

REPUBLIC COUNTY U.S.D. NO. 109
BREAKFAST AND LUNCH MENUS AND ACTIVITIES

May 3 – May 10, 2021

**FOOD SERVICE – Reminder your child has a choice of a
Hot or cold entrees each day.
Milk is also available with each meal**

HEALTH and WELLNESS – Keep the goals small, monitor them often and reassess as your progress. Instead of beating yourself up if you fail, accept that you are human and adjust the goal. Happy living is much closer than you think.

MONDAY, MAY 10:

BREAKFAST: Pancake Bites, Cereal with Muffin Square, Chilled Fruit, Fruit Juice, Milk
LUNCH: **EAST --** Chicken and Waffles – Cold Option – Ham and Cheese Sandwich, Italian Chef Salad with Focaccia Bread – **SIDES** – Baby Carrots, Dressing, Fresh Garden Salad, Chilled Fruit, Milk
Jr/Sr HS – Cheeseburger, BBQ Pork Nachos – Cold Options – Ham and Cheese Sandwich, Italian Chef Salad with Focaccia Bread – **SIDES** – Baby Carrots Ranch Dressing, Fresh Garden Salad, Chilled Fruit, Fresh Fruit, Milk
ACTIVITIES: **ADM:** **Board of Education Meeting, 7:30pm at district office**
RC JR/SR HS: Activity Period FCCLA
Baseball vs. Ellsworth, HERE, 4pm, dismiss players after 7th Hour
FFA Greenhand Ag Mechanics @RCHS, 4pm
EAST: Belleville After School Program – 3:30pm – 5:30pm

TUESDAY, MAY 11:

BREAKFAST: Colby Egg Omelet with Muffin Square, Cereal with Muffin Square, Chilled Fruit, Fruit Juice, Milk
LUNCH: **EAST** – BBQ Pork on Bun – Cold Option – Nacho Munchable, Chicken Bacon Ranch Salad with Italian Bread – **SIDES** – BBQ Bacon Beans, Fresh Garden Salad, Chilled Fruit, Milk
Jr/SR HS – BBQ Pork on Bun, Hot Dog on Bun – Cold Options – Seven Layer Dip, Chicken Bacon Ranch Salad with Italian Bread – **SIDES** – BBQ Bacon Beans, Fresh Garden Salad, Chilled Fruit, Fresh Fruit, Milk
ACTIVITIES: **RC JR/SR HS:** Activity Period – Class Meetings
Seniors walk @East Elementary, 9:10am
HS Golf @Sacred Heart, 1pm, bus leaves at 10:30am
Junior High League Track @Ellsworth, 3pm, bus leaves at 12:15pm
BAG & Forensics Awards Night @Cafeteria, 5pm – 7:30pm
EAST: Growth & Development Talks – 5th Grade Boys – 2pm
Growth & Development Talks – 4th and 5th Grade Girls – 2pm
Belleville After School Program – 3:30pm – 5:30pm

WEDNESDAY, MAY 12:

BREAKFAST: French Toast Sticks, Cereal with Yogurt, Chilled Fruit, Fruit Juice, Milk
LUNCH: **EAST** – Chicken Patty with Hot Roll – Cold Options – Popcorn Chicken Wrap, Chicken Caesar Salad with Hot Roll – **SIDES** – Mashed Potatoes, Gravy, Corn, Fresh Garden Salad, Chilled Fruit, Milk
Jr/Sr HS – Chicken patty with Hot Roll, Roast Turkey with Gravy with Hot Roll, Cold Options – Popcorn Chicken Wrap, Chicken Caesar Salad with Hot roll, **SIDES** – Mashed Potatoes, Gravy, Corn, Fresh Garden Salad, Chilled Fruit, Fresh Fruit, Milk
ACTIVITIES: **RC JR/SR HS:** Activity Period – Spanish club
Senior Class to Salina
EAST: MTSS – BLT, 3:45pm
Belleville After School Program – 3:30pm – 5:30pm

