

SPRING 2021



**Mark Chamernick, Director 386-6005**

**Michelle Wyckoff, Administrative Assistant 386-6028**

**Community Education Advisory Council**

Steve Adams, Melanie Schreiner, Jule Hanson, Deb Landin, Sue Summer, Cara Caravetta,  
Della Knutson, Nancy Fisher, Stephanie Heppner, Brita Comstock,  
Meredith Yates, Kris Edman, Tim Fast

**Kid Kare**

Della Knutson, Coordinator  
386-6100 or 218-689-2841

**CHANGES OF ANY CLASSES OR ACTIVITIES MAY OCCUR AS A RESULT OF COVID-19.**

**\*IF SCHOOL IS NOT IN SESSION, COMMUNITY EDUCATION CLASSES WILL NOT BE HELD.**

# Registration Information

COMMUNITY EDUCATION REGISTRATION AND CLASS INFORMATION CAN BE FOUND ONLINE AT:

[www.warroadpayments.com](http://www.warroadpayments.com)

NOT ALL CLASSES ARE ONLINE REGISTRATION

PLEASE READ THE REGISTRATION INFORMATION FOR EACH CLASS

ONLINE PAYMENT WEBSITE: [www.warroadpayments.com](http://www.warroadpayments.com)

## ONLINE REGISTRATION INFORMATION:

When registering online at [www.warroadpayments.com](http://www.warroadpayments.com), you will be asked to provide a login name and password. If you do not know these, please call the Community Ed Office at 218-386-6028 to get that information. **\*\*DO NOT** create a new account. Online registration is for credit card or debit card payments only.

If you need help please contact the Community Ed Office.

## WINTER SPORTS REGISTRATION INFORMATION:

All student athletes are required to have a current physical on file before they're allowed to practice. All incoming 7th graders and new athletes need to pick up a MSHSL physical form to take to the appointment. Physicals are good for 3 years from the date of completion. It is always a good idea to check with the Community Ed Office if you're questioning your physical date.

- ♦ When registering online at [www.warroadpayments.com](http://www.warroadpayments.com), you're required to fill out MSHSL forms to be eligible for sports. There are four forms: Health Questionnaire, Emergency Card, Eligibility, and Waiver. These forms need to be filled out before athletes are allowed to practice.
- ♦ If you've already registered and missed the forms, you can log in and go to your history. Once in history, click on the start date of your activity. Once you're in the activity, there will be links that are in red that you will need to click on individually and fill out.
- ♦ If you have any questions, please call Michelle at 386-6028 or [michelle\\_wyckoff@warroad.k12.mn.us](mailto:michelle_wyckoff@warroad.k12.mn.us)

Community Ed Office is located in the High School Office



## SPRING CLASSES

### Warroad Fit

Warroad Fit is a fitness program that will change your life! By its definition, it uses constantly varied, functional movements, performed at relative high intensity. All of our workouts are designed to improve overall flexibility, strength, speed, endurance, and agility. As a truly functional program, the difficulty level of our daily workouts is designed to be increased or decreased., depending upon the individual. This makes them doable by literally anyone! Everyone is intimidated when they start, especially a new class. You don't need to be at your goal weight before walking into our class. You don't need to have pre-existing workout experience. Start where you are, we will meet you there!

When: 4 week sessions, Monday-Friday  
5:15pm-6:15pm

Cost: \$100.00

Where: Warroad School Weight Room

Contact: Gus Booth 218-230-4037



### Northern Edge Martial Arts

Warroad class times on Tuesday's

Children ages 5-9: 5:30pm-6:15pm

Junior ages 10-13: 6:30pm-7:30pm

Adult ages 14 and up: 8:30pm-9:30pm

For more information, contact:  
Mr. Scott Henrikson

3rd degree black belt in Tae Kwon Do

2nd degree black belt in Hapkido

Phone: 218-242-4562

Email: skhenrikson08@gmail.com

### Dog Training

Little Mountains Kennels invites you and your dog to this 9 week class of beginning obedience, where we train you to train your dog to be a well-mannered companion and good citizen.

Minimum enrollment of 5 teams.

Register in the Community Ed Office

Classes will be in the Fall of 2021

For more information email:  
littlemtkennels@gmail.com

### Lifecare Medical Center

Offers a variety of health and wellness classes for our community. Please check our website: [www.lifecaremedicalcenter.org/classes](http://www.lifecaremedicalcenter.org/classes) for dates/times and to register for classes that are being offered. Please note that some classes may be postponed due to current COVID-19 guidelines.

- **CPR/First Aid Classes**— BLS courses are FREE for daycare providers. Contact Heidi Lien for more info at 463-2728 or [hlien@lifecaremc.com](mailto:hlien@lifecaremc.com)
- **Prenatal Classes**-preparing for childbirth, caring for your newborn, breastfeeding basics and daddy bootcamp. Contact Dawn Hedlund for more information at 463-4773
- **Nursing Assistant Classes**-classes are run throughout the year. Please contact Karen Dunham at: [kdunham@lifecaremc.com](mailto:kdunham@lifecaremc.com)
- **Freedom From Smoking**— for more information, contact Paula Hedlund at 463-4301 or [phedlund@lifecaremc.com](mailto:phedlund@lifecaremc.com)
- **Tai Ji Quan**— moving for better balance is being offered virtually through Juniper. To register, visit [yourjuniper.org](http://yourjuniper.org) or call 1-855-215-2174.
- **Matter Of Balance**-for more information contact Paula Hedlund at 463-4301 or [phedlund@lifecaremc.com](mailto:phedlund@lifecaremc.com)



## SPRING CLASSES

### Adult Education

Adult Basic Education classes are FREE to ABE Eligible Students.

⇒ 17 or older

- ⇒ Not currently enrolled in public K-12 school program.
- ⇒ Demonstrated need for ABE services to successfully participate in secondary education, post-secondary education, or career pathways.

**Adult Basic Education address a variety of learner goals. ABE helps learners to:**

- Attain employment and/or better their current employment.
  - Achieve high school equivalency (GED or Adult HS Diploma).
- Attain skills necessary to enter post-secondary education and training.
  - Exit public welfare and become self-sufficient
  - Learn to speak and write the English language.
- Master basic academic skills to help their children succeed in school.
  - Gain self-esteem, personal confidence and sense of personal and civic responsibility.
- Free online programs available to work on from home.

