

MINUTES
KELSO SCHOOL DISTRICT
MEETING OF THE BOARD OF DIRECTORS
10/17/22

The work session meeting of the Board of Directors of Kelso School District No. 458 was called to order at 5:00 p.m. at the Kelso High School Library and through a Zoom online/phone platform.

Board Members: Leah Moore (Absent - Excused)
Karen Grafton (In-Person)
Jeane Conrad - President (In-Person)
Mike Haas - Vice President (In-Person)
Ron Huntington (In-Person)

Cabinet Members: Scott Westlund – Chief Financial Officer
Holly Budge – Director of Human Resources
Gunnar Guttormsen – Director of Student Services
Heather Ogden – Director of Special Programs
Kim Yore – Director of Teaching & Learning

Superintendent: Mary Beth Tack (In-Person)

Asst. Secretary: Molly Guler (In-Person)

OTHERS PRESENT – This meeting was held remotely and in person. Not all of the names of people in attendance were available, or partial names were listed. The names of people in attendance are listed as they were shown and included: Lacey DeWeert, Laura Kiefer, Paige Kelsey, and James Kiefer

Social and Emotional Update - Student (Don Iverson, Bob Johansen, Veronica LaRose)
Staff (Holly Budge)

The -Social and Emotional Centers (TSEC's)

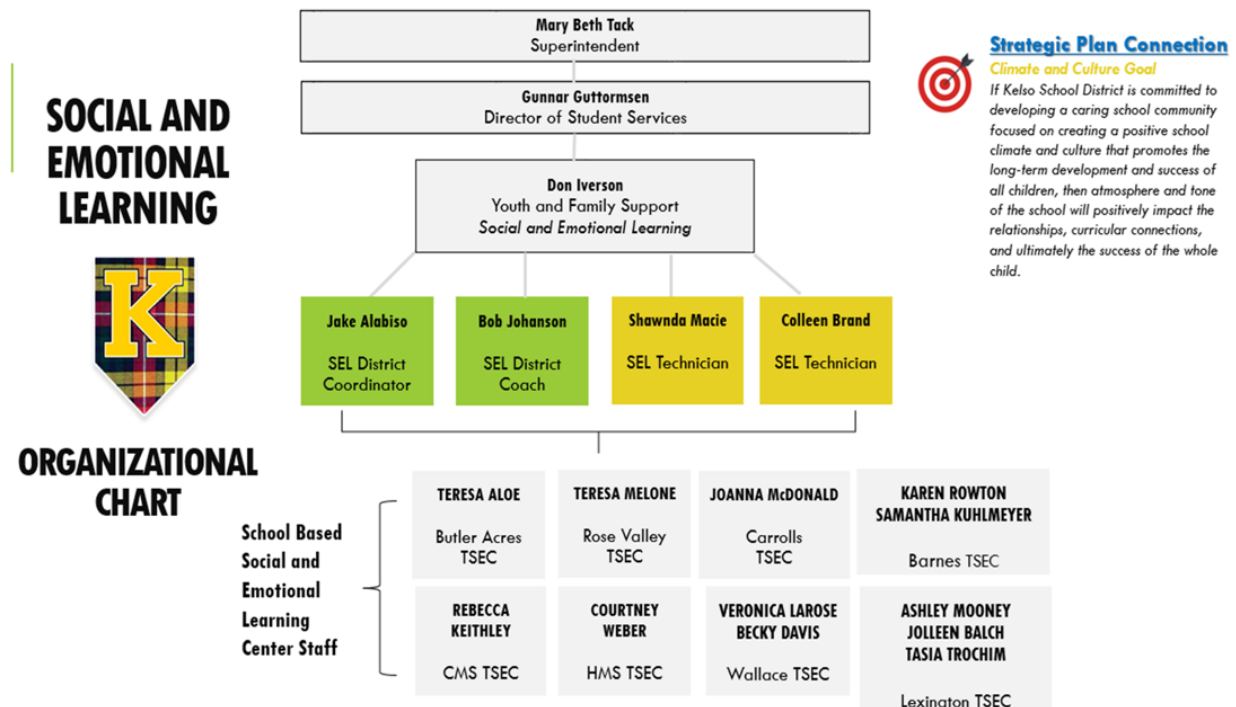
Center of the Tier 2 and Tier 3 supports in our schools.



Kelso School District
10.17.22

SEL Dept.

