

FOOD FOCUS-- Dried Fruit: Dried fruit is a great way to get some fruit in your day – go for unsweetened since fruit is naturally sweet enough. Apples are available year round and come in a variety of colors (yellow, pink, red, green) and tastes (sweet, tart, sour).

Cutter Morning Star School District: FEBRUARY BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
	=		1	
			French Toast	Whole Grain Bagel
			syrup	
		22	Assorted Fruit Juice	Assorted Fruit Juice
			Assorted Chilled Fruit	Assorted Chilled Fruit
5	11.33410.11.00	6	7 8	9
Sunberry Round	Ham/Bun	Mini Pancake	Cini Mini	Blueberry Muffin
Assorted Fruit Juice	Assorted Fruit Juice	Accorded Fig. 3 Life	1	
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Assorted Crimed Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
12	1	3 14	15	16
Breakfast taco	Pancake on A stick	Mini French Toast	Mini Waffle	NO
	Syrup			
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	SCHOOL
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	
19	2	21	22	23
NO	Apple Frudel	BREAKFAST PIZZA	Pop Tart	WG Muffin
			Yogurt	
SCHOOL				
	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Asoorted Fruit Juice
	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
26	2	7 28	3	
Breakfast Slider	Granola Bar	Cinnamon Roll		
	Cheese Stick			*
Assorted Fruit Juice	Assoorted Fruit Juice	Assorted Fruit Juice		
Assorrted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit		
		DAILY ALTERNATES		
Assorted Whole Grain Cereals w/ String Cheese	Assorted Whole Grain Cereal w/ String Cheese	Assorted Whole Grain Cereals w/ String Cheese	Assorted Whole Grain Cereals w/ String Cheese	Assorted Whole Grain Cereals w/ String Cheese

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.

USDA is an equal opportunity employer and provider.

CUTTER MORNING



February

Lunch Menu Grades K - 6th



N. //	T 1	\A/! !	T1 .	20055
Monday	Tuesday	Wednesday	Thursday	Friday
Chinese New Year			1	2
2018 Year Of The Dog			Oven Roasted	Cheesy
Som May 1			Sliced Pork	Baked Pasta
W W W W W W W W W W W W W W W W W W W			Capri Vegetables	Seasoned Broccoli
211110			Seasoned Corn	
				# 2 47
			Dinner Roll	Garlic Bread
Italian Roasted	Lucky Tray Day	7	8	9
Chicken	Beef & Bean	Glazed Ham	Beef Stroganoff	Mac & Cheese
1,1821.7	Enchiladas	Broccoli w/ Cheese	Concerned Mixed Veg	Caylami Craan Daana
Capri Vegetables	1004 American II (400)	2	Seasoned Mixed Veg	Savory Green Beans
Seasoned Corn	Shredded Romaine	Baked Beans	Potatoes Au Gratin	Glazed Carrots
Garlic Bread	10 10	0 " 5" "	Steamed Rice	
Sour Cherry Sidekick	40	Southern Biscuit	4 =	Dinner Roll
12	13	14 Happy Valentine's Day	15	16
Chicken n' Gravy	Macho Nachos	Homestyle Chili	Chinese New Year	NO SCHOOL
Glazed Carrots	Lettuce & Tomatoes	Golden Corn	Chicken Fried Rice	NO SCHOOL
Roasted Broccoli	Black Beans	Goldfish Crackes	Stir Fry Vegetables	0
Steamed Rice	Diack Dealis	Cherry Fudge	Oth TTy Vegetables	Staff
Kiwi Strwbry Sidekick	Y	Brownies	Fortune Cookie	Development
19	20	21	22	23
NO SCHOOL	Chicken Fajitas w/			Country Fried Steak
·	Flour Tortilla	Meatballs & Gravy	Hot Dog	w/ Cream Gravy
本品间间面产	Lettuce, Tomatoes,	Roasted Broccoli	Tater Tots	Capri Vegetables
Charles and the	and Cheese	Steamed Rice	Baked Beans	Mashed Potatoes
	Mexicali Corn			Birthday Dessert
* * ☆ * * * * * * * * * * * * * * * * *		_		Rainbow Chip Cookie
26	27	28		
Chicken Sketti	Crunchy Turkey	Homestyle Meatloaf	TO YOU WI	LL HAVE
Chicken Sketti	Tacos	Homestyle Weatioal	(1)	
Capri Vegetables	Lettuce, Tomatoes,	Glazed Carrots	All .	· //
Savory Green Beans	and Cheese	Mashed Potatoes	10 1	
Blue Raspberry	Pinto Beans	ir i		
Sidekick		Dinner Roll		a Carried Standard Standard Commencer of the
		Daily Second Option		-
Cheese Pizza	Chicken Sandwich	Pepperoni Pizza	Cheeseburger	Crunchy Pizza Bites
Marinara Sauce	Lettuce & Tomatoes	Marinara Sauce	Lettuce & Tomatoes	Marinara Sauce
	L	Daily Fun Lunch Option	7	A CONTRACTOR OF THE CONTRACTOR
Pizza Roll Up	Muffin & Goldfish	Ham & Cheese	0 - 1 - 1	NESSTERING PROSE PROPERTY
Fun Lunch	Fun Lunch	Sandwich	Cereal Fun Lunch	Nachos Fun Lunch
, an Editori	Cheese Stick	Fun Lunch	Cheese Stick	
		T dil Edilori	Yogurt	
00104-1	Yogurt Reby Carreta	Carrot Calon, Stials		Rahy Carrota
Celery Sticks	Baby Carrots	Carrot Celery Sticks	Celery Sticks	Baby Carrots

