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 Southwest Middle School (Searcy Public School District)  
 1803 Stonecrest Dr  
 Searcy AR 72143  
 5019529167

### Health and Wellness School Improvement Priority

#### Section I: School Information

<b>School Name:</b>	Southwest Middle School
<b>School LEA Number:</b>	7311054

**School Year: 2020-2021**

#### **Section II: Needs Assessment**

##### **School Health Index Assessment**

Check box if completing the SHI Assessment online

If completing the SHI Assessment online, a reference number must be provided.

<b>Reference Number:</b>	Sear416816
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##### **Reviewer Comments:**

Complete the school improvement plan portion within the SHI assessment. At least 2 actions are required. Re-submit the Indistar plan and completion. AEW 1/11/2021

##### **Body Mass Index (BMI)**

<input checked="" type="checkbox"/>	<b>The school has conducted an analysis of the School Level Body Mass Index screening data.</b>
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##### **Develop a brief narrative of student BMI trends based on the analysis of the data.**

BMI Classifications for all students in SWMS during the 2019-20 school year for the 4th and 6th grade students are:

63.1% of Southwest students are healthy or underweight while 17.7% are overweight and 21.3% are

Males:

4th 37.5% are healthy/underweight, 7.39% overweight, 16.48% obese

6th 28.88% are healthy/underweight, 10.16% overweight, 9.63% obese

Females:

4th 36.49% are healthy/underweight, 13.51% overweight, 6.76% obese

6th 24.03% are healthy/underweight, 8.44% overweight, 11.04% obese

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### Other Health and Wellness Related Data (Optional)

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#### Develop a brief narrative of other health and wellness data. (Optional)

Due to Covid-10 pandemic, students will preorder their lunches and they will be bagged individually and in ABC order to allow for adequate spacing. Students are also able to eat free breakfast and lunch until December 31, 2020 due to a Federal waiver.

The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district. The District Wellness Committee ensures that the district policy is in compliance with state and federal mandates.

Tammy Bishop is on the District Wellness Committee and represents SWMS to ensure all menus are reviewed and state and federal mandates are in district policy.

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#### Reviewer Comments:

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### Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following Act 1220 requirements:

- The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee.
- The LEA will ensure that the district policy is in compliance with state and federal mandates.

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#### **Goal 1: The LEA will provide coordination and support to create a healthy nutrition environment for students.**

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##### **Goal 1 Measurable Objective**

The students will receive grade appropriate nutrition education.

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**Goal 1**

<b>Activity</b>	<b>Person Responsible</b>	<b>Timeline</b>
Food Services Director and Cafeteria Manager will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee and healthy food choices are being marketed.	Charlotte Davis	2020-21
Curriculum and instructional review committees will annually review grade level instructional practices (including lesson plans) to ensure grade level appropriate nutrition education is provided	Matt Davis	2020-21
The district Wellness Committee will ensure the district's wellness policy is in compliance with federal and state mandates.	Charlotte Davis	2020-21

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**Reviewer Comments:**

Good job on your team's efforts in addressing nutrition on the school campus! As you move forward developing meaningful health & wellness performance objectives, always include a target level of performance. An objective should clearly answer, one or all of the following questions:

- How much?
- How many?
- How will I know that it's accomplished? AEW 1/11/2021

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**Goal 2: The LEA will provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students.**

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**Goal 2 Measurable Objective**

Through scheduling, the minimum levels of physical education and physical activity are being provided. We provide students physical education all year. We ensure that physical activity is implemented across the curriculum for all grade levels, 4th grade through 6th grade. We have also incorporated the new law that was signed in the legislative session regarding 40 minutes of daily, unstructured, instruction time. This is in effect for 4th grade. After a review of current physical activity within the school, opportunities for student engagement will increase overall by 30% by May 2021.

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**Goal 2**

<b>Activity</b>	<b>Person Responsible</b>	<b>Timeline</b>
Minimum levels of physical activity are provided to all students, including games and activities that are family and team friendly to promote	Principal	2020-2021

continued exercise.		
The principal will ensure that physical activity is implemented across the curriculum for all grade levels.	Principal	2020-2021
The principal, in coordination with the wellness committee, will ensure that the district policy is in compliance with the federal and state mandates.	Principal/Wellness committee	2020-2021

**Reviewer Comments:**

Good job on your team's efforts with incorporating physical activity into the overall curriculum! Within the measurable objective section, an objective should clearly answer, one or all of the following questions:

- How much?
- How many?
- How will I know that it's accomplished?

An example would be, "After a review of current physical activity within the school, opportunities for student engagement will increase overall by 50% by May 2021." Please modify the objective and resubmit. AEW 1/11/2021

**Goal 3: The LEA will provide professional development for school staff that promotes healthy nutrition and physical activity.**

**Goal 3 Measurable Objective**

We will provide professional development for staff that includes nutrition and physical activity.

**Goal 3**

Activity	Person Responsible	Timeline
Food Services Director in coordination with the health and physical education teachers will annually provide professional development including nutrition and physical activity.	Principals and assistance	2020-2021

**Reviewer Comments:**

**Goal 4: (Optional) The LEA will provide coordination to support a safe and healthy learning environment.**

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**Goal 4 Measurable Objective**

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**Goal 4**

Activity	Person Responsible	Timeline

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**Reviewer Comments:**

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**Reviewer Response:**

ADE Reviewed

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**Reviewer Comments:**

Please review the comments in sections II and III; revise as necessary. If you have any questions, contact Ashley Williams, Act 1220 Coordinator, at (501) 683-3604. 1/11/2021