how racism affects others, I questioned Mr. Lindgren on his feelings when he hears the word 'racism' or 'racist', he responded, "First, I feel sad that people look down on each other because of race. We need to remember that our founding fathers said that all men are created equal no matter of race, color, or creed."

Everyone should begin to realize we are all human and we all make mistakes. The color of your skin or your personal beliefs should not get looked down upon. We need to all take Mr. Henry's advice and, "Continue to be aware that it exists and strive to make improvements."

**SENIORS:**  
You **MUST** submit your senior photos and baby pictures to Mr. Ebert AS SOON AS POSSIBLE. Please email a JPEG image to him at [kebert@maltaschools.org](mailto:kebert@maltaschools.org).  
The submissions will be placed in the MHS 2016-17 annual, the QTR. 4 Mustang Gazette, the PCN, & will also be utilized by Moore's Printing.  
*If you have any questions please contact Mr. Ebert.*

## Free Advice Regarding the Toughest of Issues

Kristi Granlund & Alanis Doney  
MG Staff

**Favorite movie?**  
Well I don't see how that's an advice question, but I'll answer anyway. It would actually have to be Spy, the one with Melissa McCarthy. She's da bomb!

**What inspires you?**  
Okay this is an advice column not 21 questions! Although just everyone in general, I like to see people happy and it keeps me going.

**How do I reject a girl who asked me to marry her?**  
It's kind of mean to reject her. Take her by the hands look deep in her eyes and say "I would but NASA called and they need me I don't want to get into the details but something like I'm the only person for the job." then ghost on her, I mean pack up your

stuff and move to Antarctica.  
**Should I fall to peer pressure and grow a mullet like the other boys?**  
Well sure, but don't be surprised if you never get a girlfriend.

**What's the best gift you could receive?**  
A puppy.

**What's some good advice?**  
Never give up. Take the chance and have no regrets.

**I'm a senior interested in a freshman, what do I do?**  
Oh please, have you seen the world today? Just love that person with all your heart.

**Why am I prettier than everyone else?**  
Oh honey, I hope you are not being serious because you're not, I am and you're a close second.



# GOING GREEN

Making small changes today for the future of our environment

Story by Kaycee Bond

Going green can encompass small and deliberate choices like repurposing your old belongs. Upcycling has recently gained attention not only because of it's waste reduction, but also because of it's penny saving results.

The Earth is our home, and we have to keep our home clean and nice. Recycling can do a lot of good for a planet. A lot of everyday things can be recycled like pop cans, paper, plastic, glass, and cardboard boxes. Malta recycles pop cans and cardboard boxes. That is all that our town does, which does not help our planet out that much. People are restricted on what they can recycle because it's all about what your town recycles. Every little thing that we do to help the Earth can make a big impact.

If you don't want to go to Havre or Billings to recycle papers or glass, then you can make a compost bin. Then, you can help the Earth and get rid of garbage that can take up unnecessary room at the dump, so here are some do's and don't's when you use your compost bin. You can put a lot of things in a compost box like vegetable and fruit peels, paper, coffee grounds and the filter if it is made out of paper, egg shells, and you can even put animal hair in the compost. Do not put in meat or fish (cooked or raw) it can attract animals and they might not be friendly, magazines (contain too many inorganic chemicals) so the magazines will not break down fast or at all, and barbecue coals (contains harmful sulphur oxides) that can make you sick and animals sick and can be harmful to plants. Make sure you don't put any of them in the compost bin because they can attract vermins and harbor potential pathogens and that is not what we want when we are trying to help the Earth.

We need to take care of the environment, so that means the plants and animals that live on planet Earth. The BLM (Bureau of Land Management) helps the Earth out in many ways they also help both the environment and the wildlife. Here are some ways that the BLM helps the Earth and wildlife. They plant trees and they check trees to make sure that they are growing well. They do recycle, and they use cars that are better for

the environment. They take water samples to see if it is suitable to drink or if there is something in it that could harm the plants and animals. We depend on the Earth and the environment, as do animals and plants, and the BLM makes sure that plants, and animals are safe. The BLM's use cars that are better for the environment they also try to prevent any pollution that may happen. BLM's also makes sure that land is good for livestock and other animals that need grazing land. Pollution is increasing not decreasing and every human being adds a lot of waste over his/hers lifetime. For example in New York alone people produce enough trash in one day to fill the Empire State Building. That is only in New York imagine places that have a lot more people. Imagine how garbage and trash could decrease if we all would recycle. The BLM also makes sure that land is good for livestock and other animals that need grazing land.