Call: 218-386-6108

Develop your skills today for a better tomorrow!

Located at the Elementary School, door #2, room 228.

### Voice Lessons-Advanced

#### Level

Ms. King is now accepting a limited number of new vocal students interested in advanced music studies.

Students study in the tradition of classical vocal arts, with a focus on technique, musicianship, repertoire, memorization, and performance. All students participate in music festivals and concerts. Lessons are held weekday afternoons. Please contact the instructor for a class description and fee schedule.

### Music Lessons

**Nancy Fisher** - Piano, Voice, Flute  
Contact: 218-469-3733 or  
nancy\_fisher@warroad.k12.mn.us

**Trina Billingsley** - Piano, Flute, Theory  
Contact: 701-277-8011 or  
trina\_billingsley@warroad.k12.mn.us

**Cara Caravetta** - Violin, Cello  
contact: 218-242-9109 or  
cara\_caravetta@warroad.k12.mn.us

### Double Sharp Strings Club

WANTED: Students in 6th and 10th grade interested in playing violin, viola, or 'cello in an after school club. Beginners welcome; tuition assistance and help finding an instrument are available. We would love to have you be part of the foundation of recreating a student orchestra in Warroad!

Also wanted: student accompanist  
(late intermediate to early advanced preferred)

Contact: Cara Caravetta at  
cara\_caravetta@warroad.k12.mn.us or 242-9109

### Firearm Safety 2021

Class open to 16 students who pay the registration fee of \$10.00 and are age 11 before the first day of class. Must be present at all 5 days. An additional fee will be required when sending in the state application.

Instructor: Jared Olafson

Cost: \$10.00 Location: High School Theater & WLRSC

Register online at: [http://](http://warroadpayments.registryinsight.com/)

[warroadpayments.registryinsight.com/](http://warroadpayments.registryinsight.com/)

Spring Session— Date: April 20, 22, 27, & 29

May 1st— field day @ WLRSC





## SPRING CLASSES



### **Warroad Warriors** **Trap Club**

All Warroad School District students, Grades 6-12, girls and boys, are eligible to shoot in the Spring 2021 Trap season. Spring league is an 8 week season. Athletes are given the opportunity to participate in the state shoot in Alexandria in June.

***Shells are not included in the registration fee.***

Open shooting will be available 1 hour prior to league shoot time. Parents, friends, and family are welcome to shoot. WLRSC fees will apply. Registration forms available at the Community Education office or upon request by emailing: warroadwarriorstrapclub@gmail.com

**Cost:** \$84-to the first 50 athletes registered. \$165 for more than 50. Make checks payable to WWTC or online @ warroadpayments.com

***No refunds after 03/26/21.***

**Location:** Warroad Lost River Sportman's Complex

**Dates:** Sundays or Mondays starting April 4th and running for 8 weeks. If you have any questions, please contact Head Coach- Brian Johnston at 218-242-9762.

### **Driver's Education**

Class consists of 36 hours of classroom instruction. Behind the wheel training consists of 12 hours, 6 hours of individual driving and 6 hours of observation time with another driver.

- Students must be 15 by the first day of class or be eligible for a farm permit.
  - Maximum of 30 students
- Students must bring with them a certified birth certificate and social security card or a Minnesota identification card from the Roseau License Bureau.
- Foreign exchange students should bring a legal passport

**MR. DENAULT WILL BE SENDING OUT AN EMAIL TO THE STUDENTS ONCE THE DATE GETS CLOSER, TO GO OVER CLASSROOM EXPECTATIONS.**

Date: June 1st-June 18th, 2021

Time: 8:00am-11:00am or 12:00pm-3:00pm

Cost: \$350.00 paid in full by May 17th. A \$15.00 late fee added on after May 17th.

\*Register online at:  
[www.warroadpayments.com](http://www.warroadpayments.com)

### **Northern Edge** **Martial Arts**

#### **Warroad class times on Tuesday's**

Children ages 5-9 5:30pm-6:15pm

Juniors Ages 10-13 6:30pm to 7:30pm

Adult ages 14 and up 7:30pm-8:30pm

Hapkido class ages 14 and up 8:30pm-9:30pm

For more information contact:

Mr. Scott Henrikson

3rd degree black belt in Tae Kwon Do

2nd degree black belt in Hapkido

Phone: 218-242-4562

Email: [skhenrikson08@gmail.com](mailto:skhenrikson08@gmail.com)







## COMMUNITY INFORMATION

### AMERICORPS

#### LEGACY:

For Veterans and Military family members. The primary function is to provide respite service to families in the Clay, Becker, Otter Tail, Red Lake, Polk, Norman, Mahnomen, Pennington, Lake Of The Woods, Kittson, Roseau, and Marshall County areas who provide continuous, ongoing care for adult senior family members and who would benefit from the respite service provided by program members. Time commitment is a one year term of service with a minimum commitment of 450 hours in the year (approx. 10 hrs. per week).

Dates: TBD

Contact: Tara Giese 1-800-488-4146 or tara.giese@lssmn.org

### Doc's Harbor

Outdoor Rentals- \$5.00 - \$20.00

Ice Skates, Snowshoes, X-Country Ski Equipment, and Broomball Equipment.  
COME OUT AND SKATE!

OPEN TO THE PUBLIC

### Food Shelf

Warroad Food Shelf serves all families within the Warroad Area who are in need of food. Families can receive food one time per month. Families can call 386-2336 and leave a message that they would like to pick up food that week. Any special requests that they may have such as personal care products, or items they need such as flour, etc. can be left on the message. Pick up time is on Thursday's from 8:30 am to 10:30 am and on Friday from 4:00 pm to 6:00 pm.

### Caring Companions:

Caring companions are adults 50+, who help seniors live independently by assisting with grocery shopping, visiting, transportation, and other daily tasks. They're friends from the community who care. People 50 years and older may be eligible for travel reimbursement, improved quality of life, and other benefits.

