LAKES BOYS VOLLEYBALL 2021

SUMMER CAMP

HIGH SCHOOL

CONFERENCE CHAMPIONS
2017, 2018, 2019

REGIONAL CHAMPIONS
2019

INFO

DATES:
JULY 12TH-15TH

TIME:
8:00 – 10:00 AM

COST:
$75

2021 CAMPERS WILL RECEIVE INSTRUCTION FROM USA VOLLEYBALL TRAINED COACHES FEATURING:

- COMMON LANGUAGE AND SKILLS TO BE SUCCESSFUL IN LCHS VOLLEYBALL PROGRAM
- POSITION-SPECIFIC TRAINING
- GAME-LIKE DRILLS DESIGNED WITH MOTOR LEARNING THEORY TO PROVIDE BEST TRANSFER OF SKILLS FROM PRACTICE TO GAME
- PLYOMETRIC WORKOUTS THAT CAN BE USED TO TRAIN IN THE OFF SEASON
- CAMP SHIRT

NEED MORE INFORMATION?

CONTACT COACH GLAB!
kevin.glabowicz@chsd117.org

VISIT OUR SITE:
sites.google.com/chsd117.org/lakesbvb

REGISTRATION ON THE BACK!
NOT JUST FOR LAKES PLAYERS

REGISTRATION INFORMATION

Boys Volleyball Summer Camp Registration

(High School)

Camper Name: _____

Camper Grade Level (for 2021-2022 School Year): _____

Address: _____

Camper Cell Phone (if applicable): _____

Camper Email (if applicable): _____

Parent/Guardian Name: _____

Parent Phone: _____ Parent Email: _____

Parental Consent

I certify that my child has no injury/illness which would limit his participation in camp and has had a physical examination during the past year. I also authorize the director of the camp to act for me in any emergency requiring medical attention. I hereby release, exonerate and discharge the camp and their employees from any injuries incurred in camp or on the way to camp. I have medical coverage and will be responsible for any medical or other charges related to his attendance at camp. I give my child permission to attend the Lakes
Boys Volleyball Summer Camp.

_____ _____

Parent Signature Date

Send registration and check (written to LCHS Boys Volleyball Camp) to:

LCHS Boys Volleyball Camp
ATTN: Kevin Glabowicz
1600 Eagle Way
Lake Villa, IL, 60046

Further questions? Contact Coach Kevin Glabowicz at kevin.glabowicz@chsd117.org