

Gallatin County Community Unit School District Suicide Prevention

Gallatin County CUSD 7 believes in educating and supporting the whole child. With support from both home and school, the District believes an environment where all children can thrive and overcome negative emotions can be created.

Gallatin County CUSD 7 will be complying with Illinois law by meeting the requirements of Ann Marie's Law. The law, signed in 2015, mandates that all Illinois public schools provide age-appropriate suicide and depression awareness and prevention education programs for students in grades kindergarten through 12.

In addition, the District encourages parents who are concerned about their children to access the following resources for support. Our school social worker, Mercedes Lands, is also available, if you believe your child may need additional help.

- **DHS SASS**

SASS provides intensive mental health services for youth experiencing a mental health crisis.

SASS services are available by calling the Crisis and Referral Entry Services (CARES) line.

(800) 345-9049

(866) 794-0374 (TTY)

- **National Suicide Hotline**

Helping connect individuals dealing with suicidal ideations to services.

(800) 273-8255

(888) 628-9454 (Spanish)

(800) 799-4889 (TTY)

- **NAMI National Alliance on Mental Health**

NAMI Illinois crisis line with referral information.

(800) 346-4572

- **Egyptian Health Department (618) 273-3326**

- **Gallatin County School Wellness Center (618) 272-7132**

- **Mercedes Lands, MSW, LCSW School Social Worker (618) 272-3821 x1305**

- **Dial 911** If school is not in session

- **The Trevor Project**

A support site for LGBTQ youth who are experiencing depression or suicidal thoughts.

- **The Jason Foundation**

A foundation focused on suicide prevention that provides information on youth suicide and its prevention.

- **American Foundation for Suicide Prevention**

- **American Association of Suicidology**