

# **Augusta County Public Schools**

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## Mask and Mask Break Guidance for Students and Staff

### Mask/Face Covering

A list of masks recommended by the Virginia Department of Health (VDH) and allowed by Augusta County Public Schools (ACPS)is provided. Other types of face coverings will be considered by school administrators. A face shield must have documentation presented from their medical provider for consideration of usage instead of a mask. It's also important for the wearer to avoid touching their masks, and if they do, to sanitize or wash their hands after. Additionally, if a cloth or fabric mask becomes wet or dirty, it's important to switch to a clean one. These masks should not be shared. Your mask should cover your face from the bridge of your nose to under your chin.

#### Allowed:

Fabric or Cloth mask (washable cotton or polyester) Surgical mask (disposable) Fitted N95 or Professional Grade Medical mask Face Shield with a drape at the bottom Buffs that are at least two-ply/double material

### Not allowed:

Bandanas

Face masks with valve or vent

May be allowed with proper documentation and approval from school administration:

Face Shield

### Mask Breaks for students and staff while at school

Outside breaks are encouraged as much as possible.

- •6 feet social distance when there is no physical activity
- •10 feet social distance when there is physical activity

<u>Inside</u> breaks are limited to a maximum of 10 minutes per class/hour

- Must be in their seat
- Must be 6 feet from the teacher and other students
- Facing the same direction as other students
- During a seated activity (i.e. quiet reading time, journal time)

If there is less than 6 feet of social distancing then you have the following options

- Take a quick mask break in another location of the school or outside that allows 6 feet of social distancing
- Have every other student take a quick mask break and then allow the other half of the students to do the same which keeps the students taking a mask break at a distance of 6 feet from others without a mask on.