

Silex School February Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				2 scramble egg or cereal & toast pasta w/meat sauce, salad, green beans, applesauce, water & milk
5 omlete or cereal & toast hamburger, sweet potato fries, broccoli, peaches, water & milk	6 granola bar or cereal & toast walking taco, red beans, lettuce, pineapple, water & milk	7 biscuit & gravy or cereal & biscuit chicken nuggets, mashed potato w/gravy, oranges water & milk	8 breakfast pizza or cereal & toast bbq turkey sandwich, tator tots, corn, mixed fruit, water & milk	9 scramble egg or cereal & toast toasted ravioli, salad, breadstick, slush cup water & milk
12 breakfast sandwich or cereal & toast chicken sandwich, french fries, mixed vegetable, peaches water & milk	13 muffin or cereal & toast burrito, black beans, shredded lettuce, pineapple, water & milk	14 biscuit & gravy or cereal & biscuit fish sandwich, potato salad, green beans, oranges, water & milk	15 french toast or cereal & toast sloppy joe, potato triangle, coleslaw, mixed fruit cup water & milk	16 - Early Out! scramble egg or cereal & toast grilled cheese or turkey & cheese sandwich, chips, apple slices water & milk
19 NO SCHOOL!!!	20 cinnamon roll or cereal & toast nachos, cherry tomato, shredded lettuce, pineapple water & milk	21 biscuit & gravy or cereal & toast chicken wings, coleslaw, potato triangle, oranges water & milk	22 pancake on stick or cereal & toast meatloaf, mashed potato w/gravy, mixed fruit water & milk	23 scramble egg or cereal & toast cheese pizza, salad, carrot sticks, applesauce, water & milk
26 omlete or cereal & toast bbq rib, french fries, mixed vegetable, peaches water & milk	27 bagel or cereal & toast chicken burrito, shredded lettuce, black beans, pineapple, water & milk	28 biscuit & gravy or cereal & biscuit popcorn chicken, sweet potato tots, peas, orange slices water & milk		
"This institution is an equal opportunity provider."				
*Additional vegetable, fruits, grains or 2nd main course items may be available daily that is not listed on menu				