

RHS Newsletter March 27th - 31st



Week at a Glance:

Monday - Our RHS golf teams will compete at a meet on Chenault Park Golf course. Freshman & JV Baseball plays at Neville at 5 & 6:30. FBLA is competing at the State competition.

<u>Tuesday</u> - Varsity Baseball plays Calvary Baptist at RHS at 6. JV & Varsity Softball plays at Pineville at 4 & 5:30. Tennis plays Caldwell at RHS at 3:15. FBLA is competing at the State competition

<u>Wednesday</u> - Freshman & JV Baseball play Neville at RHS at 5 & 6:30. Our Robotics Team competes at the Bayou Regional Competition.

<u>Thursday</u> - JV & Varsity Softball plays at West Ouachita at 4 & 5:30. Varsity Baseball plays West Ouachita at RHS at 6. Tennis plays Benton & Haughton at RHS at 3:15. Track participates at the Quitman Relays. Our Robotics Team competes at the Bayou Regional Competition.

<u>Friday</u> - Track competes at the OCS Invitational. Softball plays in the Bearcat Bash tournament. Our Robotics Team competes at the Bayou Regional Competition.

<u>Saturday</u> - Softball plays in the Bearcat Bash tournament. Varsity Baseball plays at West Ouachita at 1.

Academic News & Announcements:

This is the first week of the 4th 9 weeks. Please get with your student and look at their grades for each class! Each teacher has a google classroom that should have a weekly agenda. You can look through each class with

your child to see what will be due and what quizzes or tests they may have this week. Let's start the fourth nine weeks on a positive note!

Our Attendance Blitz began on Monday, March 20th! We know that students learn best when they are present in the classroom. Any student who has the willpower and stamina to attend every class, every day from Monday, March 20th through Friday, April 28th will be proclaimed a Spring Bearcat Survivor. Bearcat survivors will be awarded a special prize on Wednesday, May 5th. OUT ATTEND! OUT LAST! OUT LEARN!

Saturday school is from 8-12. Students can serve 1 to 4 hours but must arrive at 8:00 am. No students will be allowed in the building after the doors are shut at 8:00. Students attending must enter the building from the New Wing double-door in the boulevard, located across from the AG building. Please dress appropriately, no food or drinks are allowed.

If you have any school spirit pictures, please email them to deana.revels@lincolnschools.org.

Seniors, if you have not gotten your cap & gown from Mrs. Bell, please do so as soon as possible during Advisory.

RHS Student Council is scheduled to volunteer at Buddy Ball on Saturday, April 1. Any member of Student Council who wants to volunteer at Buddy Ball on Saturday, April 1, needs to stop by Mrs. Gressett's room and sign up and pick up some information.

Also, if you are in National Honor Society and you've volunteered, Mrs. Williams will have some information for you at your next meeting. If you are an FCA Leader, and you're volunteering, please stop by Mrs. Gressett's room to pick up some information.

Anyone in any other campus organization who wishes to volunteer can also stop by Mrs. Gressett's room and sign up.

Our RHS Talent Art Seniors will have an Art Show from 2 - 5 pm on April 29th. This show will feature 10 artists who will have their artwork displayed and pieces for sale. The pieces will include original art, prints, stickers, shirts, and more! The show will be hosted by Creatives at Work at 112 West Alabama Avenue in Ruston.

Attention Seniors: Check your email to vote for senior superlatives. Voting will close on Tuesday March 28.

Congratulations to Jailyah McWain for being named as the Shreveport Times All-Area Player of the Year! Congratulations!!

Congratulations to the 2023 State Literary Winners: Jodi Dunbar, 3rd - Spanish 2, Chloe De Mattos, 1st - Original Oratory Speech, Gavin McCown, 2nd - German 1. Great Job, Bearcats!

Kaitlyn Middleton and Joshua Thorson were recognized as Rotary Students of the Month! Great Job, Bearcats!

<u>Parents:</u> ATTENTION LOCAL BUSINESSES! If you are interested in advertising in the 22-23 yearbook, you can email deana.revels@lincolnschools.org or you can now place your order online! Just go to the link to upload your ad and pay online!

https://www.jostens.com/apps/store/customer/1067990/Ruston-High-School/?fbclid=lwARIZiYVtHyG5bRLlgs-fwzidV5JSeRGKEQLrxmVg9x9xknxj65HbzMlvz7g&fs=e&s=cl

Ruston High School now has a school store. This store allows you to select different brands, colors, and artwork and create your own school designs. It also ships directly to your home. Feel free to share this link with friends and family.