When recycling remember the three R's: reduce, reuse, and recycle. Some creative ways to recycle and reuse things can become really helpful for everyday life. If you have a lot of cables and cords you can use a toilet paper rolls to keep them organized. Credit cards can be made into guitar picks and old light bulbs can be made into candles. Who would have guessed you could do that with light bulbs? When you run out of ketchup, don't throw it away. Wash it out and use it as a pancake batter container. You may have old legos from when you were

little, you don't have to throw or give them away. Use the legos as a key holder. If you have old suitcases that you don't use you can turn them into side tables or a medicine cabinet. That was only a few fun things you can do to reuse objects around your house. They can be old or broken, but you can still make them into something useful around your house. Reusing is a important thing. We can keep the planet clean when we reuse some of the old things that we have in our house. Don't buy things that you want all the time just get what you need that way you may reduce the amount of trash you will have.

I interviewed my sister, Thoneta Bond, who has worked for some BLM's around the state. I asked her six questions about how green her lifestyle is and and other questions about Earth and the wildlife. What do you do to help the Earth? "I recycle when I can and I try to walk to places if I can. I also try to use a reusable water bottle." Why did you choose environmental science for a career? "I choose it because I wanted to do work that was outside and involved looking at ecosystems and ecology of the natural world. It is also a diverse major". What are some items that you recycle? "It depends on where I am at. Aluminum cans, paper, and cardboard are ones I recycle the most". How green do you think your lifestyle is and why? "I think on a scale from 1 to 10, I am a 3 or 4. I feel like I can do more, but often

"I recycle when I can and I try to walk to places if I can. I also try to use a reusable water bottle."

restricted by the places I live". What does the BLM do to help the Earth and wildlife? "One of the BLM's main purposes is to manage habitat, not population of wildlife, and managing the land for livestock and recreation use". Why is it important for us to recycle and keep the environment clean? "It is important to keep it clean because it is harmful for the wildlife in many ways, and it is good to keep our Earth clean because it is the only planet we have to live on".

Go green and help out the planet. Now you know of fun ways to turn old objects around your house into something new and useful. You know what items should go in a compost bin and what should not go in a compost bin. You are also aware of how other places like the BLM helps the environment and wildlife. Going green is a good thing because we have only one planet and so we have to take care of it. Remember the three R's: reduce, reuse, and recycle and that can help clean up the Earth and wildlife.

## Modern Day Heroes

Alanis Doney  
MG Staff

We've all heard the tales of heroes that show super strength, speed or have some type of power that aids them when fighting crime. They always save the day. Well, I'm not going to tell you about them. I am however going to tell you about today's heroes, they don't come in capes or masks hiding who they are so sorry to disappoint you. Our modern day heroes are in uniforms or even casual clothes. They have the qualities all heroes should have such as bravery, courage, determination and compassion. Also do not be fooled these heroes are not stone cold at heart, they also have fear and that just might be their greatest quality. Police officers, for example, they put their lives on the line every time they put on that uniform and badge. They patrol cities, highways and small towns. They respond to calls that could be life threatening and yet today's society has the audacity to criticize them for anything they believe is "unjust" or not explained well enough. Then there are fire fighters. They will run into a burning building that is about to come crashing down to save someone else's life. I do believe we take them for granted. The thing is we do not realize how important these people are to have until it is you or someone you love being affected by their work. Even if they may not have a profession or career there are people that show heroic deeds. Our school's janitor/maintenance worker is also a hero. He

