

Elementary School Lunch Menu



September 2021

Monday August 30	Tuesday August 31st	Wednesday 1st	Thursday 2nd	Friday 3rd
		First Day of School for Grades 1-12 Celebration Confetti Pancakes Vanilla Yogurt Cup with Sprinkles Sausage Links Cool Cucumber Sticks with Dip Applesauce	Hot Diggity-Dog Kayem Hot Dog on a Whole Grain Roll Cape Cod Chips Baby Carrots Strawberry Cup	Early Release Day No Lunch
Monday 6th No School 	Tuesday 7th No School <i>Rosh Hashanah</i>	Wednesday 8th Kindergarten/Preschool 1st Day Pizza Day! Homemade Cheese Pizza made with Whole Grain Crust Carrot Sticks Craisins Snack Pack	Thursday 9th Super Soft Pretzel Whole Grain Soft Pretzel with Cheese Sauce Cup and Sunflower Seeds Celery Sticks w/ Dip Peaches & Cream	Friday 10th Build-a-BURGER All Beef patty topped with Your Choice of American Cheese pickles, lettuce and tomato Smiley Fries Bell Pepper Strips Crunchy Apple (Locally Grown!)
Monday 13th Breakfast for Lunch Bacon & Cheddar Quiche And Potato Puffs Broccoli Bites Raisins Snack Pack	Tuesday 14th Mozzarella Sticks and Pasta Breaded Mozzarella Sticks w/ Buttered Noodles and Parmesan Cheese and Marinara Sauce Side Salad & Watermelon Chunks	Wednesday 15th Pizza Day! Homemade Cheese Pizza made with Whole Grain Crust Kale Chips Orange Juice	Thursday 16th No School <i>Yom Kippur</i>	Friday 17th Chicken Tenders Oven Backed Chicken Tenders w/ Seasoned Potato Wedges Grape Tomatoes Chilled Diced Pears
Monday 20th Breakfast for Lunch Snowflake Dutch Waffle Strawberries on the Side Chicken Sausage Patty Cinnamon Roasted Chickpeas Fresh Pears	Tuesday 21st Beef Burrito Seasoned beef with black beans, cheese and rice in a whole grain tortilla Tostitos & Salsa on the Side Pineapple Fruit Cup	Wednesday 22th Pizza Day! Homemade Cheese Pizza made with Whole Grain Crust Parsnip Slices Crunchy Green Apple	Thursday 23rd Grilled Chicken Sandwich topped with Bacon and American Cheese Sidewinder French Fries Snap Peas Applesauce	Friday 24th Mini Cheese Raviolis tossed in Red Sauce Texas Toast Vegetable Medley Freshly Sliced Orange Rings
Monday Sept 27th Breakfast for Lunch Breakfast Sandwich Sausage, Egg and Cheese on a Whole Grain Croissant with Hash Brown Patty Baby Carrots Strawberry Cup	Tuesday Sept 28th Teriyaki Chicken Dippers Steamed Brown Rice Lightly Steamed Broccoli Fortune Cookie Cutie Clementine	Wednesday Sept 29th Pizza Day! Homemade Cheese Pizza made with Whole Grain Crust Hummus & Veggie Sticks Craisins Snack Pack	Thursday 30th Crushed Meatball Sub Chicken Meatballs in homemade Red Sauce w/ Mozzarella Cheese in a Whole Grain Sub Roll w/ Crinkle Cut French Fries Cucumber Rings Fresh Banana	Friday October 1st Wild Mike's Pizza Bites Mozzarella Filled Breaded Cheesy Bites w/ Side of Marinara Sauce Fresh Tossed Caesar Salad Chilled Fruit Cup

Daily Options

Meals are **FREE** for **ALL** Students
Until June 30, 2022!

No further action needed to receive this benefit.
You do not need to fill out a Free/Reduced Meal



In addition to the Main Meal, we will have 3 other meal options that will be offered daily.

- 1) Chicken Patty Sandwich on a Whole Grain Bun
- 2) Garden Salad with Sunflower Seeds, Pita Bread & Italian Dressing
- 3) Sun Butter & Jelly Uncrustable with String Cheese, Fruit, Vegetable + Milk



Questions / Comments
Contact the Foodservice Dept. at
cfahy@email.medfield.net or
508-242-8897