Contact: Coordinator Jean Halvorson at 800-584-7020 ext. 2106 or jean.halvorson@tvoc.org

### Foster Grandparent Program:

Foster Grandparents volunteer in schools, Head Start, Developmental Achievement Centers, non-profit daycares, and juvenile centers under the supervision of a teacher or childcare professional. They assist children with activities in which they need assistance and mentor children and youth. People 55 years and older receive a tax-free stipend, daily meal, transportation, transportation allowance, ongoing training, and other benefits. The Foster Grandparent Program offers men and women the opportunity to help children develop the skills, confidence and strength to succeed in life.

Contact:

Jean Halvorson 800-584-7020 ext. 2106 or jean.halvorson@tvoc.org

### RSVP Programs:

RSVP is a Retired Senior Volunteer Program of The Red River Valley. Serving Kittson, Roseau, Marshall,

Pennington, Polk, Red Lake and Norman Counties. If you're 55 years or older please contact us to get you enrolled as a RSVP Volunteer!

RSVP Signature Programs

**Stay Active and Independent for Life...SAIL:** A strength and balance fitness class for older adults. Half hour of exercise 2 times a week.

**RSVP Groceries To Go:** Is a grocery shopping and delivery service for seniors age 60 or over.

**RSVP Handyman:** Volunteers can do minor home repair and maintenance work for seniors age 60 or over.

**RSVP Reading Buddy Program:** Volunteers work in classrooms for an hour per week, giving young readers a boost with more reading time and practice.

To sign up as a volunteer or to request service please contact:

Tammy Frohlich, Director 218-281-8289 or email tsykes@umn.edu

Jennifer Erdman, Program Coordinator 218-281-8288 or email jkerdman@umn.edu

### Roseau County

#### Law Library:

The Law Library offers free legal resources to all residents of Roseau County. We're located in the Roseau County Courthouse - 605 5th Ave SW, Roseau Minnesota.

#### Legal Advice Clinic:

On the first Wednesday of the month from 2:00pm-4:00pm and all other Wednesday's of the month from 9:00am-11:00am.

#### Self-Help Center:

Free to use computer and printer. Pick up the phone and you will be connected directly to the Minnesota Course Self-Help Center.

#### Online Legal Research:

Free to use computer, access a robust legal research tool in the form of WestLaw. The Law Library subscription allows access to all Minnesota case law and statutes, as well as much more.

#### Print Resources:

Our print collection focuses on material that represent common issues faced by pro se litigants; child custody, divorce, conciliation court, landlord/tenants, property, wills and more.

For more information contact: Roseau County Administration at 218-463-2541





# WARROAD INFORMATION

## ToastMasters

THE ART OF SPEAKING- Does public speaking terrify you? Welcome to the club! Many people have this fear and are still either required or encouraged to do public speaking for their job. No pressure, no grades, the local *Star of the North toastmasters* club can help you develop confidence to speak for up to two minutes on a spontaneous topic and speak for 5-7 minutes on a prepared topic in the form of speech.

Star of the North Toastmasters Club meets: 2nd Tuesday of the month at the Warroad Senior Living and the 4th Tuesday of the month at the Roseau City Center Library Conference room from 7:00 pm to 8:30 pm.

For more information call:

Kim Hrubka at 218-452-0204

Also, the membership no longer includes manuals, all education is online.

\$50.00 includes access to Toastmasters Pathways Learning System, etc.

## Backpack Program

Every Friday, during the school year, bags of food are placed in the lockers for 80-100 elementary students. The bags contain 5 pounds of nutritional, non-perishable food. If you would like to donate to help feed a

Warroad School child, please send your donation to:

**Warroad BackPack Program**

**Attn: Heidi Schaum at**

**510 Cedar Ave NW**

**Warroad, MN 56763.**

If you or your organization would like more information, please call Glenda Phillippe 202-997-9085 to schedule a presentation.

## Warroad Women

### Of Today

The Warroad Women Of Today is a nonprofit organization that works to raise money for local needs, offer social events to members, and the public. We work to promote personal growth among its members.

Meeting times: 1st Monday of each month at 5:30 pm at the DD Hub Suite D

Contact: Kim Hrubka 386-2978 or

[www.warroadwomenoftoday@yahoo.com](http://www.warroadwomenoftoday@yahoo.com)

## Paul Bunyan Transfer

Paul Bunyan transit provides a safe, friendly, efficient and economical delivery of public transit service to residents within Roseau and Lake Of The Woods counties and the cities of Roseau, Warroad, and Baudette.

Services offered: Roseau and Warroad-4 mile radius from center of each city. We travel between Greenbush, Badger, Warroad and Roseau during the week, daily. Baudette is in town service only.

Dial A Ride Reservations: 218-463-3238 or

toll free 844-452-0407

Dispatch Hours: Monday-Friday 7:30am-4:00pm busses run as late as 5:00pm. Please call 24 hours in advance to schedule a ride and let them know if you need wheel chair assistance.

**Adult Fare:** \$1.50 (within 4 miles of Roseau or Warroad)

\$2.25 Roseau to Badger

\$3.00 Roseau to Warroad

\$3.00 Roseau to Greenbush

\$1.00 Baudette (in-town service)

**Bus Passes:** \$15.00 for a 10 punch pass

\$12.50 for a senior 10 punch pass for Warroad and Roseau

\$15.000 for a Baudette 15 punch pass

Contact: Carey 218-463-3232 or [info@paulbunyantransit.com](mailto:info@paulbunyantransit.com)

Find us on Facebook - Paul Bunyan Transit

## Warroad Area

### Community Center

- Blood Sugar and Blood Pressure check on the 4th Friday of each month at 11:00am
- Distribution of Food Commodities from Food Bank on the 3rd Thursday of each month
- TOPs held each Monday at 5:30 pm
- Matter of Balance Classes held twice weekly for 4 weeks
- Senior Meals, Flu shots yearly, Zion Quilters Club, and Bone Builder

\*Please call 386-2895 for more information

### Warroad Public Library

Open to the public on the following days and time:

Sunday 1:00 pm to 4:00 pm

Monday, Wednesday, Friday and Saturday- 10:00 am to 5:00 pm

Tuesday and Thursday- 10:00 am to 8:00pm

Contact: Kelly Benjamin, Librarian 386-1283

Website: <http://nwrlib.org/warroad/>

Or Facebook for upcoming events and times.

