



May 17, 2021

A Proud Past, A Promising Future

●.....●
REMINDER TO STUDENTS/PARENTS:
Student e-mail accounts should only be used for
schoolwork and educational purposes.
●.....●

*“The way to get started is to
quit talking and begin doing.”*
—Walt Disney

MONDAY, MAY 17

Breakfast –Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

- State Golf Tournament @ Three Pines CC

TUESDAY, MAY 18

Breakfast –Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

WEDNESDAY, MAY 19

Breakfast –Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

THURSDAY, MAY 20

Breakfast –Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

FRIDAY, MAY 21

Breakfast –Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

Good News



Cafeteria News



All school lunch and breakfast are at NO charge for the remainder of the 2020-2021 school year. Students who choose to bring their own lunch may still

get a fruit, vegetable, fries, or milk at no charge. Also, if you have a negative balance from last year please clear it up asap.

On-going/Upcoming Events

Parents are reminded to use the link on each school's website to report a COVID-related incident. The information requested indicates if your child has symptoms, has tested positive, or has been identified as a close contact or household contact. Thank you for your continued support of our district.

<https://www.mid-carolinahighschool.org/article/369980?org=mchs>

ACCUPLACER TESTING

To: All students that plan to enroll as Dual Enrollment students or plan to enroll in college at PTC in the Fall

If you need to take the Accuplacer Test, testing will take place on **Wednesday, May 19, 2021** at 8:30 a.m. in room 301.

Please sign up in the MCHS Guidance office or email Ms. McAllister your name ASAP to test on Wednesday, May 19th.

2020-2021 SAT

Test @ MCHS

June 5, 2021

CLASS OF 2021

If you have not placed your senior supply order or you have a balance, you will need to call Rhodes Graduation Services (Jostens) at (803) 485-4503. You may also contact them at office@rhodesgraduation.com.

Senior Night will be presented in a virtual format on June 1, 2021.

A Virtual Baccalaureate Service will be held at 4:00 p.m. on Sunday, June 6.

Graduation will be held at Lon Armstrong Stadium (MCHS Football Field) at 9:00 a.m. on Friday, June 11, 2021. Our rain-out date will be Saturday, June 12, 2021 at 5 p.m. A pass will be required for entry on either date.



Yearbooks for the 2020-2021 school year have already been ordered. A limited number of extras were ordered.

If you would like for your name to be placed on the waiting list, please contact Mr. Peter Lewis at

plewis@newberry.k12.sc.us as soon as possible

If you receive a yearbook at delivery, payment of \$75 will be expected at time of issue.

WORD POWER

- M** **DEEP-SIX** to get rid of; discard, eliminate
ARCHIPELAGO an expanse of water with many scattered islands; a group of islands
- F** **FRUGAL** characterized by or reflecting economy in the use of resources
PAEAN a joyous song or hymn of praise, tribute, thanksgiving, or triumph
- W** **SHRIVE** to free from guilt
IMPORTUNATE troublesomely urgent; overly persistent in request or demand
- V** **VERACITY** conformity with truth or fact; accuracy
EXHILARATE to make (someone) very happy and excited or elated
- B** **BLITHESOME** with lightheartedness or unconcern
HARANGUE a lengthy and aggressive speech



Mid-Carolina High School

A Proud Past. A Promising Future.

Our mission: To engage students in educational experiences that ensure success and life-long learning.

Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.

WHY LEADERS NEED TO BE POSITIVE THINKERS

It takes a lot of work to create a world-class organization. It's hard to develop a successful team. It's not easy to build a great culture. It's challenging to work toward a vision and create a positive future. It's difficult to change the world.

As a leader, you will face all kinds of challenges, adversity, negativity, and tests. There will be times when it seems as if everything in the world is conspiring against you. There will be moments you'll want to give up.

There will be days when your vision seems more like a fantasy than a reality. That's why positive leadership is so essential.

When some people hear the term positive leadership they roll their eyes because they think I'm talking about Pollyanna positivity, where life is full of unicorns and rainbows. But the truth is that we are not positive because life is easy. We are positive because life can be hard.

