



Principal update

Dear Parents/Guardians,

What a strange year! How can a year seem so long and yet at the same time seem to go by so quickly? It has been a struggle for all of us so I thank you for your patience throughout the last year and a half.

As some of the guidelines have changed, we are going to try to do some of the things at our school that we have done in the past. The looks of these events will change a bit but we will do the best we can under the circumstances.

I hope you all have a great summer! I am looking forward to "normalcy" when we return at the end of August.

Best Regards,
Ron Tomlin
Principal



Nurses News

With summer break just around the corner, we are gearing up for lots of outdoor summer fun. Here are a few tips to help keep your child safe and healthy during summer break.



1. Promote water safety:
Never leave children unattended in the pool; have them wear properly-fitted life vests when participating in water activities.
2. Protect against the heat and sun: Always wear sunscreen and/or hats when outside in the sun, and never leave children unattended in the car even if the window is cracked; cars heat up very quickly!
3. Stay hydrated: Drink plenty of water. Beverages containing sugar (like soda pop and juice) can cause dehydration, but a frozen water bottle can provide cold refreshment for hours.
4. Stay cool: Take cool showers, wear light clothing, relax in an air conditioned space, and drink cold beverages. Heat stroke is



serious and can be life threatening. If you suspect that someone may be suffering from heat stroke, call 911.



5. Protect against bug bites: Use an effective insect repellent when going outside and remove any objects with standing water from around your home.
6. Protect against injuries: Protect against concussions and head injuries by making sure your child wears a helmet when riding their bikes and scooters, and using skateboards and roller skates. Make sure your child is monitored at all times when riding in places where there is traffic.



7. Educate about stranger danger: Remind your child to never talk to or go with anyone (male, female, or child) that they do not know.
8. Protect against animal bites: Remind your child to never touch or pet an animal that they do not know.
9. Notify caretakers about allergies: Warmer weather means more insects and fun treats. Remember to remind caretakers about any allergies that your child may have and provide all necessary medications.
10. Prepare for next school year: Summer doctor and dentist appointments can fill up quickly. If your child will need a physical examination or medical paperwork completed for the 2021-2022 school year, schedule appointments now to avoid the end-of-summer rush.



I hope you all have a fun and SAFE summer and I look forward to seeing you next school year!

Welcome to June. School's out for summer in 10 more days.



Are you ready to have some fun in the sun? Let's start each day with a sunshine filled affirmation to promote happiness and prepare for a positive vibes:

"Every day there is a new reason to smile and I share my joy freely with others. I am surrounded by love and happiness wherever I go."

It is important to remember, even though it is summer time, we still need some structure and mental and physical stimulation in order to stay healthy. By providing your children with mentally stimulating activities and good nutrition you are keeping them motivated and happy, and upholding their physical and emotional health. One of the best ways to stimulate the brain is to move the body. 20-30 minutes of moderate exercise at least 3 times a week can improve self-esteem, happiness, sleep, energy levels and reduce stress. Here are a few summer ideas to keep kids physically and mentally active:

- ★ Collect rocks then paint them. Get creative and write some positive words on them.
- ★ Collect fallen leaves, petals, twigs and make a picture using only them.
- ★ Create a game using recycled household products e.g. make a bowling game using old soda bottles, make a ring toss game, write the alphabet on sponges (dollar store), throw them in a small pool and make words/play a game of scrabble.
- ★ With a parent, design a pattern on old tin cans (vegetable cans) then drill holes and paint to make an outdoor candle holder.
- ★ Write a story for your own book.
- ★ Go to your local farmers market and have your children choose



the fruits and vegetables they would like to eat. Make fruit skewers and fun veggie dunkers.

- ★ Use fun, flexible, ice molds or popsicle molds and make frozen yogurt shapes/pops using your child's favorite yogurt flavor. Get creative and add some chopped fruit or blueberries to the mix.
- ★ Make some cookie cutter sandwiches with your child. Pick a protein, a veggie and add cheese and have some fun cutting different shapes to eat.
- ★ Create your own summer bucket list and mark off each activity once it is completed. Here are some ideas:

*Finding Wild by Megan Wagner Lloyd

*Goldfish on Vacation by Sally Lloyd-Jones

*Llama Lama Goes Camping by Anna Dewley

*The Night is Yours by Abdul-Razak Zachariah

"Live in the Sunshine, Swim in the Sea, Drink in the Wild Air" -Ralph Waldo Emerson



DATES TO REMEMBER

★ June 10th Field Day!