## Medicine Disposal

The Warroad Police Department is pleased to announce the installation of a secure collection drop-box in the lobby of the Public Safety Building. This is a large, secure metal box designed and manufactured by Heatmor in Warroad. Residents are encouraged to bring any unwanted or expired medications/prescription drugs to this drop box for correct disposal. All medications may be turned in anonymously and at no cost. Unwanted, unused or expired prescription drugs have been determined to present substantial risk to our community by either falling into the wrong hands, or by damaging our environment through improper disposal. Liquids should be enclosed in a secure container before depositing. The Warroad Police Department is NOT ACCEPTING needles, thermometers, or any biohazard materials. Please contact the Warroad Police Department at 386-2053 with any questions.



## SPRING CLASSES

### Discovery Hub

The Discovery and Development Hub (DD Hub) is a co-working space to ideate, innovate and create opportunities for the vitality of the Warroad Chamber of Commerce and the Warroad Area Convention & Visitors Bureau is also located at the DD Hub, which also serves as a Tourist Information Center. The DD Hub is located in downtown Warroad at 201 Lake Street, Suites D-EG. Hours are from 8:00 am to 5:00 pm Monday through Friday. Additional hours may be available upon request. To learn more visit [www.DD-Hub.com](http://www.DD-Hub.com), call 218-386-4148 or find us on Facebook @ DDHubWarroad

### Nutrition Assistance Program

#### For Seniors

NAPS is a nutrition program sponsored by USDA and the MN Department of Health. Women and men 60 years or older who are providing food for themselves. Participants have to be a Minnesota resident. Household income guidelines are set by NAPS. Once a month qualified recipients receive a free, large box of food containing everything from American cheese, canned fruits, canned vegetables, canned meats, peanut butter, dry milk to cereal and pasta. Boxes are delivered to the Warroad Area Community Center, Young Manor, and the Warroad Senior Living Center Apartments. To find out if you qualify, contact Pat Hockstedler at 386-2116. If you need more information call 877-281-3272

### Little Brother/Little Sister Program:

This program is based on the concept that young people can benefit from having the influence of a consistent, positive, role model in their life. The program helps youth between the ages of 4 to 14 by matching suitable adults, who become volunteer Mentors, with boys and girls in the community. This relationship will help in meeting the young person's need for acceptance, understanding and offer positive guidance. To become a volunteer Big Brother or Big Sister, please request and fill out the Mentor application. The application includes a free background check and asks for three-character referrals. You will need to commit to spending just 4 hours a month with your Little. The benefit of this program is enormous-you will be making a positive influence in the life of a child!

For more information, please contact Madeline Waage at 218-528-3258

[Or mwaage@nwcaa.org](mailto:Or mwaage@nwcaa.org)

### Weight Watchers

Weight Watchers is all about success, both on and off the scale. Whether you want to fit into a certain pair of pants, become more active, or simply feel better inside and out, we'll help you get there. We offer affordable plans. Online Plus: Meetings Online Plus; and Personal Coaching. For more information please visit our website: [weightwatchers.com](http://weightwatchers.com)

### Share and Care Thrift Store

We are a non profit business and all of our staff are volunteers. We sell: clothing, books, houseware, and miscellaneous. Hours: Wednesday's and Friday's 1:00pm to 5:00pm Located on 111 Lake Street NW in Warroad, across the street from the T-shirt Barrel. We share the same building as the Warroad Food Pantry.

### SERVSAFE®

ServSafe® Food Safety Certification Course Options offered through Adult Basic Education. Certified ABE Instructors and Proctors are available to help in the following communities: Warroad, Roseau, Thief River Falls and other areas. For more information contact: ABE ServSafe® Instructor/Proctor Mike Reeves, 218-333-6688 or ABE Coordinator Kirsten Fuglseth at 218-681-0900 ext 117. There are fees for training, but they also have opportunities for free training for qualified Individuals. Call for info

### Warroad Boy Scouts

Every Monday at 6:00 pm in the Warroad Area Community Center. For more information [www.beascout.scouting.org](http://www.beascout.scouting.org)

### Warroad Cub Scouts

The 1st, 3rd, and 4th Thursday's during the school year. Also will meet once during the summer at 6:00 pm in the Warroad Area Community Center. Contact: Clubmaster, Amanda Larson 218-242-5308

### Warroad Girl Scouts

Girl Scouts meet during the school year at various locations and instructors. For more information contact: Katie Cole 218-242-2903

### Warroad Senior Nutrition

Come warm up this winter by joining us for a delicious meal and fabulous company! Meals are served at 5:00 pm on Monday and Wednesday evenings and at Noon on Tuesday's, Thursday's and Friday's at the Warroad Area Community Center. All are welcome! Contact: Betty or Dayna at 386-4403 To make reservations or if you have any questions. Cost: \$7.65 for those under 60 years of age, \$4.00 suggested donation for Seniors ages 60+. We look forward to dining with you!





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## COMMUNITY INFORMATION

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### **BLAST Babysitting Class**

For more information  
contact:

Paula Hedlund at 463-4301 or  
phedlund@lifecaremc.com

### **Team EPIC Youth Coalition**

Open to all Warroad High School students, Team Epic works to create a community that supports youth to be substance free by creating positive programs, policies, and healthy alternative activities to combat alcohol, tobacco, and other drug use. There are many ways you can be involved in the WHS EPIC Youth Coalition!

During the school year, we meet at 7:15am on the second Wednesday of each month. Summer meeting dates, times, location TBD. We have an overnight youth leadership retreat in the first week of June, EPIC Family Fun Nights on select Tuesdays this summer, a booth at the fair, and many other activities where you can

volunteer! Let us know if you're interested by texting:

EPIC to 218-242-0375 or email Steph Heppner at  
steph.teenjourney@gmail.com

### **Warwick Workout Positionless Player**

#### **Camp 2021**

**When:** July 6 –9, 2021

**Where:** High School Gym

**Cost:** **Warroad ONLY:**

1st-6th Grade: \$50.00

7th-12th Grade: \$80.00

\*You must be signed up and paid by May 28th, for the discount. After May 28th, cost will be regular cost.

#### **For Others:**

1st-6th Grade: \$99.00

7th-12th Grade: \$139.00

High School Boys: 9:00 am—11:30am

7th-8th Boys/Girls: 12:00pm—2:30pm

High School Girls: 12:00pm—2:30pm

1st-6th Grade Boys/Girls: 2:45pm - 4:30pm

Registration: See Michelle in the Community Ed Office.

