

# Regional School Unit 1

34 Wing Farm Parkway, Bath, ME 04530

Patrick Manuel, Superintendent  
Debra Clark, Business Manager

Katie Joseph, Assist. Superintendent  
Justin Keleher, Dir. Special Education



**Think - Care - Act**

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May 4, 2021

Dear RSU 1 Staff and Families,

Maine has again updated its guidelines for travel. As such, please find RSU 1's updated travel policies so they better align with the current state guidance.

**RSU 1 Travel Guidelines WITHIN THE US:**

In line with Maine policy, RSU 1 will no longer require proof of a negative PCR test or quarantine for students or staff who travel within the United States.

If one or more states see a spike in cases of highly contagious COVID-19 variants, Maine will apply its test or quarantine requirement to travelers to and from that state. The Maine CDC will publicly announce any such states when they are identified and RSU 1 will follow these requirements and require PCR testing.

**RSU 1 Travel Guidelines for INTERNATIONAL TRAVEL:**

For any staff or students who travel internationally:

- Quarantine for 7 days from arrival in the US AND get a COVID-19 PCR test in Maine 3-5 days after arrival in the US.
  - If the COVID-19 test is positive, [isolate](#).
  - Even if the COVID-19 test is negative, complete the 7-day quarantine after travel.
  - If individuals arriving from international travel do not get a COVID-19 test after their arrival, they must quarantine for 10 days after their arrival in the US.
- Avoid being around anyone who is at increased risk of severe COVID-19 illness for 14 days following arrival in the US, regardless of COVID-19 test results.
- Any staff or students who have traveled internationally will not be permitted inside the school building for a minimum of 7 days, even if a negative test has occurred.

**Vaccine exemption:** Individuals who have completed a COVID-19 vaccination series and are 14 days beyond the completion of the series, are not required to quarantine unless they are experiencing symptoms. Testing is recommended 3-5 days after arrival in the US. Individuals should also avoid being around anyone who is at increased risk of severe COVID-19 illness for 14 days following arrival in the US, regardless of COVID-19 test results.

**For those who have had COVID-19:** An individual who had a positive COVID-19 molecular or antigen test is exempt from the testing and 10-day quarantine requirement for 90 days (3 months) after their first positive test, provided they remain asymptomatic. Proof will need to be provided to your school nurse.

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Telephone: (207) 443-6601

Facsimile: (207) 442-8295

<http://www.rsu1.org/>

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Any person who is quarantining should stay home, and not have in-person contact with others unless there is an emergency.

As we have seen a recent increase in community spread cases, please continue to follow best practice safety protocols: wear a mask, keep physical distance, wash your hands, and do [the daily health screener](#) to monitor for symptoms. All of this helps protect our schools and neighbors.

Sincerely,

A handwritten signature in black ink that reads 'Patrick M. Manuel'.

Patrick Manuel  
Superintendent of Schools

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