# **ACUTE CARE SERVICES**

Provides a broad range of services including telephone, and mobile crisis intervention, suicide assessment, crisis planning and counseling, hospitalization and community stabilization 24 hours per day 7 days per week.

## prevent suicide PARTNERS SAVING LIVES IN OUR STATE

http://www.preventsuicidewi.org/

Proud member of the National Suicide Prevention Lifeline



www.suicidepreventionlifeline.org

#### Washington County Community Resources

Washington County Comm	unity Resources
Aging & Disability Resource Center	335-4497
AIDS Hotline	1-800-334-2437
Big Brothers/Big Sisters	334-7896
Boys and Girls Club	334-3732
Child Abuse/Neglect Hotline	335-4888
Citizen Advocacy of Wash. Co.	334-3384
Albrecht Free Clinic	335-8339
Economic Support Moraine Lakes Con	sortium 1-888-446-1239
Elevate, Inc. (formerly The Council & Nov	va Services) 677-2216
Family Center	338-9461
Family Promise of Wash Co	353-9304
Friends of Abused Families	334-7298
Genesis Behavioral Services	338-8611
Hartford Recreation Center	673-8226
Housing Hotline	334-4912
National Runaway Hotline	1-800-621-4000
National Suicide Prevention Lifeline	1-800-273-TALK (8255)
Washington Co Human Services	335-4583
Washington County Health Departme	nt
& WIC services	335-4466
Washington County Mental Health	
Outpatient Clinic—Lifespan	335-4545
Community Treatment Service	335-4600
Crisis Line (24 hrs)	1-866-906-6565
Local (24 hrs)	365-6565
West Bend Recreation Dept	335-5080
Disability Rights	1-800-928-8778
Workforce Development	335-5300
Youth & Family Project	338-1661
The Threshold, Inc.	338-1181
SUPPORT GROUPS	
Alcoholics Anonymous	338-1111
Al-Anon Family Groups	1-414-257-2415
Gamblers Anonymous	1-414-299-0901
Narcotics Anonymous	1-800-240-0276
Parents Anonymous	1-800-924-3555
Local	338-3555

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Narcotics Anonymous	1-800-240-0276
Parents Anonymous	1-800-924-3555
Local	338-3555
Positive Image Peer Support	306-7541
Unity Club	338-3500
working conservation	

State of WI Department of Health Services Certified **Emergency Mental** Health Services Program



Washington County **Human Services Department** 333 East Washington Street, Ste 2100 PO Box 2003 West Bend, WI 53095-2003

Phone: 262-365-6565 Toll Free 1-866-906-6565 Fax 262-365-6559 ContactACS@co.washington.wi.us

# Acute Care Crisis Intervention



"Providing support to empower individuals & families during a crisis"

Confidential Mental Health and Substance Abuse Counseling, Referral & Crisis Intervention without regard for ability to pay 24/7/365

262-365-6565 1-866-906-6565

#### WHO WE ARE

- Trained mental health specialists.
- Formally educated with a minimum of a college bachelor's degree or significant experience working in the mental health profession.
- Experienced in mental health assessment and suicide risk assessment and safety planning.
- Part of a multi-disciplinary team that includes consultation with psychiatrists, psychologists, registered nurses, clinical social workers, and case managers.
- Knowledge of available community resources with the ability to assist you in making the right treatment connections.

#### **PHILOSOPHY**

### We...

- Promote SAFETY and STABILITY for individuals and families.
- Believe individuals must have a voice and ownership of their plan of care.
- Understand that people in crisis have various levels of need and deserve options for success.
- Strive to be an exceptional resource that is vital to the safety and well-being of the community.

#### CALL WHEN

- You or someone you know is feeling suicidal; talking, thinking, threatening, or showing the signs of suicidal or dangerous behavior.
- You need to talk about disturbing thoughts or behaviors.
- You or someone you know is feeling depressed, worthless, or hopeless.
- Children or parents need help to restore control and sort things out.
- You or someone you know has an alcohol or drug problem.

# FOR ANY SUICIDE ATTEMPT OR VIOLENCE CALL 9-1-1

Washington County
Human Services Department
will, with dignity and respect,
offer responsive and effective
community programs to individuals
and families challenged by
disability, economic hardship,
and safety concerns. Our
commitment is to help facilitate
self-sufficiency for those we serve
and enhance the quality of life in
our community.

#### WHAT WE DO

#### Crisis Intervention

By phone, walk-in, appointment, or mobile we can meet you at home or in the community to assist with

- Suicide assessment
- Family crisis de-escalation
- ♦ Grief Issues
- ♦ Crisis therapy appointments
- Address alcohol/drug concerns and referrals
- Facilitate least restrictive most appropriate treatment option

#### Crisis Prevention Plans

- ♦ Identify triggers that increase stress
- Identify available supports
- Develop ideas/plans for creating structure and support
- Safety planning and follow-up

#### Referrals

- Utilize most appropriate community resources
- Work with insurance providers and Medical Assistance
- Provide referrals without regard to ability to pay
- Liaison to schools and treatment providers

#### Community Education & Training

- ♦ Speakers available upon request
- Applied Suicide Intervention Skills Training—ASIST
- ♦ safeTALK Training—suicide awareness