The Office of Social and Emotional Learning was formally founded in May of 2018 with the mission to foster the social/emotional learning that intentionally promotes student's social and emotional growth that is necessary for college, career and life.



SEL Dept. Mission

To promote social and emotional development, foster resilience, and build skills for school and life success in all children across our district, as well as to promote the resilience of the adults who care for them.

Our work centers around the need to make dramatic changes in a system that isn't working for challenging students, parents, teachers and schools, and how to go about making those changes across the entire district.

What is the Purpose of TSEC's:

Support students in developing the social and emotional skills necessary for school success.

TSEC Core Beliefs:

- Every child must be provided access and support to further develop his/her social and emotional skills.
- The Social & Emotional Learning Centers effectiveness hinges on successful Tier 1 implementation.
- The Social and Emotional Center (T-SEC) supports collaborative problem solving with students.
- TSEC must be a positive and proactive environment.



T-SEC Guiding Principles:

- The Social & Emotional Learning Center must have the necessary staffing allotted to support its core beliefs. (equitable services, not equal)
- The Social & Emotional Learning Center is staffed by adults that have a core belief that is aligned with the values of the center and is supported by professional development in the areas of ACES, Trauma Informed Practices, and Social and Emotional Learning.
- Social & Emotional Learning Center services must be flexible and have the ability to serve students in various environments.
- The Social & Emotional Learning Center adheres to a specific process for students to access services.
- The Social & Emotional Learning Center focuses on self-management so that students may return back to the instructional environment in a timely manner.



The T-SEC is:

- Restorative
- Collaborative
- Action-based planning
- Crisis Intervention
- Focused

The T-SEC is not:

- A consequence
- A place for homework help
- A place for regular unspecified breaks

Check In and Check Out

(currently serving 125 students K-8)

- Improves student accountability
- Provides structure
- Improves student behavior and academics.
- Provides feedback, connection and adult support on a daily basis
- Improves and establishes daily home/school communication and collaboration
- Improves student organization, motivation, incentive, and reward
- Helps students to self monitor and correct
- Internalizes success and accomplishment of goals
- Students get involved and excited about the program, enjoying the structure, support, and incentives of the intervention

Data Collection

Month:			September																																
Week of:			12-16						19-23						26-30																				
Last	First	Total Avg	M	T	W	Th	F	Avg.	M	T	W	Th	F	Avg.	M	T	W	Th	F	Avg.															
[REDACTED]	r	2.8	2	2	3	3	3	4	4	3	3	3	3	3.0	3	3	3	2	3		3	3	2.9		2	2	2	2	3	3	A	A	2.3		
	n	2.7	3	3	3	3	3	3	3	3	3	3	3	3.0	3	3	3	2	3	2	2	3	3	2.7	1	2	3	3	3	3	3	3	2.7		
	e	2.5	2	2	2	2	2	3	3	3				2.4	1	1	3	3		3	3	A	A	2.3	2	2	1	2	2	2	3	3	2.1		
		2.8	3	3			A	A		3	3	3	3	3.0	3	3	3	2	3	A	A	3	3	2.9	3	3	3	2		3	3	A	A	2.8	
		2.4	3	3	2	2			3	3				2.7	2	2	2	2	1	1	3	3	2	2.1	2	2	2	2	2	1	2	1	1	1.7	
	rd	3.5	3	3	3	3	3	3	3	3	4	3	3	3.1	A	A	2	2	2	2	3	3	A	A	2.3	A	A		4	4	4	4	2	3	
		2.7	2	3	3	3	2	2			3	3		2.6	3	3	3	3	3	3	3	3	3	3.0	2	3		2	2	3	3	2	2	2.4	
		2.9	3	3			3	3			3	3	3	3.0	3	3	2	3	1	1	3	3	3	2.5	3	3	2	3	3	2	2	2	2	2.6	
		2.4	2	2	3	3	3	3	2	1	3			2.4	2	2	1	2	2	3	2	3	3	2.3	2	2	1	2	2	3	2	2	2	2.3	
		2.9	3	3	3	3	3	3			A	A		3.0	N	N	3	3	1	1		3	3	2.3	3	3	3	3	3	3	3	3	3	3.0	
	n	2.1	2	2	2	2	A	A	2	2	A	A		2.0	A	A	1	1	2	2	1	1	3	3	1.8	1	2	1	1		2	2	2	2	1.6
	ien	3.0	3	3	A	A	3	3			3	3	3	3.0			2	2	3	3	3	3	3	2.8	3	3	3	3	3	4	4			3.3	
	o	2.5		3	2	3	3	1	1					2.2	2	2	3	2	1	1	2	2		1.9	A	A	1	2	2	3				2.0	
	en	2.3				3	2	2	2	A	A			2.3	A	A	2	2	2	2	3	1		2.0	3	3			1	1	3	3	1	3	2.3
	len	2.5				3	3	3	3	3	3	3	3	3.0	3	3	3	3	1	1	A	A	3	2.5	1	1	2	2	1	1	1	2	2	2	1.5