hasn't gone out and saved lives, but he certainly takes part in the school's safety. When asked what goes on during his typical work day he said "vacuum, mopping, dusting, cleaning desks and floors, making sure the school is all ready and cleaned for the next day." He doesn't have to be here he chooses to. He chooses to come to the school everyday and clean. Without people like him the school would be a disaster. There would be trash all throughout the bathrooms and hallways, plus the classrooms. The desks would be collecting bacteria which could get someone very, very sick. Also when asked what the most unusual thing he saw while on the job. He replied saying "A snake going down the hallway, and yes I did put it back outside". He instead of running from a snake, took the time to grab it and take it out of school. That snake could have been dangerous and even if it was close to harmless it would have scared the heck out of any one like teachers or students. Modern Day heroes are people with good, kind hearts that see something bad happening and do something to make even the slightest change. They are people who go the extra mile, knowing they don't need to and do it anyways out of kindness. Our heroes are people that comfort and not only talk but listen. There are many people that talk others out of committing suicide just by listening to them and reassuring them that it's okay. So yes our modern day heroes are not in capes and they do not have super powers. They're just there and most the time unprepared.

## Surviving Suicide Continued

Ashley Scheffella

Write your innermost feelings to the deceased. It might be weird at first, but it could help you process your feelings instead of bottling them up. Join a support group. Knowing that other people have went through the same thing will allow you to know that you're not alone.

Time will heal. It gets worse before it gets better, but as time goes on the pain will lessen. Life will go on and so will you.

Most importantly, forgive them and forgive yourself. Maybe you weren't aware

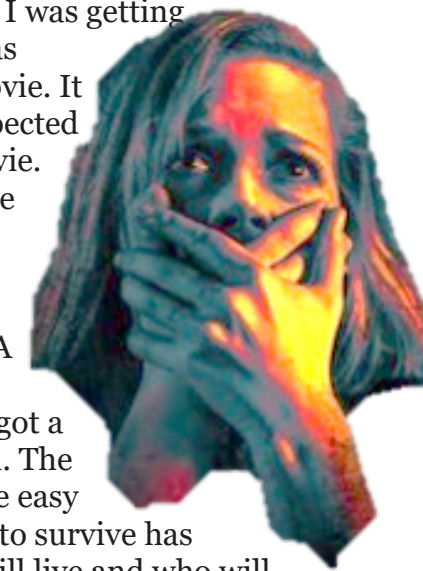
of the warning signs or maybe they didn't show any warning signs, but putting the blame on yourself doesn't solve anything. You can't help someone if you don't know they need help or if they don't want help. For a complete list of warning signs, go to suicide.org.

It's okay to cry. It's okay to grieve. It's okay to heal. There's no shame in mourning for a loved one that was too lost and maybe too scared to ask for help. If you are considering suicide, know that someone loves you and someone wants you to stay in this world.

## DON'T BREATHE FILM REVIEW

Kristi Granlund  
MG Staff

When I walked into the movie theatre to watch the movie Don't Breathe directed by Fede Alvarez and Rodo Sayagues, I didn't know what I was getting myself into. Don't Breathe was definitely a commendable movie. It had really thrilling and unexpected moments throughout the movie. Three broke college kids (Jane Levy, Dylan Minnette, and Daniel Zovatto) find a blind, rich war vet's (Stephan Lang) house to break into and rob. A few years back, his daughter died in a car accident and he got a huge settlement for her death. The kids think robbing him will be easy since he's blind, but the fight to survive has never been more real. Who will live and who will die? You'll have to watch it for yourself to find out. If you like suspenseful and thrilling movies, Don't Breathe is a must watch!



## HARRY POTTER WAND

DIY-DO OR DIY-DON'T

Devyn Salsberry  
MG Staff

Materials: Chopstick or skewer  
Hot glue gun  
Acrylic paint  
Paint brush  
Small beads (optional)

Step One: Turn on your hot glue gun and wait 15 to 30 minutes or until your hot glue is able to turn into a liquid state.

Step Two: Hold your chopstick or skewer in one hand and your hot glue gun in the other, hold the trigger of the glue gun while turning your chopstick/skewer to make a design with the glue, you will want your design to be thicker at the bottom and thinner at the top to form the shape of a wand. Do not worry if it is not perfect, you will be covering it with paint.