THURSDAY, MAY 13:**BREAKFAST:** Mini Pancakes, Cereal with Cheese Stick, Chilled Fruit, Fruit Juice, Milk**LUNCH:** **EAST** – Cheesy Chicken Pasta with Italian Bread – Cold Options – Italian Sub, Cobb Salad with Fruit Muffin – SIDES – Steamed Broccoli, Fresh Garden Salad, Chilled Fruit, Milk**Jr/Sr HS** – Cheesy Chicken Pasta with Italian Bread, Bacon Cheeseburger – Cold Options – Italian Sub, Cobb Salad with Fruit Muffin – SIDES – Steamed Broccoli, Fresh Garden Salad, Chilled Fruit, Fresh Fruit, Milk**ACTIVITIES:** **RC JR/SR HS:** Activity Period – Art club
Senior Class Last day of Classes
Senior Class Picture/Rehearsal, 9am, Gymnasium, Picture 9:30am
Lions Club Honor Luncheon for Seniors being honored, BelVilla
Senior Awards Night @RCHS, 7:30pm
EAST: 5th Grade Field Trip
Mental Health Awareness, Wear Green
Belleville After School Program – 3:30pm – 5:30pm
Preschool Peek! -- 5:30pm – 6:30pm
Optional come and go Open House to see the Classroom and meet Mrs. Hobson**FRIDAY, MAY 14:****BREAKFAST:** Biscuits and Gravy with Sausage, Cereal with Muffin Square, Chilled Fruit, Juice, Milk**LUNCH:** **EAST** – Cheese Pizza – Cold Options – Peanut Butter and Jelly Sandwich with Yogurt Chef Salad with Italian Bread – SIDES – Cheesy Cauliflower Popcorn, Fresh Garden Salad, Chilled Fruit, Milk**Jr/Sr HS** – Cheese Pizza, Chicken Nachos with White Queso – Cold Options – Peanut Butter and Jelly Sandwich with Yogurt, Chef Salad with Italian Bread – SIDES Cheesy Cauliflower Popcorn, Fresh Garden Salad, Chilled Fruit, Fresh Fruit, Milk**ACTIVITIES:** **RC JR/SR HS:** Activity Period – FFA
HS League Track @Beloit, 3pm, bus leaves at 1:15pm
HS softball vs. Sacred Heart, HERE 4:30pm, dismiss after 7th Hour (makeup game from April 20)
EAST: Follow the Monday A Schedule
Belleville After School Program – 3:30pm – 5:30pm**SATURDAY, MAY 15:****ACTIVITIES:** **RC JR/SR HS:** Senior Awards Make-up Date @9am**SUNDAY, MAY 16:****ACTIVITIES:** **RC JR/SR HS:** RCHS Commencement, 2pm**MONDAY, MAY 17:****BREAKFAST:** Egg, Bacon and Cheese Bagel, Cereal with Muffin Square, Chilled Fruit, Fresh Fruit, Milk**LUNCH:** **EAST** – Grilled Cheese Sandwich – Cold Options – Ham and Cheese Sub, Italian Chef Salad with Focaccia Bread – SIDES – Glazed Carrots, Fresh Garden Salad, Chilled Fruit, Milk**Jr/Sr HS** – Bacon Pickle Grilled Cheese, Chicken Patty on Bun, Baked Potato Bar With Fruit Muffin – Cold Options – Ham and Cheese Sub, Italian Chef Salad With Focaccia Bread – SIDES – Glazed Carrots, Fresh Garden Salad, Chilled Fruit, Fresh Fruit, Milk**ACTIVITIES:** **RC JR/SR HS:** Activity Period – HS Stuco
Regional Softball @Ell-Saline -- TBA
Regional Baseball @Ellis -- TBA
EAST: Belleville After School Program – 3:30pm – 5:30pm**USDA is an equal opportunity provider and employer.****REMINDER – MENUS & EVENTS are subject to change.****USD #109 is an equal opportunity employer. USD #109 does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs or policies.**

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(1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: program.intake@usda.gov.

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