



Midkota School District In-Person Instruction & Continuity of Services Plan

Midkota School Board Approved
Updated May 19th, 2021

Dear Midkota School Families,

Thank you to the students, staff, parents, and community members for your perseverance and patience during this unprecedented time. We worked together to finish our 2019-2020 school year with a celebration of our seniors, and now we must work together to provide a safe and healthy learning environment for our community. We know we can't anticipate every scenario we might face this coming school year, but we will work together to put in place a plan that will guide us and change as we need it changed.

The 2020-2021 School Restart will be an evolving process as so many variables continue to change from day to day. We will establish a quality and meaningful learning experience for our students, while also making sure we maintain a safe learning environment for our staff and students. Our goal is to continually improve our processes, procedures, and understandings, while adapting and innovating through changes that come daily.

Midkota will strive to return to in-person learning while providing a variety of options for parents. The threats of this pandemic remain, and Midkota will take all practical and enforceable steps to keep our schools from contributing to virus spread while ensuring our focus is on students, staff, and building safety. We are working toward a free-flowing system with students and families having the ability to experience a face-to-face delivery model that could move to online depending on COVID numbers. We are working to provide an option for families who want to keep their students at home but cannot follow the daily school schedule. We are determined to offer a high quality online learning model for those families that want to remain in Distance Learning.

This document presents our most current thinking. It represents countless hours of research, discussion, and work from our dedicated and talented staff, students, parents and board members. We also continue to solicit and review feedback from our community and representatives of various local organizations and businesses.

Seeing this plan, especially for the first time, may be overwhelming, create questions, cause concern, or bring comfort. We know this plan in many ways is personal to each family and has impacts across this community. We ask for your patience and for you to remain open to what's possible, as we consider all options in moving forward. Flexibility will be key as we do our very best to educate our students through the 2020-2021 school year. Together we can and will do this!

Respectfully,

Sara Bilden
Superintendent

Table of Contents	Page #
Message from the Superintendent	1
Health & Safety Planning Team	3
Pandemic Response Coordination	4
Communication	5
Instructional Models	5
Distance Learning: Parent Opt In	6
Distance Learning: School Closure	6
Health and Safety Guidance	7
Health and Safety Protocols	8
Student & Staff Health	9
Contact Tracing	10
Guidance for School Building Closure	11
Transportation Guidance	12
Social Emotional Protocols	12
Midkota Tier One, Two, & Three	13
Midkota Tier Four	17
Midkota Tier Five & Six	19
Before School Parent Check List	22
Define Physical Distancing, Quarantine, and Isolation	23
G-M Titans Winter 2020 Athlete Guidelines	24

Midkota Public School will work in conjunction with the North Dakota Governor's Office, the North Dakota Department of Health (NDDoH), Griggs and Foster County Health, and our COVID Team on determining how to best define our community's risk level associated with COVID-19. Midkota will consistently monitor and follow the ND K-12 Smart Restart as it can change. Midkota Public School understands that closures may happen and we will try to isolate those closures **first to classrooms**, then grade levels or Teams, then to buildings, and finally to the district with a move to district-wide distance learning.

1. Although Midkota will work collaboratively with local officials, Griggs-Nelson and Foster Public Health and state officials can override decisions regarding the reopening and continued operations of Midkota.
2. Midkota will work in conjunction with local and state officials to create a process to determine closures.

Midkota Public School Believes:

- Every student should have the opportunity to engage in learning, regardless of the spread of COVID-19 in our community.
- Schools have a vital role in providing safe environments for students, focusing on both social-emotional and physical health.
- By working together with educators, staff, health care professionals, parents, students, and community members we can solve most challenges associated with education during a global pandemic.
- Our district will make decisions based on the most current guidance from local, state, and national health care officials.
- Our School Board will ensure our plan meets the needs of our students, educators, staff and community.

Our Planning Team

The Midkota School's Return to Learning Plan was crafted and reviewed by a team consisting of the following:

- | | |
|--------------------------------------|---|
| • Joel Utke- School Board | • Stacy Adrian- School Counselor |
| • Bobbi Hoffman- School Board | • Iris Brandt- School Counselor |
| • Nikki Johnson- Parent and Nurse | • Wyatt Spickler- Student |
| • Marshale Edlund- Parent | • Hannah Ehlers- Student |
| • Linn Dockter- Elementary Principal | • Sara Bilden- Superintendent |
| • Gavin Black- Teacher | • Rich Danielson- High School Principal |
| • Carlin Larson- Teacher | • Lannes Edlund- Director of Transportation |
| • Foster County Health | |
| • Griggs County Health | |

This document is a work in progress and may be edited or changed at any time as information and guidance are updated.