RHS STORE 22-23

Louisiana Tech University is hosting a summer fellowship program for high school juniors and seniors who are interested in science. Students will spend 8 weeks (40 hours per week) with a mentor and additional lab members. Program participants will be paid \$4,000 for this internship. The deadline to apply is Friday, March 31. www.acs.org/projectseed.

Juniors who are interested in attending Junior Preview Day at the University of Arkansas should plan to register when the application opens on Wednesday, March 29. <u>uark.edu</u>

The Louisiana Lions Camp is currently recruiting high school students, age 16 and above, to fill summer staff positions. Apply online at www.lionscamp.org, click on "staff" and then "apply here".

Grambling State University is hosting Admitted Student Day on March II, 2023 and April 15, 2023 for students to learn about academic programs, student activities, athletic programs, and much more. Participants will meet other Tigers and speak with faculty, staff, and current Grambling students about life on campus and what to expect when becoming a part of the GramFam! Admitted students who attend will be able to receive assistance with financial aid, meet with an academic advisor, and complete the housing application. If you have not already been admitted to GSU, you may still attend for a chance to be admitted on-site. Students who plan to attend MUST register online. See Mrs. White for registration information.

Prom 2023 will be April 15th at the Ruston Library Event Center. Tickets will go on sale at the end of March. Prom is a formal and special night for RHS students. We hope to maintain the integrity and formality of this night by implementing simple dress code expectations. Prom Dress Code can be picked up in the office. If you have questions concerning your dress, it is your responsibility to seek prior approval from our administration. Prom Dress Code Prom Contract can be picked up in the office on March 6, 2023. The theme for Prom is "A Night in New Orleans". Presale Prom Tickets will be sold this Thursday and Friday during both lunch shifts in front of the office. Students must have a completed dance contract to purchase tickets.

TICKET PRICES PRESALE - \$25 | REGULAR PRICE \$30

Tickets will be sold during both lunch shifts on the following dates

Presale Price \$25 each Presale Price \$25 each Presale Price \$25 each Regular Price \$30 each Thursday, March 23 & Friday March 24 Thursday, March 30 & Friday March 31st Wednesday, April 5 and Thursday, April 6 April 11-14, 2023 Spring Testing Schedule:

SESSION 1: April 18-20: 8:00-10:00 ELA1/ELA2/US History SESSION 2: April 25-27: 8:00-10:00 Algebra/Geometry

SESSION 3: May 9-11: 8:00-10:00 Biology

Makeup testing will be throughout the window as students come back to school.

Ouachita Valley Federal Credit Union will award eighteen \$1,000 scholarships to applicants who are members in good standing or have an immediate family member who is a member in good standing of the Ouachita Valley Federal Credit Union. To apply, a student must have at least a 3.0 gpa and a 19 or higher on the ACT. Applicants must plan to attend a college or university in the State of Louisiana after graduation from high school. An essay and two letters of recommendation are required. The deadline to apply is March 30th. See Mrs. White for more information.

The Collective Effort Scholarship is a competitive scholarship awarded annually to the highest scoring applicant. This scholarship is sponsored by the Grambling, Louisiana Branch of the NAACP. Applicants must be a resident of Grambling, Louisiana or attend high school in Grambling, have at least a 2.5 grade point average, and must attend Grambling State University at the time the award is disbursed. An application packet consisting of two letters of recommendation, a high school transcript, and a 500 word essay are also required. The application is due by April 20th. See Mrs. White for more details.

The American Legion Post 2 Scholarship is a one-time scholarship of \$1,000 which is to be applied to post-secondary educational expenses at Louisiana Delta Community College upon successful completion of high school requirements. To apply, a student must have a minimum 2.75 grade point average, must be a graduating senior from a Lincoln Parish high school, must have participated in extracurricular activities at his or her high school, and must attend Louisiana Delta Community College in the summer or fall following high school graduation. The deadline to apply is April 1st. See Mrs. White for more information.

The Rogers C. & Lafaye Jackson, Sr. Memorial Scholarship Foundation is sponsoring a scholarship competition for students in Lincoln and its surrounding parishes. Applicants must have at least a 2.75 gpa and must

participate in extracurricular activities, community service, and religious activities. An essay, a photo, and two letters of recommendation are required. Please see Mrs. White for more information. Applications are due April 1st.