Step Three: If you are wanting to add beads to your wand add them when the glue is halfway dried or is tacky.

Step Four: Once the glue is all dry get your paint and paint brush and paint it to your liking. Allow it to dry.

This is definitely a DIY-Do. Now that you have your new wand that looks like it came straight out of Ollivanders, you are ready to cast some spells and duel away.

R.I.P to the best wand maker the wizarding world has ever known John Hurt, (Mr. Ollivander) 1940-2017.



## Attention Seniors:

Make sure you visit with Mrs. Schye so she knows where to send your final transcripts.

## Most Anticipated Movies of 2017

**Transformers: The Last Knight**

**Pirates of the Caribbean: Dead Men Tell No Tales**

**The Fate of The Furious**

**Resident Evil: The Final Chapter**

**Logan**

**Star Wars: The Last Jedi**

**Guardians of the Galaxy Vol. 2**

**Justice League**

**Underworld: Blood Wars**

**Beauty and the Beast**



## The Importance of Reading

Devyn Salsbery  
MG Staff

Science alone can tell you that reading improves people’s vocabulary and comprehension drastically. Reading is also proven to reduce stress, improve memory, analytical thinking, writing skills, and improve our ethical and empathetic skills, in other words reading makes us more considerate and understanding of problems and situations. These are a few of the many benefits of reading.

According to the Boston Medical Journal reading requires different areas of the the brain to be activated in a certain or synchronized way, to maximize our ability to decode written text. For example, the frontal lobe decodes the text and also discriminates sounds, without this the meaning of a sentence can be changed entirely by just one word. The left half of the frontal lobe is responsible for speech production, reading frequency, grammatical usage, and comprehension. As far as science goes the frontal lobe is not solely responsible for reading and comprehending what you read. Parts of the brain must work together, each part of the brain has it’s own job. While the frontal lobe is responsible for decoding text and sounds, the parietal lobe is responsible for interpreting language and words.

Of course scientists and doctors can tell us the importance of reading, but who is better to tell us than our very own librarian, Mrs. Nevriyv. I got the chance to sit down and ask Mrs. Nevriyv some questions regarding reading and why its importance. When I asked her why she feels reading is important she responded, “To do everything in life you need to know how to read, to do math, to do your job, to do anything you need to know how to read. So, reading is one of the most important things you need to learn how to do.” I then asked her if she saw a difference in students who have read from a young age versus those who have not read, she replied, “I see a difference in kids who have been introduced to reading and books at a young age compared to those who have not. In high school, I never see kids read. They do not come in and read, or they do not have time to read for fun anymore. The kids who have not been introduced to reading at a young age really struggle with reading. It is not important to them. It is not important to the family, so it is not important to them.” Another factor is getting students to read. I asked Mrs. Nevriyv what we could do to get

students to read more she said, “If kids are going to read more they have to find something they like to read, so we need to spend a little time to find genres they like to read. And then they will hopefully read more of those types of books which will lead to other areas.” So in the sense of finding a book I asked her what book she thinks everyone should read, she said, “The Giving Tree, or Oh, the Places You’ll Go.”

Reading is fundamental to functioning in today’s society. There are many adults who cannot read well enough to understand the instructions on a medicine bottle. Filling out applications becomes impossible without help. Reading road or warning signs is difficult. Even following a map becomes a chore. Day-to-day activities that many people take for granted become a source of frustration, anger and fear. Reading is a vital skill in finding a good job. Many well-paying jobs require reading as a part of job performance. There are reports and memos which must be read and responded to. Poor reading skills increases the amount of time it takes to absorb and react in the workplace. A person is limited in what they can accomplish without good reading and comprehension skills.

A study conducted in late April of 2013 by the U.S. Department of Education and the National Institute of Literacy stated that 32 million adults could not read. Fifty percent of those people are unable to keep or work a part or full time job because of it. Now the question is, is it a result of laziness or lack of education? Nearly 20 percent of high school graduates graduate without knowing how to read or read at a poor level. They are being sent out into the world without the basic, but critical ability to read. As for the adults that can read 21 percent of them read below a fifth grade reading level. These statistics have not changed in over a decade, leading us to believe that nothing is being done to change it. A social service known as Welfare, helps people who are unemployed. According to the Wall Street Journal three out of four people on welfare can not read, causing them to be unemployed entitling them to compensation. Three out of four people on welfare could be working a full or part time job, if only they knew how to read.