### **Team EPIC-Warroad Action Team**

The Warroad action Team is a group of passionate community members who work to support a safe and healthy environment where the youth of Warroad can prosper and grow. Meetings are held the 2nd Wednesday of each month at noon in the WHS District Conference Rm. This team also represents the Warroad community in the work of Team EPIC, which is a county-wide collaborative, working to reduce substance use and associated problems among youth through community collaboration, education, support, intervention, healthy alternatives, and building assets among students, families, and the community. The county-wide

### **Awana Club**

Weekly Kids club featuring handbook awards, awesome stories, contest, and amazing games.

Meets Wednesday's during the school year  
from 6:00 pm—7:30 pm.

Location: Woodland Bible Church

\*No registration required

### **Roseau County 4-H**

**CURIOSITY GROWS HERE!!**

Learn more about how we're empowering young people in your community with skills to lead for a lifetime.

**Class:** March 16, 23, 30  
April 6, 13, 20

**Time:** 3:15 pm— 4:30 pm

**Location:** HS Commons

Visit <https://extension.umn.edu/event/warroad-4-h-cloverbud-after-school> or call the local 4-H program at (218)242-7076 or email, [emery087@umn.edu](mailto:emery087@umn.edu).

### **WARROAD WOMEN OF TODAY**

#### **KIDS WEEK:**

The week of August 16, 2021.  
Look for more information to come in the following weeks!



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## SUMMER RECREATION

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### **Warroad Summer Baseball**

#### **REGISTRATION IS OPEN!!**

To register: <http://www.warroadbaseball.com>

If you have any questions, please contact:

Bryce deMolee at [bryce\\_demolee@warroad.k12.mn.us](mailto:bryce_demolee@warroad.k12.mn.us)

**League Director:** Bryce de Molee  
[bryce\\_demolee@warroad.k12.mn.us](mailto:bryce_demolee@warroad.k12.mn.us)

#### **9U Head Coach:**

Talk to Mr. de Molee if you are interested in coaching this team

#### **10U Head Coach:**

Talk to Mr. de Molee if you are interested in coaching this team

**11U Head Coach:** Kevin Hoffman  
(218) 242-0295

**12U Head Coach:** Greg Lien  
(218) 689-0131

**13U Head Coach:** Matt Lancot  
(218) 289-2171

**15U Head Coach:** Kevin Olson  
(218) 689-8275

### **Whitecaps Softball**

To register: <http://warroadpayments.registryinsight.com/>

If you have any questions, please contact Mark at  
[mark\\_chamernick@warroad.k12.mn.us](mailto:mark_chamernick@warroad.k12.mn.us) or Michelle at  
[michelle\\_wyckoff@warroad.k12.mn.us](mailto:michelle_wyckoff@warroad.k12.mn.us)

### **Summer T-Ball**

To register:

<http://warroadpayments.registryinsight.com/>

Dates: June 7th, 14th, 16th, 21st, and 24th

July 7th, 12th-14th.

Time: 7:00pm-7:45pm

Coach: Brandon Barker

[brandon\\_barker@warroad.k12.mn.us](mailto:brandon_barker@warroad.k12.mn.us)

### **Warwick Workout Positionless Player Camp 2021**

**When:** July 6 –9, 2021

**Where:** High School Gym

**Cost:** **Warroad ONLY:**

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\*You must be signed up and paid by May 28th, for the discount. After May 28th, cost will be regular cost.

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High School Boys: 9:00 am—11:30am

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High School Girls: 12:00pm—2:30pm

1st-6th Grade Boys/Girls: 2:45pm - 4:30pm

Registration: See Michelle in the Community Ed Office.

# WEE WARRIORS



## Early Learner's Extended Enrichment Program

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Wee Warriors provides safe and enriching programming for early learners beyond the school day. Learning experiences offered occur in a positive environment which nurtures caring relationships contributing to the social, physical, academic, and emotional development of all learners.

**Enrollment:** Exploratory play and experiential learning program for learners ages 4 & 5 participating in full-day Early Learners' Center programs. Program participants must have proof of immunizations or provide documentation immunization exemption.

Wee Warriors' programming follows the student school calendar. Registration is limited and is available by contacting the Warroad Public Schools' Community Education Office.

### Potential Hours for 2021-2022:

Monday:	3:00 pm - 5:30 pm
Tuesday:	3:00 pm - 5:30 pm
Wednesday:	2:00 pm - 5:30 pm
Thursday:	3:00 pm—3:00 pm
Friday:	7:30 am—5:30 pm

**Staff:** All staff meet the mandated requirements for School Age Care programs in Minnesota.

**Location:** Warroad Public Schools' Elementary//Early Learners' Center Spaces

**Meal/Snacks:** Snacks are provided. School lunch is available for purchase each Friday.

**Cost:** Monday-Thursday: \$8.00/day

Friday: \$25.00/day

Contact the Community Ed. Office at 386-6028 if you have any questions.



## Program Facts

### Registration:

**School Year:** Registration for Kid Kare begins at the end of July before the start of the school year. Registration for Kid Kare continues throughout the school year.

**Summer:** Registration begins April, and all registration policies apply for the summer session.

### Fees:

**School Year:** \$2.25 per hour for 1 child  
\$2.00 per hour for additional children in the family

**Summer:** \$2.25 per hour for 1 child  
\$2.00 per hour for additional children in the family  
20 hours minimum

**If your child will be attending Kid Kare for less than 20 hours a week**  
\$2.50 per hour for 1 child.  
\$2.25 per hour for additional children in the family

**Registration each year.** This allows us to update your child's grade and other important information.

### Billing/Payment Information:

**School Year:** Daily attendance fees will be collected every two weeks. Balances need to be paid in full at that time. If a balance is not paid in full, your child will not be able to attend Kid Kare until it is paid.

**Summer Months:** Daily attendance fees will be collected every two weeks. Balances need to be paid in full at that time. If a balance is not paid in full, your child will not be able to attend Kid Kare until it is paid.

