

# **REPUBLIC COUNTY U.S.D. NO. 109**

## **BREAKFAST AND LUNCH MENUS AND ACTIVITIES**

**May 17 – May 24, 2021**

**FOOD SERVICE – Reminder your child has a choice of a  
Hot or cold entrees each day.  
Milk is also available with each meal**

**HEALTH and WELLNESS – VEHICLE SAFETY** – Road crashes claim over one million lives around the world and millions more are injured. You yourself can prevent road crashes by ensuring that you follow traffic laws such as using the seatbelt for adults and child restraint for your kids, wearing a helmet when riding a motorcycle or bicycle, not drinking and driving, and not using your mobile phone while driving.

**GRADUATION** – RCHS Graduation will be held at 2pm on Sunday, May 16 at the RCHS Gymnasium. Reminder graduates were each given 20 tickets for the graduation. You need to contact your student for the tickets. The graduation will be broadcast on YouTube, please be watching for the link. You can also watch the graduation live at The Blair Theatre while enjoying some comfortable seating and great snacks.

**PROMOTION** – 8<sup>th</sup> Grade Promotion will be held at 7pm on Monday evening, May 24<sup>th</sup> at the RCHS Gymnasium. Reminder the 8<sup>th</sup> grade students will each have 20 tickets for the promotion.

### **MONDAY, MAY 17:**

**BREAKFAST:** Egg, Bacon, and Cheese Bagel, Cereal with Muffin Square, Chilled Fruit, Juice, Milk

**LUNCH:** **EAST** – Grilled Cheese Sandwich – Cold Options – Ham and Cheese Sub, Italian Chef Salad with Focaccia Bread – **SIDES** – Glazed Carrots, Fresh Garden Salad, Chilled Fruit, Milk

**Jr/Sr HS** – Bacon Pickle Grilled Cheese, Chicken Patty on Bun, Baked Potato Bar with fruit Muffin – Cold Options --- Ham and Cheese Sub, Italian Chef Salad with Focaccia Bread – **SIDES** – Glazed Carrots, Fresh Garden Salad, Chilled Fruit, Fresh Fruit, Milk

**ACTIVITIES: RC JR/SR HS:** Activity – HS Stuco  
Regional Golf, HERE, 9am tee time  
Regional Baseball  
RCHS vs. Inman at Inman at 2pm,  
With a WIN at 2pm, will play again at 5pm in Inman  
**EAST:** Belleville After School Program – 3:30pm – 5:30pm

### **TUESDAY, MAY 18:**

**BREAKFAST:** Donuts, Cereal with Yogurt, Chilled Fruit, Fruit Juice, Milk

**LUNCH:** **EAST** – Corn Dog – Cold Options – Pizza Munchables, Chicken Bacon Ranch Salad With Italian Bread – **SIDES** – Cheesy Broccoli, Fresh Garden Salad, Chilled Fruit, Milk

**Jr/Sr HS** – Corn Dog, Jalapeno Jack Cheeseburger, General Tso Chicken with Rice, Cold Options – Fried Chicken Salad Sandwich, Chicken Bacon Ranch Salad With Italian Bread – **SIDES** – Cheesy Broccoli, Fresh Garden Salad, Chilled Fruit, Fresh Fruit, Milk

**ACTIVITIES: RC JR/SR HS:** Activity Period – OPEN  
Regional Softball @Bennington,  
RCHS @Bennington at 4pm,  
With a WIN the softball team will play at Ell-Saline on Thursday, 3pm  
**EAST:** Belleville After School Program – 3:30pm – 5:30pm

### **WEDNESDAY, MAY 19:**

**BREAKFAST:** Breakfast Nachos, Cereal with Muffin Square, Chilled Fruit, Fruit Juice, Milk

**LUNCH:** **EAST** – Chicken Patty with Hot Roll – Cold Options – Peanut Butter and Jelly Sandwich with Hard Boiled Egg, Chicken Caesar Salad with Hot Roll  
**SIDES** – Mashed Potatoes, Gravy, Green Beans, Fresh Garden Salad, Chilled Fruit, Milk