COVID-19 Response Coordination

This organizational structure was crafted to assist in the development and monitoring of the district return to learning plan. This structure identifies leaders and guiding team members that will serve as a voice in how the district responds to COVID-19 during the school year. This plan is designed to address the issues of reopening as well as provide a nimble and responsive process to address issues that may not be recognized today.

Operations	Sara Bilden, Superintendent and Nikki Boote, Business Manager will oversee all building operations under direct guidance of the Midkota School Board.
Instruction	Our building principals Linn Dockter & Richard Danielson will lead instruction by guiding teachers and staff to best practices during a pandemic.
Community Relations & Communication	<ul style="list-style-type: none">● Students● Parents● Teachers & Staff● Board● Community

The three components have been identified as key operational teams that consist of multiple departments. Each operational team will work implement the return to learn plan and address challenges as they arise.

COVID-19 Building Level Coordinators

Each school building will have an identified COVID-19 Coordinator who will be responsible for the health and safety preparedness and response planning. Coordinators will make themselves available to the NDDoH 24 hours a day / 7 days a week to respond to phone calls from public health. This position will assist public health in identifying and notifying close contacts in the school setting. The coordinator will be report cases of COVID-19, found in the school setting, to health officials and the State Superintendent's office.



principal.

Sara Bilden, Superintendent, will assume the role of building level coordinator in all Midkota School buildings. If the coordinator is unable to be reached the secondary contacts will be Linn Dockter, elementary principal, and Rich Danielson, high school

Communication

Communication Tools	Parents/Guardians	Teachers/Staff	Students	Community Members
Monthly Messenger	X	X	X	X
Automated Text Message	X	X		
K-12 School Email		X	X	
School Website	X	X	X	X
School Facebook	X	X	X	X
District Mailings	X	X		
Local Newspaper	X	X	X	X
Direct Phone Calls	X	X		
Microsoft Teams		X	X	
Smartphone App	X	X	X	X

If there is a COVID-19 case in our school, the NDDoH will notify the superintendent who will then communicate the information to the community. Midkota will release the information as soon as possible to ensure timely prevention methods can be put in place. We will not be allowed to communicate names, but we can communicate grade level and building information.

Instructional Models

The instructional models used by the district will be guided, in part, by the risk level of COVID-19 in the community as defined within the phases above. This is a guide as instructional models could be altered based on other factors, such as occupancy levels, age of children, and abilities to move certain classes online.



Traditional Learning

All instruction is delivered in-person with some building and group modifications. Teachers and students maintain a normal daily schedule. Safety precautions are implemented to enhance staff and student safety.



Distance Learning (List LMS System Used)

All instruction is provided off-campus through the use of distance learning resources or suited to the unique needs of the student.

Distance Learning (Parent Opt-In) Model

Midkota will offer a K-12 Year-Long, Full-Time Distance Learning Model for those parents interested. This will be comprehensive and rigorous. K-12 parents can transfer their child into the Distance Learning Model by calling 701-676-2511 to register between (between 9 a.m. and 3 p.m.). If you do NOT call to register in distance learning your child(ren) will be enrolled in the face-to face learning option. Students must remain in the model until the end of a grading period.

K-12 students can transfer in and out of Distance Learning at the end of every grading period (9 weeks for elementary and after one semester for grades 7-12) provided you have given a two week notice.

This model will have specific protocols and procedures for staff and students, which will be reevaluated each 9 weeks. This model will follow a schedule and pace that the parent and student set together, but will be required to follow the quarter or semester schedule for grading.

Parent Expectations:

- Provide internet access for your child to access the distance learning platform.
- Provide a quiet study space for your child.
- Ensure your child engages daily in online learning activities.
- Parents should be aware that a limited number of courses may be available for their child

Student Expectations:

- Attendance will be taken in coordination with the courses and programming.
- Expectations for distance learning will be SIGNIFICANTLY INCREASED from what occurred in the spring of 2020.
- Students must be aware they will be assessed and graded consistently as they would if they were in face-to-face classes.
- Students in this mode may be required to come into the school for necessary assessments.

School Expectations:

- Attendance will be taken
- Provide high quality instruction option for students and their families.
- Expectations and learning outcomes will be consistent with face-to-face instruction and grading.

