



FREE WEBINAR

CYBERBULLYING AND SOCIAL MEDIA: WHAT EVERY PARENT SHOULD KNOW

Social media is everywhere!

It is relentless, addictive, persuasive, and it has allowed bullying to change form and multiply its potential danger on impressionable young people.

Join **Nanditha Krishnamsetty, M.D.**, board-certified, adult, child and adolescent psychiatrist at Hackensack Meridian Old Bridge Medical Center, for an insightful look at how online bullying affects children and teens, what parents and loved ones can do to help and how to support them.

This webinar will cover:

- The impact of cyberbullying on young people
- Signs your child may be a victim of bullying
- How to talk to your child about bullying
- How to help your child if they are being bullied
- What to do if you believe your child may be bullying others
- Tips for helping young people maintain good emotional and mental health

This webinar will last approximately 45 minutes with a Q&A session at the end of the program. Feel free to submit a question for our speaker during your registration.

Register now for this FREE event.

Date: Wednesday, May 24, 2023

Time: 5 - 6 p.m.

Register today at:

events.hackensackmeridianhealth.org

(search keyword "cyber")

call 800-560-9990

or scan the QR Code



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