Sigma Nu Fraternity has partnered with a diverse group of fraternities and alumni to form the Men's College Scholarship to award \$50,000 in scholarships this year to inspire young men to attend college and achieve success. This program is exclusively for high school seniors. The scholarship is designed to identify and reward outstanding high school seniors who have demonstrated an ability to excel in academics, extra-curricular, and community involvement. Current or future membership in a fraternity is not required. The application is available online at: foundationfe.org/highschoolscholarship. Applications are due April 3, 2023.

Claiborne Electric will award 20 \$2,000 college scholarships, which will be drawn at random. The drawing is open to college-bound high school seniors who are Claiborne Electric members, or whose parents or legal guardians are members of Claiborne Electric. The student must have been residing in the home with the member for at least one year. Entrants must complete a form that is available in Mrs. White's office and mail it to the Claiborne Electric office. Entries should be received by April 7th.

The Ogunyemi Family Foundation, Inc. established the Wisdom, Strength, and Endurance Scholarship to provide underrepresented minority students the opportunity to pursue higher education by alleviating the financial barriers to the student's success. To apply, a student must:

- 1. Be African-American, Hispanic/Latino, or American Indian
- 2. Be a U.S. Citizen or permanent resident
- 3. Be a high school senior with plans to pursue a degree from an accredited university
- 4. Demonstrate high academic achievement (minimum 3.0 gpa on a 4.0 scale--B average)
- 5. Attend a high school in Lincoln Parish Applications are due <u>April 18th</u> and are available in Mrs. White's office.

Parker Alexander Attorney at Law is committed to improving safety in our community. Their 2023 scholarship program for Northeast Louisiana students will award two scholarships: a grand prize of \$2,500 and a

second prize of \$500. Applicants must submit an original essay with a proposal to improve safety and/or reduce traffic accidents in Northeast Louisiana. Applications should also include a short statement as to individual scholarship need and the student's planned course of study in college. Applications are due May 1, 2023. See Mrs. White for more details.

The Louisiana Folklife Center at Northwestern State University is sponsoring the 15th annual NSU Louisiana High School Essay Contest which is now open to all Louisiana students in grades 9-12. Students wishing to enter the contest will address the theme "Louisiana Futures." Entrants are invited to address the following prompt: "Imagine yourself in twenty years. What is your occupation? How does your work improve Louisiana?" The deadline for entries is June 1, 2023. See Mrs. White in Guidance for more information.

Abbott and Fenner Business Consultants has a scholarship program that awards up to \$1,000 to the winner each year. Students must submit an essay on the topic that appears on the scholarship page of their website given below. The deadline to apply is June 10, 2023. <u>Scholarships - A&F Business Consultants</u>

If you have not completed the <u>FAFSA</u> it is time for you and your parent or guardian to do so. <u>Completion of the FAFSA is a state graduation</u> <u>requirement.</u>

Athletics:

- Our baseball teams played Glenbrook on Tuesday and won 16 7.
 They also played Pineville on Thursday and Saturday and won both games 11 0 and 12 3 respectively. Fantastic Job, Bearcats!
- Last week the tennis team took on Quitman and St. Mary's on Monday, Pineville on Tuesday, and Captain Shreve on Thursday. The team did well overall, especially on Tuesday where they won 14 out of their 18 matches, and on Thursday where they won 10 out of their 13 matches. WOW! Great Job, Bearcat Tennis!!
- Congratulations to the following members of the Bearcat Belles for the 2023-34 school year: Paige Taunton, Captain; Mary Laura Hunt & Kate Pullin, Co-Captains; Members: Josie Bishop, Anna Bowling, Cierah Brooks, Bethany Colvin, Kylie Foster, Matti Grillot, Olivia