Distance Learning (School Closure) Model

In the instance of a school closure, Midkota will offer a K-12 Year Distance Learning Model for times when the school building needs to be shut down or students are placed in a quarantine. This will be comprehensive and rigorous.

This model will have specific protocols and procedures for staff and students, which

will be reevaluated each 9 weeks.

Parent Expectations:

- Provide internet access for your child to access the distance learning platform.
- Provide a quiet study space for your child.
- Ensure your child engages daily in online learning activities.
- Parents should be aware that a limited number of courses may be available for their child

Student Expectations:

- Attendance will be taken, expectations for distance learning will be SIGNIFICANTLY INCREASED from what occurred in the spring of 2020.
- Students must be aware they will be assessed and graded consistently with face-to-face instruction.
- Daily participation and engagement in all courses will be expected.

School Expectations:

- Attendance will be taken
- Provide high quality instruction in a distance format along with consistent protocols for all staff.
- Expectations and learning outcomes will be consistent with face-to-face instruction and grading.
- Elementary teachers will coordinate with parents/guardians to remain flexible with lessons.

Health and Safety Guidance

The district strives to provide a healthy and safe environment for all who occupy our schools. The following guidelines are intended to provide a framework for the district's response to COVID-19.

Resources

ND Department of Public Instruction - <https://www.nd.gov/dpi/parentscommunity/nddpi-updates-and-guidance-covid-19>

ND Department of Health - <https://www.health.nd.gov/diseases-conditions/coronavirus>

Center for Disease Control and Prevention - <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

Best Intentions

Despite taking every reasonable precaution, there is not guarantee that our school's will be without risk as it relates to COVID-19. The virus may be present on our buses, in our classrooms, and at our activities. In certain situations, social distancing is not possible in a school setting. Our actions, as outlined in this plan, are intended to reduce the risk of exposure and spread of COVID-19. They will not prevent every student or staff member from being in contact with the virus.

Protect Yourself and Others

Wash your hands often



- Wash with soap and water for at least 20 seconds especially after blowing your nose, coughing, or sneezing.
- If soap and water are not available, use hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Students are encouraged to wash their hands often throughout the day.

Avoid close contact



- Keep social distance from others especially important for people who are at a higher risk of getting sick.
- Alternate or modified schedules, adjustments to use of common areas, use of outdoor spaces and other actions that increase physical separation may be considered.
- The sharing of instructional materials should be limited as much as possible.
- Physical separation on busing to the extent possible following district recommendations. We encourage parents to transport their students when possible to limit risk/exposure.
- The school will remain closed to all visitors (including parents) unless previously approved by school administration. Drop off and pick-up will take place outside the front doors.

Cover coughs and sneezes



- Always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.
- Throw tissues away and wash hands or use hand sanitizer to prevent spread.

Clean and disinfect



- School staff should clean and disinfect frequently touched surfaces daily.
- Shared materials (not recommended) should be cleaned.
- Classrooms will be cleaned nightly by custodial staff.

Cover your mouth and nose with a cloth face cover when around others.



- The wearing of face coverings will be applied in phases based on the phases within the [ND Smart Restart Guidance](#).
- Educators need to teach students how to properly wear a face covering so they are prepared to use them on school buses or other situations in close proximity with others.
 - Resources from NDDPI and MPS will be provided to teachers.
- Midkota will follow the motto: "When you move, you mask."
- Face coverings will not be required when sitting in class learning and while properly social distanced.
- Students who cannot wear a face covering will need exemption from administration.

Monitor your health daily



- Be alert for symptoms. Watch for a fever, cough, or shortness of breath.
- Parents are asked to screen their children each day before sending them to school. Use the screening guidance provided (see appendix).
- Staff and students who are sick should stay home.
- Temperatures of symptomatic students or staff may be taken at the school office.
- Symptomatic students will be isolated, and their guardians contacted.

Health & Safety Protocols

Hygiene & Cleaning

- Handwashing will occur before and after meals, after recess, after gym, etc.
- Encourage and reinforce good respiratory hygiene (sneeze/cough into elbow).

- Hand sanitizer will be available in high touch areas.
- Students and staff who are not feeling well must stay home.
- A normal daily cleaning schedule will be followed.
- An increased frequency of cleaning and disinfecting will occur on high-touch surfaces.
- Classrooms will have the proper disinfectant to clean surfaces throughout the day.
- Custodial schedules may be adjusted to ensure proper disinfection and sanitation takes place during and after school hours.
- Midkota will limit sharing of materials among students (personal supplies will be designated for individual student use only).

