

WELCOME BACK!

The center will reopen on July 6th, 2021!

Pre-registration is required for programs and classes.

There will be no walk-ins allowed.

This packet includes the following:

- Protocols for participation in classes and programs at the center
- Information on when and how to sign up for classes and programs
- Information on how to livestream selected classes and programs via Zoom
- Information on transportation
- Information on how to renew your Silver Linings ID
- Information on how to make an appointment to become a member (if you are not one already)
- Information on how to make an appointment for social services
- Calendar of activities for July 2021

Your safety is our #1 priority.

Let's work together to keep our community safe.



WE'VE MISSED YOU!

We are excited to welcome you back to the Center for programs and classes.

As a reminder, walk-ins are not allowed at this time.

Please read the following documents thoroughly.

Safety Protocols for participation:

- Masks are not required at the center but recommended for those not vaccinated and for those who still wish to wear them.
- Masks are required on the buses.
- Temperature checks will be taken upon boarding the buses and/or entering the center.
- A one-time waiver must be completed and signed on your first day back at the center if you haven't done so already.
- Silver Linings IDs must be worn on the buses, and you must have them to enter the building. You will be required to scan in upon entering.
- Please do not arrive earlier than 15 minutes before class begins.
- Spaces and materials will be sanitized after each program/class.
- We encourage you to utilize our handwashing and hand sanitizing stations before and after classes.

When and how to sign up:

- Registration for programs and classes for the first two weeks of July (7/6 through 7/16) will begin on Wednesday, June 23rd at 9am and will close on Wednesday, June 30th at 12pm, or as soon as class is filled, whichever comes first.
- Registration for programs and classes for the last two weeks of July (7/19 through 7/30) will begin on Monday, July 12th at 9 am and will close on Friday, July 16th at 12pm or as soon as class is filled, whichever comes first.
- No registration will be taken before the dates indicated above. **NO EXCEPTIONS WILL BE MADE.**
- You are only permitted to sign up for yourself. You may not sign up another member.
- Registration will be done via phone **ONLY**. **DO NOT LEAVE A VOICEMAIL.** You must talk to a staff member. Members can call one of the following numbers to register:
 - 732-721-5600, ext. 6600
 - 732-721-5600, ext. 6615
 - 732-721-5600, ext. 6620
 - 732-721-5600, ext. 6625
- No registration will be taken via email or Facebook. **NO EXCEPTIONS WILL BE MADE.**

See Reverse

Livestreaming selected classes and programs:

- For those of you who are not comfortable to come back to the center just yet or if a class is filled that you wanted to attend, selected classes and programs will be livestreamed via Zoom for all to participate.
- Livestreamed classes are indicated on the calendar in **BOLD**.
- No sign up is required if you plan on attending a class or program via Zoom.
- The Zoom Meeting ID for livestreamed classes and programs is 712-734-9599.

Transportation:

- As previously mentioned, masks are **REQUIRED** on the buses.
- Temperatures will be taken upon boarding the bus.
- Please follow seating instructions provided by your driver upon boarding.
- Currently, we are only offering transportation to and from the center for classes and programs. No other transportation will be available.
- To make a reservation, please call 732-721-5600, ext. 6635.
- Reservations will be first-come, first-served and must be made as soon as possible but **NO LATER** than 12pm the day before your requested ride. **NO EXCEPTIONS WILL BE MADE.**
- If you need to cancel, please do so by no later than 8am the morning of your ride.

Renewal of Silver Linings IDs and Registration of New Members:

- If you need to renew your ID, you can do so by making an appointment. Appointments should be made by calling 732-721-5600, ext. 6620.
- If you are attending a class or program and need your ID renewed, you can drop off your ID at the front desk along with any changes that need to be made before class, and your renewed ID will be returned to you after class.
- Interested new members should call 732-721-5600, ext. 6620 to make an appointment to come in to register. New members should bring with them a picture ID (if they have), a proof of residency and \$5 cash or check for our one-time registration fee.

Appointments for Social Services:

- We offer unbiased information and explanation of various Medicare plans and supplements through our State Health Insurance Program (SHIP) counseling covering all aspects of Medicare, Supplemental Policies and Part D.
- Benefit counseling and assistance is also offered for PAAD (Pharmaceutical Assistance to the Aged and Disabled), Senior Gold, Medicare Savings Program (SLMB), Lifeline, Low Income Heat and Energy Assistance and Universal Service Fund.
- If you need to make an appointment for social services, please call 732-721-5600, ext. 6615.

Mon

Tue

Wed

Thu

Fri

JULY 2021

1

VIRTUAL CLASSES

2

VIRTUAL CLASSES

Registration will be from June 23rd to June 30th (or as soon as program is filled, whichever is first).

5
TOWNSHIP CLOSED

6
WELCOME BACK!
9:30: Divas & Dudes
11:30: Sketch Class
1:30: Balance Class

7
8 - 10: Appointments
10:30: Chair Yoga
1:00: Move 2 the Groove
2 - 4: Appointments

8
9:30: Members Meeting via Zoom
11:00: Silver Leaf Meeting
1:00: Gentle Strength Training

9
9:00: Billiards / Cards / Ping Pong
11:30: Paint Class
2:00: Trivia!

12
8 - 10: Appointments
10:30: Gentle Strength Training
1:00: Chair Yoga
2 - 4: Appointments

13
9:30: Divas & Dudes
11:00: Pickleball
1:30: Balance Class

14
8 - 10: Appointments
10:30: Chair Yoga
1:00: Move 2 the Groove
2 - 4: Appointments

15
9:30: Zumba
11:00: Silver Leaf Meeting
1:00: Gentle Strength Training

16
9:00: Billiards / Cards / Ping Pong
11:30: Silver Linings Reads Meeting
1:30: Movie Friday!

Registration will be from July 12th to July 16th (or as soon as program is filled, whichever is first).

19
8 - 10: Appointments
10:30: Gentle Strength Training
1:00: Chair Yoga
2 - 4: Appointments

20
9:30: Divas & Dudes
11:30: Sketch Class
1:30: Balance Class

21
8 - 10: Appointments
10:30: Chair Yoga
1:00: Move 2 the Groove
2 - 4: Appointments

22
9:30: #TechThursday
11:00: Silver Leaf Meeting
1:00: Gentle Strength Training

23
9:00: Billiards / Cards / Ping Pong
11:30: Paint Class
2:00: BINGO!

26
8 - 10: Appointments
10:30: Gentle Strength Training
1:00: Chair Yoga
2 - 4: Appointments

27
9:30: Divas & Dudes
11:00: Mental Health Presentation
1:30: Balance Class

28
8 - 10: Appointments
10:30: Chair Yoga
1:00: Move 2 the Groove
2 - 4: Appointments

29
9:30: Zumba
11:00: Silver Leaf Meeting
1:00: Gentle Strength Training

30
9:00: Billiards / Cards / Ping Pong
11:30: Silver Linings Reads Meeting
2:00 Pictionary!