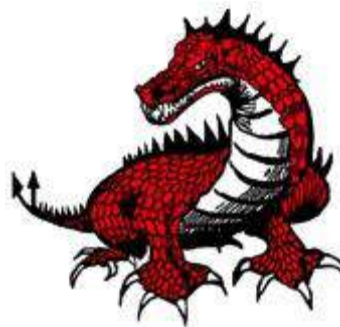


Pendragon PRIDE



Pender Elementary eNews



December 1, 2017

Reading Tips

Here are some tips to help your kids when they read.

<u>WHEN I READ</u>	<u>THINGS I CAN DO TO HELP ME UNDERSTAND WHAT I READ</u>
<p>Before I read:</p> <ul style="list-style-type: none">• Think: What do I already know?• Predict: What do I think will happen? <p>As I read:</p> <ul style="list-style-type: none">• Ask: Did I understand what I just read?• Were there any words I didn't understand?• Was anything confusing?• Can I retell in my own words what I just read? <p>After I read:</p> <ul style="list-style-type: none">• Summarize	<ol style="list-style-type: none">1. Sound out an unknown word.2. Go back and reread the passage.3. Look up the meaning of an unknown word.4. Read ahead and see if it makes sense.5. Ask a question and try to find the answer.6. Slow down as I read.7. Do one or more of these things, or something that I've learned to understand what I read.



Thank-you for taking your time to read this information!
Mrs. Miller

Special Education Classroom News

Mrs. Kira Swinton kiswint1@penderschools.org (402) 385-3244

Special Education Team Members

Kelly Ballinger- Special Education Director

Kira Swinton-Elementary Special Education Teacher

Kayla Brewer- Autism Program Teacher

Lisa Maise-Middle Grades Special Education
Teacher

Tami Nelson-High School Special Education
Teacher

Jenna McAfee- Speech and Language Pathologist

Leah Clark- School Psychologist

Laurie Smith- Occupational Therapist

App/Website of the week

ABCya.com



Millions of kids, parents, and teachers visit ABCya.com each month. For over ten years ABCya has been the most popular K-5 educational gaming websites in the world.



Percy the Pendragon

A Peek at Next Week in...

Miss. Brewer's Classroom

Autism Events

Near You

The Pender ~~Autism~~ Walk will be held on April 21st, 2018 from 2:00-4:00.

Learn more about Autism:

<https://www.autismspeaks.org/what-autism>

Upcoming Events

Elementary Winter Concert will be held on December 5th

• **Autism:** A range of conditions characterized by challenges with social skills, repetitive behaviors, speech and nonverbal communication, as well as by unique strengths and differences.





Mental and Behavioral Health Tips from the School Psychologist

As the weather gets colder and the holidays approach, the demands of life seem to increase. Visits to health care providers in the US are 60-80% stress-related. Stress affects a person's mental and physical health. Stress prevention and management is vital.

Meditation and yoga are a great way to manage stress and calm thoughts. You don't have to be physically fit to try yoga! There are many videos on YouTube and apps (Try the ones pictured below!) for your phone or device for all skill levels, ages and body types. Think of yoga as an opportunity for your brain to recharge. Slow down! Plan ahead and allow time to get the most important things done without having to rush.

Use to-do lists to help you focus on your most important tasks. Take time to catch your breath and enjoy the season. You really don't have to do it all.



GPS for the Soul



Breathe to Relax



The Mindfulness App



Happify for Stress & Worry



Pocket Yoga

National Sleep Foundation's Sleep Duration Recommendations

Age	Recommended	May be appropriate	Not Recommended
Preschoolers 3-5 years	10 to 13 hours	9 to 14 hours	Less than 8 hours/More than 14 hours
School-aged Children 6-13 years	9 to 11 hours	8 to 12 hours	Less than 7 hours/More than 12 hours
Teenagers 14-17 years	8 to 10 hours	7 to 11 hours	Less than 7 hours/More than 11 hours
Young Adults 18-25 years	7 to 9 hours	6 to 11 hours	Less than 6 hours/More than 11 hours
Adults 26-64 years	7 to 9 hours	6 to 10 hours	Less than 6 hours/More than 10 hours
Older Adults >65 years	7 to 8 hours	5 to 9 hours	Less than 5 hours/More than 9 hours

Whether your child is a toddler or school age, the following signs may indicate childhood sleep deprivation:

- Overly emotional (explosive temper tantrums, easily hurt feelings, no patience)
- Difficulty waking in the morning
- Difficulty concentrating or focusing during play
- Taking long, or excessive naps
- Hyperactivity
- Defiant or contrary behavior
- Difficulty falling asleep (overtired)
- Falling asleep as soon as they hit the pillow (sleep should take about 20 minutes for a healthy sleeper)
- Increased appetite
- Accident prone, or clumsy
- Excessive talking (more questions than normal or frenzied conversation)

<https://sleepstudy.com/toddler-sleep-problems/11-negative-effects-of-childhood-sleep-deprivation/>



Preschool E News

This week we have been busy reviewing the letters A-K.