Physical Distancing

- Midkota will maximize space between students as much as possible.
- face coverings are required when 6 foot social distances are not possible.
- Enhanced health/safety measures around procedures including but not limited to:
 - arrival/dismissal
 - lunch procedures
 - building movement and proximity

Additional Precautions

- Outside visitors will be limited.

Student & Staff Health

Monitoring the health of students and staff will be an important component of a safe and healthy educational environment. Midkota School will take the following measures to ensure all students and staff are healthy while they are at school.

Identifying Students & Staff at Higher Risk

- Back to School and enrollment processes will include questions asking families to identify if their child is at-risk, based on a health professionals' diagnosis. This information will be provided to the building principal (COVID-19 Coordinator) who will contact the family and discuss instructional model options.
- The central office will inquire of all employees if they are at-risk, based on a health professionals' diagnosis. The office staff will work in partnership with the building principal and the employee to coordinate adjustments to the work schedule or workplace.
- When the NDDoH or our Midkota local health inform the district of a student or staff member that is COVID-19 positive that information will be passed on to office and the building principal as allowable within district policy and law.

Isolation & Quarantine

- Definitions (see appendix for more information).
 - Isolation – For people who are already sick from the virus. A prevention strategy used to separate people who are sick with the virus from healthy people.
 - Quarantine – For people who are not sick but have been exposed to the virus. A prevention strategy used to monitor people who were exposed for a period of time.
- Midkota School will follow isolation and quarantine guidelines and directives as set by NDDOH and our local health unit.

If a student or staff members becomes sick at school (or school event)

- Student
 - Direct/escort the child to the office.
 - The child shall be provided a facial covering and isolated in the building sick room.
 - Parent/guardian will be contacted to pick up their child.
- Staff
 - Inform your supervisor immediately and wear a face covering/shield until they can be replaced if supervising students at that time.
 - Leave the school building/grounds and consult with a health care professional.

Return to School

- When a student or staff member has been isolated or quarantined as directed by NDDoH or Foster/Griggs-Nelson County Health they will be allowed to return to school after being cleared by the NDDoH.

What does Contact Tracing mean, and how does it work for Midkota?

Midkota School understands that quarantining or distance learning is not the ideal situation that we all hope for. We know that in cases where we must quarantine individuals or groups, questions often arise about who, what, why, where, when or how we have reached a decision. In order to be as transparent as possible, we would like to disclose our contact tracing protocol for you as detailed below.

Definition according to the CDC:

Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period* starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.

** Individual exposures added together over a 24-hour period (e.g., three 5-minute exposures for a total of 15 minutes). Data are limited, making it difficult to precisely define "close contact;" however, 15 cumulative minutes of exposure at a distance of 6 feet or less can be used as an operational definition for contact investigation. Factors to consider when defining close contact include proximity (closer distance likely increases exposure risk), the duration of exposure (longer exposure time likely increases exposure risk), whether the infected individual has symptoms (the period around onset of symptoms is associated with the highest levels of viral shedding), if the infected person was likely to generate respiratory aerosols (e.g., was coughing, singing, shouting), and other environmental factors (crowding, adequacy of ventilation, whether exposure was indoors or outdoors). Because the general public has not received training on proper selection and use of respiratory PPE, such as an N95, the determination of close contact should generally be made irrespective of whether the contact was wearing respiratory PPE. At this time, differential determination of close contact for those using fabric face coverings is not recommended.*

These explanations are used as the guidelines Midkota Administration uses when working with local health departments when a positive diagnosis in our student population is identified. There is never a set time that we know that a positive will be discovered and communicated to us. We find out, when we are notified, be that a work day, evening or weekend. Upon notification, identification of close contacts becomes the priority, and we work until we are able to gather all the information needed for local health to make close contact determinations. For the administrative team at Midkota along with both Foster and Griggs County Health Department this has meant many hours on weekends and late into the evenings.

When we have a name, our next steps are to go through every seating chart for every classroom and lunch period in which that student spent time in for the previous two days. Possibly much longer if symptoms were occurring days before that notification or diagnosis. Often, further questions need to be addressed with teachers and students. This takes time to coordinate and analyze. We can only factor in what we know about the student's day to day school classes and activities. We then coordinate with county health to analyze the data they have gathered from their interviews along with the data we can provide. For every close contact that is identified there needs to be notifications, letters, and then we are able to start the coordination for distance learning for those students who need to quarantine.

