

# What is The Leader in Me?

The Leader in Me is a whole-school initiative at Edgemont Elementary School based on The 7 Habits of Highly Successful People. The Leader in Me delivers training to our staff that in turn impacts the daily life of our Edgemont students. As our students learn the 7 Habits and use them to transform their lives, The Leader in Me helps Edgemont reach our potential of higher academic achievement, fewer discipline problems, and increased engagement among teachers and parents. The Leader in Me equips students with the self-confidence and skills needed to thrive in the 21<sup>st</sup> century economy.

## What are the 7 Habits?

- **Habit 1 – Be Proactive**

“You’re in Charge” is the motto of the first habit. Students take initiative to choose their actions, attitudes, and moods. They take responsibility for their actions and do the right thing even when no one is looking.

- **Habit 2 – Begin With the End in Mind**

“Have a Plan” is the motto of the second habit. Students plan ahead and set goals. They look for ways to be good citizens. They contribute to the school’s mission.

- **Habit 3 – Put First Things First**

“*Work First, Then Play*”: I spend my time on things that are most important.

- **Habit 4 – Think Win-Win**

Think win-win is based on the principles of mutual benefit, fairness, and abundance. There is plenty out there for everyone, and more to spare – balance courage and consideration.

- **Habit 5 - Seek First to Understand, Then to be Understood**

With habit five, students learn to “Listen Before You Talk”. They try to see things from other viewpoints and listen without interrupting. They listen with their eyes, ears, and hearts. They voice their own opinions with confidence.

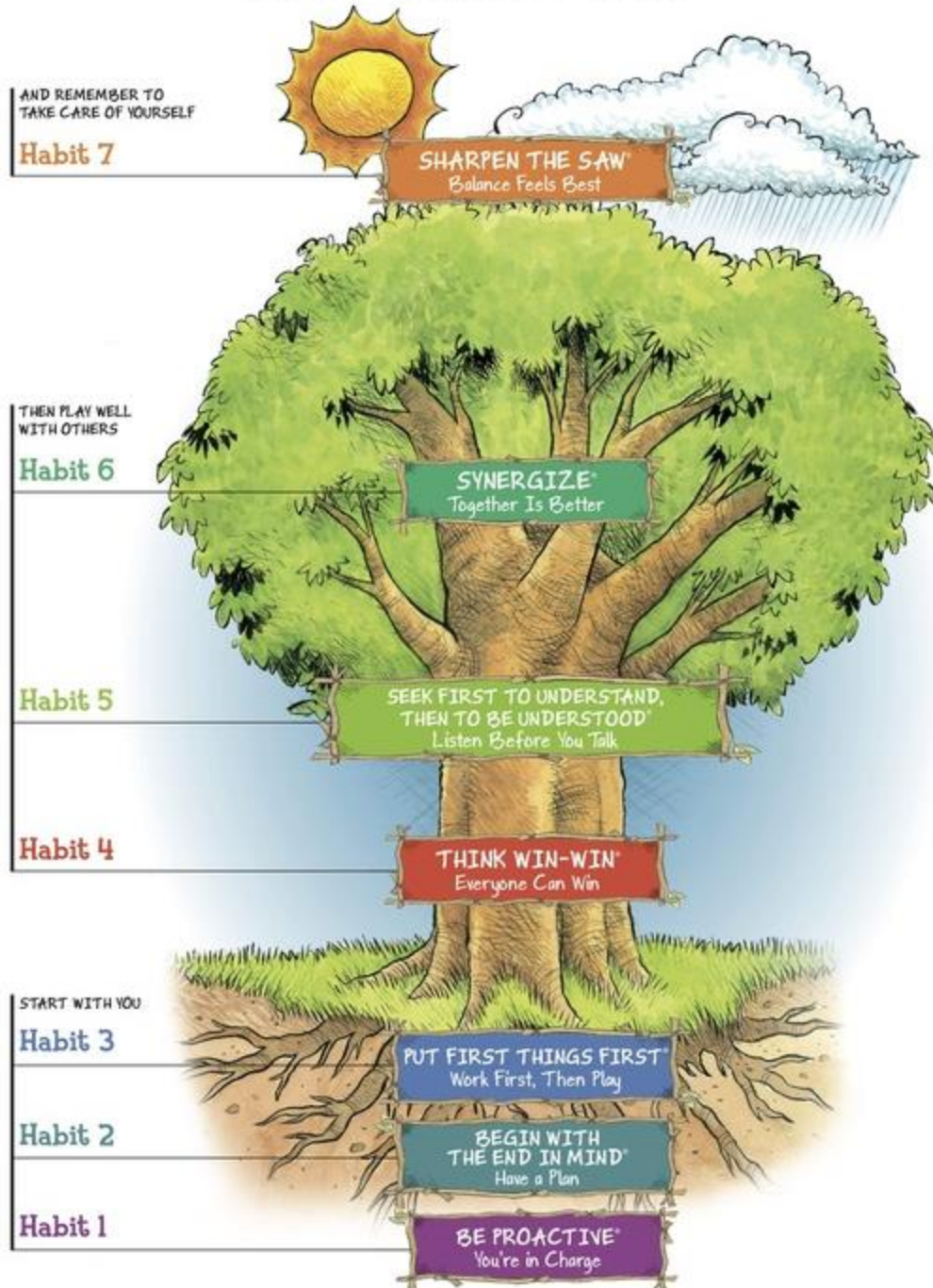
- **Habit 6 – Synergize**

Synergize is achieved through two or more people working together to create a better solution than either would have thought alone. It’s not your way or my way – but a better way.

- **Habit 7 – Sharpen the Saw**

Habit seven reminds us that we are more productive when we are in balance - body, brain, heart, and soul. If one is being ignored or over used, the rest will feel the results.

# The 7 Habits<sup>®</sup> Tree



## Goals of The Leader in Me

- Develop a Strong Work Ethic
- Increase Motivation and Initiative
- Enhance Problem-Solving Skills
- Effective Interpersonal Skills
- Sense of Teamwork
- Valuing Diversity
- Trust and Trustworthiness
- Goal Setting