- Hamby, Akira Hatcher, Millie Keen, Sylvia Lackey, Teagan LeBlanc, Molli McCready, Laina Parkman, Ella Quarles, Ellen Ramsey, Gabby Simmons, Caroline Simmons, Preslea St. Andre, Mattie Stephens, and Annie Stevens.
- On Friday, March 10th, our Track Team completed in the Neville Van Leigh Relays where our girls and boys both won this meet. Darius James placed 2nd in the 100 meter dash, Kendrick Jones placed 1st and Jordan McWain placed 2nd in the 200 meter dash, Bryton Carr placed 3rd in the 400 meter dash, John Madix placed 3rd and Trenton Hill placed 5th in the 800 meter run, Luke Braswell placed 3rd and Josiah Finley placed 5th in the 1600 meter run. Al-Amin Wilson place 4th and Joshua Daulton placed 5th in the 3200 meter run, Dylar Richmond placed 2nd and Ty'Jai Ursin placed in 4th in the 300 meter hurdles, our boys placed 1st in the 4 X 100 meter relays, our boys placed 2nd in the 4 X 200 meter relays, our boys placed 1st in the 4 X 400 meter relays, our boys place 2nd in the 4 X 800 meter relays, and Logan Majone placed 3rd and Ray Owens placed 5th in the boys triple jump. Ziah Jones placed 5th in the 100 meter dash, T'Avion Clark placed 2nd in the 200 meter dash, Megan Modest placed 5th in the 400 meter dash, Sydney Owens placed 1st and Zoie Holstead placed 2nd in the 800 meter run, Lily Garrett placed 1st and Hallie Hebert placed 3rd in the 1600 meter run, our girls placed 1st in the 4 X 100 meter relay, our girls placed 2nd in the 4 X 200 meter relay, our girls placed 1st in the 4 X 400 meter relay, Sophia Roberson placed 5th in the girls high jump, Faith Miller placed 3rd and Sophia Roberson placed 4th in the girls long jump, Faith Miller placed 2nd and Sophia Roberson placed 3rd in the girls triple jump, Joumi Douglas placed 4th in the girls discus. Emily Stutzman placed 4th in the girls jayelin, Jordan Tate placed 2nd in girls shot put.
- On March 17th, our track teams Port City Glass Relays. Bryton Carr placed 4th in the 200 meter dash, Joshua Daulton placed 3rd in the 1600 meter run, Josiah Finley placed 2nd in the 3200 meter run, our boys placed 2nd in the 4 X 100 meter relay, our boys placed 3rd in the 4 X 200 meter relay, and Dylar Richmond placed 5th in the 100 meter hurdles. Faith Maddox placed 4th in the 100 meter dash,

Megan Modest placed 5th in the 200 meter dash, Maddy Parkman placed 3rd in the 800 meter run, our girls placed 4th in the 4 X 100 meter relay, our girls placed 1st in the 4 X 200 meter relay, our girls placed 1st in the 4 X 400 meter relay, Alaysia Taylor-Bragg placed 2nd in the 300 meter hurdles, Faith Miller placed 3rd and Sophia Roberson placed 4th in the long jump, Zykera Sutton placed 5th in the shot put, Faith Miller place 2nd in the triple jump, Jordan Tate placed 3rd in the javelin, and Timiyah Graham placed 5th in the high jump.

- From Coach Cochran regarding some extra competitions that some of our track team participated in over spring break: At the New Balance Indoor Nationals the 4x800m team of Andrew McKaskle, Taylor Roller, Liam Lowe, and Bryar Madden finished 6th overall, running a time of 8:05, the 4 x 1 mile team of Andrew McKaskle, Bryar Madden, Thomas Rogers, and Liam Lowe finished 36th overall, running a time of 18:32. At the Texas Distance Festival Cole Magee ran a 4:45 PR in the 1600m run, Luke Braswell ran a 4:52 PR in the 1600m run, Al-Amin Wilson ran a 4:52 PR in the 1600m run, Lily Garrett ran a 5:15 SB in the 1600m run, Sara Naff ran a 5:22 in the 1600m run, Sydney Owens ran a 5:23 PR in the 1600m run, Parker Nations ran a 5:25 in the 1600m run, Hallie Hebert ran a 5:42 PR in the 1600m run, Zoie Holstead ran a 2:25 SB in the 800m run, Ben Boudreax ran 11:43 in the 3200m run. Lily, Parker (5:19), Sara, and Sydney all rank in the top 10 in 5A in the 1600m run.
- On Saturday, March 25th, our track team competed at the Hoss Garrett Relays in Ruston. Percy Williams placed 5th in the 100 meter dash, Kendrick Jones placed 2nd and Jordan McWain placed 4th in the 200 meter dash, Ke'Mondrick Hunter placed 2nd in the 400 meter dash, Bryar Madden placed 1st and Andrew McKaskle placed 4th in the 800 meter run, Taylor Roller placed 1st, Thomas Rogers placed 2nd, and Joshua Daulton placed 5th in the 1600 meter run, Thomas Rogers placed 3200 meter run, Ty'Jai Ursin placed 3rd and Cole Spurlock placed 5th in the 110 meter hurdles, Dylar Richmond placed 1st and Ty'Jai Ursin placed 4th in the 300 meter hurdles, our boys placed 1st in the 4 X 100 meter relays, our boys placed 1st in the 4 X