**Jr/Sr HS** – Chicken Patty with Hot Roll, Hamburger Steak with Hot Roll – Cold Options  
Peanut Butter and Jelly Sandwich with Hard Boiled Egg, Chicken Caesar Salad With Hot Roll – **SIDES** – Mashed Potatoes, Gravy, Green Beans, Fresh Garden Salad, Chilled Fruit, Fresh Fruit, Milk

**ACTIVITIES: RC JR/SR HS:** Activity Period – OPEN  
**EAST:** K-5 FUN DAY, 12:30pm, High School track  
Belleville After School Program – 3:30pm – 5:30pm

**THURSDAY, MAY 20:**

**BREAKFAST:** Fruit Biscuit, Cereal with Cheese Stick, Chilled Fruit, Fruit Juice, Milk

**LUNCH: EAST** – BBQ Rib on Bun – Cold Options – Turkey and Cheese Sandwich, Cobb Salad with Fruit Muffin – **SIDES** – Tater Tots, Fresh Garden Salad, Chilled Fruit, Milk  
**Jr/Sr HS** – BBQ Rib on Bun, Cheeseburger – Cold Options – Turkey w. Cranberry Sandwich, Cobb Salad with Fruit Muffin – **SIDES** – Tater Tots, Fresh Garden Salad, Chilled Fruit, Fresh Fruit, Milk

**ACTIVITIES: RC JR/SR HS:** Activity Period – OPEN  
Regional Softball @Ell-Saline,  
With a WIN on Tuesday the softball team will play at 3pm  
With a WIN at 3pm the softball team will play at 6pm  
Regional Baseball @Ellis, 5pm (with two wins on Monday)  
**EAST:** 3<sup>rd</sup> Grade Field Trip to Aurora, NE  
Belleville After School Program – 3:30pm – 5:30pm

**FRIDAY, MAY 21:**

**BREAKFAST:** Breakfast Pizza, Cereal with Muffin Square, Chilled Fruit, Fruit Juice, Milk

**LUNCH: EAST** – Frito Pie – Cold Options – Crispy Chicken Wrap, Chef Salad with Italian Bread – **SIDES** – Baked Beans, Fresh Garden Salad, Chilled Fruit, Milk  
**Jr/Sr HS** – Frito Pie, Sausage Pizza, Baked Potato Bar with Italian Bread – Cold Options – Crispy Chicken Wrap, Chef Salad with Italian Bread – **SIDES** – Baked Beans, Fresh Garden Salad, Chilled Fruit, Fresh Fruit, milk

**ACTIVITIES: RC JR/SR HS:** Activity Period – OPEN  
CFL Qualifiers Trip – 7am to Kansas City  
8<sup>th</sup> Graders LAST DAY  
6-8 Awards @RCHS Cafeteria, 8:30am  
HS Regional Track, @Valley Heights, 3pm, bus leaves at 12:45pm  
**EAST:** Follow the Tuesday B Schedule  
4<sup>th</sup> Grade Field trip to York NE  
Belleville After School Program – 3:30pm – 5:30pm

**MONDAY, MAY 24:**

**BREAKFAST:** Donuts, Cereal with Muffin Square, Chilled Fruit, Fruit Juice, Milk

**LUNCH: EAST** – Chicken Patty on Bun – Cold Options – Ham and Cheesy Roll Up, Italian Chef Salad with Focaccia Bread – **SIDES** – Texas Pintos, Fresh Garden Salad, Chilled Fruit, Milk  
**Jr/Sr HS** – spicy Chicken Sandwich, Corn Dog, Spaghetti and Meatballs with Garlic Bread – Cold Options – Ham and Cheese Sandwich, Italian Chef Salad with Focaccia Bread – **SIDES** – Texas Pintos, Fresh Garden Salad, Chilled Fruit, Fresh Fruit, Milk

**ACTIVITIES: RC JR/SR HS:** Activity Period – OPEN  
STATE Golf @Salina, TBA  
**9-11 Awards (will be held on May 27<sup>th</sup>)**  
8<sup>th</sup> GRADE Promotion – 7pm, gymnasium  
**EAST:** Preschool Field Trip  
Library books are due  
Belleville After School Program – 3:30pm – 5:30pm  
East Fun Day – Make-up date

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**REMINDER – MENUS & EVENTS are subject to change.**

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Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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