

**Asthma History Form**

**When was your child diagnosed with asthma?** \_\_\_\_\_

**How do you rate your child's asthma:** Mild Moderate Severe Life-threatening

Date of last asthma symptoms: \_\_\_\_\_

**What triggers your child's asthma?**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Illness                      | <input type="checkbox"/> Food                    | <input type="checkbox"/> Strong odors/fumes        |
| <input type="checkbox"/> Exercise                     | <input type="checkbox"/> Cigarette smoke         | <input type="checkbox"/> Animal dander or feathers |
| <input type="checkbox"/> Change in weather (cold air) | <input type="checkbox"/> Environmental allergens | <input type="checkbox"/> Other: _____              |

**Symptoms your child may have during an asthma episode:**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Coughing            | <input type="checkbox"/> Wheezing                       | <input type="checkbox"/> Chest tightness |
| <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Bluish color of lips/nail beds | <input type="checkbox"/> Other: _____    |

**What helps your child recover from asthma symptoms:**

- |   |  |  |                                       |
|---|--|--|---------------------------------------|
| <input type="checkbox"/> Rescue inhaler | <input type="checkbox"/> Nebulizer treatment | <input type="checkbox"/> Rest/relaxation | <input type="checkbox"/> Other: _____ |
|---|--|--|---------------------------------------|

**List limitation/special needs your child may school events:**

- |  |                                      |  |                                       |
|--|--------------------------------------|--|---------------------------------------|
| <input type="checkbox"/> Modified PE/playground/sports | <input type="checkbox"/> Field Trips | <input type="checkbox"/> NO Animals in classroom | <input type="checkbox"/> Other: _____ |
|--|--------------------------------------|--|---------------------------------------|

Limitations/Accommodations:  
\_\_\_\_\_

**List medication(s) your child will need at school:** (Medication Authorization Form Required) \_\_\_\_\_

**List medication(s) your child takes at home:** \_\_\_\_\_

**Asthma Specialist:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Primary Care Physician:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Asthma Intake Form (AIF)**

Student Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Gender: M / F Grade \_\_\_\_\_

Parent Contact: \_\_\_\_\_ Ph. Number: \_\_\_\_\_

**Is your Child's Asthma Life-Threatening?**

**According to RCW 28A.210.320, children with life-threatening asthma are required to have an emergency care plan and medication (if ordered) at school. Please answer the questions below and return to your child's school.**

1. Does your child take daily medication for his/her asthma?  Yes  No  
If yes, name of medication: \_\_\_\_\_
  
2. Within the last year has your child:
  - Had a sudden, severe asthma attack?  Yes  No
  - Been seen in the emergency room for an asthma episode?  Yes  No
  - Been hospitalized overnight for an asthma episode?  Yes  No
  - Been seen by a health care provider for an asthma episode?  Yes  No
  
3. Does your child use a rescue inhaler or emergency nebulizer treatment for an asthma episode more than twice a week?  Yes  No
  - If yes, how many times per week? \_\_\_\_\_
  
4. Does your child have a history of severe allergic reactions?  Yes  No
  - If yes, describe: \_\_\_\_\_

I have filled out the **Authorization for Medication at School** and it is signed by a **Doctor and Parent** for my child to **self-carry his/her inhaler at school**.

Parent /Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**\*As the Parent/Guardian you are responsible for communicating any changes in your child's health condition with the school nurse. This form will be put in your child's permanent health file and will continue year to year unless you notify the school nurse of changes regarding your child's health condition. \***