

Silex School January Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		3 biscuit & gravy or cereal & biscuit chili, grilled cheese, chips, oranges water & milk	4 bagel or cereal & toast pork tenderloin, tator tots, broccoli, mixed fruit cup, water & milk	5 scramble egg or cereal & toast pizza, salad, carrot sticks, apple slices water & milk
8 omlete or cereal & toast chicken sandwich, french fries, mixed vegetable, peaches water & milk	9 cinnamon roll or cereal & toast burrito, black beans, shredded lettuce, pineapple water & milk	10 biscuit & gravy or cereal & biscuit chicken nuggets, potato salad, green beans, oranges water & milk	11 pancake on stick or cereal & toast salisbury steak, mashed potato w/gravy, slush cup water & milk	12 scramble egg or cereal & toast pasta w/meat sauce, breadstick, salad, applesauce water & milk
15 NO SCHOOL	16 bagel or cereal & toast chili enchilada, shredded lettuce, cheese, pineapple water & milk	17 biscuit & gravy or cereal & biscuit orange chicken, egg roll, fried rice, orange slices, water & milk	18 breakfast burrito or cereal & toast bbq rib, tator tots, broccoli, mixed fruit cup, water & milk	19 scramble egg or cereal & toast toasted ravioli, salad, celery sticks, apple slices, water & milk
22 egg sandwich or cereal & toast twin cheeseburger, tator tots, mix vegetable, peaches water & milk	23 muffin or cereal & toast walking taco, shredded lettuce, peas, pineapple water & milk	24 biscuit & gravy or cereal & biscuit chicken wings, french fries, coleslaw, oranges water & milk	25 french toast sticks or cereal & toast mini corndogs, mac & cheese, carrot sticks, mixed fruit, water & milk	26 scramble egg or cereal & toast fish sandwich, potato salad, salad, apple slices, water & milk
29 omlete or cereal & toast sloppy joe, potato triangles, broccoli, peaches, water & milk	30 granola bar or cereal & toast nachos, shredded lettuce, tomatoes, pineapple, water & milk	31 biscuit & gravy or cereal & biscuit chicken nuggets, sweet potato fries, corn, oranges water & milk		
"This institution is an equal opportunity provider."				
*Additional items may be available daily not listed on the menu.				