TSEC Classrooms

We know if we do not take care of the social and emotional needs of our students, we are not able to get to the learning that happens in our classrooms.

Staff:

Staff Wellness

October 17, 2022

Committee Members

Holly Budge, District Office
Lisa Caddel, Teacher
Dayton Cox, Human Resources
Adrean Myers, Human Resources
Seth Peck, Principal
Cami Rothwell, Counselor
Jennifer Frost, Dean
Sheri Walker, Principal

Committee 2022-23 Meeting Dates

September 27	3:00pm – 4:30pm	Board Room
October 25	3:00pm – 4:30pm	Board Room
December 6	3:00pm – 4:30pm	Board Room
January 31	3:00pm – 4:30pm	Board Room
March 21	3:00pm – 4:30pm	Board Room
April 18	3:00pm – 4:30pm	Board Room
May 16	3:00pm – 4:30pm	Board Room

2022-23 Key Committee Goals

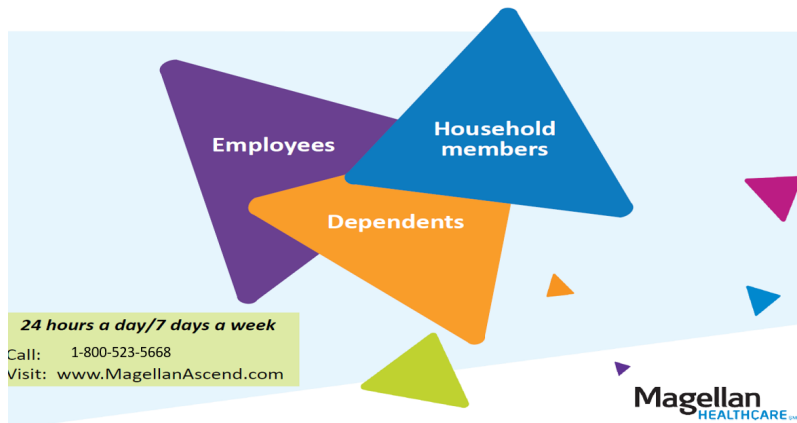
1. **Grow Magellan utilization number by 10% each month.**
 - a. Create flyer for inboxes with QR code to create ease of usability.
 - b. Partner with school counselors to talk about the EAP when staff comes to them with concerns.
 - c. HR scheduled visits at schools for Q&A and/or EAP Program Refreshers
2. **Help staff to understand the different resources and options available to them.**
 - a. Make a print and digital pamphlet to put all resources available with links/QR codes.
 - b. Focus on which resources are available not just to employees with insurance, but also those without, and family/household members
 - c. Create translated versions as well.

KSD Staff Wellness Surveys

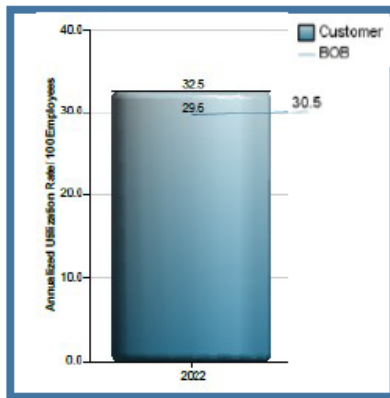
- 3 surveys per year; November, January, May
- Survey results will be disaggregated data by classified and certificated staff and by building
- Survey focus areas currently under development

[WA Educators Secondary Traumatic Stress Resources](#)

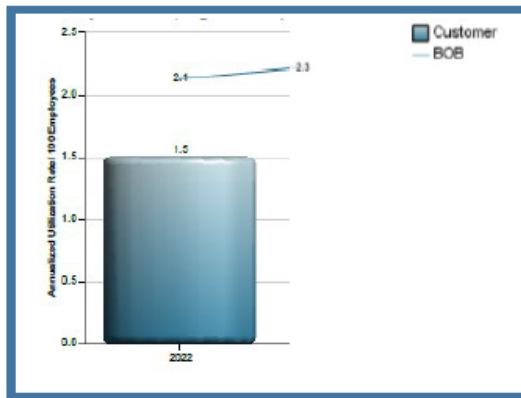
Who is eligible?