### Contact Information:

#### Kid Kare and Community Education Director:

**Mark Chamernick**

School: 218-386-6005

Email: [mark\\_chamernick@warroad.k12.mn.us](mailto:mark_chamernick@warroad.k12.mn.us)

#### Kid Kare Coordinator:

**Della Knutson**

School: 218-386-6023

Cell: 218-689-2841

Email: [della\\_knutson@warroad.k12.mn.us](mailto:della_knutson@warroad.k12.mn.us)

#### Community Education Office (Located in the High School Office):

**Michelle Wyckoff**

School: 218-386-6028

Email: [michelle\\_wyckoff@warroad.k12.mn.us](mailto:michelle_wyckoff@warroad.k12.mn.us)

Address: Kid Kare

Attn: Michelle Wyckoff

510 Cedar Ave NW

Warroad, MN 56763



## POOL INFORMATION

### INDOOR POOL HOURS (Winter)

Morning Fitness	6:30 to 7:45 am	Mon-Wed-Fri
Senior Fitness	10:00 to 11:00 AM	Mon-Wed-Fri
WOW Swim Team	3:15 pm to 4:15 pm	Tue. & Thur.
Evening Fitness/Open Swim	6:00 to 8:00 pm	Mon.-Fri.
Evening Fitness	2:00 to 5:00 pm	Sat.
And Open Swim	7:00 to 9:00 pm	Sat.

### Indoor Pool Prices

Single Admission
\$2.50 0-15 years
\$2.50 Sr. Citizen – age 60 and over
\$2.75 Adult (16 and older)

### Pool Punch Card (ONLY VALID AT INDOOR SWIMMING POOL)

<u>Senior Citizen and Student Age 15 and under</u>	<u>Adult</u>
10 punch for \$19.00	10 punch for \$24.00
15 punch for \$27.75	15 punch for \$35.75
20 punch for \$36.50	20 punch for \$46.50
25 punch for \$45.25	25 punch for \$59.75
30 punch for \$54.00	30 punch for \$69.00

### 12 Month Pass (VALID AT BOTH THE INDOOR SWIMMING POOL AND THE OUTDOOR SWIMMING POOL)

\$220.00	Single Adult	\$335.00	Family
\$220.00	Single Adult	\$235.00	Sr. Couple
\$235.00	Single Parent Family	\$90.00	Child
\$155.00	Single Sr. Cit.		

### 2021 Summer Pool Pass (June 1<sup>st</sup>, July, August, through Sept. 6th)

Good for both the indoor and outdoor swimming pools

\$140.00 per family

(Parents and children under age 18 – this pass does not include grandparents or siblings of Parents purchasing the Pool Pass)

### Outdoor pool prices – Opens June 11, 2021

All Ages

\$3.00 Daily Admission





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## SPRING CLASSES

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### **Summer 2021 Swim Lessons (Indoor)**

MUST PREREGISTER 1 week prior to the start of each session– FOR AVAILABILITY (A Child Must be 3'5" (41 inches) or 5 years of age to sign up for swim lessons – if they do not meet the size or age requirement they need to sign up for the mommy/daddy and me program)

**Cost \$40.00 for a two-week session (Monday – Friday)**

**11:30 to 12:30 PM or 5:30 to 6:30 PM**

Session 1 June 7 – June 18 morning class 11:30am – 12:30pm

Session 2 June 7 – June 18 night class 5:30pm – 6:30pm

Session 3 June 21 – July 2 morning class 11:30am – 12:30pm

Session 4 June 21 – July 2 night class 5:30pm – 6:30pm

Session 5 July 5 – July 16 morning class 11:30am – 12:30pm

YOU MUST PRE-REGISTER – THE POOL WILL NOT EXCEPT ANY INDIVIDUALS ON THE FIRST DAY OF A NEW SWIM SESSION!!!!

(First time individuals will receive a swim certification for free. If you have already completed swim lessons and have misplaced or lost your swim certificate you will need to purchase a new one for \$3.00. Please give your certificate to the lifeguard on the first day of lessons; you will get it back on the last day of lessons. Thank you!)

### **2021 Mommy/Daddy and Me Program (Indoor)**

MUST PREREGISTER by June 23<sup>rd</sup> – Minimum 5 for class to run COST \$40.00

Children age 4 and under

Parent required to be in the water

Session B July 5 – July 16 evening class 5:30-6:00 PM (Monday, Wednesday, Friday)

### **2021 Adult Swim Lessons (Indoor)**

MUST PREREGISTER by June 23<sup>rd</sup> – Minimum 5 for class to run COST \$40.00

July 5 – July 16 night class 6:00 – 6:30 PM (Monday, Wednesday, Friday)

### **Aqua-Parcourse (Indoor)**

Circuit training – maintain your physical fitness and health.

The Aqua-Parcourse is a series of fitness stations, which are performed in the pool using the water for resistance.

Available on a daily basis during pool hours.

### **Water Exercise Program (Indoor)**

Follow a training list at your own pace for benefits in your physical fitness, strength, and cardiovascular benefits.

Available on a daily basis during pool hours – grab a list as you sign in.

### **Hot tub/Spa (Indoor)**

Warm water therapy in hot tub spas help individuals heal. Heat, buoyancy, and massage create an experience that is both relaxing and healthy. Hot tub hydrotherapy on a regular basis provides physical health benefits that go much deeper than just relaxation and pleasure. If you are experiencing joint or muscle pain, having trouble sleeping, or just plain stressed out, spending time in hot tub spas can provide therapeutic benefits for just about everyone.



## SPRING CLASSES

### **2021 Lifeguard class (Indoor) May 15th & May 16th**

MUST PREREGISTER by May 1<sup>st</sup>

Class will run from 8 am until all material is covered each day

- The cost of the Lifeguard training is \$160 which includes materials
- INDIVIDUALS MUST BE ABLE TO SWIM 500 yards (20 laps there and back) in less than 10 minutes. Please make sure you are able to do this before signing up as there are no refunds and you will not pass if you are unable to do this – Thank you!
- Participants must be at least 15 years old by the last day of the course.