Reading is not a subject to be taken lightly, it is a determining factor in who we are and what we do. What we do for a living, how much money we make, and whether or not we can support ourselves comes down to if we can read. Learning how to read and reading regularly is a small step to a bright future and a better, more successful life.

Reading is fundamental to functioning in today's society.

## Should Homework be Eliminated?

### Letter to the Editor

Taylor Gilkerson  
MG Staff

Should homework be eliminated from schools? Homework can cause stress especially for the students who are doing things after school, such as jobs, sports, etc. Homework should be eliminated because it minimizes the amount of time kids can spend with their family. You should spend some time with your family because things happen and you never know when your last time with that person is. Homework can take away from that needed family time even if it’s for half an hour. If we eliminate homework, we will have time to explore other interests. Homework gets in the way of exploring interests, for instance when a kid wants to learn how to play an instrument, some kids aren’t going to be able to get it right away. It may take them a ton of time and a lot of practice, and when you have a ton of homework you don’t have the needed time to

practice your instrument.

Homework can be hard to manage for those student athletes who go to school from 8-3:10 then go to practice for two hours after school. Homework should be something that you shouldn’t have to stress over.

Homework is an important thing and we need homework to prepare us for college. If we can’t do the homework we are given now, how are we supposed to do the homework they give us in college. College homework is more intensive anyway. On the other hand, if there was no homework, children wouldn’t be able to practice what they learned in class. Homework also serves as validation for whether or not a student is understanding something or not. Doing homework prepares you for the test. Homework also teaches you time management. In math if we didn’t have homework for the things we learn in school we wouldn’t remember anything. Homework is just practice, and we need that practice to be able to function in our lives later on.

Homework helps you develop proper study skills. It teaches kids how to work independently and use their time wisely. Homework teaches students that they have things to do even when they don’t want to. It also teaches students to take responsibility and pride in their work. Homework is important and we need homework; however, the amount of homework given should be reduced in the classes that give tons of homework.

According to Healthline.com, high school students that spend too much time doing homework experience more stress, physical health problems, a lack of balance in their lives, and an isolation from society. The researchers had used over 4,300 students in high-performing high schools in middle-class California, and when they studied symptoms of stress over 70% of the students had said they were stressed. Stress impedes in your abilities to achieve academic success.

- Just something to ponder.

## "The Box" Fiction

Devyn Salsbery  
MG Staff

Nothing. That’s what I remember when I wake up. I look around in the darkness, there are only a few small cracks for light to shine through. I feel to my left, wall. I feel to my right, wall. I reach my arm up, wall. I’m in a box, a small wooden box that is about three feet by three feet. If it were not for the cracks I wouldn’t even be able to see my hand directly in front of my face, even with the cracks it is still hard to make out. I tell myself not to panic, taking slow deep breaths I try to be smart. I do my best to look around trying to make out anything possible, when I notice a small red blinking light in the corner, I’m being video taped.

That is the first thing that comes to my head, little did I know that being videoed would be the least of my worries. My arms that were once holding me up give out and my hand quickly slams into something metal. I pick up the metal

object to examine it, I scootch over into the light to get a better look, as look inside it, and I see that whatever is inside of it is moving.

That’s when I realize I’m not alone, frightened I drop the box and whatever is inside of it lets out a small yelp. Then it crawls out, it resembles a dog, only it isn’t even the size of my fist. It limps towards me, guardedly I curl up expecting the worst. Awaiting my death my brain runs wild. My mind stops blank when two tiny paws touch my leg. It looks up at me with angelic eyes with its little tongue hanging out of its mouth. I warily reach down to touch it, it instantly curls into me, that’s when small beams of light begin to come out of its back. The beams continued to grow larger and brighter, frantically I slide to the other side of the box. As I slide my leg brushes on something sharp, I reach down to find a small knife, I hear a burst and look over to see a full grown wolf. It stares cold-heartedly at me with its back arched

## Valentine’s Day Humor

Alanis Doney  
MG Staff

What did the guy with a broken leg say to his nurse?  
I have a crutch on you.