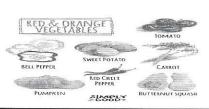
ELEMENTARY: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

CUTTER MORNING



February

Lunch Menu Grades 7th - 12th



Monday	Tuesday	Wednesday	Thursday	Friday
Chinese New Year 2018 Year Of The Dog			1	2
			Oven Roasted	Cheesy
		Sliced Pork	Baked Pasta	
- 1			Capri Vegetables	Seasoned Broccoli
- TAN			Seasoned Corn	
		And the second s	Dinner Roll	Garlic Bread
5	6	7	8	9
Italian Roasted Chicken	Beef & Bean Enchiladas	Glazed Ham	Beef Stroganoff	Mac & Cheese
Capri Vegetables		Broccoli w/ Cheese	Potatoes Au Gratin	Glazed Carrots
		Baked Beans	Steamed Rice	Chester sections of Europh Crist progetties a sension security on
Garlic Bread		Southern Biscuit		Dinner Roll
12	13	14	15	16
Chicken n' Gravy	Macho Nachos	Happy Valentine's Day Homestyle Chili	Chinese New Year	NO SCHOOL
Roasted Broccoli	Lettuce & Tomatoes	Goldfish crackers	Chicken Fried Rice	Staff
Steamed Rice	Black Beans	Cherry Fudge	Stir Fry Vegetables	1000 to 1000 t
		Brownies	Fortune Cookie	Development
19	20	21	22	23
NO SCHOOL	Chicken Fajitas w/ Flour Tortilla	Meatballs & Gravy	Hot Dog	Country Fried Steak w/ Cream Gravy
GRESIDE VIST	Lettuce, Tomatoes, and	Roasted Broccoli	Baked Beans	Mashed Potatoes
DAY	Cheese	Steamed Rice		
* ☆ ★ ☆ *				Dinner Roll
26	27	28		
Chicken Sketti	Crunchy Turkey Tacos	Homestyle Meatloaf	TO YOU WAY	EAT DAY
Capri Vegetables	Lettuce, Tomatoes, and Cheese	Mashed Potatoes	T. I	7"
2	Pinto Beans	Dinner Roll		

EXTRA EXTRA

Sidekick Slushie		Potato Salad		Chef's Choice
Celery Sticks	Baby Carrots	Carrot Celery Sticks	Celery Sticks	Baby Carrots
		TASTE		
Chicken Sandwich	Pepperoni Pizza	Spicy Chick Sandwich	Cheeseburger	Chili Crispito (2)
Lettuce & Tomato	Marinara Sauce	Lettuce & Tomato	Lettuce & Tomato	Cheese Sauce
Seasoned Fries		Seasoned Fries	Seasoned Fries	Baby Carrots

WILD GREENS Salad Bar

Diced Chicken, Diced Ham, Shredded Cheddar, Shredded Mozzarella, Cottage Cheese, Chopped Romaine, Spinach, Cherry Tomatoes, Sliced Cucumbers, Shredded Carrots, Diced Red Onions, Diced Beets, Saltine Crackers, Seasoned Croutons, Sliced Black Olives, Banana Peppers, Sliced Jalapenos, Light Ranch Dressing, Creamy Caesar Dressing, Light Italian Dressing

HIGH: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes (up to 1 fruit side allowed for grades 7th-8th), and a choice of milk. Milk choices include 1% white and skim chocolate