### **2021 Lifeguard Re-Certification class (Indoor) May 15th. MUST PREREGISTER by May 1<sup>st</sup>:**

Class will run from 8 am until all material is covered. The cost of the Re-certification is \$45

#### **Indoor Pool Closed**

Thanksgiving Holiday - November 26<sup>th</sup> and November 27<sup>th</sup>

Christmas Holiday - December 24<sup>th</sup> and December 25<sup>th</sup>

New Year's Holiday - December 31<sup>st</sup> and January 1<sup>st</sup>

Presidents Day - February 15<sup>th</sup>

Good Friday – April 2<sup>nd</sup>

Graduation - May 28<sup>th</sup>

Memorial Day - May 31<sup>st</sup>

Independence Day - July 4<sup>th</sup>

Labor Day - Sept. 6<sup>th</sup>

### **Notice there will be a Temporary Closure of the Indoor Public Swimming Pool Facility during the**

#### **Summer of 2021 for cleaning:**

July 26<sup>th</sup> through August 15<sup>th</sup>, 2021

#### **Indoor Pool Hours (SUMMER MONTHS)**

Morning Fitness	6:30 am to 7:45 am	Mon-Wed-Fri
WOW Swim Team	8:00 am to 9:00 am	Mon. – Thurs.
Senior Fitness	10:00 to 11:00 AM	Mon-Wed-Fri
Swimming Lessons	11:30 am to 12:30 pm	Mon – Fri. (June & July)
Swimming Lessons	5:30 pm to 6:30 pm	Mon – Fri. (June & July)
Evening Fitness And Open Swim	6:30 to 8:00 pm	Mon.-Fri.
Evening Fitness/	2:00 to 5:00 pm	Sat.
Open Swim	7:00 to 9:00 pm	Sat.

### **Water Walking (February Monday & Wednesday 3:15 pm to 4:15 pm)**

5 individuals or more must sign up in order for the program to run.

### **Water Aerobics (March Monday & Wednesday 3:15 pm to 4:15 pm)**

5 individuals or more must sign up in order for the program to run.



# EARLY CHILDHOOD FAMILY EDUCATION

## Welcome to Early Childhood and Family Education

### Classes and Activities for You and Your Child

Early Childhood Family Education (ECFE) recognizes that parents are a child's first and most important teachers. ECFE can support you in this important work. Warroad ECFE offers

quality learning opportunities and resources for families with children from birth to entering kindergarten age, regardless of financial circumstances. We work to strengthen families and enhance the ability of all parents to provide the best possible environment for the healthy growth and development of their children.

### Kinds of ECFE Classes

- \* **Non-Separating Classes:** Parents and children remain in the Early childhood classroom the entire class time. This class meets on Monday evenings
- \* **Separating Classes:** During Parent Discussion parents move to a nearby room while the children remain with the early childhood teacher in the classroom. Classes on Friday mornings.

### ECFE Class Routines

ECFE classes meet weekly and are 1 1/2 hours long depending on the age group. Three sessions are offered throughout the school year.

Register for 1, 2, and or all 3 sessions!

Class fees are based on a sliding fee scale; no one is turned away for an inability to pay. For a small additional fee, childcare is available for siblings not enrolled in the class.

### Each ECFE class consists of the following:

**Parent-Child Interaction Time:** During the first 30 minutes, parents and children explore and play with activities that are intentionally designed to foster your child's social emotional, cognitive, physical, and language development.

**Circle Time:** Everyone joins together to enjoy music, movement activities, and stories.

**Parent Discussion Time:** Our parenting educator leads discussion on the many joys and challenges of parenting. Discussions are centered around child development and parent selected topics.

**Child Time:** While the parents/caregivers are in discussion time, children will enjoy snack and activities with their peers and teacher and/or paraprofessional.

**Sibling Care:** Childcare for class participant's siblings is provided by our trained volunteers. Register for sibling care with your ECFE class registration. Classes are Monday evenings.

## Early Childhood Screening

The early childhood years from birth to the start of kindergarten are an important time of rapid learning and growth. Minnesota Law requires each child attend a health and developmental screening before starting school. The purpose of Early Childhood Screening is to identify possible health or learning concerns, so that children can get help before they start school. Screening is highly recommended between the ages of 3 1/2—4 years old.

Waiting until a child is starting kindergarten may be waiting too long.

When your child attends Early Childhood Screening, a trained professional will check large and small muscle development, thinking, language and communication skills, social and emotional development, vision, hearing, and immunization records.

## Upcoming screening dates:

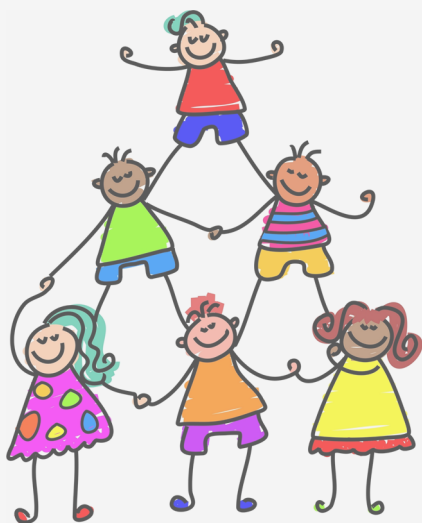
**May 7, 2021**

FOR ECFE REGISTRATION

INFORMATION,

PLEASE CONTACT:

MEREDITH YATES—218-386-6119



*Opportunities for You and Your Child to  
Learn and Grow Together  
Classes, Activities, and Services for families with children  
ages birth-kindergarten.*

Discover what's available at the Warroad Early Learner's Center or online at  
[warroad.k12.mn.us](http://warroad.k12.mn.us)

Most classes and activities are held at the Warroad Early Learner's Center.

# May

# 2021

Warroad ECFE

## ECFE

ECFE's mission is to strengthen families through education and support of all parents through providing the best possible environment for the healthy growth and development of their children.

\*All events will be held in the ELC except for pool events

\*Library will be held in Ms. Meredith's room until further notice



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Pool 5:30-7:00	4	5 Library 10:00-11:00 (Camping)	6	7 Separating class 9:00-11:00 (Fish)	8
9	10 Gym 5:30-7:00	11	12 Library 10:00-11:00 (Fish)	13	14 Separating class 9:00-11:00 (Camping)	15
16	17 Special Event (Big Wheels) 5:30-7:00	18	19 Library 10:00-11:00 (Water)	20	21 Separating class 9:00-11:00 (Summer)	22
23	24 Gym/Goodbye 5:30-7:00	25	26	27 LAST DAY OF SCHOOL!	28 HAPPY SUMMER!	29
30	31					

Please contact Megan or Meredith with any questions!

