

THE ROAD BACK TO LEARNING: IN THE CLASSROOM AND BEYOND

Healthy, happy children who are able to cope with the realities of life through social emotional learning

The classroom should be a safe place for learning and growth, and while we've COVID-proofed our buildings, there's still the emotional toll – we all feel it, and we know it can be especially hard on our kids. That's why, now more than ever, they need a supportive environment that provides them with the skills to cope – all without missing a beat academically. The scientific term is Social Emotional Learning (SEL) and it's about to become a part of everything we do here at Cromwell Public Schools. It's all based on an SEL curriculum developed by Dr. Mark Brackett, a best-selling author and Yale researcher...and we can't wait to share it with you.

What you'll learn:

- 'Toxic stress' – and its long-term (adverse) impacts on the developing brain
- Why social emotional learning is a research-vetted practical approach – for child well-being and long-term success
- How we can all learn to cope in a healthier way and prepare our kids to do the same
- What a SEL-savvy school curriculum looks like

Why it Matters:

In an international survey, 67 % of companies ranked emotional intelligence as the most desirable attribute in new hires.

-Yale University

So if you're:

- **A parent looking to ensure your child is happy, healthy, AND successful in the classroom (or)**
- **An educator looking for new and creative ways to help make that happen ...you don't want to miss this.**

**Are your kids stressed about school?
They're not alone.
Let's take back the classroom -
together!**



A Panel Discussion

Moderated by:

Keri MacLean, Ed.D,
Director of Curriculum and Instruction

Panelists:

Enza Macri, Ed.D, Superintendent of Schools

Maia Pavlick, Teacher

Andrew Kuckel, Assistant Principal

Jane Gibson, Social Worker

Katelynn Puorro, Youth Services

Administrator

-Jeannine Marron – Yoga and Mindfulness
Teacher and Owner/Founder of Peaceful
Chaos Yoga (here in Cromwell)

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