Midkota Public School has signed an NDA with the State of North Dakota that explicitly states that we are not allowed to share any information with anyone regarding the cases we are helping our local health departments gather data. This makes the matter even more serious for our administrative team when trying to determine what can and cannot be communicated. Once a quarantine decision has been made, it cannot be changed by administration, parents, school board or local health. The decision stands. The only place further discussion could be had regarding any quarantine determinations are with the ND State Health Department.

Guidance for Grade Level & School Building Level Closure

This is intended as guidance for COVID-19 Coordinators and school leaders on when to close classrooms, grades, and buildings.

- Close contact is cumulative and defined as being within 6 ft. of another individual for 15 min or greater.
- Contract tracing is the process of identifying any persons who might have been in close contact with a positive case of COVID-19.
- Face coverings include any fabric that is used to cover the nose and mouth to reduce the risk of exposure to COVID-19. "When you move, you mask," will begin in Tier Three.
- If a school is closed for any length of time, the district will determine which mode of instruction will resume.
- NDDoH may close a school or district at their discretion.

- When the District has a confirmed COVID-19 case of a student or staff member, school may close for a maximum of up to 72 hours.
- When multiple cases are identified, we may do the 72 hour closure, but remain flexible to adapt with new information as we get it.
- Students will not be allowed in the building until 8 AM, unless prior approval has been granted by administration. For the health and safety of our students and staff, the district encourages students not to arrive earlier than necessary for class and/or breakfast.

GST Multidistrict Guidance for Special Needs Students

In order to provide equitable access to special education and related services, “Contingency Learning Plans” will be collaboratively created by case managers, service providers, and parents to determine how to best meet IEP goals and services in the absence of traditional school.

Transportation

- Buses will be disinfected at the completion of each trip.
- Hand sanitizer will be used at the entrance of each bus.
- Face coverings will be strongly encouraged on buses by staff and students.
- Seats will be assigned by family and socially distanced as much as possible.
- Parents are encouraged to transport students to and from school if possible.

Social/Emotional Learning

School Counselors will ease concerns about COVID-19 social/emotional by:

- working with classroom teachers and building principals
- reaching out to students who have chosen the distance learning mode
- hosting Zoom gatherings for students when in distance learning
- conduct regular classroom, small group, and individual sessions whether in the traditional or distance learning.

Midkota Levels of Precautionary Measures: Tiers

The following phases tiers will be used to define the community risk level associated with COVID-19. These tiers have been aligned with the ND Smart Restart Plan. More specifically, our school has designated tiers which outline guidelines, expectations, and practices to safely educate our students in the midst of current state and local risk levels. School officials will work with local county health units to determine our tier. [ND Smart Restart Plan](#)

Tier One	Pandemic/Health Concern Cleared
Priorities:	Return to a Midkota Public School Normal
Communication:	Continue educating staff, students and community on procedures and processes as needed or changing in the event of another situation where school may be shut down.

Tier Two	Low Risk- No Known Cases in Buildings
Priorities:	<ul style="list-style-type: none">→ Ensure students and staff who are symptomatic stay at home.→ Maximize social distancing cohort where possible.→ Support distance learning model as needed.
District Wide Practices:	<ul style="list-style-type: none">→ Social distancing- maintain a minimum 6 feet where possible and reasonable.→ No locker use except for winter gear. Text books are kept in classrooms and backpacks will be used.
Schools:	<ul style="list-style-type: none">→ Protective measures will be implemented in office spaces.→ Some school events, assemblies and gatherings may be changed or cancelled.→ Extra disinfecting will be used throughout the buildings.→ Social distancing signs and markers will be displayed.

Classrooms:	<ul style="list-style-type: none"> → Students will be issued technology and trained on how to use this in the event of a closure. → The school will maintain one distance platform at the high school and one at the elementary. → Limited use of shared materials and paper assignments. → Desks arranged to provide social distancing of six feet.
Common Areas:	<ul style="list-style-type: none"> → Students issued “technology” and trained on how to access online learning resources including LMS system adopted by school. → Limited use of shared materials and supplies. → Lunch practices will be determined by the building principal. → Desks arranged to allow for cohort groups and social distancing where possible and reasonable. → Staff and students working in close proximity will be advised to wear a face coving.
Extracurricular & Activities:	<ul style="list-style-type: none"> → Guidance and directives from the NDHSAA and other governing boards will be used to guide these activities. → Attendance may be taken at all events. → Midkota will follow state guidelines regarding building capacities. → Masks or face coverings recommended for spectators.
Communications:	<ul style="list-style-type: none"> → Share information about how to stop the spread of COVID-19

Tier Three	Low Risk- We have a known positive case in our buildings.
Priorities:	<ul style="list-style-type: none"> → Ensure students and staff who are symptomatic stay at home.

