



FOOD FOCUS-- Dried Fruit: Dried fruit is a great way to get some fruit in your day – go for unsweetened since fruit is naturally sweet enough. Apples are available year round and come in a variety of colors (yellow, pink, red, green) and tastes (sweet, tart, sour).

Cutter Morning Star School District: FEBRUARY BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
			1 French Toast syrup Assorted Fruit Juice Assorted Chilled Fruit	2 Whole Grain Bagel Assorted Fruit Juice Assorted Chilled Fruit
5 Sunberry Round Assorted Fruit Juice Assorted Chilled Fruit	6 Ham/Bun Assorted Fruit Juice Assorted Chilled Fruit	7 Mini Pancake Assorted Fruit Juice Assorted Chilled Fruit	8 Cini Mini Assorted Fruit Juice Assorted Chilled Fruit	9 Blueberry Muffin Assorted Fruit Juice Assorted Chilled Fruit
12 Breakfast taco Assorted Fruit Juice Assorted Chilled Fruit	13 Pancake on A stick Syrup Assorted Fruit Juice Assorted Chilled Fruit	14 Mini French Toast Assorted Fruit Juice Assorted Chilled Fruit	15 Mini Waffle Assorted Fruit Juice Assorted Chilled Fruit	16 NO SCHOOL
19 NO SCHOOL	20 Apple Frudel Assorted Fruit Juice Assorted Chilled Fruit	21 BREAKFAST PIZZA Assorted Fruit Juice Assorted Chilled Fruit	22 Pop Tart Yogurt Assorted Fruit Juice Assorted Chilled Fruit	23 WG Muffin Assorted Fruit Juice Assorted Chilled Fruit
26 Breakfast Slider Assorted Fruit Juice Assorted Chilled Fruit	27 Granola Bar Cheese Stick Assorted Fruit Juice Assorted Chilled Fruit	28 Cinnamon Roll Assorted Fruit Juice Assorted Chilled Fruit		
DAILY ALTERNATES				
Assorted Whole Grain Cereals w/ String Cheese	Assorted Whole Grain Cereals w/ String Cheese	Assorted Whole Grain Cereals w/ String Cheese	Assorted Whole Grain Cereals w/ String Cheese	Assorted Whole Grain Cereals w/ String Cheese

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.

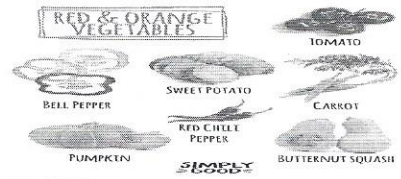
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CUTTER MORNING



February

Lunch Menu Grades K - 6th



Monday	Tuesday	Wednesday	Thursday	Friday
<i>Chinese New Year</i> 2018 Year Of The Dog 			1	2
			Oven Roasted Sliced Pork Capri Vegetables Seasoned Corn Dinner Roll	Cheesy Baked Pasta Seasoned Broccoli Garlic Bread
5	6	7	8	9
Italian Roasted Chicken Capri Vegetables Seasoned Corn Garlic Bread Sour Cherry Sidekick	<u>Lucky Tray Day</u> Beef & Bean Enchiladas Shredded Romaine	Glazed Ham Broccoli w/ Cheese Baked Beans Southern Biscuit	Beef Stroganoff Seasoned Mixed Veg Potatoes Au Gratin Steamed Rice	Mac & Cheese Savory Green Beans Glazed Carrots Dinner Roll
12	13	14	15	16
Chicken n' Gravy Glazed Carrots Roasted Broccoli Steamed Rice Kiwi Strwbry Sidekick	Macho Nachos Lettuce & Tomatoes Black Beans	<i>Happy Valentine's Day</i> Homestyle Chili Golden Corn Goldfish Crackes Cherry Fudge Brownies	<i>Chinese New Year</i> Chicken Fried Rice Stir Fry Vegetables Fortune Cookie	NO SCHOOL Staff Development
19	20	21	22	23
NO SCHOOL 	Chicken Fajitas w/ Flour Tortilla Lettuce, Tomatoes, and Cheese Mexicali Corn	Meatballs & Gravy Roasted Broccoli Steamed Rice	Hot Dog Tater Tots Baked Beans	Country Fried Steak w/ Cream Gravy Capri Vegetables Mashed Potatoes <i>Birthday Dessert</i> Rainbow Chip Cookie
26	27	28		

