

# **MG Spring Sports**

## **Baseball**

**Coach** – Gabe Rochon

**First Day of Practice** – March 2. 2020

**Location** – MPHS on MG Baseball Field

**Time** – 3:00-5:30 Mon-Fri & 9:00-12:00 on Saturday.

**Equipment Needs** – Baseball Cleats, Baseball Glove, Sweats or Baseball Pants, T-Shirt or Sweatshirt, Hat, Water Bottle

## **Fastpitch Softball**

**Coach** – Mike Moran

**First Day of Practice** - March 2. 2020

**Location** – MG Softball Field

**Time** – 3:00-5:30 Mon-Fri. Dress appropriate for the weather and be flexible for last minute changes.

**Equipment Needs** – Cleats, Glove, Sweats or Softball Pants, T-Shirt or Sweatshirt, Water Bottle

## **Boys Golf**

**Coach** – Ryan Gilbertson

**First Day of Practice / Tryouts** – March 2. 2020

**Location** – Meet at Cedarcrest Golf Course practice green and be ready to go at 2:30.

**Time** – Check with Coach for regular practice times.

**Equipment Needs** – Golf Clubs, Golf Bag, Golf Balls, Golf Shoes, Rain Jacket, Umbrella, Hat, Water Bottle.

## **Girls Golf**

**Coach** – Jaci LeGore Hodgins

**First Day of Practice** – March 2. 2020

**Location** – MG / ACE in Room 319

**Time** – First Day 3/2 at MG 2:30-5:00, Starting on Tuesday, 3/3 will meet at Cedarcrest Golf Course from 2:45-5:30.

**Equipment Needs** – Golf Clubs, Golf Bag with extra towels in bag, Golf Balls, Waterproof Golf Shoes, Socks Rain Gear (waterproof jacket, pants shoes and big umbrella), Hat, Re-Usable Water Bottle and a Healthy snacks like trail mix and Peanut Butter & Jelly.

### **Boys Soccer**

**Coach** – Stephen Strom

**First Day of Practice** - March 2. 2020

**Location** – Meet in the Wrestling Room at 4:30

**Time** – M-F 4:30-5:00 Weight Room/Wrestling Room and 5:00-7:30 on the field. March 7th there will be a practice from 8am-10am.

**Equipment Needs** – Soccer Cleats, Running Shoes, Shorts/Sweats, T-Shirt/Sweatshirt, Water Bottle

### **Girls Tennis**

**Coach** – Sarah Hereth

**First Day of Practice / Tryouts** – March 2. 2020

**Location** – MGHS Tennis Courts

**Time** – 2:30-4:30 Mon-Fri.

**Equipment Needs** – Tennis Racquet, Good Tennis Shoes, Shorts/Sweats, T-Shirt/Sweatshirt, Water Bottle.

### **Track – Co-Ed**

**Coach** – Kim Edens

**First Day of Practice** – March 2. 2020

**Location** – Day one meet at 2:40 in the wrestling room dressed in workout gear. Have all paperwork done! Day two meet in the commons at 2:40 ready to run!

**Time** – 2:40-5:00 Mon-Fri for the rest of the season.

**Equipment Needs** – Athletic Shoes, Shorts/Sweats, T-Shirt/Sweatshirt, Water Bottle.