We played matching games with flash cards and on the Smart Board, used the white boards to

practice writing our letters and names,

played Bingo, and many other fun games to review!

We are also getting ready for the holidays! We painted reindeer for the hall bulletin board, and

finished wrapping our Christmas presents for our families!

We were a busy bunch in preschool this week!

Next week we will be learning the letter L and getting ready for Christmas!



Kindergarten Update

Mrs. Bargholz & Mrs. Kinning

New Skills for the Week:

- ☐ Blend and Segment onset and rime words
- ☐ High frequency word -- with my
- ☐ Comprehension Skill -- Drawing conclusions
 - ☐ Verbs
 - ☐ Geoboards
 - ☐ Graphing
 - ☐ Numbers 1-50

Reminders:

- ☐ Please keep sending box tops to school!
- ☐ Continue reading for "Battle of Books"
- ☐ Please send hats and gloves as we will be going outside!

Important Dates:

12/5 Elementary Winter Concert
12/6 2:30 Dismissal
12/21 1:00 Dismissal



GRADE UPDATE

What We Learned This Week:

Reading: Conclusions, a_e, soft d/c, dge, expression, shades of meaning

Spelling: long a a_e

Grammar: verb and time

Math: odd and even, pattern blocks, adding 2 to even/odd number, telling time to hour

Writing: creative writing/notes

Spelling Words for the week of 11-20

1. time
2. like
3. kite
4. bike
5. white
6. drive

+ 4 spelling words

Reminders:

December:

5-concert

6, 13-2:30 dismissal

20-Polar Express Day!!

21-1:00 dismissal

Send in those box tops!

Be sure to send coats, hats,
and gloves with your child.



CHALK TALK NEWSLETTER



From the desk of Sheila Dahlman/Vicki Smith



Math

- ☐ Addition-sums of 15/16/17/18
- ☐ Adding 2-digit numbers
- ☐ Measuring to the nearest inch/foot
- ☐ Locating points on a number line
- ☐ Identifying angles of polygons

Week of **Nov 27- Dec 1**

Spelling List

Test on Friday 12-8

List A

own
most
soap
float
both
know
loan
goat
flow
loaf
throw
coach
so
grow
swallow
ocean

List B

woe
mows
soap
stows
moaned
toast
coal
foaming
know
mostly
throw
coach
bowl
borrow
swallow
ocean

Reading

- ☐ Words with ee, ea
- ☐ Text & graphic features
- ☐ Main idea/details
- ☐ Use a dictionary
- ☐ vocabulary/fluency

Writing/Grammar:

- ☐ using quotation marks
- ☐ write sentences in paragraph form

Science

- ☐ Earth materials & resources

Social Studies

- ☐ Maps, Native Americans

Reminders:

- ☐ Dec 5 - Elementary Winter Concert 6:30 pm
- ☐ Dec 6, 13 - 2:30 Dismissal
- ☐ Dec 20 - Full day of school
- ☐ Dec 21 - 1 pm Dismissal
- ☐ Dec 22-Jan 4 - No School - Winter Break
 - Jan 5 - School resumes

2nd graders TO DO list:

- ☐ Read **20** minutes for **5** days
- ☐ Do flashcards or xtramath on **3** days



Third Grade Happenings

November 30, 2017

Mrs. Hoffman and Mrs. Miller

Reading:

Comprehension:

Author's Purpose, Point of View, Summarize

Vocabulary:

Pronoun/Verb Agreement, Prefixes in and im

Math:

This week's skills: Multiplication, Repeated Addition, Multiplication Table, Multiplication Facts: 10s, 1s, 10s

10s

Next week: Arrays, Perimeter, Multiplication Facts: 2s, 5s, Equal Groups, Stories, Bar Graphs

Science:

Mrs. Hoffman's class finished their study of ecosystems and interactions. Some questions discussed included: What are ecosystems? What is a food chain? How do environmental changes affect living things?

Social Studies:

Mrs. Miller's class is finishing up their unit on the regions of the United States, culture, and the cultures of the United States.

Reminders: *Tuesday Dec. 5: Elem. Music Program

*Encourage your child to use XL
*Practice your Add/Subtract facts

*Continue to read 20 min nightly
for Battle of the Books

Spelling Words: /owels- /r/

nurse	work	shirt	hurt	first	word
serve	curly	dirt	third	worry	turn
stir	firm	her	girl	perfect	
hamburger					

November 30, 2017

Weekly News Edition

Life and Times of 4th Grade & Writing Class

Pender P.R.I.D.E. Preparation Respect Integrity Determination Excellence

Writing Class

4th Grade: We have finished our narratives, phew! What a unit! From writing to revising to conferencing, each writing step took some time, but the end products have turned out great. Look for final drafts on SeeSaw soon!

