NOBLE PUBLIC SCHOOLS

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Noble HS & MS Cross Country:

I hope you all are having a great summer. Coach Phillips and Coach Palmer would like to send out information on the upcoming cross country season. Be sure to get outside and run this summer to prepare for the season. Call your teammates and go for a run.

We will begin summer pride July 11th at 7:30-9 am at The Den and begin practice on July 18th. We will work out Monday-Thursday.

-Athletes must have physicals before they can start practice.

-For the Rank One forms- you will need the students #ID. These must be completed as well.

-If you or your parent/s would like to be added to the cross country Remind App to get updates on the season you can email Coach Phillips at kphillips@nobleps.com.

We look forward to seeing you all at the first practice for this upcoming season.

Coach Phillips
Coach Palmer