

Dear Parent/Guardian,

The 2021-2022 athletic seasons are just around the corner!

Per University Interscholastic League (UIL) rule, each student-athlete that participates in Sundown athletics must complete new forms and have a medical physical examination on file with the Sundown Athletic Department.

Sundown ISD requires every student-athlete to complete new forms and have a medical physical examination each year. Beginning this year, SISD will have parents and athletes complete their medical forms electronically with registration. We will not be handing out paper copies, except for the Physical Examination form, which must be completed by a MD, PA or NP.

All incoming 7th graders and those that were not in athletics last year will be required to get a medical physical examination. The medical physical examination is required before the first day of practices, which is August 2, 2021 for High School Cross Country and High School Football, or by August 17, 2021 for all other UIL sports. An athlete will not be allowed to practice without a medical physical examination on file with the Sundown Athletic Department. Incoming 7th graders must have a physical on file prior to Summer Workouts, which begin Monday, May 31st.

The medical paperwork will be required by all student-athletes. This includes a Medical History, Acknowledgement of Rules, Concussion Acknowledgement Form, Sudden Cardiac Arrest Form and the UIL Steroid Form. These forms are required during registration for those participating in High School or Middle School sports.

In addition to the above UIL forms, SISD requires the Athletic Emergency Information Sheet, which must be completed before any SISD employee may administer emergency care to your child. This emergency information travels to all out of town events and is on file for home events so that in case of an emergency, your child may receive immediate medical care. Please fill out all of this form to ensure that all the information we have on file for your child is current and accurate.

If you have any questions please do not hesitate to call or email. Thanks for your help in this important process.



Adam Cummings
Athletic Director
Sundown ISD
acummings@sundownisd.com
806-229-3021