Daily Second Option

Cheese Pizza Marinara Sauce	Chicken Sandwich Lettuce & Tomatoes	Pepperoni Pizza Marinara Sauce	Cheeseburger Lettuce & Tomatoes	Crunchy Pizza Bites Marinara Sauce
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Daily Fun Lunch Option

Pizza Roll Up Fun Lunch Celery Sticks	Muffin & Goldfish Fun Lunch Cheese Stick Yogurt Baby Carrots	Ham & Cheese Sandwich Fun Lunch Carrot Celery Sticks	Cereal Fun Lunch Cheese Stick Yogurt Celery Sticks	Nachos Fun Lunch Baby Carrots
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ELEMENTARY: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

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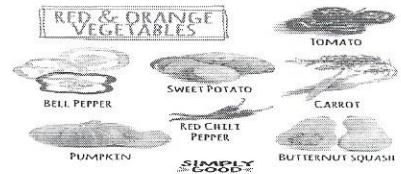
CUTTER MORNING



February

Lunch Menu

Grades 7th - 12th



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Oven Roasted Sliced Pork Capri Vegetables Seasoned Corn Dinner Roll	Cheesy Baked Pasta Seasoned Broccoli Garlic Bread
5	6	7	8	9
Italian Roasted Chicken Capri Vegetables Garlic Bread	Beef & Bean Enchiladas	Glazed Ham Broccoli w/ Cheese Baked Beans Southern Biscuit	Beef Stroganoff Potatoes Au Gratin Steamed Rice	Mac & Cheese Glazed Carrots Dinner Roll
12	13	14	15	16
Chicken n' Gravy Roasted Broccoli Steamed Rice	Macho Nachos Lettuce & Tomatoes Black Beans	<i>Happy Valentine's Day</i> Homestyle Chili Goldfish crackers Cherry Fudge Brownies	<u>Chinese New Year</u> Chicken Fried Rice Stir Fry Vegetables Fortune Cookie	NO SCHOOL Staff Development
19	20	21	22	23
NO SCHOOL 	Chicken Fajitas w/ Flour Tortilla Lettuce, Tomatoes, and Cheese	Meatballs & Gravy Roasted Broccoli Steamed Rice	Hot Dog Baked Beans	Country Fried Steak w/ Cream Gravy Mashed Potatoes Dinner Roll
26	27	28		
Chicken Sketti Capri Vegetables	Crunchy Turkey Tacos Lettuce, Tomatoes, and Cheese Pinto Beans	Homestyle Meatloaf Mashed Potatoes Dinner Roll		

EXTRA EXTRA

Sidekick Slushie		Potato Salad		Chef's Choice
Celery Sticks	Baby Carrots	Carrot Celery Sticks	Celery Sticks	Baby Carrots

TASTE

Chicken Sandwich Lettuce & Tomato Seasoned Fries	Pepperoni Pizza Marinara Sauce	Spicy Chick Sandwich Lettuce & Tomato Seasoned Fries	Cheeseburger Lettuce & Tomato Seasoned Fries	Chili Crispito (2) Cheese Sauce Baby Carrots
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WILD GREENS Salad Bar

Diced Chicken, Diced Ham, Shredded Cheddar, Shredded Mozzarella, Cottage Cheese, Chopped Romaine, Spinach, Cherry Tomatoes, Sliced Cucumbers, Shredded Carrots, Diced Red Onions, Diced Beets, Saltine Crackers, Seasoned Croutons, Sliced Black Olives, Banana Peppers, Sliced Jalapenos, Light Ranch Dressing, Creamy Caesar Dressing, Light Italian Dressing

HIGH: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes (up to 1 fruit side allowed for grades 7th-8th), and a choice of milk. Milk choices include 1% white and skim chocolate

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