	<ul style="list-style-type: none"> → Maximize social distancing cohort where possible. → Support distance learning model as needed. → We can return to Green Level A when there are no known cases and no quarantines of staff or students.
District Wide Practices:	<ul style="list-style-type: none"> → When you move, you mask. (face covering) → Classroom Activities/Labs/Group Work masks will be required. → Upon notification, up to 72 hour closure to investigate and complete contact tracing. → Day 1 will remain in complete shutdown as contact tracing is completed. → Day 2 & 3 students will learn off campus via distance learning if needed. → When contact tracing is complete information and plans will be communicated. → Social distancing- maintain a minimum 6 feet where possible and reasonable. → No locker use except for winter gear. Text books are kept in classrooms and backpacks will be used.
Schools:	<ul style="list-style-type: none"> → Protective measures will be maintained in office spaces. → Some school events, assemblies and gatherings may be changed or cancelled. → Access to campus may be additionally limited, with new protocols. → Return to school after any closure may not be viable for all grade levels or teachers depending on how many have been exposed.
Classrooms:	<ul style="list-style-type: none"> → Students may be attending school via distance learning options. → Students will be expected to engage in learning opportunities online using district system on days they are not in school.

	<ul style="list-style-type: none"> → Desks arranged to allow for cohort groups and social distancing where possible and reasonable. → Staff and students working in close proximity will be required to wear a face covering. → Transitions will be kept as minimal as possible and staggered for social distancing. <p>Music Practices:</p> <ul style="list-style-type: none"> → Masks will be worn by all singers and instrumentalists while performing, with the exception of flute players due to an inability to play their instrument with one. Instrumentalists will cut a slit in their mask to accommodate a mouthpiece. Masks may follow general classroom guidelines when not performing. → Rehearsals should be kept to 30 minutes of physical play time to allow aerosols to disperse. Remaining time may be used for other purposes such as discussion, analysis, and theoretical work.
Common Areas:	<ul style="list-style-type: none"> → Limited use of shared materials and supplies. → Lunch practices will be determined by the building principal and organized for maximum social distancing. → Desks arranged to allow for cohort groups and social distancing where possible and reasonable. → Staff and students working in close proximity will be advised to wear a face covering.
Extracurricular & Activities:	<ul style="list-style-type: none"> → Guidance and directives from the NDHSAA and other governing boards will be used to guide these activities. → If events are held, attendance may be taken. → Midkota will follow state guidelines regarding building capacities.

	<ul style="list-style-type: none"> → Masks or face coverings recommended for spectators.
Communications:	<ul style="list-style-type: none"> → Share information about how to stop the spread of COVID-19. → Share technology support resources for parents.

Tier Four	An increase in cases is acknowledged and movement to phase yellow will be at the discretion of district administration and local health experts.
Priorities:	<ul style="list-style-type: none"> → Ensure students and staff who are symptomatic stay at home. → Maximize social distancing cohort where possible. → Support distance learning model as needed.
District Wide Practices:	<ul style="list-style-type: none"> → If needed upon notification, up to 72 hour closure to investigate and complete contact tracing. → Day 1 will remain in complete shutdown as contact tracing is completed. → If longer closure is needed, students will learn off campus via distance learning. → Masking will be required according to ND State and local health guidelines. Face coverings used will be approved ND State and local health face coverings. → Social distancing- maintain a minimum 6 feet where possible and reasonable. → No locker use except for winter gear. Text books are kept in classrooms and backpacks will be used.
Schools:	<ul style="list-style-type: none"> → Protective measures will be maintained in office spaces.

