



KELSO SCHOOL DISTRICT

The Kelso School District Presents:

EMPOWERED PARENTING

 **OPEN TO THE FIRST
20 FAMILIES TO
REGISTER.**

**FREE REGISTRATION!
FREE DINNER!
FREE CHILDCARE!**



*Funded by TITLE 1, Part A, Parent & Family Engagement Funding

Children are an infinite source of delight, yet can be tremendously challenging. Sign up for this free parenting class to learn strategies to overcome these challenges from infants to teens!


Do You Recognize One of These Children?

- A toddler who demands your attention.
- A child who whines.
- A youth who responds, "No" or "You can't make me."
- A child who gets into power struggles.
- Siblings who constantly fight.
- A teenager who challenges authority.

If you answered **"YES,"**

Empowered Parenting is for You!

How to Register:

1. Register by QR code 
2. Call or email one of the Kelso counselors at their contact information provided below.



Date: Tuesdays, Starting on January 17th and running for 9 consecutive weeks.

Time: 5:00-7:00 PM. **Free Dinner & Childcare**

Location: Wallace Elementary School Library
213 S 5th Ave, Kelso, WA 98626

Meet our Instructors:

Our goals for you is to help reduce conflict, foster mutual respect, and create deeper communication and connections with your kids!



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