

HERKIMER BOCES SCHOOL LUNCH MENU SEPTEMBER 2023

Menu is subject to change.

Milk is served with every meal.

All milk is 1% or fat free.

Fruit is served with all meals.



Vegetables are served with all lunches.

All breads, pasta and rolls are whole grain or wheat.

We serve brown rice.

Condiment Allergens:

Mayo (SE)
Soy Sauce (S)
Peanut Butter (SP)
Butter Spread (S)
Sweet & Sour (S)
Cream Cheese (M)
Ranch Dressing (SEM)
Blue Cheese Dressing (SM)
Caesar Dressing (SM)
Italian Dressing (S)

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	31	01
				
04	05	06	07	08
			Chicken Nuggets(W) Dinner Roll(W) Corn Fruit Milk	Cheese Pizza(WM) Garden Salad Fruit Milk
11	12	13	14	15
BBQ Rib Patty(S) On a Bun(W) Green Beans Fruit Milk	Chicken Stir Fry(FWS) Rice Broccoli Fruit Milk	Spaghetti(W) With meat sauce Dinner Roll(W) Carrots Fruit Milk	Fish Patty(FW) On a Bun(W) Buttery Noodles(WEM) Corn Fruit Milk	Pepperoni Pizza(WM) Garden Salad Fruit Milk
18	19	20	21	22
Chicken Patty(W) On a Bun(W) Baked Beans Fruit Milk	Taco Nachos(MS) Fiesta Rice w/Beans Fruit Milk	Hot Dog On a Bun(W) Sweet Potato Fries Fruit Milk	BBQ Pulled Pork Mac& Cheese(SEMW) Dinner Roll(W) Green Beans Fruit Milk	Chicken Bacon Ranch Pizza(SEMW) Garden Salad Fruit Milk
25	26	27	28	29
Cheeseburger(M) On a Bun(W) Carrots Fruit Milk	Meatball Sub(WMS) Green Beans Fruit Milk	Chicken Gravy(WSM) Mashed Potatoes Dinner Roll(W) Corn Fruit Milk	Grilled Cheese(WM) Tomato Soup(W) Broccoli Fruit Milk	Cheese Pizza(WM) Garden Salad Fruit Milk
02		Allergy Warning Label Guide If labeled, food item may contain known allergens <div> M - Milk E - Eggs F - Fish N - Tree Nuts P - Peanuts W - Wheat S - Soybean </div>		