	<ul style="list-style-type: none"> → All practices, games and school events <u>may be</u> canceled during the shutdown days. → Access to campus by essential staff only during days of closure. → Return to school after a closure may not be viable for all grade levels or teachers depending on who has been exposed. → Special needs students may be allowed to return to the building for classes if it is deemed safe.
Classrooms:	<ul style="list-style-type: none"> → Students may be attending school via distance learning options. → Students will be expected to engage in learning opportunities online using district system on days they are not in school. → Desks arranged to allow for cohort groups and social distancing where possible and reasonable. → Staff and students working in close proximity will be required to wear a face covering. <p>Music Practices:</p> <ul style="list-style-type: none"> → Masks will be worn by all singers and instrumentalists while performing, with the exception of flute players due to an inability to play their instrument with one. Instrumentalists will cut a slit in their mask to accommodate a mouthpiece. Masks may follow general classroom guidelines when not performing. → Rehearsals should be kept to 30 minutes of physical play time to allow aerosols to disperse. Remaining time may be used for other purposes such as discussion, analysis, and theoretical work.
Common Areas:	<ul style="list-style-type: none"> → Limited use of shared materials and supplies.

	<ul style="list-style-type: none"> → Lunch practices will be determined by the building principal and organized to allow for maximum social distancing. → Desks arranged to allow for cohort groups and social distancing where possible and reasonable.
<p>Extracurricular & Activities:</p> <p>Midkota Public School District will follow guidelines set by NDHSAA and the ND Department of Health for high school activities.</p>	<ul style="list-style-type: none"> → Activities and events may be postponed until contact tracing is complete. → Guidance and directives from the NDHSAA and other governing boards will be used to guide these activities. → If events are held attendance may be taken. → Midkota will follow state guidelines regarding building capacity. → Masks or face coverings required for spectators. → Temperature may be taken at the door.
Communications:	<ul style="list-style-type: none"> → Share information about how to stop the spread of COVID-19. → Share technology support resources for parents.

Tier Five: High Risk of Exposure: 50% of students or staff quarantined or isolated in the affected school building.	Move to distance learning for two weeks. Further evaluation and consideration of return to school will be addressed at the end of the two week period.
Priorities:	<ul style="list-style-type: none"> → Reduce the risk of community spread by closing one or both school buildings for a short period.
District Wide Practices:	<ul style="list-style-type: none"> → Ensure students and staff who are symptomatic stay at home. → Support distance learning model as needed.
Schools:	<ul style="list-style-type: none"> → Protective measures will be maintained in office spaces.

	<ul style="list-style-type: none"> → All practices, games and school events <u>may be</u> canceled during the shutdown days. → Access to campus by essential staff only during days of closure. → Return to school after a closure may not be viable for all grade levels or teachers depending on who has been exposed. → Special needs students may be allowed to return to the building for classes if it is deemed safe.
Classrooms:	<ul style="list-style-type: none"> → Students will be expected to engage in learning opportunities online using district system on days they are not in school.
Meals:	<ul style="list-style-type: none"> → Breakfast and lunch will be provided upon request.
Extracurriculars/Activities	<ul style="list-style-type: none"> → Activities and events may be postponed until contact tracing is complete. → Guidance and directives from the NDHSAA and other governing boards will be used to guide these activities. → If events are held attendance will be taken. → Midkota will follow NDHSAA and state guidelines regarding building capacity. → Temperature may be taken at the doors. → Masks are required for all attendees. → Tickets may not be available for opposing team. → There may be limited home team tickets. → Only attend your child's game. → No dances.

Tier 6: Statewide Shutdown	High Risk of Exposure
Priorities:	<ul style="list-style-type: none"> → Reduce the risk of community spread by closing schools.
District Wide Practices:	<ul style="list-style-type: none"> → Online instruction will be used district wide in all courses at all grade levels. → Instruction will focus on essential learning targets. → Attendance and academic progress will be expected. → Grading policies will not be suspended. → Ensure internet access to support distance learning for those that may not have it in their homes. → Local food distribution may be implemented by food service program.
Schools:	<ul style="list-style-type: none"> → Closed to the general public except by special arrangement with the district office. → Small group meetings or instruction may be allowed, particularly for special needs students or academic interventions.
Classrooms:	<ul style="list-style-type: none"> → Students will engage in learning at the home. → Students will be expected to engage in learning opportunities online (whatever your LMS system).
Extracurricular & Activities:	<ul style="list-style-type: none"> → Guidance and directives from the NDHSAA and other governing boards will be used to guide these activities. → Athletic and other extra/co-curricular activities likely suspended.
Communications:	<ul style="list-style-type: none"> → Clear communication about academic expectations and grading shared with students and families. → Share technology support resources for parents. → Student/Family/School communication and support will be a priority.