OVERALL USAGE



EAP OPEN CASES



HOW DID YOU HEAR ABOUT US?

Information Source

	2022	
	Number	% of Cases
Manager/Supervisor	5	33%
Family/Friend	3	20%
Handout	3	20%
Intranet	2	13%
Magellan Website	1	7%

K Kelso School District
Employee Assistance Program
Call (800) 523-5668
Visit MagellanAscend.com

Bob = Book of Business

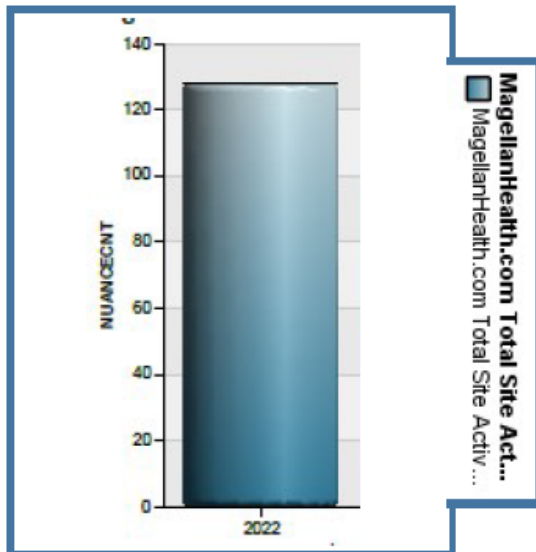
This measure provides a comparison point based on Magellan's group of customers.

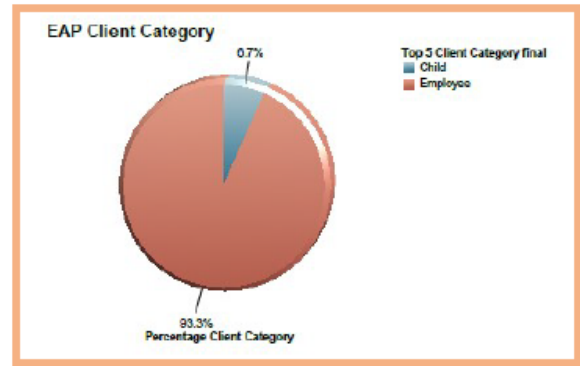
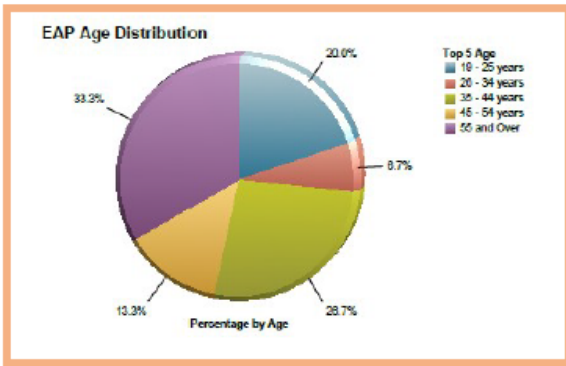
Data Summary

	2022			2021		
	Total	Annualized*	%	Total	Annualized*	%
Overall Utilization	173	324.8	32.5%	25	31.2	3.1%
Counseling and Consultation Cases	15	28.2	2.8%			
EAP Counseling Cases	7	13.1	1.3%			
TEAP Counseling Cases	1	1.9	0.2%			
MagellanHealth.com Online User Sessions	158	296.7	29.7%	25	31.2	3.1%

Service Activity

- * +3 views to site over last month
- * +3 user sessions over last month
- * +0 EAP Counseling Cases over last month
- * +0 Counseling and Consultation Cases over last month





Jan 1, 2022 12:00:00 AM - Aug 31, 2022 12:00:00 AM

Adjourn at 5:50 p.m.

X_____

President

X_____

Secretary