

MAY 2021

PRESCHOOL TO PATRIOT PRESS

THE LINCOLN COUNTY
EARLY CHILDHOOD
NEWSLETTER



LCEC Office Phone:
606-365-9371

2021-2022

Registration

Early childhood registration for the 2021-2022 school year is underway!

If you would like to schedule an appointment to apply, please call our office or scan the QR Code below to complete our survey, and someone will be in touch with you.

To scan the QR Code: Open the camera app on your smart phone and point it steadily for 2-3 seconds towards the QR Code. When scanning is enabled, a notification will appear.

Click on the notification and you will be directed to our registration survey.



From the Nurse's Station:



May is Mental Health Month. Head Start and Early Head Start programs support the mental health of children, families, and staff every day. Early childhood mental health is the same as social and emotional well-being. It is a child's developing capacity to express and regulate emotions, form trusting relationships, explore, and learn—all in the cultural context of family and community. The mental health of children and the adults that care for them is essential for school readiness.

Mental Health America is an organization that reaches out to millions of people through the media, local events, and screenings. This year for Mental Health Month, they are providing the #TOOLS2THRIVE toolkit to raise awareness about the importance of mental health. The COVID-19 pandemic has had a profound impact on the mental health of people of all ages. Now, more than ever, it is critical to reduce the stigma around mental health struggles, because that stigma often prevents individuals from seeking help. The #TOOLS2THRIVE toolkit includes information on topics such as: connecting with others, dealing with anger and frustration, owning your feelings, processing big changes, taking time for yourself, and more. **For more resources, please visit:**

mhanational.org/tools-2-thrive

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Last day of school for Preschool and Early Head Start is Thursday, May 27th

Summer School



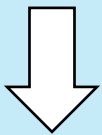
This year we will be offering Summer School for 4-year-olds going to Kindergarten.

Students will attend from 8:00am to 11:30am.

The dates are: June 7-10 and June 14-17.

(Location details are to be determined. More information will be given later.)

Mrs. Becky & Ms. Bethany's class dressed up as farmers at the end of their farm unit!



Mrs. Valerie & Mrs. Michelle's class having some KY Derby Fun!

Don't forget to search for "Lincoln County Early Childhood" on Facebook, like our page, and follow along for the latest updates!



You can also find updates on our website:
lincoln.kyschools.us/o/lcearlychildhood



Kindergarten Camp will be held on Wednesday, August 11th, 2021.



Please send all newsletter features/ideas to:
kristen.zahn@lincoln.kyschools.us