BEFORE SCHOOL!

Parents are asked to review this daily health checklist by answering these questions before sending their child to school.

(Parents do not need to send the questionnaire to school)

This document is subject to change. Last updated: 8/03/2020

Has your child had close contact with a confirmed case of COVID-19 in the past 14 days?

Yes____ No____

Does your child have a new or worsening shortness of breath not associated with an underlying condition?

Yes____ No____

Does your child have a new or worsening cough not associated with an underlying condition?

Yes____ No____

Does your child have a fever of 100.4 or greater without the use of fever reducing medication?

Yes____ No____

Does your child have chills?

Yes____ No____

Does your child have a sore throat?

Yes____ No____

Does your child have a new loss of taste or smell?

Yes____ No____



If **YES** to any of the questions **STOP!**

Do not send your child to school. Contact your healthcare provider. Contact your child's school to inform them of your child's absence.



If you are able to answer **NO** to all questions, go to school.

COVID-19: What's the Difference Between Physical Distancing, Quarantine and Isolation?

	PHYSICAL DISTANCING	QUARANTINE	ISOLATION
Who is it for?	People who haven't been exposed to the virus or are not aware of exposure to the virus.	People who don't currently have symptoms of the virus but were exposed to the virus.	People who are already sick from the virus.
What is it?	A precautionary measure used to help prevent the spread of the virus.	A prevention strategy used to monitor people who were exposed to the virus for a period of time to see if they become ill.	A prevention strategy used to separate people who are sick with the virus from healthy people.
Where does it take place?	Takes place outside the home in public places like grocery stores and work environments.	Takes place in a home setting.	Can take place in a home when medical attention is not required. Takes place in a hospital when medical care is required.
When do I use it?	At all times until further directed by the ND Department of Health.	If you have recently traveled internationally or have known exposure to the virus.	If you have tested positive or have symptoms and have not yet obtained a test.
How long is it for?	At all times until further directed by the ND Department of Health.	14 days after your last exposure. Once your quarantine period has ended, if you do not have symptoms, you may return to your normal routine.	A minimum of 10 days from the beginning of symptoms and 72 hours after your fever is gone without the use of fever-reducing medicine and other symptoms have significantly improved.
What does this mean for my daily life?	<ul style="list-style-type: none"> • Avoid large gatherings. • Stay 6-feet away from people. • If you are unable to stay 6-feet away from other people, wear a cloth face covering. • Call or video-chat with friends or loved ones, particularly those that are elderly or have underlying health conditions that places them at high-risk. • If possible, work from home. • Practice good hygiene and avoid shaking hands or touching your face. • If you become ill and need medical attention, call your health care provider. 	<ul style="list-style-type: none"> • Stay at home and avoid close contact with others. • Do not attend school, work or any other setting where you cannot maintain a 6-foot distance from other people. • Call or video-chat loved ones. • For food, medication and other necessities, obtain through friends or family, or use a contactless delivery service. • Practice standard hygiene and precautionary measures like not sharing household items, washing your hands, and cleaning frequently touched surfaces often. • Monitor your symptoms. If you become ill and need medical attention, call your health care provider. 	<ul style="list-style-type: none"> • Do not leave your home unless it is in an emergency. If you are in a home with others, stay in a "sick" room by yourself and, if possible, do not share a bathroom. • If you have a pet and live with others, do not touch your pet. • For food, medication and other necessities, obtain through friends or family, or use a contactless delivery service. Try to stock up for the duration of the isolation. • Practice standard hygiene and precautionary measures like not sharing household items, washing your hands, and cleaning frequently touched surfaces often. • If a caregiver cleans your room or bathroom, they should wear a mask and wait as long as possible after you've used the bathroom. • Contact your health care provider immediately if you experience severe symptoms.

Last updated 05/07/2020

G-M Titan Winter 2020 Athlete Guidelines

In order to reduce the number of athlete quarantines as a result of close contact exposure, the following athlete expectations have been added to our Midkota School District Health & Safety Smart Restart Plan.

- Athletes are required to wear a mask on all team busses and shuttles.
- Athletes are required to wear a mask at games while not in uniform or competing.
- Athletes will use appropriate social distancing while not in drills/competition at practice.
- Athletes will limit locker room usage to only one squad or cohort at a time.
- Athletes will follow a bus seating chart on team busses and shuttles.