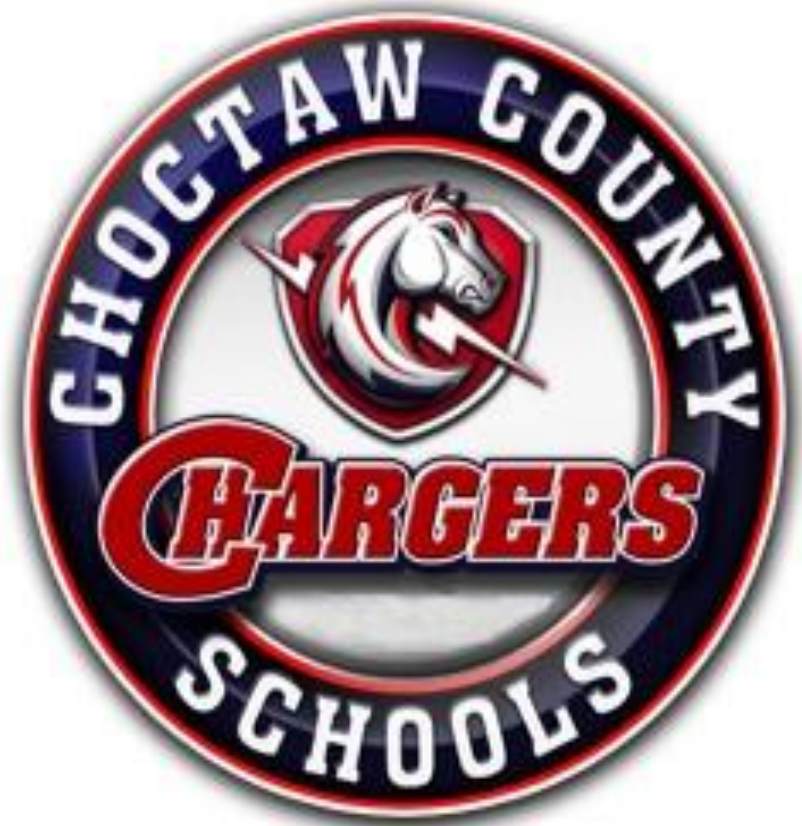


# Choctaw County High School



**Parent/Player  
Handbook for Athletics**

The following standards and rules are written so that there will be complete understanding as to what is expected of CCHS players and their parents during the athletic school year. It is most important for our athletes to operate in an atmosphere in which expectations and standards are clearly defined. These basic standards of behavior will act as guidelines as we work toward achieving our program goals, team goals, and individual goals.

## **TEAM PRINCIPLES**

- TEAM goals are to be placed above individual goals
- Possess a great work ethic at all times (on the field/court & in the classroom)
- Be on time
- Respect authority and one another; always be polite
- Leave places better than how you found them.... pick up and throw away trash

## **Roles of the Player**

Be a good teammate

Be coachable

Bring 100% effort to the field/court and the classroom

Play smart & communicate with teammates & coaches

Be accountable and responsible for your actions

Display good sportsmanship at all times

Maintain your cool (especially when faced with adversity)

Represent the school, the athletic program, and community in a positive manner

Enjoy the game; Have fun!

## **Role of the Parent**

Support the team in a positive manner

Support your child

Parents aren't allowed on the field of play

Help maintain your child's academic endeavors

Help promote a good training lifestyle (proper sleep & healthy diet)

Communicate injuries to the coaching staff. Sometimes players will hide these so they can play more

\*See the trainer! The CCSD employs a Full-Time trainer who takes care of our athletes

Encourage & support ALL players on the team as well as the coaching staff

Trust the coaches & school district to do what is right for your child as a person and a player. As coaches, we have the player and entire program in mind when making decisions. We are all on the same side.

- MHSAA gives school district personnel the ability to ban parents from sporting events for inappropriate actions and behavior.

## **PRACTICE**

- Be on time and ready to work
- Be prepared (mentally & physically)
- Be coachable with a good attitude
- Make yourself and team better by pushing yourself and teammates

## **ATTENDANCE POLICY**

### **Excused Absences**

An excused absence is excused when the player notifies the coach in advance, in person, by phone, text, or email.

Excused absences include but are not limited to:

Family emergencies

Medical emergencies

Special academic opportunities

Once in a lifetime opportunity

Absences are strongly discouraged, as it disrupts the team's dynamics, chemistry, and drills

Illness or injuries are NOT an excused absence unless a signed note from a doctor is provided to the coach.

Injured players are expected to attend practices and all games.

Athletes who miss the practice prior to a game with an excused absence may not start or have limited playing time.

### **Unexcused Absences**

An unexcused absence occurs when the player does not notify the coach before the absence occurs.

An unexcused absence also occurs when a player does not provide the proper written documentation indicating the reason for the absence signed by a parent/guardian of the player.

Unexcused absences from practices or games are defined as: any missed practice or game that are not excused prior to absence

### **Consequences**

- At the coach's discretion. Penalties could be as simple as additional conditioning for lost conditioning opportunities at practice to as severe as dismissal from the team.

### **ISD**

- Students who are in ISD must wait until the end of the school day to participate. Certain major offenses in ISD can be punished by lost playing time. This is left to the discretion of the coach.

Behavior and discipline will be handled on a case-to-case basis

## **SCHOOL ATTENDANCE ON GAME DAY**

In order to be eligible to participate in a competition on a school day, an athlete must attend school at least sixty-three percent (63%) on the day of the competition. This will not apply to school related absences. Any other absence or partial absence must be approved by the principal in order to participate in any competition on the day in question.

**Parent-Coach Communication**

- 1. There is a 24-hour Cool Down period after games until a meeting with parents about something that has occurred. This meeting never takes place in the gym or on the field after a game.
- 2. We will NEVER discuss playing time, period. That decision is a coaching staff decision and is not up for discussion. If you ask, "What can my son do to 'earn' more playing time?", that question can be answered.
- 3. We will NEVER talk about another player on the team with other parents. You would not like us discussing your child to others.

Not every event can be covered in this handbook. Any other incidents that take place during the season will be resolved at the discretion of the head coach in collaboration with school administration.



We have read and understand the team rules, policies, and expectations for the Choctaw County High School Charger Parent/Player Responsibilities.

\_\_\_\_\_  
Player's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Date

I, \_\_\_\_\_, plan on playing the following during the 22-23 school year. Please check sport  
(student's name)

\_\_\_\_\_ Football

\_\_\_\_\_ Cross Country

\_\_\_\_\_ Volleyball

\_\_\_\_\_ Basketball

\_\_\_\_\_ Cheerleading

\_\_\_\_\_ Baseball

\_\_\_\_\_ Softball

\_\_\_\_\_ Golf

\_\_\_\_\_ Archery

\_\_\_\_\_ Fishing Club

\_\_\_\_\_ E-Sports

\_\_\_\_\_ Power Lifting

\_\_\_\_\_ Track

\_\_\_\_\_ Skeet Shooting

\_\_\_\_\_ Band

\_\_\_\_\_ Color-Guard