200 meter relays, our boys placed 1st in the 4 X 400 meter relays, our boys placed 1st in the 4 X 800 meter relays, Logan Malone place 1st and Ray Owens placed 4th in the long jump. Logan Malone placed 1st and Ray Owens placed 2nd in the triple jump, Christian Davis placed 3rd and Ahmad Breaux placed 5th in the discus, and Christian Davis placed 4th in the shot put. LaNiya Robinson placed 2nd in the 100 meter dash. Brianna Alexander placed 4th and Faith Mattox placed 5th in the 200 meter dash, T'Avion Clark placed 1st in the 400 meter dash, Lily Garrett placed 1st, Parker Nations placed 3rd, Sydney Owens placed 4th and Sara Naff placed 5th in the 800 meter run. Zoie Holstead placed 1st and Elaine Lowe placed 5th in the 1600 meter run, Parker Nations placed 1st and Lily Garrett placed 2nd in the 3200 meter run, our girls placed 2nd in the 4 X 100 meter relay, our girls placed 1st in the 4 X 200 meter relay, our girls placed 1st in the 4 X 400 meter relay, Sophia Roberson placed 4th in the high jump, Faith Miller placed 1st, Sophia Roberson placed 3rd, and Alana Conley placed 5th in the long jump, Faith Miller placed 1st, Sophia Roberson placed 2nd, Timiyah Graham placed 3rd, and Alana Conley placed 4th in the triple jump, Zykera Sutton placed 4th and Teionna Thompson placed 5th in the discus, Jordan Tate placed 3rd, Lacey Negville placed 4th, and Emily Stutzman placed 5th in the javelin. and Jordan Tate placed 2nd, Joumi Douglas placed 3rd, and Zykera Sutton placed 5th in the shot put.

 Cheerleading Tryout Schedule:
 Mandatory Parent Meeting on February 27th at 6 in the RHS Auditorium

Cheer Clinic March 27th - 29th Cheer Tryouts on March 30th

Pom Squad Tryouts
 Mandatory Parent Meeting March 8th at 6 in the Boys gym
 Application due March 31st
 Workshop and Tryouts April 3rd - 5th
 In order to tryout for any of these spirit groups, a parent MUST attend the mandatory parent interest meeting.

• RHS Volleyball Tryouts are on May 4th for incoming freshman and May 18th for current RHS students. They will take place in the auxiliary gym from 3:45 - 5:30. Please bring water and wear tennis shoes and athletic clothing. Knee pads are suggested but not required. To sign up, use the QR code below.

Sign up using the QR code below!



Clubs & Organizations:

- RHS Band Fundraiser for door hangers can be purchased at this link: <u>ttps://blessyourartstudio.square.site/s/shop?fbclid=lwAR3RkvmV/su-W2h</u>
 <u>ITNdQXCBMIMnEe7oBpEpHfShmJUOJ6YQpjoB6Dri93rw</u>
 You create your own and they are really cute!
- Message from Mr. Trahan: Once again, and for the tenth consecutive year, the RHS Choirs brought home the SWEEPSTAKES trophies/ratings from the District 1 LMEA Choral Festival yesterday on March 21, 2023 at West Ouachita High School. A Sweepstakes rating occurs when an ensemble receives a Superior rating from all judges in all categories including sight reading. The RHS Men's Choir, Women's Ensemble and Concert Choir showcased a beautiful and impressive performance and represented Bearcat Nation with great distinction. Mr. Trahan and Ms. Kilpatrick are so very proud of our Bearcat singers!!
- This weekend the RHS Speech & Debate Team competed in the LHSSL State Tournament of Champions. All of the team members did great in their rounds. Special recognition goes to Carter Jackson who made it to the quarterfinals in Novice Lincoln-Douglas Debate and Melissa Le who placed 2nd in both Novice Impromptu Speaking and Declamation. Our team ranked 3rd overall in the State Tournament!! Great Job, Bearcats!!