Positive leadership is not about fake positivity. It is the real stuff that makes great leaders great. Pessimists don't change the world. Critics write words but they don't write the future.

Naysayers talk about problems but they don't solve them. Throughout history we see that it's the optimists, the believers, the dreamers, the doers, and the positive leaders who change the world.

The future belongs to those who believe in it and have the belief, resilience, positivity, and optimism to

overcome all the challenges in order to create it.

If you want to get control of your negative thoughts and stop the spiral into fear and pessimism, it's simpler than you think and it's a valuable skill for any leader to know.

1) First, be aware of your thoughts.

Observe your thoughts, keeping in mind that complaints, self-doubt, fear, and negativity lead to unhappiness, failure, and unfulfilled goals over time. When you notice these thoughts, it's high time for an intervention.

2) Talk yourself through the fear.

Understand that fear is a liar. If you believe the fear-based thoughts you think (I'm not good enough, I'm not smart enough, the world is falling apart, etc.), everything around you will validate what you believe to the point where you eventually start to believe it. But know this: Just because you have a negative thought doesn't mean you have to believe it. Don't believe the lie.

3) Speak truth to the lies.

Instead of listening to the negative lies, choose to feed yourself with the positive truth.

Speak truth to the lies and fuel up with words, thoughts, phrases, and beliefs that give you the strength and power to overcome challenges and create an extraordinary life, career, and team. The truth is that no matter what is happening around you and regardless of what negative thoughts pop into your

head, you possess the capability and power to take positive action.

4) Try feeling grateful instead of stressed.

Research shows we can't be stressed and thankful at the same time. If you feel blessed, you won't be stressed.

5) Talk to yourself instead of listening to yourself.

Dr. James Gills is the only person to complete six Double Ironman triathlons, and the last time he did it he was 59 years old. When asked how he did it, he said, "I've learned to talk to myself instead of listen to myself. If I listen to myself, I hear all the doubts, fears, and complaints of why I can't finish the race. If I talk to myself, I can feed myself with the words I need to keep moving forward."

6) Start a success journal.

At the end of the day, instead of thinking of all the things that went wrong, write down the best thing that happened to you that day - the one thing that made you feel great.

This is a great exercise to do with children as well. When you look for the good and focus on it, you will start seeing more of it. And you'll teach your children to view their life this way, too.

Positive leaders invest their time and energy in driving a positive culture. They create a shared vision for the road ahead. They lead with optimism and belief and address and transform the negativity that too often sabotages teams and organizations.

—Jon Gordon

M-C Faculty News

May 17, 2021

Volume 9, Issue 29

There will be days when we don't feel like being positive (and that's okay, we all have those days). It's on those days that we need to:

1. Look to our purpose. That purpose will give us something to be positive about.
2. Focus on gratitude. When you are grateful for the things in your life, big and small, you always seem to find more things to be grateful about. Abundance will flow into our life when gratitude flows out of our heart.
3. Smile more. When you share a real smile it not only produces more serotonin in your brain but in the brain of the recipient of your smile. Just by smiling at someone you are giving them a dose of serotonin, an anti-depressant. Never underestimate the power of a smile.

—Jon

Important Dates

5/17	AP Statistics Test @ 12 p.m.
5/24	EOC—English II Writing
5/25	EOC—English II Reading
5/26	EOC—Biology I
5/27	EOC—Algebra I
5/28	EOC US History
5/31	Memorial Day—School/Offices Closed
6/1	Senior Night Virtual
6/3 & 6/4	Senior Exams
6/5	SAT
6/6	Baccalaureate—Virtual (Tentative)
6/9 & 6/10	Underclassmen Exams
6/9	Half Day for Students
6/10	Half Day for Students
6/11	Teacher Workday & MCHS Graduation



Reminders

FACULTY FUND

Don't forget to contribute to the MCHS Faculty Fund. The cost for 2020-2021 is \$15 each.



Please check your mailboxes and e-mail for vital information early each morning.