★ June 14th and 15th Teddy Bear Picnic Parade (Preschool end of the year celebrations)

★ June 17th Last Day of School (1/2 Day)

★ June 17th 6th Grade Send-Off at 9:00 a.m.



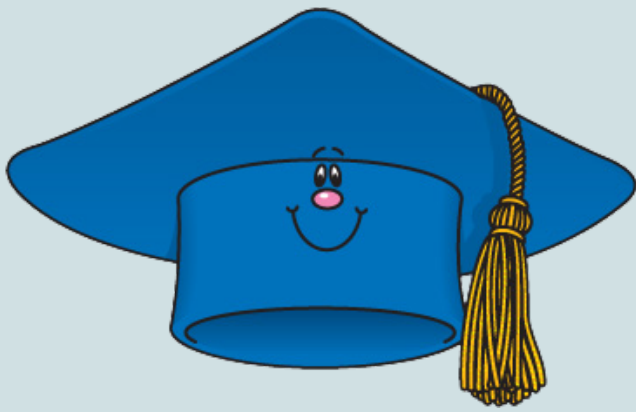
Sixth Grade Send-Off



1. Visit a Water Park
2. Go On a Staycation
3. Go Camping
4. Play in the Sprinkler
5. Movie Marathon
6. Make Slime
7. Water Gun Fight
8. Go to The Lake
9. Backyard Waterslide
10. Ride a Rollercoaster
11. See Fireworks
12. Go Bowling
13. Tie Dye Shirts
14. Go RollerSkating
15. Play Mini Golf
16. Make Own Pizza Night
17. Play Flashlight Tag
18. Game Night
19. Create a Summer Craft
20. Host a BBQ
21. Make Ice Cream
22. Toast Marshmallows
23. Catch Lightning Bugs
24. Pick Strawberries
25. Play in the Sand
26. Paint & Hide Rock
27. Make Bubbles
28. Complete a Read List
29. Play Dress Up
30. Go on a Picnic

Sunny Sunshine Book Suggestions

*The Sandcastle that Lola Built by Meagan Maynor



I cannot believe that June 17th is less than 3 weeks away! This will be the day that our sixth graders will say, "goodbye" to East Brookfield Elementary School. The time has finally come for them, many of whom have been here for 7 years, to move on to middle school. It is remarkable to see how much each and every one of these young men and women have grown as individuals in this time. These students have truly left a lasting impression on all of us here at school. We cannot wait to see what their futures have in store. We hope that the memories that they made during their time at EBE will stay with them for many years.

As author Anthony D'Angelo once said, "Develop a passion for learning. If you do, you will never cease to grow."



Preschool End of the Year Celebrations

Sadly with covid we are not able to have our regular end of the year extravaganza. We are going to have a **Teddy Bear Picnic** and a **Teddy Bear Picnic Parade**.



Teddy Bear Picnic - We are going to have a little celebration on the morning of June 14 and June 15 with all four of the classrooms coming together to sing some songs and frolic in the sun. We will snack on watermelon, graham crackers and juice boxes (any donations would be lovely). Children are encouraged to bring their teddy bear or special animal (a label would be great). Please put sun screen on the kiddos in the morning before they come to school.

Then on Tuesday the 15th of June we are going to have a reverse **Teddy Bear Picnic Parade**. Monday, Wednesday, Friday kiddos are welcome to join the caravan and Tuesday/Thursday kiddos are going to sit with their classes in front of the school and parents can meet in the rear parking lot at 1:15 to caravan past the school for a special **Cub's Corner Teddy Bear Send Off**. You can drive around the parking lot and pick up your little cub. We will be giving out diplomas for preschoolers moving on to kindergarten and everyone will be receiving an end of the year treat. We are going to miss our kiddos going off to kindergarten and we look forward to seeing returning preschoolers in the fall. If you can't make the **Teddy Bear Picnic Parade** bus kids can still take their bus home and parent pick up kiddos can get dismissed at their regular time in front of the school. Any questions send a message to your child's teacher.

Hope to see you then.

Fondly, the Preschool Team