Megan – [megan\\_larson@warroad.k12.mn.us](mailto:megan_larson@warroad.k12.mn.us)

Meredith – [meredith\\_yates@warroad.k12.mn.us](mailto:meredith_yates@warroad.k12.mn.us)

## **SCHOOL SESSION OF WOW**

### **W.O.W. Warroad Outstanding Warriors**

This is a COMPETITIVE swim program that utilizes the Warroad Pool.

**Swimmers must be able to swim 25 yards of freestyle with rhythmic breathing without stopping and have passed level 6 in swimming lessons**

Swimmers learn:      Strokes and skills  
                                 Goal-setting  
                                 Organizational skills  
                                 Commitment and sportsmanship  
                                 And how to be part of a team!

#### **Team Workouts: Tuesday and Thursday**

Starting March 2<sup>nd</sup> Ending May 27<sup>th</sup> - 2021

From 3:15 PM – 4:15 PM

Starting June 1<sup>st</sup> practice is from 8 am – 9 am

**(No practice on May 31<sup>st</sup> Memorial Day)**

***USA swimming is allowing seasonal membership this year to start in April. In order to become a Seasonal US Member you need to join the USA Swimming Association for \$38.00 and fill out the following paperwork that is attached. Signatures are required. The USA Swimming Association provides a limited amount of insurance for those that are members. THIS IS A ONE TIME FEE paid once a year. Following are fees for April and May. The summer fee is listed on the next page***

Monthly Fees: **Non US Member**

\$45.00 for 2 times a week

Monthly Fees: **US Member**

\$25.00 for 2 times a week

*Summer W.O.W. Program*

***JUNE AND JULY will be Monday – Thursday 8 am until 9 am***

## **SUMMER WOW 2021**

### **W.O.W. Warroad Outstanding Warriors**

This is a COMPETITIVE swim program that utilizes the Warroad Pool.

We encourage participation as much or as little as your personal schedule and commitment will allow

**Swimmers must be able to swim 25 yards of freestyle with rhythmic breathing without stopping and have passed level 6 in swimming lessons**

Swimmers learn:      Strokes and skills  
                                 Goal-setting  
                                 Organizational skills  
                                 Commitment and sportsmanship  
                                 And how to be part of a team!

#### **Team Workouts: Monday – Thursday**

Starting May 31<sup>st</sup> Ending July 23<sup>rd</sup> – 2021

From 8:00 AM – 9:00 AM

Monthly Fees: **Non US Member**

\$45.00 for 2 times a week

\$57.00 for 3 times a week

\$66.00 for 4 times a week

Non US Member family rate: 1<sup>st</sup> child full price and any children after that are half the price

Monthly Fees: **US Member**

\$25.00 for 2 times a week

\$33.00 for 3 times a week

\$39.00 for 4 times a week

US Member family rate: 1<sup>st</sup> child full price and any children after that are half the price

In order to become a US Member you need to join the USA Swimming Association for \$38.00. The USA Swimming Association provides a limited amount of insurance for those that are members. **THIS IS A ONE TIME SEASONAL FEE. EACH MEMBER OF YOUR FAMILY NEEDS TO PAY FOR THE MEMBERSHIP IN ORDER TO GET THE US MEMBERSHIP RATE**



**Warroad City Council**

2nd and 4th Monday of the month  
Warroad City Hall at 5:15 pm

**Airport Commission****1st Monday of the month**

Warroad International Memorial Airport  
At 5:00 pm

**Police Commission**

2nd Wednesday of the month  
Warroad City Hall at 5:15 pm

**Roseau County Board of Commissions**

2nd and 4th Tuesday of the month  
Roseau County Courthouse at 5:15 pm

**Warroad Chamber of Commerce**

1st Thursday of the month  
Public Safety Building at 12:30 pm

**Warroad Am Legion Post 25 and Am Legion Auxiliary Unit 25**

3rd Monday of the month  
Warroad American Legion at 7:00 pm

**Warroad VFW Post 4930**

2nd Monday of the month  
Warroad American Legion at 7:00 pm

**Warroad Eagles Aerie**

1st and 3rd Monday of the month  
Warroad Eagles Club at 6:00pm

**Warroad Watershed Board**

4th Wednesday of the month  
Watershed Office; 307 Lake St. NE at 5:30 pm

**Warroad School Board**

3rd Monday of the month  
Warroad District Conference Room at 5:15 pm

**Warroad Laotian Liaison**

Chindavone (Joy) Sprester  
Cell: 612-240-5201  
Email: joy@laocenter.org

**Warroad Crochet 7 Knit Club**

3rd Sunday of the month  
Warroad Senior Living Center  
South lobby, 1:00 pm to 4:00 pm

**Roseau County Veterans Service Office**

Martin A. Howes, Veterans Service Officer  
Roseau County Courthouse  
606 5th Ave SW, Room 120  
Office: 218-463-3308 Cell: 218-242-0886

**Veterans Support Group and Veterans Caregiver Group**

3rd Thursday of the month  
Roseau County Courthouse at 3:30 pm to 5:00 pm

**Warroad Public Library Board**

2nd Thursday of the month  
Warroad Public Library Community Room, at 7:00 pm

**Alcoholics Anonymous****Warroad**

Tues: St. Mary's Catholic Church at 7:00 pm  
Wed: Marvin Conference Room at 7:00 pm  
Fri: St. Mary's Catholic Church at 7:00 pm

**Baudette**

Tues/Fri: Cornerstone Assembly Church at 7:00 pm

**Williams**

Mon: St. Joseph's Catholic Church at 8:00 pm

**Al-Anon****Warroad**

Fri: St. Mary's Catholic Church at 7:00 pm

**Star of the North Toastmasters Club**

2nd and 4th Tuesday of the month  
Warroad Senior Living Center Lodge 7:00pm to 8:00 pm  
For more information, call Kim Hrubka at 218-469-0204

**Alzheimer's Disease/Dementia Support Group**

1st and 3rd Monday of the month  
Roseau City Center Library Conference Rm. At 7:00pm  
For more information, call Vangie at 218-469-0890

**Inter-County Community Council**

Aimee Berger— Job Counselor  
Cell: 218-689-4350  
Fax: 218-796-5175  
Email: aberger@intercounty.cc.org  
Web: www.intercountyycc.org