What do you say to your single friends on Valentine’s day?  
Happy Independence day!

Girl: I can’t be your valentine for medical purposes..  
Boy: Really?  
Girl: Yeah you make me sick!

What is the difference between a calendar and you?  
The calendar has a date for Valentine’s Day.

I’m going to spend Valentine’s Day with my ex.....box360

Knock Knock.  
Who’s there?  
Olive.  
Olive who?  
Olive you and I don’t care who knows it!

Do skunks celebrate valentine’s day?  
Yes! They are very scent-imental.

What did one pickle say to the other?  
You mean a great dill to me.

What is the true purpose of valentine’s day?  
To remind single people they are single.

Do you want to hear a joke?  
Valentine’s Day.

That awkward moment when Valentine’s Day is right around the corner and the only person that loves you is your mom.

# OMG, Squirrel

Dawn Jenkins  
MG Staff

Not many people know what ADD (Attention Deficit Disorder) is, or what it's like having ADD. To many people it's just "Oh, the hyper thing? Yeah, I know some hyper kids." ADD is more than just being hyper or getting distracted easily. While those are some symptoms, one would need a medical diagnosis before being labeled as an ADD person. ADD is not only difficult for students, but for teachers as well. However, there are many ways that teachers can change their tactics to make dealing with these students easier. Students also face many problems that school presents for them.

ADD is more than just being an energetic child. "Often people with ADD have a lack of impulse control, a variety of distracting behaviors and fidgety habits. Eleven percent of people currently between

four and seventeen have been diagnosed with ADD or ADHD at some point in their life," according to meddiagnosis.com. Other symptoms include things such as a lack of impulse control, aggression, persistent or repetitive acts and words, mood swings, and often boredom. As our Special ED teacher, Mrs. Gilkerson, said "They may come across as lazy and unmotivated, but they are truly having neurological issues."

ADD can be arduous for both students and teachers. The best way to work with someone who has ADD is "Patience... Patience makes things easier" as stated by Mrs. Gilkerson. There are multiple more creative ways to handle students like this, such as some options presented to us by Mrs.G. "Students can be moved to areas with less distractions (away from windows and other distracting areas) give instructions slowly and one at a time. Have a folder for the student to keep assignments organized, giving frequent breaks." Long assignments, such as essays, prove to be exceedingly difficult and will often be turned in incomplete, or not at all. "Sometimes

modifying the lesson can help," says Mrs. Henry, a fourth grade school teacher. These students may not want it, but often need extra attention for certain tasks; however, almost none want attention called to the fact that they need extra help. "Students often get frustrated because they have to spend extra time trying to finish assignments." There are still many ways to help around the classroom such as, "Giving students a soft ball or something to manipulate sometimes helps," according to Mrs. Henry.

Teachers often don't realize how much these students are struggling. ADD students often forget things, even things that they actually want to remember. Many people think, "If it's important enough, you'll remember it." This is false. ADD causes their brains to work differently than others, meaning it is more difficult for us to process certain things, or think about something for a long duration of time. The distracting behaviors may be annoying to teachers, although they do not want to be annoying, sometimes it's unavoidable, "Students often talk out of turn and need

to move around the room. They often fidget, have trouble following directions and completing assignments" said Mrs. Gilkerson.

Many people with ADD will try medication, or some form of artificial help. Often times things like this work, but each to their own. Occasionally the side effects of the medication are unavoidable, and often include things like depression, nausea, weight loss, gain, anxiety, sleep problems and more. Medication works a bit like caffeine, a normal brain would "wake up" or work more quickly; however for a person with ADD, it will slow their brains down enabling them to focus better. Mrs. Henry has found that "Medication is sometimes what works best." A student stated "I can't focus unless I take my medication, every little sound distracts me."

ADD can be a complication for many people if not dealt with properly. If more people can understand things about ADD the more we can help move past what restricts us.