5th Grade: In 5th grade, we finished up a some thank you letters to Senator Joni Albrecht for coming to our school to celebrate our National Blue Ribbon School award. Now, we will move into a creative writing unit before our persuasive writing starts.

6th Grade: The 6th graders also wrote thank you letters this week. They wrote to Governor Ricketts on behalf of the school in appreciation of his attendance at our Blue Ribbon Ceremony. It was such an honor to have him visit our school.

Precept of the Week

Strong people
don't put others
down. They lift
them up.

— Michael P. Watson

Reading

This week's story is Hurricanes. It is an informational text that we can use to learn more about various text features like headings, charts, maps, types of print, and insets or sidebars.



* Graphics courtesy Google images

5th Grade

Mrs. English

Dates to Remember

- ☐ **12/5-Elementary Winter Concert**
- ☐ **12/21-Early dismissal at 1:00 p.m.**

****Weather Reminder-**Please remember to dress your child for the cold morning weather and encourage them to bring appropriate clothing.

Notes from the teacher:

- √ **4th Science-** Describe the three states of matter and how heating and cooling change the states of matter
- √ **5th Science-** Describe how the stars are very large and appear small in the sky because they are far away.
- √ **6th Science** Describe protons, neutrons, and electrons located in an atom
- √ **Reading-**Determine main ideas and supporting details; read to compare and contrast story events use main idea to summarize.

Contact Information Mrs. English (402-385-3244)
taengli1@penderschools.org

Mr. Hoffman
5th Grade Teacher
4th-6th Math

The elementary winter concert will be next week on Tuesday, December 5th starting at 6:30 for the 5th grade class.

The class is reading a novel in Journeys reading class. We will not be having Journeys or spelling tests for the next two weeks but the students will be reading more.

The fifth grade has another iXL challenge going on this quarter. There are a few students working really hard to become the one to have mastered the most concepts!

In Math, the students may use a scratch sheet of notebook paper to complete their assignments if they would like. This is perfectly okay and may be done every day or on occasion if they like lines or need more space than on the worksheet I provide. After every 5 lessons the 4-6th graders will be having a test (after lesson 10, 15, 20, etc) As the students continue on through their textbook and get to a problem they do not know, they can look at the small number in parenthesis underneath the problem number. This small number tells them the lesson in which the problem came from and will have examples and how to solve the problem in those examples. This is a great tool for them to use. Parents can at any time look over students' homework and identify mistakes and have the student correct those mistakes before class the next day. This is an awesome way for kids to learn.

Quiz Your Son or Daughter Over These Concepts Covered This Week:

4th Math: Associative Property, Parallel/Perpendicular Lines, TEST, Use Multiplication to Divide, Fact Families, Multiply 2 Digit by 1 Digit Numbers

5th Math: Multiple Step Word Problems, Find the Average, TEST, Mean, Median, Mode, Range

6th Math: Divide Decimals by Whole Numbers, TEST, Decimals to Expanded Notation, Circumference of a Circle, Regroup to Subtract Mixed Numbers

Reading: Comprehension Skills, Reading Fluency, Order of Events

Important Dates/Reminders:

December 5th – Elementary Music Concert 6:30PM

December 6th - 2:30 Dismissal

Math Joke of the Week:

What geometrical figure is shaped like a lost parrot?

Answer: A Polygon!

Mrs. Liakos - 6th Grade Homeroom
4th, 5th, and 6th Grade Social Studies



4th Grade – We took our Celebration of Learning over Chapter 7, which was all about Nebraska as a territory. We are moving into Chapter 8 which covers homesteading in Nebraska and the difficulties those homesteaders encountered.

5th Grade– We are finishing up Unit 6, which is all about the United States Constitution and how we should be good citizens by performing our civic responsibilities. Next week, we will start Unit 7, which is about westward expansion.

6th Grade– We are learning all about the French Revolution and the rise of Napoleon Bonaparte as France's leader. We also learned about the Reign of Terror in France and were quite shocked at the amount of violence that occurred during that time period.

6TH Language Arts – Our main reading story this week was "The Great Fire", which was about the Chicago fire in the early days of wooden sidewalks and streets. For grammar, we covered all sorts of pronouns, as well as helping and linking verbs. For spelling we had word pairs which added either -ion or -ation suffixes.

Guided Reading – The groups are reading Ranger's Apprentice, Wonderstruck, All the Broken Pieces, and Catching Fire.

Important Upcoming Dates:

December 5 – Elementary Winter Concert 6:30

December 6 & 13 – 2:30 Student Dismissal

December 10 – Sounds of the Season (Meal at 6:00)

December 21 – 1:00 Dismissal

End of 2nd Quarter

December 21-January 3 – Winter Break