## Random Thoughts

Alanis Doney  
MG Staff

Have you ever realized how much we all act like our parents? I always said I will never turn out like my mother. However, the more I think about it, I realize I'm almost an exact replica. I would catch myself in little moments and just think, wow, that's exactly what my mom would do or say. If we are comparing myself and my mother, we both are so stubborn, sarcastic, funny, and a little loud at times. When we know we are wrong, we don't like to admit it. So, we will keep arguing until absolutely proven wrong, and I mean we have to be shown a visual aid before accepting defeat. Or when I answer the phone and the person says, "Sheila?" I'm like no this is Alanis so they then say, " Oh, I'm sorry, you sound just like her."

There was this one time when my mom had a friend over and while I was doing chores, my mom stepped into her room for a minute and her friend decided to just start

talking to me but when I turned around she said, and I quote "Oh, wow, you're not Sheila, you look so alike from behind." I never even thought I resembled my mom at all besides our eye color. Then there are those moments where we are the exact opposite. Between you and I, I'm the more level headed.

Now have you ever listened to a friend complain about their mom or dad and think. You would totally do the same thing. Its funny how when you're young we want to be just like them and while we grow older we say we will not turn out like our parents but then you do. All your nightmares come true. You can't fight it because it has already taken course and you don't realize you are doing it until after you've done it. But then again, is it all that bad? I mean there are some traits we share that I don't mind having because, well because she's my mother and I love her. That's it for today folks! Catch you next time but until then I bid you adieu from Random Thoughts of Alanis.

## SENIORS!!!

Kristi and Alanis will be contacting you to collect your pictures, senior wills, and four questions to place below your pictures. Make sure they are finished by the time Kristi and Alanis collect them.



Reminder to all STUDENTS going to Washington, D.C. for Close-Up to get all your *work done beforehand*. You will be gone for almost a **full week**. Make sure you get your makeup work done so you can enjoy your trip!

## Dual Enrollment

Ashley Scheffelmaer  
MG Staff

Dual enrollment is something many high school students who are looking forward to college consider. Dual enrollment is an opportunity for high school students to earn college credits while meeting the requirements for high school graduation. It's a class that would help students make admission smoother, but they'll also be ahead of the game. I talked with Mrs. Schye about what dual enrollment is and how it can help students in high school.

Q: Why should a student consider taking dual enrollment?  
A: Because it's a good jump start on college and it saves much more money. With taking dual enrollment classes, it's half the cost than what college would originally be.

Q: How can dual enrollment classes help in the long run?  
A: A certain number of dual enrollment classes can save time and money for students.

Q: How many courses can a student take per term?  
A: In Malta, the most that students usually take are two dual credits in one semester. More than that can be stressful for students.

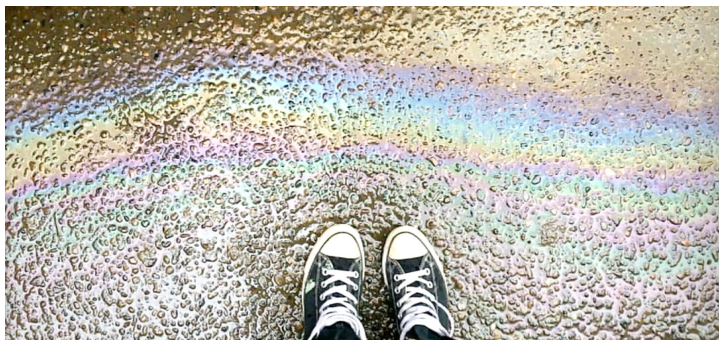
Q: Are there any downsides to dual enrollment?  
A: I suppose the cost can prohibit students from doing it. Many may not be able to pay for that dual enrollment class. It also requires good self discipline and time management. You don't have

someone nagging at you to get something done. It's up to you to get it done.

Here in Malta, students usually go through dual credit courses offered from MSU Northern. Here are some examples that MSU Northern offers.

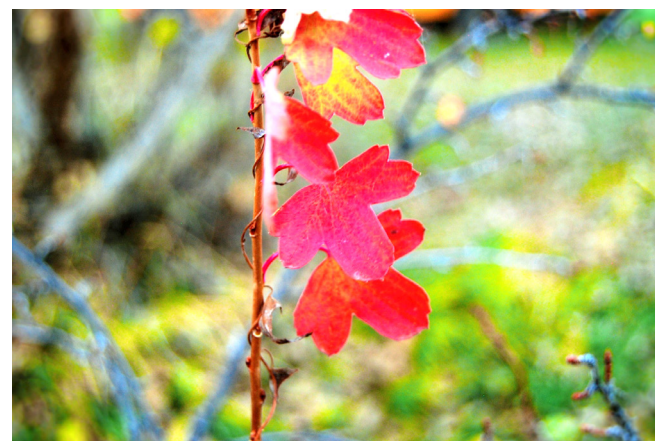
- Computerized Accounting
- Intro To Business
- Creative Problem Solving
- Intro To Computers.
- Advanced MS Excel App.
- Intro To Corrections
- Fund. Of Non-Profit Service
- Intro To Interpersonal Comm.
- Montana History
- British Literature
- World Lit. Survey
- Intro To Music History
- MT Indian Clts/Hst/Iss
- Intro To Sociology

Dual enrollment is definitely something a high school student should consider. It helps students graduate with additional credit and can make college much easier. College is hard enough with the payments that are required, but taking dual classes can really help with the cost, so you're not so far into debt in the future. If you're looking forward to college or even if you're not one hundred percent sure of going to college, consider taking dual enrollment. It could help you even if you aren't sure if you're going to college. Dual enrollment helps students in the long run decide what they want to do after they graduate. There are many more options and schools to choose from and dual enrollment helps you decide and helps the cost when you go to college.



### STUDENT PHOTOGRAPHY

Photos by Ashley Scheffelmaer & Evie McCorkle







## Mustang Gazette Staff

- Alanis Doney**
- Brita Giblette**
- Dawn Jenkins**
- Macy Williamson**
- Kristi Granlund**
- Kaycee Bond**
- Devyn Salsbery**
- Evie McCorkle (Not Pictured)**
- Taylor Gilkerson**
- Ashley Scheffelmaer**
- Mrs. Pankratz (Adviser)**

## ST. Patrick's Day Trivia

Submitted by Kaycee Bond

1. Erin go Bragh translates to what?
  - A. Good morning
  - B. Ireland forever
  - C. Ireland is home
  - D. I'm hungry
2. The very first St. Patrick's parade was not in Ireland.
  - A. True
  - B. False
3. What percent of St. Patrick's Day cards are sold in New York?
  - A. 5%
  - B. 10%
  - C. 15%
  - D. 20%
4. During which century did the Patron Saint of Ireland, Saint Patrick, live?
  - A. 4th Century
  - B. 6th Century
  - C. 5th Century
  - D. 3rd Century
5. What was the first color associated with Saint Patrick's Day before the color green?
  - A. Red
  - B. Gold
  - C. Purple
  - D. Blue
6. What is Saint Patrick's original name reported to be?
  - A. Arthur Guinness
  - B. James Hoban
  - C. Brian Boru
  - D. Maewyn Succat
7. In mythology, what type of animal does Saint Patrick banish from Ireland?
  - A. Rat
  - B. Dog
  - C. Snake
  - D. Seagull
8. What year did Chicago first dye the river green to celebrate St. Patrick's Day?
  - A. 1957
  - B. 1962
  - C. 1960
  - D. 1969
9. In Ireland, how many leaves do traditional St. Patrick's Day clovers have?
  - A. One
  - B. Two
  - C. Three
  - D. Four

ANSWER KEY: 1-B, IRELAND FOREVER 2-A, TRUE 3-B, 10%  
 4-C, 5TH CENTURY 5-D, BLUE 6-D, MAEWYN SUCCAT  
 7-C, SNAKE 8-B, 1962 9-C, THREE

## SUDOKU

Sudoku is easy to play and the rules are simple. Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each of the numbers 1 through 9.

5			8				3	6
		6	3		5	8	9	
	3							
2		1		3	8			
3								8
			4	9		3		1
							8	
	8	3	7		6	2		
1	6				3			7